Watch Your Nerves!

If you are breaking down under the strain and stress of work—take a word of timely advice. Look out for your nervous system.

It takes phosphate to nourish your nerves. Modern over-refined foods do not contain enough of these phosphates; therefore, your nerves practically "wear out."

Penslar Dynamic Tonic remedies this condition. It is rich in the vital phosphates necessary to nerve strength. It does build you up, promptly and surely. And you will be amazed at the way this scientific nerve-food—free from alcohol—increases your vigor, energy and endurance. Get a Five Weeks' Treatment bottle from us and see.

E. A. FOSTER
Central Drugstore

The Central Guardian

IT PAYS to buy in this province.

HILLSBORO SCARLET CHAPTER will meet in St. Georges Lodge room Monday 18th, 8 p. m. 2606.

THE BASKET SOCIAL in Harrington Hall which was to have taken place Feb. 20th, has been postponed until Feb. 27th. 2603.

HOME ON FURLOUGH.—Lance-Corp. L. H. McMillan, of the Halifax Garrison arrived Thursday night on a short visit to his mother Mrs. Charlotte McMillan, Elm Avenue.

AMBULANCE CALL.—The ambulance was at the station yesterday morning on arrival of the western train to convey Miss Hiscott of Kensington to the P. E. I. Hospital, where she underwent a successful operation for appendicitis.

THE BAPTIST CHURCH.—Rev. C. R. Freeman, will preach in the Baptist Church Sunday morning and evening. His morning subject will be "Making Real the Vision" In the evening his subject will be "Safe Anchorage."

This year more than ever sees the need of more—still more—nurses.

Do your "bit" either at home or overseas for suffering mankind.

Learn at home and avail yourself of an opportunity to earn $10 to $25 weekly.

Full particulars of our nursing course sent on request.

Royal College of Science, 709N, Spadina Avenue, Toronto, Canada.

CONCERT.—There will be a concert in Clinton Hall, on Monday evening, Feb. 18th. Proceeds in aid of Prisoners of War. 2604-2-16M2.

G. W. V. A.—Ladies interested in the G. W. V. A. are invited to attend a meeting in the rooms on Monday February 18 at 4 p. m. 2584-2-15M4ipd

SOLDIERS DID NOT ARRIVE.—Many persons gathered at the station last evening on arrival of the Borden train to greet the five soldiers from England who were expected on that train. The men did not arrive, however, as they have not yet left Halifax.

INSPECTION AT FORT IVES.—The P. E. I. Heavy Battery at Fort Ives, Halifax, was inspected Thursday at 9.30 a. m. by Vice Admiral Storey, R. C. N., General Lessard, G. O. C. and General Elliott. The inspecting officers were highly pleased with the condition of the fort, the skill in maneuvres and the excellent physique and deportment of the men.

A PRETTY RECEPTION.—A pretty reception was held on February 6th. when Mrs. Heber R. Large received for the first time since her marriage at the home of her mother, Mrs. Frank Beales. The bride's mother received with her, Mrs. Gerald Bremner and Mrs. Geo. DeBlois poured tea assisted by the Misses Gerda Taylor, Pearl Bell, Alice Cox, Bessie Louson, Florence Newbery and Jean Large.

ISLAND GIRL WEDS IN THE WEST—Mr. and Mrs. Michael Welsh, Cumberland St. announces the marriage of their eldest daughter, Mary Gertrude, to John W. Mathewson, of the firm of Mathewson Bros., Strasbury, Saskatchewan, at Rochester, Minn., on Feb. 6th. They left for Florida, Havana and West Indies to spend their honeymoon. On their return they will make their home in Strassburg, Sask.

A WELL BALANCED SHOW.—There was an excellent variety of pictures at The Prince Edward Theatre last night. Quite a number are already enthralled in the advantures and thrills of "The Fighting Trail" and the third chapter shown last night furnished humor thrills and surprise enough for any movie "fan." Claire MacDonald in "The Black Mantilla" shone with greater lustre than ever as the star in this interesting and decidely worth while drama. A Mack Sennett comedy while drama. roaring farce from start to end and the concluding number "Roping Her Pomeo" leaves nothing to be desired resibility tickler. This excellent program, which drew large audiences at three performances yesterday, will be repeated this afternoon and twice tonight.

