

Woman's Realm :- Social and Personal :- Fashions :- Literature

Happenings of the Week

Queen Mary celebrated the 68th anniversary of her birthday on Friday, May 26th and messages of congratulations poured into Buckingham Palace from all over the world. The Prince of Wales, the Duke and Duchess of York, the Princess Royal, Prince George and the Queen's grandchildren brought presents and a family luncheon was held for 30 guests.

There appeared little likelihood that any special celebration would be planned for Their Majesties' ruby wedding, June 7. Forty years ago the King, then the Duke of York, and the Queen, known as Princess May were married. They were practically strangers to the public, but the marriage was approved as a departure from the Victorian custom under which members of the British royal house usually married members of continental royal families.

Hon. W. D. Herridge, Canadian Minister to Washington, who underwent an operation for appendicitis May 8 last, has left the hospital. Mr. Herridge suffered a relapse shortly after the operation and for a few days his condition was regarded as critical but he has now completely recovered and will soon resume his duties again.

Miss Lena McLure, who has been spending the past few weeks in Ottawa with her parents, Mr. W. Chester McLure, M.P., and Mrs. McLure at the Chateau Laurier has returned to Toronto, where she will remain for several weeks prior to leaving for her home in Charlottetown.

Heartiest congratulations are being extended to Miss Frances Elba Myrtle Read, B.A., of Casumpec who celebrated her 22nd birthday on May 24th. Miss Read is in her final year in medicine at McGill University and graduates with first class standing in every subject and now holds the degrees of B.A., M.D., C.M. She received her B.A. degree at the age of 18 and is the youngest student to receive the degrees B.A., M.D., C. She has won many scholarships and honors throughout her course and is the first P. E. I. woman to receive her medical degree from McGill.

The tea hostesses at the Golf Links for the King's Birthday will be Mrs. T.W.L. Browne, Mrs. W.S. Grant, Mrs. W. F. Taylor, Mrs. L. E. Wellner, Mrs. H. C. Brown.

Mrs. L. B. McMillan entertained very delightfully at Bridge yesterday, honoring Mrs. W. A. Bickers, wife of the American Consul whose early departure is so much regretted.

Mr. and Mrs. R. N. Taylor of Westmount, P. Q., who motored down to visit Mrs. F. P. Taylor, are leaving this morning on return. During their visit Mr. and Mrs. Taylor renewed many pleasant friendships, their friends vying with one another in their entertainment. Mr. Taylor spent his holiday principally fishing and golfing.

Mrs. Matheson, wife of the Chief Justice entertained at Bridge at her home Tuesday afternoon in Mrs. Taylor's honor, and on the same day Mrs. W. H. Prowse entertained at luncheon at the Canadian National for her.

Friday evening Dr. and Mrs. Y. J. Yeo were dinner hostesses for Mr. and Mrs. Taylor and on Sunday they were the guests of Mr. and Mrs. Edgar Heartz at a similar social gathering.

Today, June 2nd, Charlottetown's grand old lady Mrs. A. Lord is celebrating her 88th birthday.

Mrs. F. R. Newson was hostess at a dainty tea for Mrs. Taylor at the Canadian National Hotel on Wednesday afternoon.

Nasturtiums are coming up, not only in sunny gardens but in evening dresses to wear in the moonlight. Nasturtium colors, at least. The whole nasturtium range from yellow to red is used for color contrast especially on brown, mouseline dresses and an pastel green and yellow ones. They make smart eye ribbon belts and flowers at the waistline. Ombre (or shaded) nasturtium tones are seen in capes, flowers and in new negligee and hostess gowns.

Mr. and Mrs. Lea Seaman have arrived in Montreal from India and will spend a few weeks there and in Ottawa coming to Charlottetown about the middle of June to visit Mr. Seaman's mother, Mrs. J. D. Seaman.

Mr. John McNair, Past Grand Master I. O. O. F., has had the honor of being selected as representative for the Maritime Provinces and Newfoundland to attend the Grand Lodge I. O. O. F. of Ontario which convenes at Toronto on June 13th. Mr. McNair will be accompanied by Mrs. McNair and young son.

The opening tea at the Charlottetown Tennis Courts will be served this afternoon the hostesses being Miss Margaret Large, and Mrs. Wilma Davison, Miss Isabelle Crawford, Miss Margaret MacEachern.

Quite a number are leaving this morning to spend the week-end in the Annapolis Valley for the Apple Blossom carnival.

