

Woman's Realm/Social and Personal/Fashions/Literature

Underfed Children Flown From Berlin



FLIGHT TO HEALTH is being undertaken by these children flying past the propeller of a Royal Air Force plane at Gatow, Berlin. They are being flown out from the blockaded German capital by the British, and their destination areas where proper food and attention will correct the undernourishment from which they are suffering. Ever since the blockade began, Americans and British, as they did in wartime, have been flying right beside each other in what has now become the world-famed Operation Vittles.

That Body Of Yours

By James W. Barton, M. D.

DYE AND X-RAY EXAMINATION OF GALL BLADDER

Most physicians and surgeons are in agreement that, while the medical and diet treatment of gall bladder inflammation and other disturbances gives good results, there are cases where an operation must be performed to give relief and save life. Now that a dye and X-ray film of the gall bladder can be obtained before, during and after an operation for its removal, Drs. S. R. Hughes, J. R. Hannan, and B. E. Mulvey, Cleveland, report their experience in cholangiography (dye and X-ray examination in 99 consecutive gall bladder patients. These patients underwent an operation in which the condition of the gall bladder—stones, blocking of tubes—was discovered.

These surgeons therefore believe that: 1. Cholangiography is an accurate means of finding the presence or absence of disease in the gall bladder and tubes carrying bile to and away from the gall bladder. 2. X-ray of the gall bladder is a simple way of getting a correct diagnosis. 3. More positive information can be obtained by cholangiography than by surgical exploration of the bile ducts. 4. It is essential and advantageous to use cholangiography at the time of the operation. By this method, conditions not evident to the surgeon may be discovered and a second operation avoided. 5. Cholangiography is necessary after the operation to confirm the fact that no disease is present before the T tube is removed.

What are the conditions or symptoms present which make cholangiography necessary? They are: 1. If the patient is jaundiced at the time of operation or if there is a history of jaundice in the past. 2. If a number of small stones are

Modern Etiquette

By Roberta Lee

Q. When a person does not believe in tipping, is it proper for him to ignore it?

A. It is preferable "when in Rome to do as the Romans do." It would be far better for him who does not believe in the custom to patronize only those places where tipping is eliminated or not expected.

Q. When there are several women guests in a room, and one of them leaves the room, is it ever necessary for another woman to rise, just as a man does?

A. No, unless the woman leaving is elderly; then it is courteous for the younger women to rise.

Q. Should a bridegroom give a wedding gift to his bride?

A. Yes, this is customary. And she also gives one to him.

found in the gall bladder at operation. 3. If tubes (ducts) carrying bile are dilated or diseased. 4. If a stone in the gall bladder is suspected by feeling with the hand. 5. If a small hard bladder is discovered. 6. If bile drawn from the tube or duct is muddy. Or 7. If the liver is cirrhotic (hardened). By use of this method, cholangiography—used before and after operation—in none of these cases has a second operation been necessary. I am giving the above information to readers because more than half of the men and women past 40 have gallstones. Fortunately, most of them are free of symptoms. Where symptoms are present, this method of learning conditions present is most important.

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Ellen's Diary

By an Island Farmer's Wife

As Mr. C. from the house on the hill, had feasted last night when he and James had discussed its approach, it proved to be a fair Candelmas Day that this morning broke in a flame of color at sunset over the rim of the world. It's a fine day, Ellen. James greeted me quietly, throwing back the bed-covers and preparing to rise. The sun's coming. "Dear me," I commented, suspecting his thoughts from his tone of voice, and added quickly, "Just wait awhile, it may be overcast yet. It is often seen the sun cast yet. It was going to be a lovely day, and then all of a sudden every sign of it would be hidden beneath gray clouds. Yes, I've often and often seen it so!"

That certainly is one of the duties that fell to women-kind, and at every time the earth was peopled with a "twain," I suspect, the bolstering of masculine faiths, the easing of trying situations, the encouraging of manly hearts. Though James will have it that sometimes in my zeal to be helpful to him, in this way, I over-do this feminine role.

