

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

—THE WOMAN'S REALM—

DIAMOND MOST ROMANTIC GEM

April's Birthstone Symbol of Happiness

"The Evil eye shall have no power to harm him that shall wear the diamond as a charm. No monarch shall attempt to thwart his will and even the gods his wishes shall fulfill." —Anon.

April's birthstone is the diamond, most precious and most romantic of gems. In legend it is credited with bringing the wearer material good luck and marital happiness. Almost as far back as the history of the ring can be traced the diamond has been the symbol of pledged troth—so in the modern idiom, "boy got girl."

In its natural state the diamond seems merely a charming, curiously shaped stone, occasionally surface frosted. It takes skillful cutting to reveal the magic light of the diamond.

Although the art and science of diamond cutting was little developed until the Eighteenth Century, nevertheless the diamond, even though crudely cut, was treasured in early times as the lord of all gems. The hardest known substance in the world, the most brilliant of gems, the diamond has always been a gem apart from all others. Because of these qualities it was believed to endow its wearer with great strength and fortitude.

Imparting the brilliant fire of the sun, the diamond was in early days dedicated to the sun god. Transparently clear, it has always been considered the emblem of purity.

Colored Diamonds Rarest
All diamonds are crystallized carbon and are, chemically, the simplest of all gems. A fine gem diamond is as clear in color as the purest spring water, with the faintest undertone of blue. The rarest diamonds are those which are distinctly colored stones such as orange, deep blue, red, pink, or black and green. The deep yellow canary diamond, the black, and brown, and many other shades are extremely rare.

No diamond is absolutely perfect, for if it is magnified enough times, the microscope will reveal in every diamond some marks of nature's formation of the original material.

Diamonds are not only sought after as individual jewels, but because of their radiant fire, brilliance and permanence, they are used in many jeweled ornaments, to complement and enhance the beauty of other stones. Irresistible their elusive beauty is eternal.

COMPLEXION TONE KEYS GEM CHOICE

You can make the jewelry that you use give you sparkle and more personal enrichment if you'll pick stones which have a color-affinity for your complexion.

The exception, of course, is the diamond, which bestows its sparkle impartially upon all complexion types.

BABY'S CONSTIPATION SERIOUS IF NEGLECTED

BABY'S daily movements are something of which absolutely accurate track must be kept. When he misses, something must be done at once. Constipation is serious for baby.

Mrs. John T. Reid of Hespeler, Ont., has this to say: "Having had seven children and having used Baby's Own Tablets for all seven, I can say they are the best and gentlest regulator for children. During teaching Baby's Own Tablets were a boon to me as they cleared up at once any digestive disturbance or fretfulness."

Equally effective for simple fever, teething troubles, upset stomach and other minor ailments of babyhood.

Quick in their action. Sweet-tasting—easily crushed to a powder, if desired. No "sleepy" effect—no dulling effect. Get a box today. Sickness so often strikes in the night. 25 cents. Money back if not satisfied.



As Easter week-end floods hit many sections of Canada, Robert Spence found the suckers were running in the swollen Etobicoke Creek, Ontario. Floods are driving thousands of people from their

So says the Jewelry Industry Council, which names complexion groups and lists stones that best serve the color demands of each.

The orange or brown-red complexion is one type, which includes both the olive-skinned and the sun-tanned girl. Best color choice of stones for her include carnelians, red-brown coral, essonite garnets, spinels, orange sapphires and the deep-toned topaz.

Next comes the blue-red complexion type, for which both the blonde and the fair-skinned brunette can qualify. The blonde, the experts claim, is most flattered by yellow gems: topaz, yellow sapphire, emerald, opal, gold beryl. But she can also carry off emeralds, aquamarines and blue sapphires.

Her brunette sister in this group can wear rubies, garnets, blue sapphires, aquamarines and the golden topaz to good advantage.

But she can also carry off emeralds, aquamarines and blue sapphires. Her red-head, who again claims a separate set of color rules, can wear her usual dash wear green stones well. Both the fair and the tawny-skinned red-head will shine in emeralds, tourmalines, zircons, green garnets or jade.

HEELS STILL HIGHER ON FRENCH SHOES

PARIS.—Sixteen of the smartest shoemakers in Paris presented their new creations in the first big shoe parade of the season before a crowd which packed the Ambassadeurs Theatre.

