

Woman's Realm Social and Personal Fashions Literature

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It's a joy to take a batch of baking out of the oven when you've used dependable Fleischmann's Yeast! Rolls so crispy—breads so light—buns so temptingly fragrant! If you bake at home,

always use fast acting Fleischmann's Yeast. It has been the standby of three generations of Canadian women! Get some today.

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The Stars Say—

By Genevieve Kemble

THIS day may prove memorable for searching and soul-stirring events of revolutionary importance in life. Its high adventures and outstanding achievements. A sudden uprooting in which preliminary preparation and wise planning insure promotion, honors, public acclaim as well as curious personal experiences. Be ready to jump at the first bid for strange ventures and distinctive performance. Fresh and romantic pastures or thrilling emotional drive.

For the Birthday Those whose birthday it is may be prepared for some curious or dynamic experiences which a whole new universe of adventure, thrills, novelty, and strange contacts may bring lightning results. This is true in business, creative research, romantic and affectional relations, in which the denouements are far beyond the range of imagination. Honors and public acclaim, new opportunities for distinguished attainments, may prove radical and far-reaching. Surprising climax may top old visions of far fields and health-making adventure. Seek promotion in untrodden fields or daring adventure. A child born on this day is bounteously equipped for a strange but constructive career, with unique

Cook's Corner

SHORT-CUT FUDGE

(Makes about 2 pounds)
2 (7 oz.) packages semi-sweet chocolate, melted.
1-1/2 cups (15 oz. can) sweetened condensed milk.
1 teaspoon vanilla.
1 cup chopped nut meats.
1. Melt chocolate in top of double boiler.
2. Add sweetened condensed milk and stir until well blended.
3. Remove from heat. Add vanilla and nut meats.
4. Pour into pan which has been buttered or lined with wax paper.
5. Chill for a few hours. When firm, cut into squares.
NOTE: Salted Spanish peanuts may be used in place of nut meats.

FUDGE SQUARES

(Makes 1 3-4 pounds)
3 squares (3 oz.) unsweetened chocolate.
1-1/2 cups (15 oz. can) sweetened condensed milk.
2 cups vanilla wafer crumbs.
1 teaspoon vanilla.
1 cup chopped walnut meats.
1. Melt chocolate in top of double boiler.
2. Add sweetened condensed milk and stir until well blended.
3. Sprinkle with wafer crumbs and walnut meats.
4. Pour into pan which has been buttered or lined with wax paper.
5. Chill in refrigerator several hours. Cut into squares.

DOROTHY DIX SAYS—

Afraid To Marry

Girl's Mother, Bitter From Experience Talks Her Out Of Wedding Plans

DEAR MISS DIX: I am having mother-in-law trouble before I even get a wife. I have been engaged for six months to a girl with whom I am very much in love and who I am sure loves me, but her mother has made her break off with me because she has scared her so about getting married she is afraid to risk it.

In a way, you can't blame the mother, because she had a very unhappy marriage. Her husband, with whom she didn't get along, was always beating her up, so she made up her mind to protect her daughter from the dangers of marriage by keeping her single. But it seems to me she has overdone it. The only man her mother would be willing for her to marry is one who is a plaster saint and a milk and honey. I am neither, but I am a regular guy, have a good trade and can support a family.

What should I do?
TROUBLED AND PUZZLED

ANSWER: Forewarned is forearmed, says the old proverb, and inasmuch as the girl's mother has shown you just what sort of an interfering, trouble-making mother-in-law she would make, it seems to me that the girl isn't your dish.

BWARE OF DOMINATION

Of course, I know that you will say that you are marrying Sally and not her mother, but that is where you guess wrong. Every man practically commits bigamy when he marries, for unintentionally he gets Mama thrown in along with his bride until death—or the divorce courts—do them part. Sometimes Mother is the best wedding present a man gets. She doesn't go to live with the young couple nor stick her fingers in their pies, and she builds Sally's husband up to her so that Sally thinks she has married Prince Charming instead of just a plain, ordinary guy. But many another man gets a mother-in-law who is a first aid to divorce. She never lets her daughter forget that her duty is to her instead of her husband. She runs the daughter's house. She fills her mind with her husband and makes her feel that she has thrown herself away on a man who can't give her a mink coat and pearls. Any man who wants to be happy though married should take a long, appraising look at the girl's mother before he pops the question.