FIRE INSURANCE MEETING.—The annual meeting of the Charlottetown Fire Insurance Company was held Thursday evening in the Board of Trade Rooms. The Directors' report shows a considerable increase in the business done by the Company during the past year. The usual dividends were declared and ordered to be paid. The retiring Board of Directors were re-elected, namely: Geo. Hughes—President, J. A. Farquharson—Vice-President; V. Balderston—Secretary; David C. Hooper, J. F. Bradley and A. C. Duchemin. After the regular business of the meeting was disposed of the matter of thorough inspection of all buildings in the city was discussed and the unanimous opinion of those present was that a competent inspector should be appointed by the City Council with authority to compel all citizens to properly safeguard their premises against loss by fire from defective flues, accumulation of rubbish in cellars and any other neglect which he might find on said premises along this line. It is a well known fact that many cities and towns in Canada have found their fire loss greatly reduced by a thorough system of inspection. A resolution was passed requesting the directors to confer with the fire underwriters in this city in this matter. It is expected the new council will give this matter their prompt attention.

CHURCH SERVICES

FIRST METHODIST.

11 a. m., sermon, Rev. Ewen McDougall. 2.30 p. m., Sunday School and Bible Classes. 7 p. m., sermon, subject, "The Synamie of Religion." Preacher, Rev. H. A. Brown.

GRACE CHURCH.

11 a. m., sermon, Rev. R. G. Fulton. 2.30 p. m., Sunday School with orchestra 7 p. m., sermon, Rev. Ewen MacDougall. Students and visitors welcome; all seats free.

BAPTIST CHURCH.

11 a. m., sermon, subject, "Making real the Vision." 2.30 p. m., Sunday School and Bible Classes, 7 p. m., sermon, subject, "Safe Anchorage." Free pews, great music, warm welcome. Preacher, Rev. C. R. Freeman.

CENTRAL CHRISTIAN CHURCH.

11 a. m., sermon, 2.30 p. m., Sunday School and Bible Classes. 7 p.m., sermon. Preacher, Rev. O. B. Emery.

ST. JAMES'.

11 a. m., sermon, subject, "The Hearer's Responsibility." 2.30 p. m., Sunday School, 7 p. m., sermon, subject, "The Sadness of the Sea—The Tuscania. Strangers welcome and seats provided. Preacher, Rev. Dr. Fullerton.

ZION CHURCH.

11 a. m., sermon, Rev. J. D. MacKenzie, 2.30 p. m., Sunday School and Bible Classes. 7 p. m., sermon Visitors welcome.

PEOPLE'S CHURCH.

Service at 7 p. m., Rev. D. MacLean

ST. PAUL'S.

8.30 a. m., Holy Communion. 11 First Sunday in Lent 8.30 a. m. Holy Communion. 11 a. m., Morning Prayer. 2.30 p. m., Sunday School and Bible Classes. 7 p. m., Evening Prayer and Holy Communion. Rev. T. W. Murphy, Rector. All seats free.

ST. PETER'S.

1st Sunday in Lent. Holy Communion 8 a. m. Sunday School and Bible Classes 2.30. Evensong 7 p. m. All seats free. Canon Simpson.

SALVATION ARMY.

Saturday 8 p. m., Sunday 11 a. m., afternoon 3, evening 71.30. Everybody invited to all the meetings.

LAST NIGHT'S SCHOOL CONCERT.— Notwithstanding the unfavorable weather there was a "full house" at the concert given last night by the Excelsior Club of Prince Street School. Mr. J. P. Gordon presided and with felicitous remarks introduced the various numbers in the somewhat lengthy but evidently enjoyed programme, every number being encored. The programme consisted of choruses, duets, recitations, solos, by the pupils, and a reading by Mrs. Hinton, also a dance, sailor's hornpipe, by the Misses Constance McFarlane and Elsie Biffin which was very prettily done. The soloists were Miss Dorothy Davis, Miss Ethel Heaney. Miss Delia Walsh. A duet was excellently rendered by the Misses Miriam Ayers and Jean Ross. During an intermission a sale of candy was conducted which added considerably to the funds and the enjoyment. Professor Hinton, who is musical director of the school and who had trained the pupils for this concert is to be congratulated on the result. The concert was pronounced by all one of the most enjoyable yet given in this school which has long held an enviable reputation for enjoyable concerts. The proceeds were for Patriotic purposes. The singing of "God Save our Splendid Men" and the National Anthem closed the proceedings.