Mrs. Walter Shaw and Mrs. J. S. Rose of East Baltic are leaving this morning for Winnipeg where they will attend the Federated Women's Convention to be held there on June 5th to 8th.

Fashionable women in Paris have found a new aid to beauty by painting their eyelids to match their finger and toenails. Green and blue are the favorite colors of the younger women while black, gold and silver are more popular with older women. The paint on the eyelids is also added to the lashes and then, for extra effect, to the eyebrows. Distance lends enchantment, it is true, but if artistically applied, it is stated not to be too obnoxious at close quarters.

Mrs. Hooper Horne was hostess for a number of her friends at Winter River Tea Rooms, Suffolk on Monday in honor of Mrs. R. N. Taylor of Montreal.

Miss Irma Tait, R. N., is home on a visit to her parents Mr. and Mrs. James Tait, having motored down from Fredericton, N. B., with Mr. and Mrs. Harrison and Mrs. Baker.

Miss Nan Shaw, who is attending Halifax Conservatory of Music is to receive her Bachelor of Music degree next week. Her parents Mr. and Mrs. D. R. H. Shaw and sister, Miss Marion Shaw and Mrs. H. R. Hilson are going over for the graduating exercises.

Mrs. Ewen McKinnon is being welcomed home from an enjoyable visit to Montreal and New York.

Mrs. A. G. Putnam and her son Malcolm of Sackville, N. B., motored up to Montreal for the McGill University Convocation at which her daughter, Miss Donalds Putnam received her Master of Arts degree.

Major Daniel McKenzie, Washington, D. C., invited a number of his friends to dinner at Winter

THE COOK'S CORNER

TUNA AND CELERY SOUFFLE

1 cup celery, cut in 1/4-inch pieces
1 cup boiling water
1/2 cup milk
1 teaspoon salt
1/2 teaspoon pepper
4 tablespoons minute tapioca
3 egg yolks, beaten until thick and lemon colored
1 cup tuna fish, flaked
3 egg whites stiffly beaten.
Combine celery, water, milk, salt, pepper and minute tapioca in double boiler and cook 15 minutes or until tapioca is clear and mixture thickened, stirring frequently. Cool. Add egg yolks and tuna. Fold in egg whites. Turn into greased baking dish. Place in pan of hot water and bake in moderate oven (325 deg. F.) 45 to 50 minutes. Serves 6.

MEAT LOAF ROAST

4 tablespoons tapioca
3/4 cup tomato juice or meat broth
1/2 teaspoon salt
Dash of cayenne
Dash of black pepper
1/2 teaspoon onion, finely chopped
1 teaspoon parsley, finely cut
3/4 pound (3 1/2 cups) cooked meat ground (veal, pork, ham, etc.)
Combine ingredients in order named and mix well. Shape into loaf in roaster or large pan. Bake in hot oven (450 deg. F.) 30 minutes, then decrease heat to moderate (350 deg. F.) and bake 30 minutes longer, basting frequently during the baking with a mixture of 1 cup hot water and 4 tablespoons butter. Serve with tomato sauce, if desired. Serves 6.

River Tea Rooms, Suffolk, on Saturday last.

The Governor-General of Canada and the Countess of Bessborough will occupy their quarters at the Citadel in Quebec in June. Their Excellencies have issued invitations for a dinner to be held at the Citadel on June 16.

The graduating nurses of the Prince County Hospital were the guests of honour at an enjoyable dance given at the Nurse's Home on Tuesday, when a number of guests enjoyed a delightful dance program. Decorations were carried out in pink and white, the school colors. The guests were received by Miss Lavers, assistant superintendent. Arrangements for the dance which included novelty numbers and dainty refreshments, were in the hands of Miss Coughlin, assisted by Miss Lambie, Miss MacKinnon and Miss Bryenton.

The Misses Constance and Mollie McArthur, daughters of Senator Creelman McArthur left yesterday morning on a visit to Mrs. Floyd Cleveland, daughter of Mr. Justice A. C. Saunders and Mrs. Saunders, at her home in Youngstown, Ohio. Before returning they will visit the World's Fair at Chicago; Niagara Falls and Montreal.

Mrs. Nell McLeod of Summerside entertained for a few of her friends this week.

The dance for the graduating class of the Summerside High School, this evening in the new Assembly Hall is the chief social event at Summerside this week being anticipated with much pleasure by the younger set. Many young ladies make their debut at this dance.