DEAR MISS DIX: If a husband is allowed to go out occasionally at night by himself, what is a wife supposed to be doing while he is away enjoying himself? I should think she should be permitted to sit out with her girl friends. After all, if she trusts her husband to go out, he should trust her also.

I would like to have your opinion on this matter.
A FUTURE BRIDE

ANSWER: My opinion is that if a boy and girl do not have sufficient faith in each other's love and honor and honesty to trust him or her to go out anywhere alone, they had better call the wedding off. There can be no happiness for them in marriage because each will be filled with suspicions and jealousies and spy on the other's every move, and that can give rise to nothing but perpetual fights between them. The only happy marriages are those in which the husband trusts the wife as he trusts his God, and in which the wife is like the one who said that even if she should see her husband kissing another woman she would not believe. She would know that it was her lying eyes, neither party has any personal liberty. I cannot imagine a husband loving a wife long if every time he went downtown on an evening he had to ask permission to go, nor can I envision a contented wife who was so enslaved to her husband she couldn't go to the movies with a girl friend without a written pass from him.

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Living & Leisure / THE WOMAN'S REALM

THE LITTLE CAT

The sun just risen, the sky still red, The little grey cat strolled home to bed. Her chin so stately, her feet so light, You'd never believe she'd been out all night!

Silver-furred and emerald-eyed, The little cat moved with a conscious pride. Like some princess disguised in a cloak, Smoother than silk and soft as smoke.

And the grasses, heavy with gems of dew, Made obeisance as if they knew She were incognito, and she Pearls and diamonds down on her head!

—Audrey Alexandra Brown

WARM OIL IS GOOD FOR SKIN

History tells us that the ancient Greek athletes anointed their bodies with oil, and they had the most beautiful bodies that the world has ever known. So, too, modern women anoint their skins with fragrant penetrating oils to restore elasticity to drooping facial muscles. Dry skin responds quicker if the oil is warmed. For extreme dryness and wrinkles, combine warmed oil and cream in equal parts and leave on overnight.

Oily skins are the exception thanks to the strain of our modern living which tends to dry the skin. Always look to your diet, if you suffer from an overly oily skin, and glands do not function properly, the tiny pores cannot throw off the oil excretions fast enough. The oil forms blackheads, which are accumulations of oil and dust clogging the mouth of enlarged pores.

Stomach and arthritis will find many helpful suggestions as to diet, heat, massage and other aids in Dr. Barton's booklet entitled "Chronic Rheumatism and Arthritis." To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

Fretty Feverish Baby Gets Needed Rest

There is no need to spend worried days over fretful babies who are feverish, restless or feverish due to teething, similar ailments. Baby's Own Tablets almost always give prompt relief so that the little baby's own mother can rest and contented.

Baby's Own Tablets have been the standard with careful mothers for over 30 years. By their careful mothers for over 30 years. Inexpensive, sweet-tasting—promptly effective and always reliable. Easily crushed and always ready to use. Baby's Own Tablets today at your drugist and have them on hand. New York 19, N. Y. Ask your baby, get needed rest. Only 34¢.



DESIGN NO. 513

Odds and ends of floss from the sewing basket may be used to embellish these designs on children's clothing, towels, spread and curtains in the nursery. Hot iron transfer, pattern No. 513 contains 18 motifs with complete instructions. Needlework Book 20 cents. To order: Send 20 cents in coin to Needlework Bureau, Charlotte-town Guardian, Design No. 513

Name _____
Address _____
City _____ Province _____

Cleanse the oily skin with soap and water; green soap or a special complexion is best. Use a complexion brush. This cleanses the pores and aids in stimulating circulation. And remember this—stimulated circulation is the important thing in caring for the oily skin. Masks and astringents are also good. No nourishing creams or oils should be used. If the skin feels drawn after washing, apply a tiny bit of cream. Remove immediately with tissues.

