

# Woman's Realm / Social and Personal / Fashions / Literature



No. 1086—A lovely crocheted dolly. No. 735—Hot iron transfer pattern containing 12 motifs measuring about 1 1/2 x 2 to 8 x 9 inches. No. 882—An adorable crocheted dress for the youngster in size 2, 4, 6 years.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, 20 Charlottetown Guardian, Needlework Department.

Design No. 1086. No. 735. No. 882.

NAME \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## THE COOK'S CORNER

### CORN RELISH

8 ears corn  
1 head cabbage, finely chopped  
2 large onions, finely chopped  
1 green pepper  
1 sweet red pepper  
1 tablespoon salt  
1 cup brown sugar  
1 tablespoon mustard  
3 cups white vinegar  
3-4 teaspoon turmeric  
3 tablespoons flour

Cut the corn from the cob and place it in a preserving kettle with the remaining vegetables, finely chopped. Pour 1 1/2 cups of vinegar over the vegetables. Mix the sugar, salt, mustard, turmeric and browned flour with the remaining 1 1/2 cups vinegar. Combine the two mixtures. Skil. Bring to the boiling point and let simmer 45 minutes. Fill hot sterilized jars and seal.

Approximate yield—5-6 pints.

N. B. If cider vinegar is used it is best in the proportion of 3 parts vinegar to one part water.

### SCALLOPED CORN AND TOMATOES

1 1-2 cups cooked corn  
1 1-2 cups stewed tomatoes

## A Morning Smile

Sergeant (to very raw recruit)—Mark time, there, can't you?  
Recruit (who has been provided with impossibly large boots)—I can sergeant—inside my boots!

Uncle—So you lads have started a cycling club. What made them elect you captain?  
Young Harry—Well, uncle, as a matter of fact, I'm the only one who has a bicycle at present.

### SMOKES FOR DUTCH

LONDON — (O P) — Marking the 62nd birthday of Queen Wilhelmina the B. A. F. scattered over Holland thousands of packages of cigarettes sealed with labels bearing the message "The Netherlands shall arise" and one side of each package inscribed "Be courageous."

## Living & Leisure The Woman's Realm

### CONTINUE IN PRAYER

Be not afraid to pray — to pray is right. Pray, if thou canst, with hope; but ever pray. Though hope be weak or sick with long delay; Pray in the darkness if there be no light. Far is the time, remote from human sight, When war and discord on the earth shall cease; Yet every prayer for universal peace Avails the blessed time to expedite. Author Unknown.

### TIMELY TIPS

When boiling a cabbage or a cauliflower, tie up a crust of bread in a muslin bag and place it in the saucepan. This will prevent the smell from pervading the house. An electric light bulb is handy to use as a stocking darning. To remove old or new paint from cotton or woollen goods, use equal parts of turpentine and ammonia. To clean a copper kettle, cut a lemon in half, dip it in salt and rub the kettle with it. The kettle should be carefully rinsed in cold water and given a final polish with a clean soft cloth.

### SAVE FOR PATCHING

If you are having rooms repapered, don't forget to save whatever scraps are left over for patching. It may save redoing an entire room should an accidental stain or tear occur.

### SHORT BOXY JACKETS

Short boxy jackets lined in a bright-colored plaid, a soft pile fabric or rabbit fur and tailored of such important cottons as corduroy, velveteen, gabardine or of wool fleeces are designed for all occasions.

### TO RELIEVE DISTRESS OF MONTHLY FEMALE WEAKNESS

Also fine tonic for stomach!

### MOTHS DON'T LIKE TO EAT RAYON

Here's good news for you—but the moths don't like it. Rayon actually requires no protection against these pests unless it is blended with wool—then the experts say the fabric should be treated as all wool and thoroughly d-mothed. But if you are storing away a suit or dress made of rayon or spun yarn, all you have to do is make sure that it is clean.

### BENEFIT FIGURE BY EXERCISES

The summer is just about over—it's time to take stock of figure facts. On the whole, you're in pretty good form. You've swum, played tennis and golf, bicycled, liked, ridden. There's no excess poundage, curves are just right, flesh is firm, muscles and joints supple.

### Fat Girl Left Alone at Parties

"Ruthie's fat but awfully nice," the hostess said. But the men prefer the slender girls somehow. If you're a "Ruthie" you needn't accept such a fate. You can lose two pounds a week, choosing foods that cut you down to 1200 calories a day, instead of the high quantity—maybe 4,000—you get now.

