


**Blood was like Water**  
**Anaemia**



You cut your finger and the wound is slow to heal. The blood is watery and fails to form a clot. The lips and gums are pale. You are anaemic.

This condition is best overcome by using Dr. Chase's Nerve Food. In this food cure there are combined in concentrated form the elements that go to form new, rich, red blood.

The appetite is sharpened, digestion improves, color and strength return, and you rid yourself of weakness and many annoying derangements.

50 cts. a box, 5 for \$2.50, all dealers, or Edmondson, Bates & Co., Ltd., Toronto.

**Dr. Chase's Nerve Food**

milk until Monday morning. It is difficult to cool the milk much below 70 degrees with ordinary well water. If milk is to be kept sweet, it should be cooled to 45 degrees or lower. Without a supply of ice it is almost impossible to maintain this temperature on the average farm. The better the condition in which milk is delivered to the factory the easier it is for the cheese maker to manufacture a high-class product. The same applies to cream—it should be cooled immediately after separating and prevented from becoming too sour before it is shipped and while water may be used for cooling purposes, it takes longer and is not so efficient as ice. Seldom does a summer pass but one or more cans of milk are lost that might have been saved by having a supply of ice in readiness. There may yet be an opportunity this winter to secure a sufficient supply. Ice houses and methods of storing ice were fully discussed in a recent issue of this paper.

**A MUFF HANGER**

Where to keep the muff when it is off duty from day to day is somewhat hard to decide. A muff-hanger settles the difficulty, and one can be made very well from a cardboard mailing tube. Use one of the long, slender tubes, cover it with batting, and over that a cover of cretonne or ribbon. Gather in the ends and finish with ribbon loops or a covered button. Sew to one end the ribbon that is to be the loop by which to hang it. Sew a small button at the other end and make a loop on the other end of the ribbon, so it may be unfastened easily when the muff is wanted. Hang at each end a cluster of little sachet bags that may be tucked into the muff when it is on the hanger.

**ICE SUPPLY ON THE DAIRY FARM**

During the summer months dairymen usually experience more or less difficulty in keeping the milk or cream from deteriorating in quality before it is delivered to the cheese factory or creamery. At ordinary summer temperature it entails a good deal of work to cool the night's milk sufficiently to prevent the lactic acid bacteria from multiplying and causing the milk to become sour before it is delivered. Especially is this the case when endeavoring to keep Saturday night's

**The Western Guardian**

—IT PAYS to buy in this Province.

—W. K. McGOUGAN, Globe Fox Exchange, is Guardian Agent in Summerside.

—ONE CENT per word each insertion for the advertising in this column. Cash must accompany order. Minimum charge, twenty-five cents.

—THE MORNING DAILY Guardian can be obtained at Lafferty's Tonsorial Parlours, Summerside.

—CONCERT TUESDAY MARCH 7th 8.30 School Assembly Hall. Choruses, Quartettes, Solos, Readings. Miss Hughes Charlottetown, Soprano Soloist Proceeds for Patriotic and Hospital purposes. 7671.

—SUDDEN DEATH—Mr. Russel Rogers of Coleman, received the sad news on Friday of the death of his sister Mrs. George Shaw of Revelstoke, B. C. (nee Emma Rogers) from a very sudden attack of pneumonia.

—ENTERTAINMENT AND SOCIAL At Kensington, the members of L. O. L. Kensington, will hold an entertainment and pie social in the new Public Hall on March the 10th, this promises to be grandest of the season as it is made up principally of foreign talent. Admission 25 cts. Ladies with baskets free. 7663-3-6-M31.

—LECTURE AND CONCERT—Come to the lecture and concert in Central Bedeque Hall on Monday evening, March 6, at 8 o'clock. A good program is being prepared. Sale of homemade candy. Admission 15 and 20 cts. Should the evening prove unfavorable the entertainment will be held Wednesday evening, March 8th. 7634-3-3M31.

—SPECIAL TRAIN, Friday, March 10th, leaves Alberton at 3.45 for Summerside at low return fare. The Crystals of Summerside play the Regals of Alberton a return hockey match. Then the Crystal Band renders music for a nice hour's skate. Everyone is assured a good time. Admission 25c. 7655-3-4m3MWTf

—TRANSFERRED.—Lieut. Stevenson, of the 105th Batt. has been transferred from Charlottetown to Summerside where he is at present attached to the staff of Major Inman O. C. Detachment at Summerside. Mr. Stevenson who was formerly on the staff of the News Department of the "Guardian," has been at military work since war commenced having been one of the number who were sent to Canso. When the 105th Batt. was organized he enlisted as a private being later promoted to Corp. Sergeant and Staff Sergeant. In November he was commissioned a Lieut. and has recently returned from Halifax where he successfully qualified for his commission.—C.

**WESTERN PERSONALS**

—Mr. and Mrs. C. W. Ramsay have returned from the West, and taken the residence on Winter Street, Summerside, owned by Mr. M. S. Curtis.—H.

