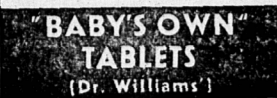


Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Don't Give Sleeping Powders!

NEVER, never do that! Don't give anything but the safest remedies to a child.



BABY'S OWN TABLETS (Dr. Williams')

A Morning Smile

"Did you do nothing to resuscitate the body," was recently asked of a witness at a coroner's inquest.

For The Cook

CREAM CAKE

One beaten egg, one-quarter cup butter, one and one-half cups flour, two teaspoons baking powder, one-half teaspoon salt, one teaspoon vanilla, three-quarters cup of sugar, and cream.

Method: Put one egg in a cup, fill the cup to the top with cream. Cream the butter and sugar and add to the other mixture.

REPORT MORE INTEREST IN ANNUAL HAY CROPS

Acres in meadows reduced. Want something for quick returns

As a result of the serious reduction in the acreage of the regular hay crops following the prolonged summer droughts of the past two years and the likelihood of still further reduction from winter killing just now there is decidedly more interest in annual or catch crops in Eastern Canada.

At Ridgeway W. R. Reek reports excellent success from a mixture of peas and oats. Alaska oats and O. A. C. 181 peas were sown at the rate of fifty pounds each to the acre on rich land immediately after the regular spring grains were put in.

Flaky Pie Crust

The secret of making good pie crust is: "Use Purity Flour—and keep the dough dry!" Try this recipe—for 2 shells:

3 cups Purity Flour 1 cup lard 1/2 teaspoon salt 1 cup cold water. METHOD: Mix the flour and salt, cutting in half the shortening until the mixture is like fine meal, gradually adding exact quantity of water but not a drop more.

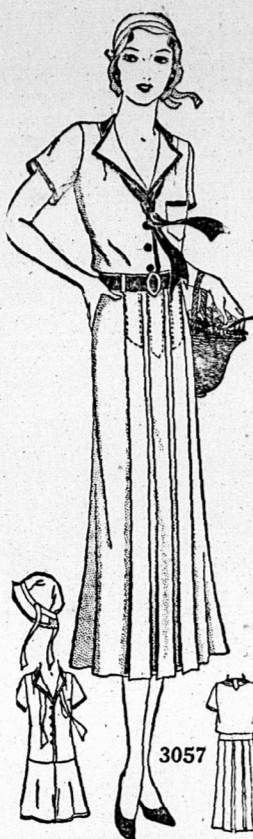
Western Canada Flour Mills Co. Limited, Toronto



What the Fashionable are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



A darling rig is offered today for the busy modern housewife. It has dual smartness—practicality too. It may be worn for morning home wear and for active sports.

It is peach-pink linen with brown trim. In the miniature view, the long-waisted bodice is shown with the attached shorts. Imagine how quickly one may slip into this in the morning. It is topped by a matching skirt held at the normal waist-line by a brown leather belt.

Cotton mesh with angora finish, pique, cotton broadcloth in dots or stripes, shantung and rayon novelties are suitable.

Size 36 requires 5 1/2 yards 35-inch contrasting. Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred) Price of pattern 15 cents.

Form for ordering dress pattern No. 3057, including fields for Name, Street Address, City, and State.

Paris Styles

By MARY KNIGHT

United Press Staff Correspondent

PARIS, April 28.—(U. P.)—People may be dictated to about style, if they permit themselves to be, but style itself cannot be dictated to—it must be original. The influence of tradition must be responsible to the needs of today, or the whole point of style is missed.

This old-new boot protects not only her foot, but her stocking as well for it is high enough to cover the most vigorous splatter from an unexpectedly encountered mud-puddle or the sudden swerving of an automobile to switch through a nearby pool.

what similar mixture and has secured yields running from two to three tons per acre. He uses strong growing large strawed oats such as O. A. C. 72, O. A. C. 144 or Banner and Golden Vine, Prussian Blue or O. A. C. 181 peas. Seeding is at the rate of two bushels of oats and one bushel of peas, three bushels in all per acre.

Feminine Fashion Hint

(By Mary Knight, United Press Staff Correspondent)

PARIS, April 28.—(U. P.)—With the return of femininity to the fashion arena women are being given hails of flowers and feathers to adorn their smart heads for evening, in the form of tiaras and bands that cross the head at the center and end at each ear.

While some designers of these new hair ornaments prefer to make them of artificial flowers, Paris decrees that to be superbly chic they must be done with real flowers. Lily of the valley sprays are even supported by very fine crystal prongs like the sun's rays, light in weight for the head, and about which delicate fronds of fern may be wrapped.