### DELICIOUS JELL-O PUDDINGS

Chocolate, Butterscotch, Vanilla, Caramel

### NEEDLECRAFT

For The Home

### DOES YOUR NOSE CLOG AT NIGHT?

VICKS VA-TRO-NOL

### BRINGING UP FATHER

### OH-ME-IM DYING TO SMOKE

### OH-HELLO-MAGGIE-JUST DROPPED IN TO SEE ME?

### NO-HAVE A LOT OF PHONING TO DO-THEM IM GOING SHOPPING

### QUET-SMOKE-SAH-I CAN'T SMOKE-AND IT'S QUIET HERE!

## Dorothy Dix Says—

### WORLD HAS A NEW EVE BUT THE SAME OLD ADAM

### Now That Wives Earn Living, Husbands Should Share Housework

DEAR MISS DIX—I am a combined business and domestic woman. I work in an office from 9 o'clock to 5:30 every day and from then on until I drop exhausted into my bed. I cook and clean and wash and iron and mend and patch in a five-room house a going concern. This is hard enough, but my work is made harder by my husband who is so inconsiderate and thoughtless that he has caused me to lose all the love I ever had for him. He not only never helps me with any of my work, but he swears things all over the place. He leaves his shoes and socks in the living-room and if he should ever hang up his clothes, I would drop dead with surprise.

Never once since we have been married has he washed the dishes. I do not ask or expect him to do the housework, but I think it is only his duty at least to wipe the dishes and wash the broom once in a while, sweeping out some of the dirt he has brought in. I put \$15 of my salary in the bank each week in his name, but he has never thanked me for this or shown any appreciation for my trying to help him pay off some of our heaviest debts while we are buying a home.

I am so discouraged I am thinking of leaving him as we have no children and I am self-supporting. There is no question of any other man, Miss Dix. I have had enough of READER.

ANSWER—I have said many times before in this column, in this modern world of ours, we got this brought about many domestic complications that we have not so far been able to adjust.

One of the most important of these is the status of the husband in the families in which both the wife and the husband work outside the home. What are the husband's duties? What are his obligations? What has a wife to expect of her husband?

What are the wife's duties and what has a husband a right to expect from her? What is a fair division of labor and money for the upkeep of a home?

THE SET-UP HAS CHANGED. In former times when the husband was the sole bread-winner it was obviously the wife's part to cook without sending out an S. O. B. call to her husband for help. When the wife had nothing to do all day but to keep her house, there was no excuse for her to call on her husband for assistance unless she was sick.

But now, when the wife so often follows some gainful occupation and works just as hard and as many hours as her husband does, the whole set-up is changed. It is just as much his duty to do a share of the housework as it is hers, even more so, because he is stronger and more able to bear the burden of a double job than she is.

Yet few men are big enough and broad enough and unselfish enough to accept this viewpoint of the modern relationship between husbands and wives. In practically all of the households of working couples you will find women rushing home from their offices, stopping to buy the groceries with their little lists and then tearing home to cook dinner and clean up with their little lists and then tearing home to cook dinner and clean up with their little lists and then tearing home to cook dinner and clean up with their little lists.

Probably most men don't realize how unfair they are being to their wives in making them do all the housework when they are also helping to support the house. They just treat their wives as Grandpa treated his, forgetting that Grandpa had only to fry the bacon, she didn't have to bring it in. But it is time husbands waked up to the fact that they have got to do their part or else Eve will put on her bonnet and walk out on them.

MAKE HIM GET OUT. DEAR MISS DIX—We have a brother who is a family problem. He was in poor health in his early years and as a result he was spoiled to death. The result is that he has a disposition that is so disagreeable that he makes life unendurable for the balance of us. He accuses my parents, brothers and sisters of being unfair to him and threatens suicide every time he is crossed. He has made us sell our home and move to a part of the town where he thought he would like to live, but nothing pleases him and he makes everything so unpleasant that everyone leaves rather than remain at home in his presence. He works, but spends all he makes on himself. I am the sole support of the family and feel responsible for their welfare. What would you advise?

ANSWER—Make the disagreeable brother get out. He is self-supporting so you are under no obligation whatever to furnish him with free board and lodging. Let him take his temper and his nerves and his tongue somewhere else and leave you in peace.

There is nothing in the world at which I marvel so continually as I do at the animosity and cowardice of families that let one evil-tempered egoist wreck the happiness of a whole group because they lack the nerve and the intelligence to put the trouble-maker out of the house. Countless lives are ruined by tyrannical old men who impose their narrow and antiquated views on young people, or by hateful, old meddling women who are always poking their fingers in everybody's pies or by some fanatic who is always preaching, or some sister who has ways of which everybody stands in fear, or by brother who goes into tantrums whenever he is crossed.

No good is accomplished by your enduring these pests. They are made no happier by having their evil natures catered to. They are only enured in their meanness and they should be cast out among strangers where they would have to behave themselves.