—Messrs. Sherman McAasie, line-man of the P. E. I. Telephone Co. and Arthur Steeves of the Bank of Nova Scotia, Summerside, who recently enlisted with the Signal Service Corps, left on Thursday morning for Charlottetown.—H.

**TIGNISH**

—DIED IN HOSPITAL—Miss Dorota Wells, daughter of Mr. and Mrs. Wells of Kildara, Capes, died Wednesday in Charlottetown Hospital after an operation for appendicitis. The remains were brought home on Thursday evening's train.—Z.

—INJURED—Again the crack player of Tignish hockey team, fell on the staff of sprained his wrist. His friends will be sorry to hear he will be unable to play for some time.—Z.

—ACCIDENT—The engine of Wednesday evening's express, while on the way to the round-house, left the track and broke some of the springs. It was 11 o'clock before they succeeded in getting her back into shape again, and caused an hours delay in leaving the following morning.—Z.

—ENLISTED—News has been received that Camille Gaudet, formerly of Tignish has enlisted from Vancouver, B. C., for overseas service.—Z.

—ON FURLOUGH.—Mr. Sylvère Richard of the 105th is home for a few days, his many friends are pleased to see him looking so well.—Z.

—INSPECTING—Mr. McKay of Charlottetown, Inspector of Public Works arrived in Tignish Wednesday on a tour of inspection.—Z.

—BIG PRICE.—The highest price ever received for sheep in this part of the country was brought Wednesday at a sale in Palmer Road. Mr. Rochford auctioned a pair off for \$37.00.—Z.

"Special sale of Libby's Soups, regular 15 cents size for 10 cents. Jenkins & Son. 7667-3-6-M31.

"Odds and ends of shoes going cheap at Goff Bros. 7624-3-3M31.

**SANITARY DISH-CLOTHS.**

The dish-cloth is a constant source of trouble in some kitchens, keeping its user on the horns of a dilemma. Either it is not in sanitary condition, and so disseminates germs to the family, or it occupies a great deal of someone's time in keeping it washed, boiled, disinfected, and in hygienic condition. There is another possibility, however, and the most practical one. Dishcloths are not made of expensive material, and a new one for each using is better than the other two alternatives. They need not be bought, as they are many bits of suitable material to be had in every house, old flour or salt bags for instance; or, if they are bought their cost is little. Certain kinds of material can be bought at very low prices, especially remnants. One yard makes four new dishcloths, and five and a third yards make twenty-one—enough for a week, using one for each meal. The five yards of cloth by no means have the money value of the housekeeper's two hours of time a week required to keep an old dishcloth in proper condition.

"Libby's Soup regular 15c. only 10 cents per tin. Jenkins & Son. 7667-3-6M31.

**Moore & McLeod** [G. M. Moore, S.A. McLeod, J. P. Gordon, W.A. Stewart]

**Wednesday 8th inst we make great advance exhibit of Newest Spring Goods**

EVERYONE WITHIN THE REACH OF THIS STORE'S service is cordially invited to be present at this great advance exhibit of new goods of every sort to be held here on

WEDNESDAY, EIGHTH MARCH, 1916



**Great Showing of New Coats, Suits, Skirts, Dresses, Waists etc.**

The finest—the most complete stock of ready to wear goods ever shown in this—the biggest ready to wear department in Prince Edward Island, is ready for you for Wednesday.

- New Suits \$12.75, 15.00, 18.00, 22.00, 25.00 to 38.00.
- New Coats \$7.50, 8.50, 10.50, 11.50, 15.00, 18.00.
- New Dresses \$5.25, 7.50, 9.00, 12.00 up.
- New Separate Skirts \$3.25, 4.50, 5.50, 6.75.
- New Waists \$1.25, 1.75, 2.00, 2.50, 3.00, 4.50, 5.75 up.

Very special line of new silk waists at 2.50.

**Special Display of the New Wall Papers for 1916**

YEAR AFTER YEAR THIS WALL PAPER STORE SENDS WALL PAPER to every town and village in P. E. I. This store specializes in artistic wall papers. Its buyers are experts in this line. That is why this store leads the procession in this line.

WEDNESDAY WE INVITE YOU TO SEE THE GREAT EARLY DISPLAY WHETHER YOU WANT TO BUY OR NOT. COME AND LOOK!

New American—English and Canadian Wall Papers. Papers for every and any room—all tasteful—smart new things. Ask to see some of the most modern in American decorative ideas—and find out how cheaply they are sold.

**New Dress Goods and Silks Wednesday 8th inst.**

THE NEW DRESS GOODS and silks are pretty well all in. The finest line of each that Prince Edward Island can offer—is here for your inspection.

Here are some of the new weaves.