A bandeau of roses and violets becomes almost a crown and rests just above the forehead where the line of the hair begins. For the very young girl wreaths of lilac and clusters of gardenias are tied onto the head with blending, or contrasting bands or ribbon. The bow will appear either at the nape of the neck, or on the opposite side from which the cluster is placed.

The day of the customary corsage, of shoulder spray, is past and florists and dressmakers alike are matching their wits to devise new ways of wearing real flowers for evening without crushing them and to set them off to better advantage than the former "stuck on" variety.

Little Rosalie, a first-grader, walking with her mother, spoke to a small boy.

Are Husbands Happier Than Wives? Dorothy Dix Finds Men Have Better Chance

No Wonder Men Are Better Satisfied With Marriage Than Women Are: For a Man Merely Annexes a Wife to His Life, But a Woman Gives up Everything She Values for a Husband Who May Fail Her

Women are much more anxious to get married than men are. Women consider being old maids the greatest misfortune that can befall them, while men regard being old bachelors as a special dispensation from Lady Luck.

Yet women find less happiness in marriage than men do, and there are more wives dissatisfied with their husbands than there are husbands who are dissatisfied with their wives.

These ironic conclusions, which prove the inconsistency of women, or that women are better wives than men are husbands, or something, are the result of the findings of a scientist who has been making a study of marriage for the Rockefeller Institute.

Out of a hundred men he questioned fifty-one said that they had achieved happy marriages, while only forty-five of the same number of women were contented.

Most of the married men were satisfied with their wives as is, but two-thirds of the wives had some bone to pick with their husbands.

"And why wouldn't men like marriage better than women do," women will exclaim in chorus. "Goodness knows, they get the best of it. Of course, marriage isn't any picnic for anybody. It is work and worry, and doing what you don't want to do, and not doing the things you are dying to do, and dragging the ball and chain, but even so it is harder on the woman than it is on the man.

"To begin with, when a man gets married he just annexes a wife to everything else he had in life, whereas a woman substitutes a husband for everything she has heretofore enjoyed in life. If a man gets a good wife who looks after his physical comfort and who fusses over him and pets him as if he were a baby and who keeps him amused and entertained as if she were a vaudeville team, then, oh joy, oh delight, oh golden wedding bells!

"He is sitting pretty on the lap of the gods because he has his business or profession, his ambitions, all of the outside interests that have given thrill and zest to his life, and in addition he has got domestic peace and happiness, and a mate and children thrown in for added bliss.

"And even if the woman he marries doesn't turn out to be all his fondest fancy painted, it isn't so hard on him as it is on a woman who is disappointed in marriage because he has his consolations. He has his ambitions that takes him away from home as much as he likes. He has his ambitions on which he can concentrate his mind so that he doesn't have to be always thinking about what a perfect dud his wife is, and if he is bored at his own hearthstone he can find plenty of intelligent and interesting people to talk to abroad.

"But when a woman gets married she is utterly dependent, on her husband for her happiness, and if he falls her she is sunk. Nine times out of ten she has to give up her job and her ambitions and her outside interests when she gets married, or when the first baby comes. This is well and good if her husband is companionable, and appreciative and tender and kind and generous, but it turns her life into cinders, ashes and dust if he is grumpy and niggardly, and one of the sort who regards a wife merely as a piece of useful household machinery.

"For she can't leave her babies to seek outside distractions and amusements. She has to stay put and do the kind of work that uses only one lobe of her brain, while the rest of it is brooding over her wrongs and disappointments, and exaggerating every defect in her matrimonial bargain.

"Then look how much harder we women work to please our husbands and make ourselves attractive to them than they do to us. If we don't like our husbands as they are, we can lump it, and they should worry.

"I never heard of a man doing without anything that he wanted to eat in order to maintain the boyish figure that his wife fell in love with, but I hardly know a married woman who isn't counting her calories and going through her daily dozen, and who doesn't get herself parboiled and skinned and scalped in beauty parlors trying to look young and slim and girlish to her husband.

"And we wives positively get lockjaw wearing the smile that won't come off so that we can be little sunshines around the home for our husbands, and we get so we could walk on eggs gumshoed around the subjects that irritate our lords and masters, and we dress ourselves up to please them, and we are ready to step out if they want to go, or stay at home if they prefer it, and we bone up on politics and the stock market so we can hand out an entertaining line of conversation.