LOVE

Love is deeper than the sea; and as the sea ever renews the face of the shore, so love continually restores the heart.—E. Gibson.

How to Stay Young Dorothy Dix Advises Rejuvenating Spirit

If You Want to Keep Young, Keep Busy, Advise Dorothy Dix—Avoid Getting Fat-Witted Even More Than You do Getting Fat-Waisted, and Limber up Your Disposition as You do Your Muscles

After the average woman is 40 she spends a large part of her time and energy on trying to keep a school-girl complexion and a school-boy figure.



I have no fault to find with this. In a world in which we must all perform continually upon each other it is a kindly and humanitarian thing to make ourselves as easy on the eyes of our fellow creatures as we can. Hence it is a matter of righteousness for a woman to make roses grow on sallow cheeks and to turn a pale thin mouth that looks like a slit in a mailbox into a kissable Cupid's bow.

But in their efforts to attain perpetual youth women use the wrong method. They devote themselves to working on the outside, whereas, in reality, it is a job of interior decoration. Moreover, the one accomplishes results and the other one doesn't. No art and no labor can keep a woman looking like a flapper, but she can make herself look like an angel to all who know her.

So if I were going to start a beauty column—which, thank Heaven, I am not—I should say to the seekers after pulchritude:

If you want to keep young, keep busy. Work hard. Follow some occupation that will keep you on your tiptoes and call out every resource of your mind and body. Something that will keep you alert and wide-awake. Something in which you dare not slump and let yourself go, even for a minute, or else your rivals will get ahead of you.

If you will observe, you will be struck by the fact that the women who are still mere girls in their 50s are the hustlers. And the reason is that they move so fast that old Father Time cannot overtake them as he does the languorous ladies who have nothing to do but lounge around on couches and nothing to think about except that they are getting old.

Then I should say, don't bother so much about keeping your body supple as you do about keeping your mind flexible. It isn't stiff joints that indicate age. It is rigid ideas. It is when we get "set" in our opinions, and when we can no more change our views than we could turn a double somersault; it is when we get rheumatism in our feelings and hardening of our emotions that we are old, no matter whether we are 25 or 50.

As long as you can keep your mind open to conviction and your heart beating in sympathy with every phase of life, you are young. It is far more a sign of youth to be able to keep in touch with the girls and boys of today than it is to stand fat-footed and touch your toes. It is being able to bend the back of your mind that counts.

Then I should say that the only sure cure for wrinkles is amiability. It beats all of the face masks and lotions ever invented. No massage will smooth out the little fretful lines that peevishness and discontent etch around a mouth. Nothing will prevent the forming of crowfeet around eyes that are always on the lookout for something to complain about.

They have to be ironed out from the inside by a placid disposition. So if you want to keep your face as smooth as a child's, don't nag, don't whine, don't worry, don't be filled with envy and covetousness. Keep your soul serene and wear the smile that won't come off. It quirks up a woman's mouth at the corners and makes her look ten years younger than she is.

Then I should say, avoid getting fat-witted even more than you do getting fat-waisted. A man is even less enamoured of talking to a dull woman than he is of looking at a stout one. So if you want to keep on looking like the one best bet in the matrimonial market to your husband you have to keep him entertained and amused. More men are driven away from home by boredom than are ever allured out of the domestic fold by vamps.

So keep yourself in trim to be your husband's most agreeable companion. Don't allow yourself to put on conversational weight and heaviness. Exercise your mind by reading and keeping in touch with his interests so you can keep step with him. Reduce the amount of time and attention you give to the baby and bestow it upon him. Count your words as religiously as you count your calories, and cut out the fault-finding and the reproaches and the throwing up of other men's success to him as carefully as you do the starches and the fats, and he will never find out that you are not as slim as you were on your wedding day.

And I should say that instead of writing and contorting your body and limbering it up, tie a few knots in your disposition and supple up your tact and diplomacy. Do your daily dozen by making it an iron-bound rule that you never break, to say twelve pleasant things to your husband before he goes down to business in the morning and you need never fear the pretty little yes-yes girls who work in his office.

Furthermore, I should say that more efficacious is oil on the domestic machinery than cold cream on the face, and that any wife who burns in before her husband will always look young and beautiful to him.

And no woman need say that here things cannot be done, for any lady who has will power enough to control her appetite and pass up the mayonnaise and meringues can control her tongue and refrain from making a snappy comeback when her husband opens the way for a good family fight.

DOROTHY DIX.

