

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Anabelle Worthington



suitable for casual daytime wear. The tiers show a downward curving tendency at back, a clever means of lengthening the silhouette.

The neckline in deep open V-shape employs the same trim for applied band. Long sleeves also gathered into cuffs of the crepe with tab ends.

Design No. 3278 comes in sizes 16, 18 years, 36, 38, 40 and 42 inches bust.

The trimming bands work out nicely out from the dull surface in crepe satin, which is so important now in soft brown shade.

Black silk crepe, plum grade in wool crepe, tiny self-checked pattern in bottle green feather-weight woolen, tomato red crepe de chine, crepe marocain in dahlia purple and navy blue faille crepe appropriate and chic.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department, Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

Form with fields for Name, Street Address, City, State, and No. 3278.

For The Cook

RECIPE FOR HAGGIS

Sheep's stomach, cleaned well. Boll heart and liver until tender (save the stock or broth.)

Etiquette

By Roberts Lee

Q. What is the birth stone for February? A. Amethyst.

Q. Is an answer required to an "at home" invitation? A. No; but cards should be mailed to arrive on the day of the affair if one is not attending.

Q. When should the men seat themselves at the table? A. After all the ladies are seated.

Road, (violin) Messrs Will McPhee, Elmwood, Frank McElroy New Haven, and Harold Scott, Clyde River.

On Friday Evening, Jan 24th a very large gathering of the Box - Holders of the Clyde River Rural Mail Route No. 2 - and their families met at the home of Mr. Albert Clow the mail-carrier.

Children's Colds

Best Treated Externally

THAT'S why modern mothers prefer Vicks - it cannot upset delicate stomachs. Rubbed on throat and chest, it acts two ways at once:

(1) Its healing vapors, released by the body heat, are inhaled direct to the air passages;

(2) It "draws out" the soreness like an old-fashioned poultice.

VICKS VAPORUB

Shall Mother Keep Daughter From Marrying? Dorothy Dix Defends Daughter's Right to Take a Chance

"Mothers Make a Mistake When They Try to Keep Their Daughters From Marrying Because Their Own Marriages Have Been Unhappy - It is an Experiment That Every Woman Must Try Out for Herself"

Most women are so incurably sentimental that they are anxious for their daughters to marry, no matter how disastrously their own marriages have turned out.

Their own romance may have gone bloomy and their Prince Charming turned into a groucher, or a tightwad, or a philanderer, but they fondly believe that their Mamie or Sadie will have better luck, and will marry and live happily ever afterward and never be evicted from her Castle of Dreams.

Or perhaps they realize that marriage is the great adventure, and that those who do not embark on that stormy and dangerous voyage miss something of thrill, something of a deep and wide knowledge of life; something of the hardening and stiffening of the fibres of one's own soul, something of courage and endurance that is worth even risking shipwreck to gain.

Or perhaps they look upon their boys and girls and feel that children are the consolation prize that a woman gets in marriage even when it is a failure.

However it may be, most women want their daughters to marry, but not all. There are some pessimistic women who, embittered by their own experiences, move Heaven and earth to keep their daughters away from the altar, and many and fearful are the letters that I get from the daughters, telling of how mother opposes their marriage to the dearest boy in the world for no other reason than because she and dad haven't been happy together.

Of course, it is easy to see why a woman who had been burnt to the bone by the purgatorial fires of an unfortunate marriage would try to save her daughter from her own sad fate, but her efforts generally result in nothing but in hurrying up daughter's wedding, and making her more determined to leap into the matrimonial skeleton closet and see for herself what sort of a grisly bogey it contains.

For it is folly to hang out danger signals along the high road of love. No one ever heads them. No one ever profits by another's experience, and because mother has skidded over the brink of the precipice doesn't keep daughter from joyriding down that way. Father may have been a total failure as a husband, but she is dead sure that Algernon will always be the perfect lover. And, besides, nobody else ever cared for each other as she and Algernon do. So mother shrieks her warning to deaf ears.

And daughter is right and mother is wrong, for because mother's marriage has been a failure is no sign that at daughter's will not be a success. Moreover, happiness in marriage may be a hundred-to-one shot, but the prize is so big if one wins out that it is worth taking the chances. Besides, nothing venture, nothing have, is as true in marriage as it is elsewhere in life.

