

Woman's Realm / Social and Personal / Fashions / Literature

Happenings of The Week

When the royal standard floats above Buckingham Palace Londoners know that the King is at home, but the grey stone walls conceal the activity that is His Majesty's daily routine. For the King is as busy as any high-powered executive. He rises at 7.30, has a simple breakfast alone, then walks into his "business room" where he unlocks the red-leather dispatch boxes and settles down to read.

His papers may include a secret report from a British ambassador, a memorandum on the miners' reaction to nationalization of the coalfields and a survey of Britain's new satellite town plan. Presently he rings for his secretary and the long morning routine is under way. It ends before lunch when, perhaps, a new ambassador comes to present his "letters of credence," a new Bishop to do homage on bended knee before the secular head of the established church — or an outgoing Governor-General to have audience and stay to lunch.

Almost every day the King and Queen lunch together, usually with the Princesses and over lunch the family discuss their plans, arrange theatre parties or dances, talk over the coming weekend at the royal lodge and chat of everyday affairs. After lunch the King likes to stroll in the palace gardens, sometimes with the Princesses, sometimes alone. Then he returns to his desk until late afternoon. Tea is another family gathering, after which there is usually a final audience the King must give to the Prime Minister, the Foreign Secretary or some other highly placed member of the government.

Between then and dinner, he sits at his desk tidying up odds and ends. Often it is 7.30 before he has finished — and that means that one or all of his three secretaries has to remain on duty. Dinner is at eight and there is just time for the King to bath and dress before joining the Queen and Princesses for what they regard as the pleasantest part of the day. After dinner the royal family relax in easy chairs, the King reading a light book, scanning a picture magazine or doing a crossword puzzle, the Queen knitting or doing embroidery, the Princesses reading or studying. Such is an ordinary day at the palace. Often there are public functions to be attended as well.

The graduates of Falconwood Hospital were entertained at a "lightful Promenade Dance" Wednesday evening in their Auditorium which was gallily decorated with spring flowers and numerous colored balloons, making a pretty setting for the happy nurses in their attractive evening gowns, as they whirled away the hours to excellent music. The dance was chaperoned by Mrs. (Dr.) A. J. Murchison and Mrs. Charles Praught. Before enjoying supper, Mrs. Chester Sellar who has been Superintendent of Nurses for the past two years, and is retiring, was presented with a gift of remembrance accompanied by good wishes from all her nurses by who she was highly esteemed.

Miss Amy Moore is visiting in Halifax the guest of her nephew, Mr. Fritz Webb and Mrs. Webb.

Miss Louise Hazard and Miss Mary MacDonald are leaving Monday to attend a Women's Institute convention in Halifax.

Mrs. H. R. Hillson is being welcomed home from a delightful holiday with friends in Boston.

Miss Constance MacFarlane returned home from Edmonton Wednesday where she is a member of the teaching staff of the University of Alberta.

Mr. Ralph Steddings of England is spending the weekend with his sister, Mrs. Keeping and Dr. B. C. Keeping.

Canon Haslam of Toronto is visiting his sisters, the Misses Haslam, Kent Street. Canon Haslam is a brother of Mr. George Haslam of Springfield, whose death occurred at the P. E. I. Hospital on Wednesday. Deepest sympathy goes out to Mr. Haslam's family in their bereavement.

Mrs. W. C. Ross, nee Kathleen McLean, R. N., and little daughter Elizabeth have arrived by plane to summer in Clyde River.

Congratulations are being extended to Miss Frances Isabelle Reay whose engagement was announced this week to Thomas Christopher. Their marriage is to take place June 28th. Her fiancé is a graduate in Metallurgical Engineering of McGill University.

Mr. and Mrs. O. D. Davies and little daughter from Sydney who were guests at the Charlottetown this week received a very warm welcome from friends made while temporary residents of Charlottetown, Mr. Davies being the Canada Packers representative. On Tuesday afternoon Mrs. George Ives entertained Mrs. Davies and on Wednesday Mrs. J. S. Walker had a tea at her attractive home both hostesses including intimate friends of the guest of honor to renew friendships.

Miss Helen Hazard is visiting in Cardigan the guest of Mrs. Edward Goff.

Mrs. Harry Brown is receiving a most cordial welcome home after an extended visit with her relatives in Boston.

Miss Katherine MacLennan is among the nurses attending the Maritime Hospital Association being held in St. Andrews, N.B.