"But did you ever hear of a husband who wore himself out trying to make a hit with his wife? Never. When hubby has had a bad day at the office he comes home and takes it out on the family. He glums and glooms when he feels that way, and he considers it a husband's privilege to say things to his wife that he wouldn't dare say to the cook, and he would no more think about reading up on the subjects she is interested in than he would in taking a course in Sanskrit.

"Oh, yes, take it from us that it is women who get the hot end of the matrimonial trade, so it is no wonder that men are better satisfied with marriage than women are."

DOROTHY DIX.

her mother asked. "His whole name," said Rosalie, "is Jimmy Sitdown—that's what the teacher calls him."

SAVED IMPORTED DRESS

"After a little wearing, a lovely green voile—an imported dress—lost color so completely that it was not wearable. A friend who had admired it asked me why I wasn't wearing it any more. On hearing the reason, she advised dyeing it and recommended Diamond Dyes. To make a long story short, it turned out beautifully. I have a lovely new dress that really cost just 10c—the price of one package of Diamond Dyes.

"I have since used Diamond Dyes for both tinting and dyeing. They do either equally well. I am not an expert dyer but I never have a failure with Diamond Dyes. They seem to be made so they always go on smoothly and evenly. They never spot, streak or run; and friends never know the things I dye with Diamond Dyes are redyed at all!"

Mrs. R.F., Quebec.

Miniatures Aid To Genuineness

First Used on Documents as Authentication

Miniatures were not always painted on ivory, outlined in jewels and half-hidden in soft cascades of lace beneath some gallant's chin. Originally they were portraits of living persons, though often as not very sketchy likenesses, painted on illuminated manuscripts. They were used in the illuminated design to give authenticity to a document, or connected with certain special epochs in the history of the times, adding by their presence an air of vast importance to the writing, whatever it might chance to be. They indicated also that the documents were to be preserved with particular care. It is thought that the word "miniature" is derived from the Latin "minimum" meaning vermilion, the color most frequently used in outlining the initial letters and small pictorial scenes in the illuminated designs. Later, owing to the delicacy and smallness of the work, the word became associated with the French word "miniature."

Gardening

That old couplet hummed by the bride on the never-to-be-forgotten morning—at least we will hope it has not been forgotten by the young lady even if business worries "or something" have caused a temporary lapse in memory on the part of the other member of the transaction—"Something old and something new Something borrowed and something blue" also holds good in planning the garden as well as the wedding finery. We should always include old standards which have done well in our own or our parents' layout of flowers and vegetables. But we should not neglect to try something new from the list offered so alluringly in the seed catalogue every season. Here we will find flowers and vegetables which have been vastly improved and also novelties that will add the distinction necessary in lifting our particular garden out of the commonplace. A far as the borrowing is concerned, there are few of us who will not call on our neighbor for the loan of a roller, a lawn mower or a spade, while blue either supplied by the sweet pea, the lily, the pansy, the delphinium or a host of other beautiful blooms, is one of the favorite and most easily secured colors. It is this opportunity of developing our individual tastes, both in flowers and vegetables, wherein lies the charm of building up a really distinctive garden just as in the same way we gradually acquire a library or a collection of pictures.

MULCHING SAVES CULTIVATION

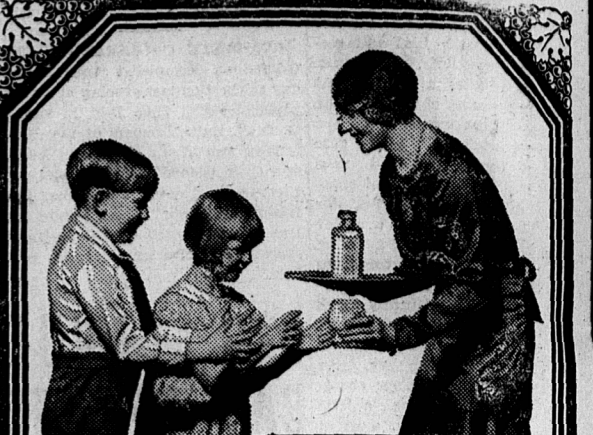
A light, deep sandy loam containing plenty of humus is the ideal garden soil. If ours does not come up to these specifications, it can easily be corrected. If too light, dig in straw manure or if the plot is very small add a few loads of clay. Straw manure is also advised for improving heavy soil, as well as sand and even a light application of coal ashes. Always dig in vegetable refuse such as tops, leaves and lawn clippings. Plenty of this material, plus frequent cultivation, will put most soils into ideal gardening condition in a few years, although if the soil is very heavy clay, it may be necessary to install tile underdrainage. Never work the soil while it is moist enough to stick to the shoes. When it crumbles if pressed in the hand, it is ready for the spade but not before.