For a mother to attempt to keep her daughter from marrying because her own marriage has been a disappointment to her is as foolish as for a man to try to keep his son from being a banker, or a lawyer, or a doctor, or a carpenter because he has found that in those occupations there is endless work and worry and anxiety, and that they call for sacrifice, and are full of disappointments and blighted hopes.

There is something very pathetic about these disillusioned mothers who warn their daughters against marriage. They have seen all the bright hopes with which they started out tramped into the dusk. They are worn out with child-bearing and child-rearing. They are nerve-racked with trying to make one dollar do the work of five. Their hands are hard and calloused with labor.

They are heart hungry for the appreciation and the affection that their husbands have long since ceased to show them, and they cannot bear to think of their pretty, gay, young daughter coming to be as they are, shabby and work worn, a drudge for a man who takes her for granted and never even notices what she does.

But what the mother forgets is that even if her dream falls in the end, she had it. She has had her hour of rapture. She has known the glory and the circling wings, and that is worth all it costs. She can never be as poor as the woman who has never felt the arms of love about her, nor the burning of a kiss upon her lips. And she has known the ineffable bliss of a baby's head upon her breast and the clinging of little fingers to hers.

And the mother forgets that marriage is not always a failure, nor are all husbands unfaithful, or surly, or neglectful. There are marriages that are a little bit of Heaven on earth, and there are many husbands who are true and tender and loving, who make their wives the most blessed among women, and every girl stands at least a chance of drawing one of these capital prizes in the matrimonial lottery.

And these mothers also forget that many a girl salvages a happy marriage out of her mother's misery because she avoids making the mistakes her mother has made. Because she came out of a home where there was continual bickering and quarrelling causes many a woman to put the soft stop on all arguments and make her home a place of perpetual peace.

So mothers make a mistake when they try to keep their daughters from marrying because their own marriages have been unhappy. It is an experiment that every woman must try out for herself. DOROTHY DIX.

Milady Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED

Goose Pimples on Legs

Dear Miss Leeds—Instead of my legs being smooth, as they should, the skin is full of rough little pimples. How can I make my skin smooth? E. S. L.

Answer—They are probably goose pimples. If your skin is very dry, massage the parts affected with oil of benne or olive oil. After washing with soap and water, rinse in tepid water, dry well and massage with toilet alcohol. Use the oil massage two or three nights in succession, then scrub your skin with a flesh

brush, using warm water and a mild soap. Then give the alcohol rub. Your skin will gradually become smoother provided you are eating wisely and including sufficient dairy foods, fats, fruits and fresh vegetables in your diet. LOIS LEEDS.

Wants to Reduce

Dear Miss Leeds—(1) How much should a girl 19 years old, 5 feet 4 inches tall weigh? (2) Also please tell me whether using reducing tablets will do any harm to the user.

A VERY CONJANT READER. Answer—(1) You should weigh from 120 to 130 pounds. (2) Such methods of reducing are never advisable without the advice of a competent physician. The safe and sane way to reduce is through diet and exercise, and even such methods must be used with caution. Many a young girl has ruined her health by following too rigid a diet. Of course there is no harm in omitting rich desserts and pastry from your diet, and every one should eat a goodly amount of leafy vegetables. An abundance of fresh juicy fruits and leafy vegetables and daily exercise should be quite sufficient to keep a young girl's weight as low as it should be.

Mary—Thank you for your kind letter. It is always gratifying to learn that our beauty suggestions are

proving helpful and we hope that your complexion will also soon "show the fruits of your labor," as you say has been true in the care of your hands, feet and hair. LOIS LEEDS.

Wrinkles Under Eyes

Dear Miss Leeds—I am 20 years old and already have wrinkles under my eyes. Could you please advise me what to use to remove them? There are several deep lines beneath my eyes and I can't seem to find the cause of their appearing. Some people say that if one washes in warm water all the time it will cause wrinkles. Do you think that's true? My skin is very delicate; every time I wash my face it gets chapped, so all I do is use cleansing cream, but I am afraid that isn't very good. Please, won't you help me out? I am a constant reader of your articles and do hope I shall soon see the answer to my questions. MISS A. A.

