

# Run Down Nervous Mothers

### Gain Strength Rapidly on Vinol

In their zeal to do all in their power for their loved ones, most mothers overwork and soon get in a nervous, rundown condition. Vinol, the non-secret cod liver and iron tonic, is exactly what they need to build them up, make them strong and quiet their nerves.

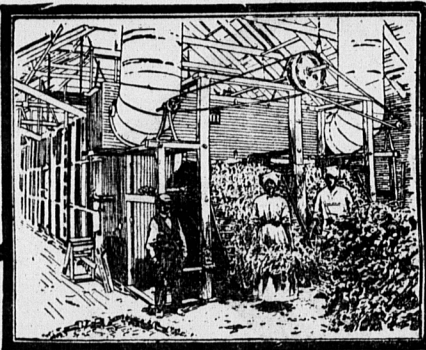
**Please be Convinced by this Positive Proof**  
"I was weak, run-down and nervous. I had dizzy spells and no ambition to do anything. I saw Vinol advertised and tried it. In about one week I felt better and it built me up and restored my strength. I want to recommend Vinol to other women who are weak, nervous and run-down."—Mrs. E. Trotter, 2 Grant St., Toronto, Ontario.

or all run-down, nervous, anaemic conditions, weak women, overworked men. Feeble old people and delicate children, there is no remedy like Vinol. **Your money will be returned if Vinol fails—Leading Druggists.**

## Vinol Creates Strength



Girls! Your hair needs a little "Danderine"—that's all! When it becomes lifeless, thin or loses its lustre; when ugly dandruff appears, or your hair falls out, a 35-cent bottle of delightful, dependable "Danderine" from any store, will save your hair, also double its beauty. You can have nice, thick hair, too.



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Drying and curing by machinery—the modern method. The leaf is treated with warm fresh air—a process which preserves the natural flavour in the manufactured product. Quality, flavour and aroma all combined in the "Tobacco with a Heart."

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Cape Traverse

## "Condor" Electric Lamp

Use the "Condor" which is durable and economical and gives universal satisfaction.

**BLACK & CO**  
Sunnyside, Ch'town

## Letter On The Forward Movement

TO THE PRESBYTERIANS OF PRINCE EDWARD ISLAND.

Responsibility, Efficiency, Urgency are the watch words of the hour in this God-ordained campaign for the Salvation of men and the increase of that righteousness which alone can win for us the well-done of God. The time has arrived for the realization of the Financial Objective of the Presbyterian Church in Canada, that is to say, for our placing at the disposal of the various boards of the church the sum of four millions of dollars, of which sum our share in this province is fifty-three thousand dollars. It is our Special Thank Offering for Peace.

That there should be a "Thank Offering" all are agreed, but many are asking—How is this money to be used? Will it be a boon to those who are anxious for help but who really cannot help themselves?

The answer is emphatically—yes. Over three millions will be used for the Dominion and of this by far the largest item will be devoted to

### HOME MISSIONS AND SOCIAL SERVICE

in this Canada of ours. This is wise as our country should ever be paramount with us because it comprehends our religious as well as our political and commercial interests. All must be done by us that we deem essential for the good and continued prosperity of our young and virile nation.

In the judgment of many the progress, the character, the destiny of Canada is very largely dependent on the response which the church will make to the challenge of the hour. When we remember that nearly half of our population came to this country in the few years that have elapsed since the dawn of the twentieth century and that we have representatives of fifty-three nationalities who use eighty-four foreign languages and dialects and not "the tongue that Shakespeare spake" we must surely be alive to the fact that if we are to develop a national character in this new Dominion which will combine unity with variety we must have national ideals, and these can only be created and maintained by the forces that centre in the gospel of Jesus Christ. The sacrifices of our brave heroes in the war have taught us that only by the soul can nations be free. We are working for a unified and righteous Canada that we may make her safe for the stranger and for our sons and daughters who through the exigencies of our limitations are compelled to leave home. The church must accompany them, and this the church is determined to do in the immediate future.