A Morning Smile

"You didn't use to object to your husband playing poker?"
"No, but that was before I learned to play bridge. It is a lovely game but I cannot afford to play it unless he stops playing poker."

A doctor at a deaf and dumb institution invited a friend to its annual dance. He explained that when the guest wished to dance with one of the inmates he should smile and make a circle with his hand.
The guest picked out a pretty girl, and went through the necessary formula. She responded, and they had several dances.
Then the doctor arrived, and to the guest's surprise, asked his partner whether she would give him a dance. She said, "Yes, when I can get rid of this deaf and dumb chap."



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FOR THE WOMAN READER

Life has loveliness to sell—All beautiful and splendid things, Blue waves whitened on a cliff, Climbing fire that sways and sings, And children's faces looking up Holding wonder like a cup.
—Sara Teasdale.

If there is a circle left after you have cleaned your gown with benzine, try holding it over the steaming kettle; or sprinkle it with talcum powder, and shake the powder off when dry.

BEAUTY FOR THE BUSY WOMAN

No matter how busy a woman may be, she should, whatever her age or occupation, find a few minutes daily for preserving and improving her looks. For one owes it to oneself as well as to one's friends to appear at one's best on all occasions.

For the home-keeping woman this is very desirable, but for the business woman it is absolutely essential. We all realize that when a woman knows that she is looking her best she gains confidence and assurance, which are most essential to her in her dealings with others, and which she could never experience on a day when she feels "off color."

Beauty culture to be beneficial must not be spasmodic; it is useless carrying out a treatment on Monday, missing it on Tuesday, and perhaps giving it in a half-hearted manner on Wednesday. That way lies failure.

The busy woman should fix a certain time to be devoted each day to beauty culture, and she will find that she will get better results from ten or fifteen minutes daily than from an hour or longer occasionally. For the good effected by one treatment is lost when another is not given within a reasonable time.

A GOOD NIGHT TOILET

The woman who works is generally fairly tired by the time she goes to bed, but she will find that by devoting a few extra minutes to making a good night toilet she will sleep better, feel more refreshed in the morning, and her complexion, hair, etc. will all be the gainers by it.

Wipe the face over with a piece of cotton-wool, and smear over the face and throat some cold cream. Allow this to soak into the pores while giving the hair a thorough combing and the scalp a massage with the tips of the fingers. Dip your fingers in olive oil occasionally, say once a week, but massage scalp with finger tips alone every night. In this way the scalp is cleansed and the roots of the hair stimulated. After the scalp massage, wash the face and throat in warm water, softened with a few drops of benzoin, and use a lather of good soap. Rinse off the soap very thoroughly, and dry the skin. Apply a little more cold cream, leaving just a slight film on the skin till next morning. Brush the eyebrows with a brush smeared with olive oil, and use the brush on the lashes, brushing them from underneath upwards.

The hands should also be well washed, and cold cream rubbed into the backs and fingers. Remember that the hands age even more quickly than the face; and, if you would keep youthful-looking, you must "feed" your hands as carefully as you do your body. A good cream or some slightly warmed olive oil is excellent for the purpose.

BEFORE THE BATH

In the morning the woman who must be at her post at a fixed time seldom has much time to spare, but if she has done her beauty culture thoroughly at night, she need not skimp the time spent on breakfast. Before going to her bath she should wipe off the cream left on the face at night with cotton-wool, and apply some fresh. The heat and steam from the bath tends to make the skin "give" and enlarges the pores. If cream has been applied any chance of enlarging the pores is avoided, and the skin gains in softness and beauty. The cream should be wiped off just before vanishing cream is applied.

There are always a few odd moments during the day, even for the busiest woman, which, instead of being wasted, could be used with advantage for beauty culture. It may be that you are beginning to show signs of a double chin. If this is so, use those few minutes for practising neck-turning exercises. Or if

may be that, from bending over a desk or ledger, you notice you are beginning to acquire a slight stoop. If so, when you have two or three spare minutes, employ them by standing with the back flat against a door or wall. Or they may be used for massaging hands that are beginning to wrinkle and look old; for resting tired eyes, or some other little way which will help in making the very best of yourself.

WOMAN RECEIVES AWARD FOR REMARKABLE DISCOVERY

Explorers in Antarctic wastes, African jungle and Persian desert have their services marked by medals presented by the King and grants by the Royal Geographical Society.