ISLAND SOLDIERS ARRIVE AT HALIFAX

On Wednesday a transport from England docked at Halifax with several hundred returned soldiers on board, among them the following Island men who are expected home early in the week:

H. J. Johnson, Montague.
E. Mosher, Summerside.
G. Myers, Charlottetown.
D. Savidant, Summerside
W. P. Trowsdale, Victoria.
H. M. Walker, North River.
G. E. Warren, North River.
C. Wood, Souris.
A. E. Wood, Pownal

PERSONALS

Mr. Lloyd Cox, Morell, was in the City yesterday.

Mr. Al. Cutliffe, Fredericton, is a week-end vistor to the City.

Mr. Kilburn Coffin, Mt. Stewart, is visiting the City.

Dr. J. McDonald, Souris, was a passenger to the City yesterday.

Mr. William MacDonald, Vernon, is in the City.

Mr. E. J. Smith, City, is visiting the trade of Kensington.

Mr. Oswald Wright, City, is visiting Summerside.

Hon. John S. Martin, Kinross, speaker of the Legislative Assembly is in the City.

Mr. Alexander Martin, ex-M. P., Valleyfield, arrived in the City yesterday.

Mr. H. Campbell, general merchant at Uigg is in the City on a business trip.

Mr. J. O'Donnell, has returned to Mount Stewart after a short visit in the City.

Mr. R. N. Cox, Morell, has returned home after a short visit to the City.

The Misses Pansy and Fanny McLeod of Orwell Cove are visiting friends in the City.

Miss Wynne of the millinery department of Moore & MacLeods Ltd., has gone on a business trip to Toronto.

Mr. M. Hodgson, representing the Hamilton Biscuit Co., of Pictou left yesterday to visit the trade at Montague.

Mr. Abel Arsenault, agent at Summerside for the Imperial Oil Co., has returned to the Western capital after a short visit in the City.

Lieut. W. A. MacCalder and Sergt. Millman of the Dalton Sanitorium staff, have gone to Montreal on Military duty.

Corporal Fred Duffy, of the P. E. I. Heavy Battery at Fort Ives, is spending a short furlough at his home in the City.

His many friends will hear with pleasure that Fire Chief "Tom" Ranahan has recovered from his recent illness and will be able to be around again shortly.

Severe Censure of Montreal Police

(Special to the Guardian.)

MONTREAL, Feb. 15.—Wholesale condemnation of the Montreal Police department is made in the report of the Bureau of Municipal research of New York, to the City Council. The report states that though the force costs $1,250,000 a year, dictation of partisan political leaders and faulty organization prevent it from rendering protection to the public equal to its cost. The department, as an agency for the prevention of crime, the apprehension of criminals and the conducting of social work, is no more efficient today than many years ago, and in some respects it is less efficient. The effectiveness of the Fire Department is pointed to as showing that efficiency can be secured. The findings of the Bureau indicates that an investigation by an authority having criminal juridiction was desirable.

STOCK QUOTATIONS

HALIFAX, N. S., Feb. 15.—(Quotations furnished by F. B. McCurdy & Co., stock and bond brokers, members Montreal Stock Exchange, McCurdy Building, Halifax, N. S.)

CLOSING PRICES.

	Yesterday	Today
Atchison	84	85
Am Loco	61⅜	63⅜
Anaconda	62⅛	63⅛
Can Pac	146½	147½
Am S & R	82	83⅝
M. F. Ct.	96¾	98½
Cen	70¾	71⅛
Cruc	59½	60½
Mex Nor Power	90	92¾
P.R.S.	61¾	63⅞
Reading	75¾	71
S. P.	75¾	85¾
S.T.U.	50⅜	50⅞
U. S.	94½	96
U. T.	81¼	82⅞
U. P.	117⅜	119⅛
A. F.	73½	74½

THRIFT AND THE AUTOMOBILE

Because a free-lance economist happens to know, or has heard of, some fellow with a two-cylinder income, who has bought a six-cylinder automobile, that does not warrant the said economist in framing an argument upon the issue. It is an incident—not an average performance.