Miss Eulien Victoria White whose marriage is taking place in this city on June 25 is expected home next week to be with her parents, Mr. and Mrs. Maurice White, Rocky Point. Her fiancé is Mr. Ernest John Hortum, a son of Mr. and Mrs. Gustav Hortum of Black River Falls, Wisconsin. Mr. Hortum is with the Department of State. He was a graduate from Georgetown University and a member of Delta Phi Epsilon fraternity. Miss White has been with the Canadian Embassy in Washington for the past six years.

Tea hostesses at the Golf Club this afternoon will be Mrs. B. Earle MacDonald; Miss Dorothea Stewart, Mrs. Donald Campbell, Miss Betty Large, Miss Marjory Stewart.

Mrs. George Buntain has returned from attending a meeting of the Golf Association in Toronto.

His friends were glad to hear that Dr. Ira Yeo's condition is reassuring following an operation in the P. E. I. Hospital on Thursday.

Miss Helen Moore, whose marriage to Mr. Lawrence A. McInnis is taking place next week is being pleasantly entertained prior to the happy event.

On Wednesday the girls of the Canada Packers staff had a dinner party at the Charlottetown for their popular fellow worker and presented her with a dainty gift of remembrance to which was attached sincerest good wishes.

On Thursday evening Miss Margaret MacLellan and Miss Dorothy Allan were joint hostesses for Miss Moore at the former's home. On this occasion, a very lovely array of miscellaneous gifts were wheeled in to the surprised guest of honor by Miss Shirley Stems and the jolly verses read by Miss Sheila Morris. The guests included the members of the Y. M. C. A. Choral Club of which Miss Moore was a member.

Princess Margriet Francisca, 4, of Holland replies stoutly: "Canada" when asked where she was born. She does not remember Ottawa, her birthplace, but she does remember the sea when she came home to the liberated Netherlands in 1945. She motions how the boat went up and down on the waves "from Canada." Persons about Princess Juliana's palace at Soesdyk say the little princess is as independent-minded as any Canadian. She likes to play alone and refuses to be dominated by her two elder sisters who went to school in Ottawa.

She speaks Dutch but her favorite plaything is a ball she calls "super" and she understands perfectly the teasing she sometimes encounters in English from her sisters who are fluent in both languages. She was delighted when her younger sister was born in February, and assumed a protective attitude at once. Her elder sisters were in Switzerland at the time. She is chubby, cheerful and several favorite photographic poses show her biting a biscuit. Her hair is dark and her eyes blue. She goes to school in two years. She absorbs knowledge of Canada from her sisters, who came proudly home to their native land with the comment, "We are Dutch and we prefer Holland, but we can't get candies."

It is part of the Dutch tradition that she should not be too sheltered and that she shall grow up much like an ordinary girl although with the responsibilities that cling to royalty. Her association with Canada — she was born in an Ottawa Civic Hospital room, declared part of Holland for the time being — pleases her country. Many troops participated in the Liberation of Holland but the Canadians were here for long as unified, hard-fighting force. They are not forgotten.



Queen of the 1947 Annapolis Valley apple festival is Miss Gladys Miller of Annapolis Royal, Nova Scotia.

Ellen's Diary

By an Island Farmer's Wife

I made the acquaintance of the recently purchased calf this morning, when after the making I assisted James in its first feeding from a pail. It is, I consider, a tedious chore and as I held the container at various favorable angles and according to terse and explicit directions, I decided it is not one to be attempted before farm workers have had the benefit of a substantial breakfast, to sustain their efforts. I found the chore so exacting that I was exceedingly grateful to Jack when he arrived presently to Jock when the early feeding of the team to relieve me of the undertaking. As yet, the newcomer has not entirely mastered the art of drinking, though the men are satisfied that at the latest feeding "he is getting onto the hang of it" at last. Delightful this rainwashed day has been, sunny with clear, lovely skies. The pond was rippled daintily by a shy roving wind; meadows dressed in vivid greens and a new shade of light covering the grain field on a neighboring farm-slope; all day the leaves on the poplar by the gateway danced a pretty and restless measure and the air was alive with bird song — near, from lawn trees and shrubs and most delightful too that which echoes and lingers borne by a gentle breeze from the farther woodlands and stream. Before the lamp lighting exquisite moonlight lay in a fret work about the kitchen. That was when James who does not approve of any short cuts or slipshod methods of work — came indoors from his day's labor to remark quietly "I never saw anyone but you, Ellen, able to spread paint by moonlight." I had almost completed my decorating then and had come to the place where I loitered over the last brushings. This was at a door (Continued on Page 18)

Morning Smile

A blushing young woman handed a telegram to the clerk, the wire containing only the name, address, signature and one word — "yes." Wishing to be helpful, the clerk explained: "You may send nine more words for the same price." "I know I can," acknowledged the maiden, "but don't you think I'd seem too eager if I said it ten times?"