On a recent evening, when he and Mr. C. had been chatting together, and I joining in had made an over-optimistic remark about the times or the weather or it may have been the prices of farm stuff, James laughed indulgently and said: "You know, I sometimes think that Ellen is like one of her sex I heard about in the long ago," and he went on to spin his yarn. In his words "this girl was getting to an age where she despaired of marrying, and asking advice had been told that if she could dissolve her marriage she would realize her ambition." (James really has a mistaken idea about this being the eternal feminine aim, but he has enjoyed the notion so long, that it is a waste of words to change it!) "Well she tried it, and when they asked her what progress she was making, she smiled hopefully and replied eagerly: 'I'm sure that they're softening!'"

There was little sign indeed of today becoming over-shadowed by sullen clouds so promising was the sunrise. It set delicate traceries of frost on the window-panes inflame, kindling them into jeweled lights, and soon a golden stream of it, that was really good to see, flooded the countryside. But in a way, it was a disappointment. We should

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The Stars Say--

By Genevieve Kemble

For Thursday, February 10

A STRANGE or abnormal condition of an inexpressible situation quite out of the ordinary, would prove not only intriguing but baffling and disconcerting. All sorts of complications could menace the personal, romantic and working-day, as tricky, dubious undercurrents assail the affairs. As well inner urges, strange, intangible and unaccountable, could belated right thinking and lead to erratic, abnormal and irresponsible states of mind, conduct and activities. The inclination to indulge in juvenile or illit behavior should be suppressed.

On the Birthday Those whose birthday it is may be prepared for a year of the peculiar, irregular, perplexing and complicated, in which it is difficult to predict the final outcome. Not only erratic and eccentric developments, but curious and irresistible drives

DOROTHY DIX SAYS--

16-Year-Old Prophetess

Bobby-Soxer Gives Wise Advice On Winning And Holding Boys

DEAR MISS DIX: When I was 15 years old, I used to have a lot of trouble with my boy friends. They were always getting peeved about something and breaking away and it was hard to get him back. But now I am a year older and I have thought out a system that works and I give it to other girls free. It is this:

Keep yourself neat and attractive and always act as you are or not. Go out with other boys and have fun. Your heart won't be in it at the beginning, but gradually you really begin to enjoy yourself. Above all, ignore the boy. Don't speak to him. Don't even let him see you looking at him. If he thinks you don't worry about him, he will come back to see why you don't.

Don't try to find out whom he has been stepping out with. If you try this plan for one month, I am sure you will get him back. I did. When he is back, don't throw up other girls to him. Don't let him know you are jealous. Keep him guessing.

GOOD LUCK

ANSWER: Out of the mouths of babes and sucklings proceedeth wisdom, and without doubt the advice of this 16-year-old bobby-soxer on how to win and hold a boy's affections should be of inestimable value to her sex and age. For they are at the time of life when the one thing that girls think about and dream about and worry about is boys, and when not to have a steady is a tragedy. It practically is a disgrace.

POOR TECHNIQUE And what adds to the difficulty of the situation is that the youngsters of either sex do not understand the technique of handling each other, and so they fight and quarrel and break up and have temporary heartbreaks that hurt just as badly as if they were the real thing.

DEAR MISS DIX: I am going with a boy who has a fine character, but who has two faults that bore me very much. He continually puts off doing the things that should be done until I literally worry him into doing them. Same way with his clothes. The season ends while he is still going to buy a new suit. Then I just can't get him interested in even reading the newspapers. He always tells me he only has time to read the funnies. He knows nothing about anything that is happening in the world.

ANSWER: There is nothing you can do to change that flabby sort of a man into a go-getter. A man has to be born with a backbone to have one. It is nothing that a woman can wish on him, yet millions of silly women try it and end up by supporting a good-for-nothing husband.

DEAR MISS DIX: I live with my mother and aunt and they are making a very serious problem for me. I have a little girl a year and a half old whom they have spoiled until she is perfectly rotten. When she is cross she throws herself on the floor and kicks and cries until she gets what she wants. If I tell her to do anything she doesn't want to do, she refuses. And if I slap her if she has been bad, she slaps back and calls me names to my face.

ANSWER: The only thing you can do is to take the child away from your foolish mother and aunt. It is the only hope for the salvation of your little girl. Babyhood and childhood are really the crucial time in the life of every human being, because that is when characters are formed and habits set and the individual's entire future life is determined. The weaklings, the derelicts, the selfish, the lazy and trifling were all spoiled children.

may unfold intriguing slants in the judgment, with unhappy and discreditable reactions on the life general. Being carried away by fantastic emotions could have serious effect on even discreet and rational characters. Sinister slips due to illness, tricky contacts or designing persons, might exact far-reaching penalties. Strict adherence to the "straight and narrow" is urgent. Preserve the amenities and principles in crises.

