

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

TRANQUILITY
If one could only be
As tranquil as a tree
Not blinded by the light
Nor desolate at night
Not fretful in a wood
Nor dull in solitude
Spring down roots and finding out
Deep water springs, for times of
Growth;
Sending up branches, tall and
high,
Fearless and brave, toward the sky!
—Fay Inchfawn.

REFINEMENT OF FAILURE.
Failure is not only postponed
success, so long as courage
"coaches" ambition. No one wave
can batter down the rocks; it's the
eternal pounding away of the
ceaseless surf that changes the
shore line. The habit of persist-
ence is the habit of victory.
—Hubert Kaufmann.

Fur Capes Again
Fur capes again are due for spring
accent. They are interpreted in
the smaller animal varieties such
as snakes, marten and mink.

The United States, Mexico, and
Soviet Russia are among nations
with women diplomats abroad.

Relief for Chilblains: Mix equal
parts of camphor, glycerine and
carbolic. Shake well, apply to chil-
blains. At night, wet a cloth with
the mixture and bind on; an old
socking is an easy way to keep
handage in place. Repeat each
night until itching stops. Do not
rub, as it might blister.

CANDIED CARROTS
Scrape small carrots and cut in
quarters lengthwise. Cook until
tender. Make a syrup using the
water in which the carrots were
cooked, allowing two cups sugar,
1-2 cup white corn syrup and 1-2
teaspoon of liquid Cook
and until carrots are clear. Drain and
dry, roll in sugar and pack between
layers of waxed paper.

TABLOID
When boiling suet pudding, add a
slice of orange peel. This will col-
lect all the grease and the pudding
will be lighter.

PERFUMED JEWELS
Perfumed jewels do sound exotic,
don't they? A vague sweet sensa-
tion of perfume follows the mod-
ern woman as she moves about.
The reason is found in her jewel-
ery. Large beads of filigree gold
contain a perfume pad producing
elusive scent. Hat pins with tiny
taps are made to match the neck-
laces. Bracelets also contain
scent.

RED GERANIUMS
Geraniums are the latest flower
to be produced artificially, and
there is none like them for giving
a splash of colour to a dark dress.
Fashioned in velvet, they have a
particular appeal.

DOLLS' HOUSES OF TO-DAY
No longer in a dolls' house just
"dolls' house. It must be either
"historic" or "modern." Fashions
of the "real" house are very quickly
felt in the house in miniature.
"Period" dolls' houses are all oak
beams and lattice windows. The
"modern" ones are distinguished by
angular outlines, garages, sleeping
porches, and flat roofs for sun-
bathing.

FRUIT AND CLOTHES
Do you want to look like an

WHAT TO DO ABOUT "Acid Indigestion"

A WAY THAT RELIEVES THE CAUSE IN A FEW MINUTES



Many people who think they have
"weak digestion" or "indigestion"
doctors say, suffer in reality from
nothing more serious than acid stom-
ach. And this common ailment can
usually be relieved now, in minutes.

Try this just once. Take either the
"Phillips' Milk of Magnesia" or the
"Phillips' Milk of Magnesia Tablets."
All you do is take familiar Phillips'
Milk of Magnesia after meals. This
acts to almost immediately neutralize
the stomach acidity that brings on
your trouble. You feel like a new
person!

PHILLIPS' Milk of Magnesia

Happenings of the Week

Mrs. Anthony Eden will be the
youngest Foreign Office official host-
ess of recent years. It will be in-
teresting to see what place she
will take among wives of members
of the Cabinet, who, owing to the
official positions of their respective
husbands, are more or less bound
to entertain on a considerable
scale, a writer in the London
Chronicle says:—"I have recollec-
tions of the parties given at the
Foreign Office by Lady Chamber-
lain, which were gay than most,
as they were afternoon ones, with
dancing for the young people. Lady
Simons' evening receptions in the
historic rooms have been noted for
their brilliance, tempered by a cer-
tain informal atmosphere, due to
the friendliness and Irish humour
of the hosts. The wife of Mr.
Eden is a woman of taste who is
not afraid to adopt anything a lit-
tle out of the ordinary. This was
shown at her wedding. White satin
had been the invariable material
for bridal wear for decades, but
Mrs. Eden chose a gown of straw-
coloured velvet with a long train of
gold tulle which hung from the
shoulders like a Court train. She
also wore what was unique then, a
halo-shaped headdress."