### TWO HUNDRED.

Presbyterian congregations in Canada are without a place in which to assemble for the worship of God. You ask why—The answer is plain, they are just beginning life in the Western Provinces and it will be years before they will attain the standard of self-support. In many places there are Sabbath Schools

### APPEALING FOR HELP

in order that the rising generation may be trained in those virtues, which are the essential foundation in the construction of the temple of life.

In 6000 square miles of a well settled area there is not one Protestant minister. There are 300 contiguous school districts which are settled by Anglo-Saxons in which there are no representatives of the Reformed Church.

Enough has been said to convince us that if we are to have in this young nation a free, happy, and contented people, a people whose God is the Lord, we must accept the challenge and give generously when we are called upon next week and asked for our

### SPECIAL THANK OFFERING FOR PEACE.

Some of the money subscribed will be used for the erection and maintenance of schools for the non-English settlers; some for Hospitals, Institutional Settlements, Reform Schools, and Redemptive Homes wherever necessary throughout Canada.

### THE CHURCH IN THE PAST HAS NOT DONE HER DUTY

by her Aged and Infirm ministers and by the ministers' widows and orphans, but awake now to the pressing need a part of the Thank-offering will be devoted to the

## Report Many Cases Of Rheumatism Now

SAYS WE MUST KEEP FEET DRY; AVOID EXPOSURE AND EAT LESS MEAT

Stay off the damp ground, avoid exposure, keep feet dry, eat less meat, drink lots of water and above all take a spoonful of salts occasionally to keep down uric acid.

Rheumatism is caused by poisonous toxin, called uric acid, which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine. The pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate this uric acid which keeps accumulating and circulating through the system, eventually settling in the joints and muscles causing stiffness soreness and pain called rheumatism.

At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a tablespoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities. Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which overcomes uric acid and is beneficial to your kidneys as well.

### Minard's Liniment cures diphtheria

beneficent work of pensions. We need well trained men for the ministry if we are to hold our place in the country, and we cannot achieve this end unless we have well-equipped colleges which are taught by able and consecrated men—we have the latter and we rely on the generosity of our people with the feeling of certainty that we shall soon have the former.

### FOREIGN MISSIONS.

are essential to the well-being of every Christian denomination. Our church in Canada has assumed the obligation of sending the gospel to the far corners of the earth, and we feel that this is the imperative of God Himself and consequently there is not any need to say more. We are devoting \$800,000 of the Thank-offering to this cause, a cause which is as vital to the work at home as it is to the enlightenment of those who sit in darkness and in the shadow of death.

### THIS APPEAL FOR MONEY.

is an appeal to make tangible the thanks we have offered to God for Peace—Yours is the right to say in what direction you wish your contribution to go.

A Presbyterian in this Province said, when my son went to the war I would gladly have given handsomely for the guarantee of his return in safety. The son is back safe and sound and now he adds \$600 prepared to give at least \$600 as a Thank-offering.

Let us show our gratitude to Almighty God for the safe return of so many of our courageous sons, and not less for the heroic deeds and noble sacrifices of our "Unreturning Brave" whose brave hearts are at rest. Let us not think of them as dead for they now march in a deathless army alive for evermore. The measure of sacrifice is the measure of blessedness as many know who gave those who were, and ever will be, dear to them, to the service of the Empire in this great enterprise in which were involved all the issues for the Kingdom of Heaven upon earth.

They gave their sons to be redeemers, and many of them are now giving of their means in response to this appeal in order that the sacrifices of loved ones may not be in vain.

What shall we say of those who were thrilled with joy as they looked on the faces of the returned—of those who enjoyed the security and sanctity of home while others stood between them and death or—worse

There is but one thing to say and that is—If our gratitude to God for peace and victory is of the heart and intelligence we shall accept this challenge which comes from God Himself and give until we feel the pain, which is the blessedness of giving.

Go forward in the marching order of our Great Leader in this Heaven-born Movement for the uplift of human life at home and abroad. T. F. FULLERTON, Clerk of Presbytery.

## Western Guardian

—IT PAYS to buy in this Province.