Short French girls were delighted by the creations, because, according to the new fashion, they won't have to worry anymore about a bump. Heels have gone up to three inches in all dress models, and three or four super-posited platform soles bring the shortest individual to a normal height.

If French shoemakers have rejected the American fad for gill heels and present only one such model, the imported ankle strap has not faded from the picture. However, it now is reduced to the size of a lace, criss-crossed and creeping up to the ankle and tied at the side. It appears on almost all dress models, including evening slippers of gold lace or embroidered satin.

Glittering with golden, silvered, or multi-colored spangles, evening sandals, up to \$200 a pair, are the most beautiful creations Paris shoemakers ever have offered.

Cook's Corner

CHICKEN LOAF WITH MUSHROOM SAUCE

2 cups cooked chicken
1 cup peas
½ cup cooked carrots
1 cup soft bread crumbs
½ cup milk
1 egg
1 teaspoon salt
2 teaspoons onion juice
2 teaspoons chopped parsley (optional)

Put cold cooked chicken and vegetables through food chopper. Mix with crumbs, milk, beaten egg, salt, onion juice and parsley and pack into greased loaf pan.

Bake at 350 deg. F. for about 40 minutes. Unmould, slice and serve with mushroom sauce which can be made from condensed mushroom soup if fresh mushrooms are not available. Serves 6.

LEMON SOUP

Canadians have eaten lemon cakes, but here's a recipe for lemon soup, an old continental pudding, cookies, sauces and favorite.

Good chicken or beef stock is thickened with a little rice and simmered for 10 minutes until the rice is cooked. Before serving, the soup is cooked, diluted with a small amount of warm stock, are added with the juice of one-and-a-half lemons. Stir for a few minutes and serve with croutons of fried bread.

Golden Wedding



Congratulations are extended to Mr. and Mrs. John D. MacLeod of St. Peter's Bay, who are tomorrow, April 12th, celebrating their 50th Wedding Anniversary. It is hoped that they will enjoy many more years of health and happiness.

Ellen's Diary

By an Island Farmer's Wife

Good Friday this—a day for folks to humbly recall their spiritual obligations, and resolve in their hearts not to forget their meditations of the Lenten season, but carry them thoughtfully with them into each day of the year to come.

For sometimes unintentionally, in our busy workaday lives one neglects to "enter into ones closet." Such things slip easily from mind or perhaps are crowded into a tiny corner of it to be neglected and all but forgotten there, until the week returns the Sabbath to us again. A verse, I chanced to find in an old paper, uncovered in my housecleaning puts the truth of it nicely:

"Who builds a church within his heart, and takes it with him everywhere, is holier far than he whose church is but a one-day house of prayer."

What delights one may uncover in her cleaning! Re-opening doors of thought and restoring memories that have been gone from mind for "ages." I have a habit, not at all to be discouraged in the intriguing returns it affords me, of covering cupboard and closets with the week's returns of periodicals and newspapers—not a bare page, but until I have several thicknesses of the same. For it is most disappointing in later years, for with a gentle brushing they last well, to find, when you get interested in an article therein, any part of it missing. This practice does interfere with my housecleaning, but without these diversions, I fear I should find it a dull affair. Dust cloth and such aids forgotten, and seated in the sunlight on the floor before the old clothes press in the upstairs hall, leafing slowly through these writings of former years, is a delightful entertainment. Back to the peace of the pre-war years and before, to quaint styles and customs. An old book on a shelf in the press held a bit of fern; a four leafed clover; a scrap of dress material; an oak leaf—faded now—between the leaves. The fern

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DOROTHY DIX SAYS—

Lovely Young Widows

With Men Scarce, Second Marriage Chances Are Small

DEAR MISS DIX: I am a woman 35 years old. I have two children, aged ten and three. My husband died six months ago. My children are the shining light in my life and marriage at this time is the farthest thought from my mind. But what I would like to do is to be able to go out with men just for companionship and entertainment.

How does a woman go about making new men friends and acquaintances? During the week, I am kept busy with my work in an office and taking care of my children in the evenings. It is the week ends that are so lonely and blue for me. It makes me feel that life is passing by too quickly and that I am on the outside looking in. How can I change this?

MRS. G.