Letuce, small tomatoes, peeled
and stuffed with chopped celery
and ham mixed with mayonnaise.
Garden cress, diced chicken and
celery, oranges jelly moulded in
egg cups, hot dressing.
Quartered head lettuce, mayonnaise,
with chopped pickles, garnish
of pimiento cut in diamond
snaps.
Shredded lettuce, devilled eggs,
strips of green pepper.
Lettuce cups, filled with cuber po-
tato, carrots, diced celery, diced cu-
cumber, sliced radish, all tossed to-
gether with dressing.
Lettuce, sliced canned pineapple
cut in segments, and replaced in
ring form, centre filled with ball of
cottage cheese and chopped nuts.
Uncooked condensed milk dressing.
Green cherry garnish.
Shredded lettuce, half canned
pear cored and filled with lemon
jelly cubes. Dressing with spiced
vinegar, mixed with whipped cream.
Garnish with halved red cherries.
Shredded lettuce, jellied meat in
individual moulds, cucumber and
parsley garnish, dressing mixed
with chili sauce.

DEMURE HEADS EXPRESS PEAK
OF SMARTNESS
London—"Soft and clinging"
is the description of what our
hair should look like in these
early days of 1936, according to
London hairdressers.
Unless you are a red-headed
vamp, they say, concentrate on being
just a little demure about the
hair.

There are four main styles...
"brushed-back," "curly-top,"
"Juliet" and "wave-crest."
The "Juliet" is the most becoming
to dark-haired girls in their spring
season. Eighteen to 22 is the per-
fect age for it. The hair is parted
in the centre. Drawn back in soft
waves and then curled softly up at
the nape of the neck. In the evening
a little silver or gold net cap
should be worn so as to appear to
gather the curls up towards the
crown of the head.

"Brushed-back," as its name signi-
fies, consists of the hair being
brushed straight back without a
parting. Cunningly arranged waves,
however, remove all traces of
severity. It is suitable for either the
very vivacious type of woman or for
the older woman.

"Curly-top" has its hair cut short
at the neckline and brushed up so
that all the hair there is falls into
soft curls on the top of the head.
"Wave-crest" is another name for
an old favorite. The hair is parted
on the side and taken back in
waves a hump of curls arrang-
ed like a wave-crest at the nape of
the neck.

YELLOW AND CORAL
Yellow with coral is a combina-
tion that is very fresh looking this
season. Chambray yellow for wool
and silk dresses and coral for silks
and synthetics, trimming the yel-
low models with coral and vice
versa.

YOUR CHIN NEEDS
DAILY ATTENTION!
Your chin and its skin need special
attention at this time of year.
In the first place, as nearly every-
one gains a little weight during
the winter, a few ounces of the
added poundage are bound to show
just below the chin. Secondly, coal
dust in the air and fur collars com-
bine to lodge foreign substances in
the pores of this area.

You should, of course, clean your
face and especially your skin often
and even more thoroughly in winter
than in summer. If pores seem large
or don't wait until you notice a
single blackhead improve upon
and increase the frequency of your
cleansing routines at once. Don't
rely on either cream or soap, fol-
lowed by cream if it is dry or
normal.

Sometimes daily use of a complex-
ion brush will remove dirt from
the pores of the skin. If this is too
harsh try a rough washcloth.
Masks are good, too. Special black-
head preparations are worth a trial.
Remember, the thumb and side of
forefinger along the jawbone help
to preserve the natural contour of
your face. No matter how gently
you put creams and lotions on the
rest of your face, actually slap
them on your chin and always give
it an extra slap or two before you
remove night cream.

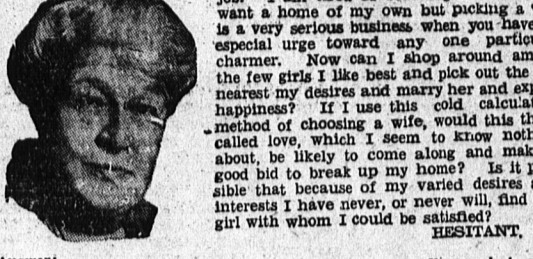
In addition, let me remind you
again that many a double chin
comes from bad posture alone. If
your head is carried high with the
muscles at the sides of the neck
supporting it, there will be no extra
roll of fat below your jawbone—
unless, of course, you are just plain
overweight.

WOOLLEN ENSEMBLES
New woollen ensembles consist
usually of a dress, cape or coat, and
a small hat to match.

Dorothy Dix's Letter Box

Logic May be on the Side of Marriages for
Convenience, But Only Those That Are
Brought About by Real Love Are
Successful and Happy—Don't
Venture Without Love
Dear Miss Dix—I am 29 years old, a college graduate. My interests
are varied. I am fond of both study and reading and also athletic
sports music, dancing, etc. I like the society of women, but have never
been in love.

Now here is the problem: I have a fine
job. I am tired of boarding houses and
want a home of my own but picking a wife
is a very serious business when you have an
special urge toward any, on particu-
larly charming. Now can I shop around among
the few girls I like best and pick out the one
nearest my desires and marry her and expect
happiness? If I use this cold, calculating
method of choosing a wife, would this thin,
called love, which I seem to know nothing
about, be likely to come along and make a
good bid to break up my home? Is it pos-
sible that because of my varied desires an
interests I have never, or never will, find a
girl with whom I could be satisfied?