Weskits top everything. Have them in plain or plaid weaves for wear with slacks and classic dresses.

Quilted skirts, wide and flaring, come in so many colors for daytime and dress-up.

THE ANT SEASON

Always wash the outside of the milk bottle before putting it into the refrigerator. It may have collected a few ants while on the porch or step and by washing the bottle you may save yourself endless worry and work of having these pests in your refrigerator.

With kitchens getting smaller and smaller, anybody might welcome the idea of a combined washing machine and dishwasher. You can buy one or both units. It's just a matter of lifting out the clothes tub and attachments and slipping in the dish drum and racks for a quick changeover. No part of the machine that touches dishes ever touches the clothes.

Remove all leaves of flowers that would be under water when put into a vase. The flowers will keep much better if this is done, and if the vase is a glass one it will mean much cleaner water.

Morning Smile

THE "GENTLE" SEX

Noting that fully fashioned stockings were on sale in a large city store, a dignified, middle-aged man decided to get his wife a pair, but he soon found himself buffeted by frantic women.

He stood it as long as he could, then with head lowered and arms outstretched, he barged through the crowd.

"You there," yelled a shrill voice, "can't you act like a gentleman?" "I've been acting like a gentleman for an hour," replied the man, still charging forward, "but from now on I'm going to act like a lady."

A woman was bemoaning the fact that her husband had left her for the sixth time.

"Never mind," sympathized her neighbor, "he'll come back again." "Not this time," she sobbed. "He's taken his golf clubs."

Household Scrapbook

By Roberta Lee

Photographs If a photograph is to be mounted on cardboard, coat the back of the picture with the white of an egg. After placing it in the correct position on the cardboard go over it with a warm iron. The edges will not curl.

Fruit Pudding When warming over a fruit pudding which has already been steamed place it in the top part of a double boiler and set in boiling water for about thirty minutes.

Felt Hats The dirt and dust on a felt hat can be removed by rubbing gently with a very fine grade of sandpaper.

Better English

R. G. Williams

1. What is wrong with this sentence? "I have been real busy today."
2. What is the correct pronunciation of "rapine"?
3. Which one of these words is misspelled? Inherent, inhibition, inherent.
4. What does the word "onerous" mean?
5. What is a word beginning with pr that means "immediate nearness"?

ANSWERS
1. Say, "I have been very busy."
2. Pronounce rapin, as in rap, as in in, accent first syllable. 3. Inherent. 4. Burdensome; oppressive. I want to pay this onerous debt. 5. Proximity.

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home remedy for relieving misery of children's colds. VICKS VapoRub



GOOD BREAD "Over 73 Energy-Units (calories) in every ounce." A lot of good food for the money. "Always Good"

BUTTER-NUT BREAD

Needlecraft FOR THE HOME

SCOTCH AIRS

Pick this young ensemble to assemble in a clan plaid! Pattern No. 2140 teams a wing shouldered jumper with a swinsome blouse and jacket. Pattern No. 2962 cuts a saucy Scotch hat to complete the costume.

No. 2140 is cut in sizes 4, 6, and 8. Size 4 Jumper 3-4 yard 54-inch; Jacket, 1 1/2 yards 36-inch; blouse, 7-8 yard 36-inch. No. 2962 is cut in head sizes 19, 20, 21 and 22. Size 20 Scotch hat, 1-2 yard 18-inch.

Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address Pattern Department, The Charlotte-town Guardian, Pattern Nos. 2140 and 2962

Name _____
Address _____
City _____ Province _____

How Can I!!!