GOT EVEN

Two "smart" young things were talking at the top of their voices in an effected jargon in a bus. At last the conductor could stand it no longer. As the bus neared a stopping-place, he called out in a high pitched voice: "Darlings, here's too, too sweet Smith Street!" After that silence reigned.

Household Scrapbook

By Roberta Lee

Fresher Tea Kettle
After you have finished with the tea kettle, empty out any of the water left therein. Then before filling it again, rinse it out with cold clear water. This will prevent the forming of sediment in the kettle.

Emergency Mending
A snag in the clothes can be mended temporarily by attaching a piece of adhesive plaster to the

That Body of Yours

By James W. Barton M. D.

CAUSE OF FUNCTIONAL DISEASE — NEUROSIS

A speaker recently told his audience that the trouble with the individual and the nation is that they have not learned to control themselves; that if we all learned self-control, learned to know ourselves and to deny ourselves, we would be a better individual and a better nation. It is this lack of self-control, lack of knowledge of ourselves and this lack of self-denial that makes many suffer with so-called functional diseases. A functional disease is where there is no organic or bodily cause of the symptoms, the symptoms being caused by an upset mind by emotional disturbances.

In their textbook on nervous diseases, Drs. White and Jelliffe state that bodily, organic disease results from conflict between the individual and nature; whereas functional diseases (Neurosis) result from conflict between the individual and his fellow men or the community in which he lives.

In the "Illinois Medical Journal," Dr. S. M. Clark states that a child who has not met past problems squarely and frankly is not able to deal with present situations satisfactorily and, therefore, may evade them.

That parents in their anxiety to "protect" their children from hardships or responsibilities at school or in the community have their inabilities of children to face their problems later in life is only too true. It is for this reason that I often write about the value of group games for children, as in these games the child has to play his part as a member of a team.

If a youngster is not encouraged to take his own part, to learn that other children have their rights, he is the one most likely to develop a neurosis or functional disease — the symptoms of which are restlessness, fear, fast heart action which lead to disorder of normal bodily processes. "The human being is prone to show such symptoms when urge or ambition runs counter to fear, conscience or other emotions, which hold him back."

The individual suffering with a functional disease has not grown up, is undeveloped.

underside of the cloth, being sure to bring the torn edges closely together.

Dishwashing
Use a good white soap for dishwashing. It will benefit the hands and also the fine china and glassware.

Better English

D. C. Williams

1. What is wrong with this sentence? "The looker-ons applauded the players."
2. What is the correct pronunciation of "villain"?
3. Which one of these words is misspelled? Contentment, achievement, presentment.
4. What does the word "academic" mean?
5. What is a word beginning with sc that means "full of contempt"?

ANSWERS

1. The correct plural is lookers-on. 2. Pronounce vill-in, second unstressed, and not vil-un, nor vil-in. 3. Contentment. Classical and literary rather than technical. (Pronounce the e as in den; principal accent follows the m.) The book is too academic for the casual reader. 5. Scornful.

New Soapless VEL

Marvelous For Dishes

by Frances Thompson
noted homemaking authority

Nobody likes doing dishes, but there is now a new product called VEL that certainly makes the inevitable job a whole lot easier and quicker.

UNLIKE SOAP
VEL is not soap—it's a soapless discovery. Its quick-foaming foamy suds don't last—they're not meant to. But the CLEAR water remaining in dishpan or sink is the very thing which makes glasses and china sparkle and so quickly cleans the porridge pot and roasting pan—the two bugaboos of dishwashing. What is more, dishes washed in VEL and given a quick rinse with dry themselves without streaking. It's amazing how VEL cuts the grease and leaves little if any scum on the sides of your sink. If necessary a tiny sprinkling of dry VEL on the dishcloth, then a quick rub-around, will make the sink or dishpan gleam. And, incidentally, VEL is very kind to the hands.