One of the awards—the Back Grant—goes to a woman. She is Miss Freya Stark, who last year discovered one of the last strongholds of the Assassins, a Mohammedan sect, whose rulers killed by poison and dagger for 600 years before the Crusaders went to Persia.

She found the battlements still standing, three large water cisterns cut in the rock, and what is probably the most unusual water supply system in the world—a tunnel down which wolves used to drive sheep with waterskins tied beneath them.

Tea Man Continues His Distribution Of Dollar Bills

The Salada Tea man had another successful day yesterday, travelling in all sections of the city, rewarding housewives with a crisp new one dollar bill for their forethought and opinion in using Salada Tea.

Mr. Dugan is still continuing his rounds and reports a cordial welcome at each home he visits. "The people of Charlottetown certainly like their Salada," he said this morning, "to judge by the large number of homes in which I find it, in making my daily calls."

The following is a list of the ladies who received a dollar bill for their opinion of Salada:—
Mrs. H. B. Alcorn, 7 Hensley Ave.
Mrs. Geo. Worth, 122 Hillside St.
Mrs. Harry MacDougall, 21 King Square.

Mrs. F. A. VanDerstine, 25 Orlean Street.

Mrs. M. Matheson, 40 Hillcrest Ave.

Mrs. Harold Cudmore, 33 Gerald Street.

Mrs. J. O'Rielly, 127 Elm St.

Mrs. P. Diamond, 53 Reserve St.

Mrs. J. Rooney, 42 Valley St.

Mrs. Annie Musick, 29 Douglas St.

Mrs. A. Arsenault, 47 Brighton St.

Mrs. Geo. Brady, 5 Bungalow Place.

Mrs. Ed. Craig, 17 Park Terrace.

Mrs. L. J. MacPherson, 165 Kent Street.

GARDENING

EASILY GROWN FLOWERS

To those who want flowers but have not a great deal of time to spend on them, the Zinnia is recommended. It comes in three types, dwarf, medium and giant size. It will thrive on the most ordinary attention, and will do particularly well in the new garden and for filling in the perennial bed before the regular flowers have fully developed. Colors range all the way from cream, mauve and pink to deep yellow, dark brown bronze and scarlet. It will bloom continuously from early summer until the time of killing frosts. For early bloom buy plants. It will, however, come along quickly from seed planted outdoors. Other flowers which are also included in the group requiring a minimum of experience or care are calliopsis, margolds, annual larkspur, scabiosa and cosmos, among the medium and taller sorts and alyssum, portulaca and nasturtiums of the dwarf or edging types.

GOOD SEED IS ESSENTIAL

In gardening the greatest outlay is the trouble and care taken by the gardener himself, yet no matter how much time and work is devoted to the business unless the seed and nursery stock are right the results are sure to be disappointing. Because these things only cost a few cents sometimes one is apt to overlook the importance of securing the most satisfactory. Rose bushes, shrubs, plants, trees and seeds must be suitable to Canadian conditions and if one lives in a northern part of the country, must be suitable to local conditions as well. The best quality, such as that handled by a reputable seed house is imperative. In nursery stock the goods must be packed carefully, so that the roots will remain moist, the stems green and pliable and in the case of roses, shrubs and other woody plants there must be plenty of live buds. Given that sort of stock and handled so as to avoid needless exposure of the roots to the air, one is off to a good start. Only seed grown and matured by experts, who take every precaution against mixing of varieties by bees and other insects, will give the individual coloring, and delicate shapes found in the best flowers to-day, and the earliness and crispness of the only vegetables worth growing in the home garden. One cannot afford to risk all the thought and care that is put into a garden by taking a chance on seed and nursery stock of an unknown or amateur origin.

LIFE

Don't worry about how life is treating you. Remember that life is a treat—your great birthday present when you were born.

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON

Develop this modish youthful dress in one of five new shades of soft crinkly crepe silk and you will love it. Grey, beige, Eleanor blue, etc., being extremely popular. And while it looks lovely in plain crepe it also looks exceedingly well in silk crepes of very small prints. For instance, a brown and white scheme giving the effect of a checked pattern, with a brown leather (or self-material) belt can be worn. Make the gumpie of plain white crepe.

For summer wear, tweedy cotons, tweedy linens, batiste prints and pique could be used with the gumpie of crisp white plain or embroidered organdie.

Style No. 730 is designed in sizes 12, 14, 16, 18, 20 years, 36 and 38 inches bust.

Size 16 requires 2 1/2 yards 35-inch with 1 1/2 yards 36-inch for blouse.

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