Answer:
The marriage of convenience seems to work out well enough in va-
rious Continental countries. At any rate they have fewer divorces than
we have, so the marriages that are made by papa and mama and that are
based on suitability and property considerations and social connections,
and not on thrills, must be fairly satisfactory, or else the high contracting
parties would break the bonds that bind them together.
But I doubt the Continental marriage can ever be transplanted to
these shores and made to thrive.
It is too alien to our soil, too foreign
to our way of thought. We are too individualistic, too emotional, too
sentimental to be willing to make a marriage merely a business transac-
tion and, above all, we are too impatient with enduring conditions that
are not to our liking to make us willing to go on with a marriage that is
nothing but a dull and stogy working agreement.

You can put up with your business partner if he has put a lot of
money in the firm or if he is a good office man or a crackerjack sales-
man, no matter how homely he is to look at, or how boring to talk to.
But how are you going to stand a wife who is hard on the eyes and a
tedious conversationalist, even if she had a good dowry and is the blue
ribbon cake maker of the community?

Of course, the marriage of convenience has logic all on its side. It
would seem that it would be a far wiser thing for a young man to pick
out his wife with his head instead of his heart, and that the percentage
of happiness would all be in favor of the youth who selected the girl who
didn't seem to work out that way in real life, for man does not live by
bread alone, and our observation shows us that the most successful mar-
riages are not the suitable ones either. It is the most successful mar-
riages are not the suitable ones either. It is the most successful mar-
riages are not the suitable ones either. It is the most successful mar-
riages are not the suitable ones either.

Mr. (Dr.) F. W. Tidmarsh was
among the hostesses entertaining at
bridge this week.

Mr. Robert Gordon, Summerside,
entertained at bridge on Thursday
night at her home.

Mr. J. A. Webster entertained at
a small luncheon bridge Thursday
for visiting friends.

Among the many personal gifts
which Princess Victoria, the late
King's sister, left to the Queen, was
her unique collection of jewelled and
costly umbrellas handles (says
the Daily Telegraph, London.) The
handles, some of which are orna-
mented with exquisite specimens of
craftsmanship, number more than
50. They were recently taken from
The Coppins to Euckingham Palace,
to be added to Her Majesty's
personal treasures.

Mr. Maughan, with the thought
of writing a novel, devoted deep in-
terest to the Spanish literature of the 16th
century in his search for background
and for a hero who might have
known Cervantes, or Lope de Vega
or El Greco, a hero who was gay,
eager for adventure, "a man who
could tell a good story, make love
to a pretty woman, draw his sword
at sight," he said, "instead, unex-
pectedly, on a visit to a picture gallery
in Cadiz, Mr. Maughan saw in a
painting by Zurbaran the face of
the very hero he had been looking
for, but unfortunately it happened
to be the face of a monk, perhaps
even an English monk. The face
could not be made to fit the story
of Sayers. "The Nine Tailors,"
written by R. A. J. Crispin, could not
write the novel. Instead, he wrote
"Don Fernando"—"remembrance" of
many things which he had encount-
ered in his "long wandering through
the Spanish country of today and
through the spiritual country of
the Golden Age."

Art in Spain in the 16th century
showed the influence of the great
Spanish conquests and discoveries.
Cortes and Pizarro had brought
large amounts of silver and other
precious metals from the new
world, far too great a quantity to
be transformed entirely into cash,
so that the silver smiths were called
upon to create new forms and
rich detail in their execution of
silversware.

The art of the silver workers was
one of fine detail and minute
craftsmanship and the great popu-
larity that this art enjoyed soon
influenced other arts, at first by
the application of silver panels and
patterns and then in the actual
designs of the other arts them-
selves. Thus a distinct style de-
veloped in Spain called "Plateres-
co" after "platero" the Spanish
word for silversmith.

The types of Spanish furniture of
the time followed Italian originals
very closely but in one instance
the Spaniards developed a special
piece to a far greater extent than
the Italians. It was in the "var-
gueno" or writing cabinet, rectang-
ular in form with a drop lid deco-
rated with great richness. Tooled
leather and gold leaf patterns
were popular and the fronts were
often covered with ivory, mother-
of-pearl and wood inlays combined
with silver patterns set on colour-
ed velvet. Nail heads and very
elaborate hardware completed the
enrichment.

At home, the vanguard stood on
carefully designed framed trestles,

Take Home a Quart of
Stewart's Home Baked Beans
and Stewart's Brown Bread
You Will Find Them Delicious

Ask the regular customers who demand
Stewart's Oven Baked Beans each week
why they prefer Stewart's to any other
brand. They will tell you that Stewart's
make the most appetizing baked beans on
the market, and they know the beans they
buy are freshly baked. And what goes
better with beans than steam-brown
bread made by Stewart's.