VERY LITTLE VEL NEEDED
Frankly, at first we were skeptical of VEL for we missed the heavy dishpan suds produced by soap. In error, we added more, but now know that a very little VEL goes a long way... and that VEL keeps on cleaning long after the suds dissolve. A teaspoonful or two of VEL is usually plenty in a dishpanful of water. Add a little more for larger sinks or very greasy pans.

"VEL" is a registered trademark of the COLGATE-PALMOLIVE-PEET CO. LTD.

Living & Leisure

THE WOMAN'S REALM

If on a Spring night I went by
And God were standing there,
What is the prayer that I would
cry
To Him? This is the prayer:
O Lord of courage grave,
O Master of this night of Spring!
Make firm in me a heart too brave
To ask for anything.

—John Galsworthy.

CHILDREN HURT BY LATE HOURS

Anti-social customs and practices which make healthful living difficult for those who try to follow proper living routines, are deplored by Canadian health leaders. As an instance, they point to the situation which arises when young children are allowed to play out until late hours — preventing other youngsters from getting much needed rest.

Declaring that many of man's worst habits—such as late hours—are cemented in time-honoured custom, the health authorities are in agreement that better times won't come until the public approves and practises healthful living routines.

A TIP FOR FRESHENING YOUR KITCHEN

At least once a week remove all food from your refrigerator. And do it twice a week in warm weather. Then wipe interior surfaces with a damp cloth in which a little baking soda has been sprinkled, or wash with a solution of baking soda and cool water. Use a small handful of the baking soda to a basin of water. Clean the ice cube trays each time you defrost, also compartments, and storage trays with a similar baking soda solution.

Physiological gratifications derived from pleasurable meals are as important to health as are the very vitamins and minerals essential to our diet. This, say the experts, means that eating should not be allowed to become a "chore, an ordeal nor a race against time."

The authorities on the value of food also stress the importance of clean surroundings where meals are being served. Cleanliness is desirable for its pleasing effect as well as from the point of view of sound hygiene.

Cook's Corner

POT ROAST OF BEEF

A warning here: Never allow meat to boil; if you do, you will toughen its fibres, and no amount of gentle cooking will make them tender again.

Meat cooked in this manner must have almost all of its fat trimmed away, else the gravy will be too rich for enjoyment; it should be excellent gravy, if this precaution is taken; it cooks down to thick enough without added starch thickener.

If you prefer, you may add vegetables just long enough before the meat finishes cooking, to bring them to tenderness.

5 or 6-pound piece of beef
1/2 cup flour
2 teaspoons salt
1/2 teaspoon pepper
1 teaspoon dry mustard
2 tablespoons beef dripping
1 can (3 1/2 cups) tomatoes
Boiling water

Wipe the meat with a damp cloth and trim as necessary.
Combine the flour, salt, pepper and mustard.
Cover meat on all sides with flour mixture.
Heat the dripping, add the meat and brown well on all sides. Add the tomatoes.
Cover closely and bring almost to the boil; lower heat and simmer for 2 hours. Turn meat and continue simmering until tender — about 1 hour longer—adding about a cup of boiling water if tomato mixture becomes too thick.
Lift meat onto a heated platter and garnish attractively. Cut into slices and serve the tomato mixture as sauce.

How Can I!!

By Anne Ashley

Q. How can I make a small, dark room appear larger?
A. Net curtains will make a small room appear larger, and if the room is dark, try using, light materials for the decorating.

Q. How can I make a pad for cleaning soiled surfaces of the cooking utensils?
A. Use a large cork as a pad for scouring soiled surfaces. Dip one end in the cleansing powder and rub briskly.

Q. How should one keep paraffin?
A. Keep paraffin in a lipped utensil, or cheap tin teapot, for quick melting and convenient pouring.

THE STARS SAY—

By GENEVIEVE KEMBLE

For Sunday, June 8
SUNDAY'S horoscope shows little amity, progress or harmony in any relations or contacts excepting those concerned with religious, spiritual, artistic, cultural or idealistic aspirations and activities. These should claim the major interest since all other matters are subject to crystallized or static conditions, with possible postponements and disappointments. Shun quarrels, arguments, destructive or hazardous acts or speech. Danger lurks in haste and turmoil.

Birthday Forecast
Those whose birthday it is may find themselves plunged into a period of failure, disappointment, danger and regrets unless they are firm in maintaining a reasonable, amiable, calm and temperate frame of mind and emotions, with moderate and constructive attention to rather critical circumstances. These might be effectively composed by tactful, prudent and restrained words and deeds, finding those whose good will is imperative and ready to recognize sound and sane projects. Ideals, imagination, intuition and keen emotions have weight.