By Anne Ashley

Q. How can I make a frankfurter roll?
A. Parboil the sausages open them and then spread with prepared mustard. Place a thin slice of pickle in each, roll in bacon strips, and fasten with toothpicks, then broil.

Q. How can I make the ceiling of a room look much higher?
A. By hanging the curtains from the top of the window to the floor instead of stopping at the bottom of the window.

Q. How can I prevent milk from boiling over the edge of the saucepan?
A. This can be prevented by rubbing the edge of the saucepan with butter.

Q. Should a formal invitation be addressed jointly to both husband and wife even if the hostess is not acquainted with one of them?
A. Most certainly; neither the husband nor the wife should be omitted.

Q. Would it be all right for a mother to give the bride away, if the bride has no father?
A. Yes, if she wishes.

Q. Where is the proper place to seat a young guest of honor at the dinner table?
A. To the right of the host.



for your young active figure

Lightest little "figure-smoother" you'll ever wear. So very free and airy, you hardly know it's there! Corsees in girls and pants—for the young active figure—is yours at a young-budget price. Wear your Corsees with a Flexair® Bra for your loveliness.

Insist on genuine Corsees at better stores everywhere by FLEXEES "world's loveliest foundations"

Top-Favorite Dessert at its Tangy Best!



No grating and squeezing of lemons—yet you get real lemon flavor. Only 3 utensils for the filling—a cup, a pan, a spoon.

EVERYBODY loves Lemon Pie when the filling is Jell-O Lemon Pie Filling—sift-smooth... firm enough to cut yet so tender it melts in your mouth... tangy and fresh with the flavor of real lemon.

With Jell-O Lemon Pie Filling, you'll want to include Lemon Pie regularly in family and guest menus—sure that it will be perfect, every time. Not a lemon jelly, just the old-fashioned home-made kind. Ask your grocer for Jell-O Lemon Pie Filling tomorrow. Follow the easy instructions on the package.

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JELL-O
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LEMON PIE FILLING

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A Product of General Foods

That Body Of Yours

By James W. Barton, M. D.

CAUSES OF RHEUMATISM AND ARTHRITIS

Many years ago, when it was found that infected teeth and tonsils caused rheumatism, many physicians felt that at last the cause of this, the oldest disease of man, had been discovered. It is still true that infection of the teeth, gums, tonsils is the "commonest" cause of rheumatism and arthritis (an inflamed joint); but research workers in rheumatism point out other causes and conditions which aggravate rheumatism.

In "Hygeia," the health magazine, Dr. Ralph Pemberton, Philadelphia, the noted authority on rheumatism and arthritis, states that in rural communities where there are not as many dentists, infections at the roots of teeth may exist for long periods of time, slowly undermining the teeth as a whole and paving the way for arthritis.

This also is true of the gums, a condition often overlooked. From infected roots of the teeth, poison enters the tonsils which, some times are able to prevent too much of it from entering the blood. But, unfortunately, in time the tonsils are unable to filter out all the poison and much of it enters the blood stream, causing arthritis.

This means, then, that roots of the teeth and gums first can infect the tonsils which, in turn, infect the blood. Thus teeth, gums, and the tonsils often must be removed if the blood is to be prevented from carrying poisons to joints and muscles.

Among other factors causing or aggravating arthritis, pointed out by Dr. Pemberton, is poor posture, poor carriage of the body. "Fatigue, bad posture at work, mental worry, exposure to cold and wetness and generally run-down condition tend to 'start' the disease."

The acute or immediate cause of an attack of arthritis may be influenza or a cold, and even more frequently perhaps some chronic infection, such as may exist in the root of a tooth, in diseased tonsils or in a genitourinary tract (kidneys, bladder, sex organs). Poor carriage of the body crowds the heart and lungs, interfering with their work, and permits abdominal organs to drop down, thus interfering with the digestion of food and removal of wastes from the lower bowel. Eating more fruit and vegetables and less starch foods is suggested.

CHRONIC RHEUMATISM AND ARTHRITIS

Sufferers from chronic rheumatism