Perhaps there is a sort of a feeling in families that they acquire merit, as the Hindus say, by their sufferings, but in this they are mistaken. They may be a crown awaiting martyrs, but there is no halo coming to fool.

UNJUSTIFIED ACCUSATION. DEAR MISS DIX—My brother-in-law contends that people look down on the profession of nursing and believe and think that the morals of trained nurses are below that of any other group of women. As I am an N. N. that makes me boil. Do you believe that the general public will by my brother-in-law in his opinion of trained nurses? NURSE.

ANSWER—Certainly do not. I have had a wide acquaintance with nurses, professionally and socially, and I've never known one who was not only a ministering angel, but a lady in every sense of the word. Your brother-in-law has taken an unfortunate time to propound his theory concerning nurses when we are remembering Bataan and Corregidor and being thankful God for the trained nurses who held in their hands the lives of our wounded sons and brothers and husbands on all our far-flung battle line.



Low-Calorie Foods Reduce Poundage

LOSE CHICKEN (SLICES) 100 CALS  
APPLE SNOW 125 CALS

GAIN CHICKEN CREAMED 435 CALS  
CHOCOLATE BLANC MANGE 431 CALS



Fat Girl Left Alone at Parties

"Ruthie's fat but awfully nice," the hostess said. But the men prefer the slender girls somehow.

If you're a "Ruthie" you needn't accept such a fate. You can lose two pounds a week, choosing foods that cut you down to 1200 calories a day, instead of the high quantity—maybe 4,000—you get now.

It's easy. When you know your calories you can have just as much to eat. Sliced chicken has only 100 calories a serving (cream-chicken has 435) and a baked white potato (100) is as filling as a sweet potato (200).

Desserts, too, may be on your reducing menu as long as they're low-calory—such as apple snow, 125 calories—but NOT chocolate blanc-mange, 431!

By being smart about your food you win a smart figure; soon every one admires yours!

To know your calories, see our 32-page booklet. It has a color chart, 42 delicious low-calorie menus, recipes for slimming desserts. Includes a 3-day liquid diet to start your reducing.

Send 20c in coins for your copy of "The new way to a Youthful figure." Address. Be sure to write plainly your name, address, and the name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

HOORAY!  
NO MORE HORRID GREASE LEFT ON MY DISHES!



Just POP your dishes into Rinso suds—they'll come out sparkling!

QUICK as you can say "Rinso," grease disappears when you wash dishes this grand new way! It saves hours of work at the sink every week—and keeps your dishes brilliant. What's more it saves your hands—keeps them smooth and white—for Rinso suds are gentle, safe!

Simply pop dishes, silverware, glass into thick, rich Rinso suds and out they come spotless and gleaming! No horrid grease to make them smeary, no unpleasant dishpan scum to clean up afterwards! Start using Rinso for your dishes today—get the GIANT package for extra economy.

RINSO DISSOLVES GREASE

## Says the Man Who Wasn't There



## Lunchbox Banquet!

I KEEP SANDWICHES AND COOKIES FRESH BY WRAPPING THEM IN KLEENEX AFTER EATING I USE KLEENEX FOR NAPKINS SAVES LINENS SAVES LAUNDRY  
(From a letter by L. E. D.)

THE GOVERNMENT URGES EVERY HOUSEHOLD TO KEEP A PRICE CEILING RECORD!  
THIS BOOKLET IS FREE! JUST WRITE TO CONSUMER BRANCH, TRADE PRICES AND MARKET BOARD OTTAWA, ONT. FOR YOUR FREE COPY!

KLEENEX "POP-UP" BOX SAVES TISSUES SAVES MONEY! BECAUSE IT SERVES UP JUST ONE SOUPLE TISSUE AT A TIME

board and lodging. Let him take his temper and his nerves and his tongue somewhere else and leave you in peace.

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## Needlecraft

### For The Home

### A WELL-CUT SKIRT

A Miracle of Fabric Conservation Here's a wonderful skirt that really deserves a medal for saving fabric. Just one yard of 36-inch fabric and a very little labor makes this very smart separate, to team with your jackets, blouses and sweaters.

Style No. 3582 is designed for sizes 24, 26, 28, 30 and 32-inches waist. Any size requires 1 yard 34-inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

BATH, England — (C P) — Public houses here have put their pint glasses in storage until after the war because of the beer shortage. A half pint a serving is the limit for a customer.

## DOES YOUR NOSE CLOG AT NIGHT?

Put 3-purpose Va-tro-nol up each nostril... (1) It shrinks swollen membranes; (2) Soothes irritation; (3) Helps thin nasal passages; clearing, relieving transient congestion.

VICKS VA-TRO-NOL

By George McManus