A child born on this day while having high ideals and much intuitive insight, yet may be carried away by its turbulent, rash and un-governed impulses, interfering with its progress and happiness.

For Monday, June 9
MONDAY'S astrological forecast holds augury of the abrupt development of certain plans or projects in which the final outcome depends largely upon the sane, prudent, restrained and tactful use of social, cultural, emotional or sentimental qualities as applied to strange or curious circumstances. Those in high places are approachable for unusual propositions, but careless, indiscreet or extravagant attitudes may forfeit their interest or good will.

On the Birthday
Those whose birthday it is are in line for advancement of cherished plans and objectives through the sudden and unforeseen turn of events, in which a probable about-face or radical change of plans, revised or novel, may promote these desires and win support from those

DOROTHY DIX SAYS—

Doleful Dora

Husbands Want Wives To Be Cheerful, Not Gloomy

In old-fashioned novels, the beautiful heroine was always steeped in grief up to her eyebrows, whether she had anything to worry over or not. She went about clothed in a green-and-yellow melancholy. And, according to the ballad, she wept with delight when you gave her a smile, and almost drowned the boy friend in her tears when he popped the question. She never did anything as vulgar as to laugh out loud, while as for being jolly — well, she simply was incapable of such a thing.

Now whether this tradition of it being smart for members of the female sex to go about looking as if they were trying to bravely endure some secret sorrow has anything to do with the morbid attitude that women take toward life, nobody knows for certain. But certain it is that although women have no more troubles than men have, they make a lot more ado over them than men do. They cultivate their griefs, and there is nothing they can enjoy more than a good cry.

CHEERFULNESS A FAULT?

Perhaps that is why cheerfulness is not rated along with other feminine attractions that lure men to the altar and that keep them nailed to their own firesides. No girl would think of bating her hook with a laugh that was hung on a hair-trigger when she went fishing for a husband. Nor could any wife be made to believe that the quickest way to lose her husband is for her to be a Sad Sue.

Yet such is the case, and if I could give one piece of advice more earnest than any other to brides, I would say: Don't be a Doleful Dora. Don't be a wet-blanket wife. That has lost more wives good husbands and good providers than all the sirens who ever existed. For men don't enjoy being miserable the way women do. They don't want to talk about their troubles, or listen to anybody's tale of woe. The one thing men never borrow is trouble.

So, dearie, when you are going to have a tearful make it a hen party. Did you ever notice that when a man comes home of an evening, the first thing he does is to turn on all the lights? That should tip you off to the fact that he craves brightness and cheerfulness, instead of gloom and depression. So meet him with a glad smile, no matter if you do feel in the dumps yourself.

Don't save up all the bad news you have raked up during the day. Tell him a funny story and radiate so much cheerfulness that he will catch it and brace up himself, and kid himself into believing that there are still things in the world worth fighting for and that, by jinks, he is the man to do it. A cheerful wife is a tonic that has saved many a man's life and fortune.

And, above all, don't be a crepe-hanger wife. Don't take the starch out of your husband's every plan and ambition by throwing cold water on them. No man knows what he can do until he tries it, but he is beaten before he starts if he has a wife at home who is steeped in gloom and who does nothing but prophesy failure and disaster.

So I say to you again, daughters: If you want your marriage to be happy and successful, nail the bright flag of cheerfulness to your mast. Make it a part of your religion to be gay. Fill your house with laughter instead of whines and complaints. For it is true what the old proverb says about a sad heart going only a mile, but a merry heart going all the way.

Modern Etiquette

By Roberta Lee

Q. Should some kind of amusement be provided for children while traveling with them on a train?
A. Yes. It is too much to expect them to remain quiet in their seats without some kind of entertainment. So take along some game or toy.

Q. What does eclat mean, and how is it pronounced?
A. It is a French word meaning brilliancy of achievement, or its acclaim. Pronounce a-kla, first as in day, second a as in ah, accent second syllable.

Q. What is the most simple form to use when acknowledging an introduction?
A. "How do you do, Mr. Brown."

In influential places, won by fresh ideas. It is probable emotional or romantic aspects may have influence in launching these ventures, but an erratic, extravagant or bombastic presentation of unusual prospects may prove perilous. Social or professional prestige is involved, to be used prudently.

A child born on this day may be justified in its high ambitions and bid for the limelight.

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