ANSWER: There is no problem in life that is more common or more insoluble than that of the loneliness of women. To this column come thousands of letters written by women of every age and every class. Some of them are written by rich old women who sit alone in their fine houses; many young girls whom the boys pass over and never date; and many others, from women like the one who pens the letter I have quoted, young widows who crave masculine attention and admiration, but who have lost their places in the young married set and do not qualify for the debutante crowd. All are lonely and want to get into the swim.

HARD SITUATION
And nobody can tell them how to do it, because men are scarce and boy friends are choosy and, in reality, it is only the rich women, who can hold out the bait of mignon and vintage wine, who can be certain of always having a date to escort them to places of amusement, for few men yearn for ready-made families. And the girl who hasn't got IT doesn't acquire it by wishful thinking. So there they are.

As a means of getting a Number Two husband, or even a steady date, the lonely woman's best bet is to get a job. That brings her in daily contact with all the many varieties of men and among them an attractive and peppy woman should be clever enough to annex at least one who would buy her dinners and take her places. And with that sort of a start, she should be able to make good with other men.

But the one thing the lonely woman should never do is to advertise her loneliness. She should pretend that she likes it. That makes men curious and sympathetic and, by the time they have solved the riddle, they are Husband Number Two.

DEAR DOROTHY DIX: Two years ago I was involved in a scandal with a married man. He was in his late forties and I only 16. The small town in which I live is still talking about it. Now I have a steady boy friend who spends every week end with me. Do you think this wrong, or should I ask him to go home at night? Please help me.

THE LITTLE ONE.

ANSWER: Well, Little One, you are not a little duncie, you are a big one. Haven't you enough sense to know that you are doing the one thing that sets all of the small town tongues wagging again, and that they are rehabing all of the old tales about you?

A girl who has once been indiscreet has to be ten times more careful of her conduct than the one who has kept her skirts clean. You can't afford to get even a spot on the hem of your dress. So make your boy friend spend his week ends at the hotel instead of in your house.

DEAR MISS DIX: Can you help me write a letter to my mother-in-law asking her please not to come and pay us a visit for a few months? We are simply fed up on my husband's people. My mother-in-law's last visit started in November and lasted a month or two. No sooner had she gone home than my father-in-law took his turn, and we barely had time to change the sheets after he left and here comes a letter from mother-in-law saying that she will be with us in two weeks.

My husband isn't much help. He says: "Just write her and say don't come for a while. We want a rest." But that doesn't seem to be helpful. It may hurt her feelings. Yet the thought of her coming again drives me to tears. What shall we do?

A TIRED DAUGHTER-IN-LAW

ANSWER: There is no way of dealing diplomatically with a chronic visitor. You have to give them a knockout blow and, while that may stun them for the time being, it doesn't kill them. They always come back again.

I think your husband's form of brushoff letter is the only thing that will delay any of your guests from showing up. Better try it. And think what a godsend it will be to you if you make mother-in-law so mad she will never come back again!

Household Scrapbook

By Roberta Lee

The Bathroom
When cleaning the bathroom add a few drops of disinfectant to the water. The room will have a clean smell and the disinfectant will kill

any germs that may be in the bowls.

Cheese
When one wishes to keep cheese fresh for a long time, cover it with a thin coating of paraffin. Before serving remove the paraffin.

A Cleaner
A cleaner for wall paper can be made by mixing two cups of flour and one tablespoonful of kerosene with enough water to make a stiff dough; then knead thoroughly. Use like ordinary cleaner.



Blind, 21-months-old Gary Trent of Freelandville, Ind., runs through a melody on the piano. He started his playing four months

Modern Etiquette

By Roberta Lee

Q. When a girl has been shown attention by a young man for almost a year, would it be all right for her to send him a birthday gift?

A. Yes, if he has given her gifts, and by doing so will not begin precedent, or place him under obligations that he cannot afford.

Q. Should children be made to write their own acceptances and regrets to invitations?

A. Yes; this is excellent training.

Q. When is it proper to wear negligees?

A. Only in the bedroom or going to and from the bathroom.

How Can I!!!

By Anne Ashley

Q. How can I keep sausages from breaking and shrinking in the frying pan?

A. Roll them about eight minutes before frying. Rolling sausages in flour before frying will also prevent them from breaking.