- Navy and Black serges 85c, 1.00, 1.20, 1.50, 1.60, 2.10, 2.50, 2.75.
- Navy, Black and Belgium Blue, Satin Venetians 1.00, 1.20.
- Suiting Narpellas in Nigger Brown and Belgium Blue 1.75
- Silk and Wool Poplins and Crapes in Navy, Brown, Green and Copenhagen 1.95
- New Coatings, Coverts, Tweeds and fancy plaid blanketings 2.00, 2.25, 2.75.
- Cream Serges and Cheviots 90c, 1.10, 1.35, 1.60, 1.95, 3.00.

Ladies Home Journal Patterns—The New Ones Here To-Day

**Time and Fares of Special Train in Connection with Seed Fair, Charlottetown, March 8th. 1916**

SUMMERSIDE SPECIAL			MURRAY HARBOR SPECIAL		
Leaves	leaves	Fare	Leaves	leaves	Fare
Summerside	8.00 A.M.	1.00	Murray Harbor	7.50 A.M.	1.00
Kensington	2.33 "	.80	Murray River	8.03 "	.90
Freetown	3.38 "	.75	Hopedale	8.14 "	.80
Emerald Junction	4.48 "	.70	Wood Islands	8.25 "	.80
Bradabane	5.52 "	.65	Melville	8.38 "	.70
Fredericton	6.04 "	.65	Fodhla	8.56 "	.60
Hunter River	7.16 "	.45	Grandview	9.03 "	.50
North Wiltshire	8.27 "	.45	Uigg	9.10 "	.50
Colville	9.35 "	.45	Vernon River	9.21 "	.45
Milton	9.45 "	.30	Vernon	9.50 Reg.	.45
Royalty Junction	10.00 "	.30	Millview	8.57 "	.45
Charlottetown Arr. 10.15			Lake Verde	9.32 "	.45
			Mt. Albion	9.44 "	.30
			Hazelbrook	9.48 "	.25
			Mt. Herbert	9.54 "	.15
			Bunbury	10.00 "	.15
			Charlottetown Arr. 10.15		

**The Lightning Cure for COUGHS, COLDS and all Bronchial Troubles.**

No curative preparation can possibly be quicker in action than Venos Lightning Cough Cure. You don't have to wait for the effect, relief comes with the first dose, and in ordinary cases cure follows with a rapidity which fully justifies the title "Lightning." Even in old deep-seated bronchitis and asthma Venos can be relied upon when all the usual means fail.

**Awarded Grand Prix and Gold Medal, International Health Exhibition, Paris, 1910.**

That award is the hall-mark of international scientific approval. The approval of the public is expressed in a reputation which is wide as the British Empire. Venos has the largest sale of any cough preparation in the whole world. It is made in Great Britain by British pharmacists, financed by British capital, and sold wherever the British flag flies. Old and young take Venos's for—

**Coughs and Colds** Price **30 cents.** **Difficult Breathing**  
**Bronchial Troubles** **Whooping Cough**  
**Nasal Catarrh** **Blood Spitting**  
**Hoarseness** **Asthma**

Large size containing 24 times the quantity 60 cents. Sold by Druggists and Dealers everywhere, or direct, on receipt of price, from the sole agents for Canada, Harold F. Ritchie & Co., Ltd., 10, McCaul Street, Toronto.

Proprietors:—The Venos Drug Co., Ltd., Manchester, Eng.

**VENO'S LIGHTNING COUGH CURE**

**Our Big Annual Sale of Wall Paper Remnants**

Is now on. Every pattern at **HALF PRICE**

Beautiful patterns for Parlor, Dining Room, Bed Room, Halls and Kitchen. Some have borders, some without. All big values. Come early. It will pay you to take advantage of these bargains even if you have to keep the paper for a while. See the stock in our Wall Paper Department up-stairs.

**Carter & Co. Limited**

**When You Want Paint, Buy Good Paint---"Sherwin-Williams"**

We sell only one kind of paint and that is Sherwin-Williams Paint. There are lots of other paints on the market and we could sell any of them, but we believe that in Sherwin-Williams we are offering you the very best paint value possible.

Sherwin-Williams paints will stand and amount of sun, wind, rain, hail, snow, frost or air because there's good body to the paint and there is no adulteration used in any of the fifty Sherwin-Williams processes.

There is a Sherwin-Williams paint for any purpose—

for your furniture, floors, walls, barns, out-buildings, farm implements, engines or boat.

And we can honestly say that no matter what you use Sherwin-Williams paints for—if it is the right kind of paint for the purpose—it will give you perfect and lasting satisfaction.

**Reuben Tuplin & Co., KENSINGTON**

**NUXATED IRON**

Increases strength of delicate, nervous, rundown people 200 per cent in ten days in many instances. \$1.00 forfeit. If it fails as per full explanation in large article soon to appear in this paper. Ask your doctor or druggist about it.

Apothecaries Hall—G. E. Hughes Prop. and Central Druggists, E. A. Foster, Proprietors, always carry it in stock.

**Fishing Boats**

If you want fishing boats or pleasure boats designed and built. Write, LESLIE CAMPBELL, Cape Traverse, P.E.I. 7016-1-26Mwtm2mspd.