—HOCKEY AT ALBERTON.—Second Abbies vs. Regals. Thursday, February 5th. 6718-2-2M2t.

—HOCKEY.—Two games Abbies vs. Crystals at Summerside, Friday, February 6th. 6734-2-4-me3i.

—JUST ARRIVED carload of bran, shorts, Schumaker feed, oil cake and best grade flour, lowest prices. G. W. Proffitt, Kensington. 6796.

—TO STUDY NURSING.—Miss Bertha Murphy, teacher of Emerald, has entered on duty in Prince George Hospital. Miss McCarvell, Kinora, has taken her place on the teaching staff of Emerald school.

—ISLANDER DEAD.—Mr. S. Hall Clark of Summerside received a telegram from Cleveland Monday evening announcing the death, which occurred suddenly that day, of his brother, Mr. J. B. L. Clark. Mr. Clark was well known in Summerside and the news of his death will be received with deepest regret by his many friends here. Messrs. S. H. Clark, Summerside, and J. W. Clark, Linkletter, are brothers.—Journal.

—DIGGING MUSSEL MUD.—It is expected that the work of mussel mud raising which had been suspended during the cold weather of the last few weeks will again be resumed in a few days. Many orders for car loads of mud are being placed with the request that they be held until weather conditions are more favorable for unloading it off the cars. Several diggers are being fitted up and will likely be placed ready for work within a short time.—H.

### WESTERN PERSONALS

—Prohibition Inspector Barbour paid an official visit to town on Tuesday.—H.

—Messrs M. C. Murray and Wm. McLean, Bradalbane, were in town Tuesday on business.—H.

—Mr. J. B. Gudet, tobacconist spent a few hours with business men in town on Tuesday.—H.

—Supt. Grady arrived from the West on Tuesday morning and went through to Charlottetown.—H.

—Mr. Therow Morrow who was indisposed for a few days at his home left on Monday to resume his studies at St. Dunstan's University.—H.

—Mr. John Le Page, Wellington and Mr. Edward McKinnon, Ellerslie were inward passengers by Tuesday morning's train.—H.

—Mr. D. R. Morrison who is operating on a large contract at Halifax, arrived home on Saturday he left again on Tuesday morning on return to Halifax.—H.

### ARE STRONGLY IN FAVOR OF DAYLIGHT SAVING

MONTREAL, Feb. 1.—At a meeting of the daylight saving committee of the Board of Trade yesterday it was decided that if no government action was taken, efforts should be made with the municipal authorities to secure daylight saving regulations for the city of Montreal and district. It was also decided to communicate with boards of trade manufacturers' associations and other clubs throughout the country with a view to securing legislation towards daylight saving.

### To Fortify The System Against Colds Grip and Influenza

Take "Laxative Bromo Quinine Tablets"

Be sure you get the Genuine Look for this signature

**E. W. Grove**  
on the box. 30c

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Power - Heat - Light - Lubrication  
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Coal deposits that have been discovered in Iceland are estimated to contain 150,000,000 tons. Japan hatches about 80,000,000 salmon eggs annually at its fish hatcheries. Many a man who wouldn't run from a lion yet runs from a woman who runs from a mouse.

# IMPERIAL

## "The Motor That Makes the Mark"

After 12 years experience in manufacturing Imperial Marine Motors we feel that we can offer to the P. E. Island Fishermen an outfit that is unequalled in its ability to give satisfactory and efficient service. The first motors we built are still in use and could not be purchased from their owners for what they cost them 12 years ago. The 5 H. P. illustrated above still stands out supreme as the best fishing boat motor on the Canadian Market. Our line for 1920 includes 4-5 and 10 H. P. single cylinder motors 10 and 20 H. P. 2 cylinder motors and 15 and 30 H. P. 3 cylinder motors. Look over their specification compare them with others. Take into consideration the fact that the IMPERIAL is a home made product and that you can get a repair part from the Factory in a few hours if required. This alone is worth 50 per cent. more on the price of the motor but you don't pay any more than for the Foreign engine with these disadvantages.

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### BRINGING UP FATHER