Bankers of fifteen years' association with the profession can recall the time when messengers were despatched with their value parcels from the the City Head Office, to the Clearing House and Branches, in hacks of the "sea-going" variety. The work is now done more promptly, efficiently and economically with the aid of automobiles; but, again, this special application has no material weight. Here is a subject that has to be more widely considered. Deductions in economics are based on broad averages.

There are approximately 200,000 automobiles registered in Canada today, and writers on economics judge from these figures that the savings accounts of the nation are being depleted to maintain the upkeep of so many vehicles using gasoline, oils, tires and accessories. The figures are imposing, but they do not tell the whole story. During the period the automobile industry has been developing, savings accounts have been steadily increasinig. There has been no noticeable rush at any time to draw out savings deposits. People seem lagrely to save the expense of their automobiles. There has been less dabbling in the stock market; shorter and fewer summer excursions; trips abroad have been cancelled for jaunts along the country roads at home.

There's a man who buys an automobile, and you know his affairs well enough to declare he couldn't afford it. Therefore, he ought to be so much the worse off. But he appears better off to his neighbors, and, as for himself, he thinks, and he feels, better off. People generally who buy automobiles seem to be satisfied with their bargains.

Whatever is popularly advertised has an attraction for savings accounts. When you read the advertisement of a retail store, announcing that blankets are to be sold cheaply on such a day, you may know that some family savings accounts will be reached into to buy blankets. So it follows with every article and commodity—whatever is most advertised draws the most money—oil, mine, development, and industrial stocks, prairie land and real estate—the money that takes up the opportunity comes out of savings accounts. Automobile advertisements have been conspicuous. In the daily newspapers for fifteen years, always attracting purchasers, and yet the depletion in savings accounts has not been noticed. And, on the other hand, the automobile has created a new class of savings depositors—chauffeurs, machinists, and garage men have replaced the cab man or hack driver, livery man, hostler and stable hand, that used to be associated with the horse-drawn vehicular service. The younger men of this class are tody in a smarter business, for which they receive better pay.

The automobile is essentially an improved method of transportation of such wide utility that it has in a large measure created the prosperity which maintains it. Any measures of restriction upon its use, or service, will disturb an equitable balance of internal trade.

From "The Home Bank of Canada Monthly" for January, 1918.

SOCKS APPRECIATED

Mrs. Sarah Taylor of St. Peter's Island has received the following letter:

1st Brigade Headquarters,
Can. Field Artillery,
France, Jan. 15th, 1918.

Dear Mrs. Taylor:—

It gives me great pleasure to write these few lines, to thank you for the ever welcome gift of socks, which I received along with your address today.

I was a little surprised when I saw your age was 79 years because the socks are so well knitted. It is very cheering to know that the old ladies of our country are taking such pains to keep us boys good and warm.

I sincerely hope that your efforts and prayers for us, will not be in vain, and that some day we will all awake and find the world at peace, and the Allies victors of this great struggle.

I again thank you for your kindness and may God bless and keep you, to welcome the boys home.

I am, yours sincerely,
DRIVER R. V. KITTS, 83262.

The Pathephone

THE PATHE SAPPHIRE BALL instead of sharp needles to wear and rip the record. No needles to change. THE PATHE ALL-WOOD SOUND CHAMBER, built on the violin principle TONE DEVICE to regulate the volume of tone. The Pathe plays all disc records with purity, sweetness and power. Its tone regulator controls the tone at the throat instead of merely muffling the sound at the mouth. Bring in your favorite record. Hear it on the Pathe and judge for yourself which machine plays your record best.

MILLER BROS

Business Men should read the last two pages of the new Telephone Directory.

CLASSIFIED ADVERTISEMENTS

Classified ads, under this head cost one cent per word per insertion where cash accompanies order, with minimum charge of 25 cents per insertion. Count your words and save money by remitting with order. Stamps accepted. Ads. taken by phone or sent by mail will be charged at 2c. per word, to cover book-keeping charges, stationery and postage on accounts.