A child born on this day may have strong urges to youthful urges, emotions and passions, inclining to indiscretions and perhaps anti-social conduct, undermining its life and career.

Household Scrapbook

By Roberta Lee

Buying a Mop

When purchasing a mop, a good method of testing it is to shake it and see if the strings stand alone and do not mat together. A good quality mop will have strings that hang straight and free from each other.

Mashed Potatoes

Mashed potatoes, or any other similar vegetable, can be made light and fluffy by adding 1/2-teaspoonful of baking powder to every three cups of the mashed vegetable.

Cleaning Chinchilla

Borated talcum powder is a good medium for cleaning chinchilla.

Cook's Corner

RAISIN PIE SUPREME

1 cup orange juice
3 tablespoons lemon juice
2-3 cup cold water
1/4 cup sugar or honey
1/4 teaspoon salt
Grated rind 1/2 orange
3 tablespoons cornstarch
1-2 cups seedless raisins
1 tablespoon flour
1 tablespoon butter
Pastry for two-crust 9-inch pie.
Combine juices, water, sugar or honey, salt and grated orange rind. Heat to boiling. Moisten cornstarch in little cold water add to hot mixture and remove from heat. Fold in raisins, which have been scalded and thoroughly well drained. Line deep pie pan with pastry, sprinkle flour over bottom, add filling, dot with butter, cover with crust.
Bake in hot oven (425°) for 35 to 40 minutes. Heat slightly before serving.

STOPPING COSTLY

If an express train of 425 tons traveling at 80 miles an hour is brought to a halt it requires 350 pounds of coal to regain its former speed.

Legends

OR P. E. Island

By Uncle Joe

JACK DALE AND THE BIRD CHOIR

On the afternoon of July 1, 1865, Colonel Joseph Frederick Wallat Desbarres, accompanied by his friend Jack Dale, the "Merry Whistler," arrived in Charlottetown.

A great crowd of joyful people had gathered in the streets to welcome the colonel, who was sent here to take the place of Lieutenant-Governor Fanning.

Immediately upon their arrival the two men were escorted to the home of Fanning, where the incoming governor was met by the Colonial Council, which read the commission and appointment, witnessed the customary oaths and delivered the seals into the hands of Lieutenant-Governor Desbarres.

The following week Jack Dale was guest of honor at a gala picnic held in beautiful and historic Victoria Park. After having been dined and wine and the usual speeches gotten off their chests, the new governor demanded that his friend, the Merry Whistler, entertain them.

Jack Dale separated himself from the others and, walking across the grassy enclosure, came to a stop beneath a grove of towering birches and maples. Then he bowed to the distinguished guests, looked straight up toward the deep-blue canopy of heaven, and began to whistle.

Instantly his audience came to attention and thrilled at the high, rich, lyrical notes that fell from the lips of this slender, shy person. There was a magic in the air such as none of those present, with the exception of Desbarres, ever before had heard. The whole park echoed and reechoed to the seemingly heavenly music, the music which fell from the lips of the Merry Whistler.

As the entertainer continued, the listeners were amazed to hear the surrounding forest suddenly burst into song. There were the golden voice of the robin; the silver-toned quivering of the soft, whistling of the bluebird; the bewitching voice of the nightingale. These birds, along with many other species, literally filled the woods surrounding the park with a melody that brought a feeling of ecstasy to the hearts of both bird and man.

For the space of moments there would be silence. Then the whistler would begin again while the bird choir blended with the melody of the new governor's friend in a glorious and never-to-be-forgotten woodland recital. The very earth seemed to burst into song, while from the breeze-tossed trees and the harbor came an accompaniment of magic melody. The slim figure standing beneath the cluster of birch and maples seemed to be transfixed. The listeners were enraptured.

When the applause died down, Jack Dale's lips pursed for a moment and then blew out one single enchanting note that simply drove the feathered minstrel's crazy with sheer joy. A great fluttering of wings could be heard, and a moment later thousands of birds left the trees and descended to where Jack Dale stood. They surrounded him, settled upon his shoulders and circled his head, as though he were the very god of melody.