Answer—First make sure that you are not suffering from eyestrain, as anything wrong with the eyes themselves is very apt to cause eye wrinkles. Your skin is evidently quite dry and such a skin is always more likely to wrinkle than an oily skin. Yes, washing a dry skin with warm water and soap too often will cause wrinkles, as it increases the dryness of the skin. A cleansing cream is better for your type of skin. And at bedtime spindles

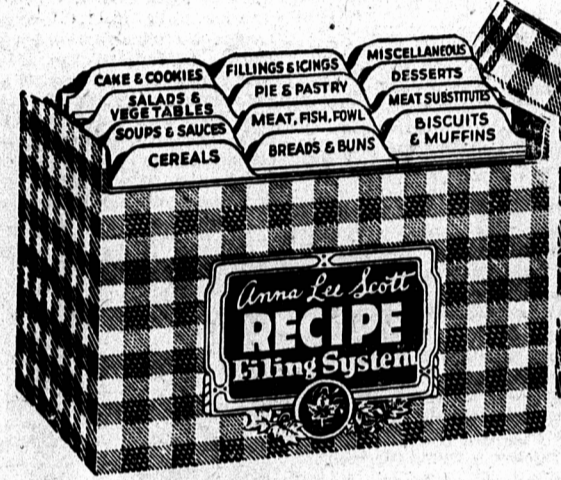
A Morning Smile

Two ladies went to call on a friend. They knew which street car to take and in which block their friend lived, but they did not know which house. When they got off the car they saw a little boy about 6 years who pulled a cart in which sat his baby brother. One lady said: "My little man, will you please tell me where Mrs. Scranton lives?"

The boy did not answer, so she asked him again, and he didn't answer. She asked him again, adding, "Surely you know; she lives in this block."

Suddenly he burst forth. "Can't you see I can't talk—I am a horse."

James B. Hunting, who died recently at Oldham, England, was the head of cotton mills having 6,000,000 your type of skin. And at bedtime spindles



Here is the Recipe Filing Cabinet

You wrote me about

If you are one of my many friends and pupils who have written me to ask how I keep my recipes—I have wonderful news for you.

Through the courtesy of the Maple Leaf Milling Company I can now offer you an exact duplicate of my own recipe filing system for only 25c.—which is less than it actually costs to make it up.

In each of these Filing Cabinets, carefully classified under the index cards, shown in the picture above, I have included over 100 of my newest and choicest recipes! Each recipe is plainly and briefly worded. Blank cards too are included for pasting up other recipes. (The cabinets can be had in either English or French).

This cabinet will be a wonderful help to you—it will simplify your cooking and baking—it will keep your favorite recipes safely filed, always easy to find and handy to lift out and keep in front of you when baking.

When you bake next time, try Maple Leaf Flour. Housewives throughout Canada tell me that through its use they can improve their baking to an amazing degree... lighter, tastier bread, flakier biscuits and truly delectable cakes and pastries. It is made from the best grade of Canadian Hard Wheat and every bag carries a money back guarantee of satisfaction.

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Anna Lee Scott DOMESTIC SCIENCE AUTHORITY AUTHOR OF "COOKERY ARTS & KITCHEN MANAGEMENT"

In addition to the recipes, here are a few of the Cookery Secrets Anna Lee Scott gives you in her Filing Cabinet:

- How to make a sauce smooth. How to select fresh tender meat when marketing. How to prepare meat for roasting, boiling, frying, etc. How to cook vegetables so they retain their nutriment. How to insure light, flaky pastry. How to test bread when baking. How to make muffins by a quick method. How to achieve a well-balanced diet. And many others.

Just hand your grocer 25c and ask him for your Recipe Filing Cabinet. You need not buy any flour or fill in any coupon. If he has sold out his supply, the Maple Leaf Milling Company will send you one post-paid (printed in French or English) upon receipt of your 25c.

25c

MAPLE LEAF FLOUR "CREAM OF THE WEST"

Household Hints

By Roberts Lee

Electrical Cords

If one wishes to make the cords for electrical appliances last a long time, coil them loosely when putting them away to protect them from being jammed by heavy objects.

Umbrellas

Scrub the umbrellas once in a while with warm soap suds, to which add a little ammonia. Rinse in clear water and let dry while open.

Cookie Jar

A stone jar will make an excellent cookie holder, and preserves the freshness.