Plan a Baked Bean and Brown Bread
meal for Saturday night.

STEWART'S BAKERY
PHONE 211 KENT ST.

THE COOK'S CORNER

GINGER COOKIES
One cup granulated sugar, 1/2 cup
butter, 2 eggs, 1/2 cup molasses, 1
teaspoon ginger, 1 teaspoon baking
soda, salt to taste, 3 cups flour.
Flour varies, so a little more than
3 cups may be required; you can tell
when you begin to form the cookies;
also you may like more ginger, as
we do, an even a dash of other
spices. Mix ingredients together
well, and allow to stand for two
hours. Flour the hands, roll mixture
in balls about two inches long and
an inch in diameter, dip in sugar,
bake in greased tin, 375 degrees for
400 degrees.

VEAL POT PIE WITH
DUMPLINGS
Two pounds of boneless veal, 1
small onion, 2 cups potatoes (diced),
1 cup carrot, (diced), 1 teaspoon
salt, 1/2 teaspoon pepper, 6 cups
water, 3 tablespoons flour, 8 cups
mashed potatoes, 1/2 cup milk, 1/2
cup butter, 1/2 cup sugar, 1/2 cup
raisins. Cover with the 6 cups
water and simmer for about one
hour. Add the seasonings and the
vegetables and cook until vegetables
are nearly done. Thicken the liquid
with 3 tablespoons flour mixed
with 1/2 cup cold water. Drop the
dumplings on top of meat, cover
closely and cook for 12 minutes in
dough. Do not lift the cover during
this period.

MIXED UP
General Motorist—May I offer you
a lift, sir?
Absent-minded Professor—Lift?
No, thank you, I've no use for one. I
live in a bungalow.

MOLDED MEAT LOAF
One and a half tablespoons gelatin,
quarter cup cold water, four cups
boiling tomato juice, two cups
ground, cooked meat, six chopped
stuffed olives, one tablespoon min-
ce-sauce, half cup celery, one table-
spoon salt, pepper.

METHOD: Soak gelatin in cold
water, quarter cup cold water, four
cups boiling tomato juice, two cups
ground, cooked meat, six chopped
stuffed olives, one tablespoon min-
ce-sauce, half cup celery, one table-
spoon salt, pepper.

SMART CLOTHES FOR
THE HOME DRESSMAKER

You'll love the fresh charm of
dotted cottons for home wear.
They're so practical too and lovely
later for porch or marketing.

If you follow the inspiring model,
you'll choose white linen like cotton
weave with orange-red dots, which
incidentally one sees in the most
home frocks. The trim is plain
orange-red.

Similar scheme in French blue
percale with white dots and plain
blue trim, would be equally attrac-
tive.

There are, of course, other tissues
as gingham, dimities, seersucker,
rayons, cotton challis prints, etc.,
which can be chosen and are most
effective.

Style No. 816 is designed for sizes
16, 18 years, 36, 38, 40 and 42-inches
bust. Size 36 requires 3 1/2 yards of
39-inch material with 1/4 yard of 35-
inch contrasting.

Price of PATERN 15 cents in
stamps or coin (coin is preferred.)
Wrap coin carefully.

No. 816. Size .....
Name .....
Street Address .....
City ..... State .....

A BOTTLE'S RECORD JOURNEY
The speed record for floating
bottles is said to have been broken
by one that was thrown overboard
from a U. S. Hydrographic Survey
vessel and was picked up by a
fisherman. It had travelled
miles in 128 days.



To End Annoying Cough, Mix This Recipe, at Home

Big Saving! No Cooking! So Easy!
Here is the well known old recipe
which thousands of housewives have
found to be a dependable means of
breaking up winter coughs. It takes
but a moment to prepare and costs
very little, but it does give quick relief.

From any drugstore, get a 2 1/2 ounce
bottle of Finex. Pour this in a 16
ounce bottle and fill the bottle with
granulated sugar syrup, made with 2
cups of sugar and 1 cup water, stirred
together until dissolved. No
cooking needed—it's easy. Thus you
make 16 ounces of a very efficient
remedy, and you get four times as much
cough medicine for your money. It
never spoils and children love its taste.

This home mixture soothes the irri-
tated throat membranes with surpris-
ing ease. It loosens the phlegm and
eases the soreness in a way that is
really astonishing.

Finex is a compound containing Nor-
way Pine in concentrated form, a
well known and reliable soothing agent
for winter coughs. Money refunded
if it does not please you in every way.

Medicated
with ingredients of
Vicks VapoRub
VICKS COUGH DROP