The Merry Whistler's face was wet with tears when he waved the feathered choir aside and walked slowly to the front of the park. Not long after that memorable event in the park, a party found the dead body of the whistling genius quite near the Brighton shore. He had died of a heart attack and had passed away before medical aid could be summoned.

Although the sun shone brightly and the day was pleasantly warm, not a single bird could be heard singing among the leafy bowers. And save for the sound of the whistling leaves, the forest about the park was wrapped in a silence as deep as the grave.

Why? Well, nobody knew; but some folk ventured the opinion that the feathered choir were silently mourning the death of the Merry Whistler.

The next story: The Phantom Terror.

Life insurance originated in the early days of Rome.

Living & Leisure

THE WOMAN'S REALM

THE GARDENER

O calloused hands, what loveliness You've culled through all these years. From tiny seeds and little leaves. How tenderly you've reared So many fragrant blooms, to grace Resplendent tables, called the sick Back to full life and hope withal.

How can it be such hands as thine. Are instruments well nigh divine. No worker yet in jade or gold. Can to your skill a candle hold. You have a Partner, silent, true. Whose Hands have touched the things you grew.

One is to refuse to discuss her husband's business with others. It's a simple matter to stand ever a direct question with, "You will have to ask him about that."

Two is to talk business only when her husband wants to talk business. The wife who prides, and who continually worries out loud about business, is bound to make a man feel he can't find peace even at home.

Three is to be slow to give advice. A woman is usually of much more help to her husband if she is content to discuss a matter, bring things to light any angle she thinks he may have overlooked but leaving a final decision to him, than if she says, "I think you ought to do such-and-such."

Four is to demand none of the credit when an idea she has thrown out is tried and found successful and to avoid any "I-told-you-so's."

It's a lucky woman whose husband trusts her judgment enough to discuss his business with her. And it's a lucky husband whose wife never lets him down by forgetting these important points.

WAYS OF USING COTTAGE CHEESE Cottage cheese in a pie may not sound like a dessert, but those who have tasted it say it is delicious.

Ingredients: Two cups cottage cheese; one cup milk; two eggs; one cup of sugar (or sweeten to taste); dash of cinnamon. Dissolve cheese in milk until smooth. Beat eggs, add sugar and cottage cheese. Beat well. Place in unbaked pie shell and sprinkle with cinnamon. Bake in hot oven until eggs set, then decrease the heat.

Cottage Cheese also can be used as a main dinner course. Cottage Cheese Roast: Blend two cups cooked rice, one cup of cottage cheese, three pimento (well chopped); one cup dry bread crumbs, one tablespoon of (chopped onion, one-quarter teaspoon soda, one-quarter teaspoon pepper, one and one-eighth teaspoons salt and melted butter.

Form the mixture into a roll and put in a pan. Surround with tomatoes and bake about 25 minutes, basting from time to time with savory fat or meat dripping. Serves four.

Dutch Cheese Cakes: Mix one pound of cottage cheese, one-half cup sugar and the same quantity of flour. Separate the yolks and whites of four eggs, add the beaten yolks to the cheese mixture, then the well-whipped whites. Mix into this enough milk to make the consistency of cream. Spread on a sheet of well-greased paper in a flat cake tin. Cover the top with a fine sprinkling of cinnamon and some dried currants that have been floured to prevent their sinking. Bake 20 minutes in a moderate oven. Serves six.

Cottage Cheese Balls: Make a thick white batter, and gradually beat into it two cups of cottage cheese. Add two cups mashed potatoes, season, make into soft balls. Roll this in bread crumbs, then in beaten egg, then again in bread crumbs. Fry in a kettle of deep fat until a golden brown. Serve with tomato sauce.

Better English D. C. Williams

1. What is wrong with this sentence? "He returned back home this morning."

2. What is the correct pronunciation of the word "populous"?

3. Which one of these words is misspelled? Minneapolis, Tallahassee, Schenectady.

4. What does the word "populous" mean?

5. What is a word beginning with co that means "security for a loan"?

ANSWERS

1. Omit back. 2. Pronounce hi-dran-je-a. 1 as in an accent second syllable. 3. Tallahassee. 4. Abounding in people; thickly inhabited. 5. A populous country. 6. Collateral.

Needlecraft FOR THE HOME

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