Q. Should colored stockings be ironed?

A. Never iron colored stockings, as the dry heat will cause the colors to fade.

Q. How can I remove egg stains from silver?

A. By rubbing vigorously with common table salt; the stains will quickly disappear.

Better English

D. C. Williams

1. What is wrong with this sentence? "Charles was the first of all to arrive."

2. What is the correct pronunciation of "carriage"?

3. Which one of these words is misspelled? Massacer, masseur, massacre.

4. What does the word "effusion" mean?

5. What is a word beginning with "w" that means "to waver; fluctuate"?

ANSWERS

1. Omit all of 2. Pronounce kar-j as in at, i as in ridge, not a as in care, nor last syllable as age 3. Massacre. 4. An outpouring, as of fancy or sentiment. "The light effusions of a heedless boy."—Byron. 5. Vacillate.

THE STARS SAY—

By GENEVIEVE KEMBLE

For Saturday, April 12

THERE are favorable signs of a clearing up of inharmonious and disagreeable domestic, social, or affectional relations, either by a change of heart or by the intervention of some rational and peaceable consideration of the underlying sources of disagreement and disturbance. However, any tricky or illicit attempts to compose conditions by way of schemes, misrepresentation, possible greed or knavishness, will only aggravate rather than amend. Study a delicate situation wisely.

For The Birthday

Those whose birthday it is may have an opportunity to compose difficult and delicate situations affecting the social, domestic, or romantic affections, which may have been in a devastating and disintegrating state. Such compromise may be effected by an honest analysis of difficulties and discord with a keen and kindly rationalization of affairs, but without resort to any form of treachery, underhanded methods or greedy subterfuge which would not amend but accent the unhappy circumstances.

A child born on this day may be gentle, kindly and affectionate, although prone to underhanded methods for gaining its ends.

it adds a zest men can't resist



HEINZ MUSTARDS Genuine Stone-Grind 57

CASSEROLE OF SALMON

2 cups medium white sauce
3 hard-cooked eggs, chopped
2 tablespoons chopped parsley
½ teaspoon salt

Dash of pepper
1 cup finely-cut celery
1 pound Red Rose Keta canned salmon.

Add 1 cup left-over vegetables such as peas, chopped carrots or beans.

Add all the ingredients to the prepared white sauce, folding together carefully. Place all in a well-greased casserole, topped with buttered crumbs or grated cheese. Bake in moderately hot oven about 25 minutes.



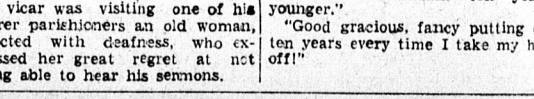
Like Seafood?

TRY THIS 'RED ROSE' KETA SALMON RECIPE

With moderately-priced "Red Rose" Keta Salmon, you can give the whole family highly-nourishing seafood dishes at a surprisingly low cost.

Above is a "Red Rose" tested recipe packed with flavor and food value. In fish cakes, souffles and hot dinners, "Red Rose" is equally delicious.

Available now in limited quantities at your grocer.



RED ROSE KETA SALMON

BRITISH COLUMBIA PACKERS LTD. VANCOUVER, CANADA

Morning Smile

Anxious to be sympathetic, he said, with self-deprecation: "You don't miss much." "So they tell me," was the unexpected reply.

BETTER KEEP IT ON

"It makes madam ten years younger." "Good gracious, fancy putting on ten years every time I take my hat off!"

GIRLS! WOMEN! TRY THIS IF YOU'RE NERVOUS

On 'CERTAIN DAYS' of The Month! Vegetable Compound to relieve such symptoms. This fine medicine is very effective for this purpose.

For over 70 years thousands of girls and women have reported benefit. Just see if you, too, don't report excellent results! Worth trying.

Lydia E. Pinkham's VEGETABLE COMPOUND

Needlecrafts

—FOR THE HOME—
FRANKLY FEMINE

Line is the substance of this lovely princess dress, molded and flaring line, accented by the row of buttons tripping down the side. Smart cap sleeves and neckline are garnished with pretty scallops.

No. 2147 is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 3 3/4 yards 38-inch.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state the size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlottetown Guardian, Pattern No. 2147

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BLACKHEADS

Blackheads simply dissolve and disappear by this one simple, safe and sure method. Get two ounces of peroxide powder from any drug store, sprinkle on a hot wet cloth, and apply gently—every blackhead will be gone.

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