AGENTS WANTED

AGENTS WANTED TO SELL FOR "the old reliable Fonthill Nurseries." We teach our men to sell. Experience unnecessary; highest commissions paid; handsome free equipment. Stone & Wellington, Toronto, Ont. 2454-2-8MEtillFeb28.

FOR SALE.

OLD NEWSPAPERS FOR SALE AT 5 cents per bundle. Guardian Office. 1580-12-7Mtf.

FOR SALE—MOTOR BOAT, SPEED model 10 h. p. "Imperial" engine very little used or will sell engine separately. Beer & Weeks. 2520-2-12Mtf.

HELP WANTED—FEMALE

WANTED A YOUNG GIRL TO ASSIST in small family. No washing. Apply to 248 Kent Street. 2570-2-14M3i.

WANTED AT ONCE A GIRL FOR general housework apply to Farmers Clothing Store, 159 Kent Street. 2591M1i.

TO LET

TO LET—HOUSE WITH MODERN conveniences. Apply to 140 Elm Ave. 2584-2-15M3i.

WANTED

WANTED— SHINGLE MACHINE. State cash price. E. E. Warren, North River, P. E. I. 2536-2-14M3i

WANTED—TO BUY OR RENT 5 TO 20 acres of land with house, near Charlottetown. Apply Guardian. 2601-2-16M3ipd.

WANTED—TO RENT THREE UNfurnished rooms for family of two. Apply at this office. 2597-2-16Mtf.

MISCELLANEOUS.

WHEN ORDERING GOODS BY mail send a Dominion Express Money Order. 2592-2-16MEli.

JNO. ALFRED MACDONALD, LAND Surveyor, Hermanville. 2583-2-15E12i.

HIGHEST PRICES PAID FOR spruce and fir logs. Loaded on cars or delivered at Mill at Montague. The Montague Furnishing Co., Ltd. 2569-2-14Mtf.

FOX FEED—DO YOU KNOW THAT Caplin is the best and cheapest feed for foxes? Carload just arrived. P. C. Brown, Revere Hotel. 2277-1-22Mtf.

FOX FEED—JUST ARRIVED CARload of Fresh Caplin. Foxmen take notice this will be your last chance to purchase this feed. P. Brown, Revere Hotel. 2278-1-22Mtf.

WHY SHOULD I BUY A REMINGton Typewriter Why shouldn't you if you need a Typewriter—it's the best on undoubtedly and will give you the best satisfaction for your money. A. Milne Fraser, Halifax, N. S. 2591.

NORTH ADAMS HOSPITAL,NORTH Adams, Mass., offers a three year course of training for young women who wish to enter the nursing profession. Six months of this time is spent in Mt. Sinai Hospital, New York, City. Applicants are received every three months. 2495-2-5Mtf.

TEACHERS WANTED

WANTED IMMEDIATELY, THIRTY teachers to take charge of Rural Schools in Saskatchewan, First or Second Class necessary, with some experience. Salaries at the rate of $780.00 to $840.00 for 210 teaching days Steady employment for those who do good work. Board $22.00 to $27.00 per month. Apply at once to Mrs. A. F. Macdonald, Trustees' & Teachers' Exchange, P. O. Box No. 112, North Battleford, Sask. D. S. Walker, Esq., Barrister, North Battleford, Sask., or W. H. Magee, Inspector of Public Schools, North Battleford, Sask. 2579-2-14M6i

HELP WANTED—MALE

WANTED ERRAND BOY. APPLY at Guardian Office. 2551-2-13Mtf.

WANTED BOYS TO SELL GUARDians. Apply Guardian Office each morning early. 2565-2-14Mtf.

WANTED A RIGHT-HAND ROTARY Gear. Apply Guardian. 2602-2-16M2ipd

WANTED— IMMEDIATELY, MAID for general housework. Apply 14 Spring Park Road. 2605-2-16M3ipd

WANTED—MAN AND WOMAN—competent farmer and housekeeper. Good wages, permanent position to right parties. Write P. O. Box 102 or apply J. S. Wedlock's office. 2607-16M2ipd.

BRINGING UP FATHER