MOVE VEGETABLES AROUND

It is advisable to move your vegetables around the garden from year to year, the practise being known as rotation. One vegetable grown in exactly the same location each season will soon exhaust all the particular nourishment required, and may also fill the soil with disease. This is particularly true, also, of some flowers especially the gladiolus. Such there are leguminous crops such as peas and beans which add fertilizer to the soil and should be moved around so that the whole garden will benefit. These will offset the inroads made by such heavy feeders as corn, beets and carrots.

A CUTTING GARDEN

Ornamental as well as fruit trees, shrubbery, rose bushes and climbers, are usually planted just as soon as the ground is dry enough in the spring. This is also the best time to set out herbaceous perennials. Once the first moisture of the season is lost and the hot weather commences, there will be a much higher proportion of losses than if set out earlier.

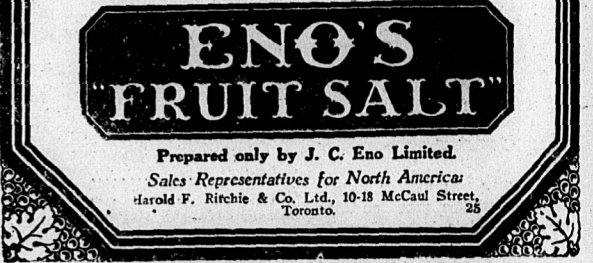


A Familiar Scene in Thousands of well Regulated Homes

From youngest to oldest in healthy, happy families, scattered wherever civilization reaches, a dash of ENO sparkling in a glass of water starts each vigorous, fruitful day.

ENO prevents unsuspected constipation, tones up the system and insures internal cleanliness.

There Is No Substitute For ENO



Prepared only by J. C. Eno Limited. Sales Representatives for North America: Harold F. Ritchie & Co. Ltd., 10-18 McCaul Street, Toronto.

Style Chats

WITH ALMA ARCHER

For all the women that think they're the life of the party and for those who get away with a true Southern accent when they've never been south of Coney Island, I recommend fabric gloves for the coming summer season.

But for those regular folks that no one has ever heard even mentioning the idea of taking a cold bath in the morning, I'll have none of these synthetic affairs, and suggest only chamolis, doeskin, capeskin, kidskin or pigskin.

Chalk-white is smarter, this year, than the off-white and egg-shell shades, but the natural chamolis glove also is growing in importance along with the yellow wave. Brown gloves fit into the spring picture very well as they are interesting, worn with beige, green and gray. Black is essential in your glove box, for besides looking well with the beige, greens and grays, it is the smartest thing to wear with black and white prints.

The beauty of the regular garden is often marred when blooms are cut for decoration indoors. To avoid this, a supply of flowers should be grown in the vegetable patch for bouquet purposes only. Here too are produced those flowers such as safflower, scabiosa, sweet peas, and corn scabbards which have beautiful blooms but poor foliage. Planted in rows with vegetables and receiving regular cultivation, these are more easily looked after than when grown in the regular flower garden and, of course, they may be cut freely without disfiguring any border.

PLANTING SHRUBBERY AND TREES

Ornamental as well as fruit trees, shrubbery, rose bushes and climbers, are usually planted just as soon as the ground is dry enough in the spring. This is also the best time to set out herbaceous perennials. Once the first moisture of the season is lost and the hot weather commences, there will be a much higher proportion of losses than if set out earlier.

At a charity entertainment a lady had just risen from her seat at the piano.

"Would you like to be able to sing and play as I do?" she asked one of her small listeners.

"Oh, no, madame," came the child's immediate reply.

"And why not, my dear?" asked the lady, somewhat surprised.

"Cos I wouldn't like to have people say horrid things about me," was the child's retort.

Mischief-making caller (to new neighbor): "Of course, when a husband says he's kept late at business you've no proof, you know."

New Neighbor: "Oh, really! Well, my husband happens to be a radio announcer." — The Passing Show, London.

Women's Ailments Quickly Relieved. From girlhood to the declining years of old age, there is no better aid for women than Dr. Hamilton's Pills. These mild vegetable pills promote regularity, and keep the system clean. Women find them very beneficial. Conditions women find difficult to overcome are remedied by Dr. Hamilton's Pills. To look your best, to feel sprightly, to be full of pep and good spirits, use Dr. Hamilton's Pills. You will say goodbye to headaches and constipation if you use Dr. Hamilton's Pills two or three times each week. Sold in 25c boxes by druggists.

