

Woman's Realm / Social and Personal / Fashions / Literature

Dorothy Dix Says—

Husband-Snatchers

Woman Wants Suitor's Wife To Surrender Him And Leave Town

DEAR MISS DIX: I am a well thought of young woman in my thirties and am in love with a married man whose wife refuses to divorce him. His wife is a respected and nice person, but I feel she is only a hag to continue living with the man I want. She knows about our affair, but seems utterly unkind of it and continues to hold her head high, and she and her sons ignore me with perfect graciousness.

I make insulting remarks about her to my friends and tell things about her that are not true, but I know my friends don't believe what I say, and this humiliates me.

Will you please write an article telling this woman that if she loves her husband as she pretends she does, she will divorce him, break up her home and go out of town and live with her married son so her husband can marry me and we can enjoy a happy and wholesome life together.

DESPERATE.

ANSWER: If you think that you can establish a "happy and wholesome" marriage by stealing another woman's husband, breaking up her home and half-orphaning her children, you are making a fatal mistake. It is one of the things that can't be done, because those who go into marriage and make a success of it have to have clean hands and a clear conscience.

FOOLING YOURSELF

If you are in your thirties, you have cut your wisdom teeth and you know well enough how the world looks on the husband-snatchers. It rates them among the most dangerous of the petty thieves. Nor do wives see any beautiful romance in their husbands' little affairs with other women. So you deceive yourself if you think you are still admired and respected. Everybody has your number and it isn't good for admission into the best homes.

And your idea that it is the duty of a wife to present her husband to you as a silver salver because you happen to fancy him, and give up her home because you want it, and even move out of the town she lives in and where her children are, because it will be less embarrassing to you, is so fantastic as to be funny. Just think of what a mess the world would be in if it were filled with the kind of "happy and wholesome" homes that you plan to establish!

DEAR DOROTHY DIX: I am a happily married woman with two fine children and a good husband. Everything is okay with me, except that I have Ma-in-law trouble. My husband's mother has come to live with us and she cannot speak one word of English, and she claims that if I love my husband I should learn to speak his language.

My husband and I continually fight about this, for he thinks it is a fine thing for people, and especially children, to learn different languages. Please tell me what you think I should do. Should I sit pat and let Mother-in-law jabber her own lingo, or should I tell her to go and live somewhere else, as she has an allowance and is not dependent on us? Or should I just ignore her? Maybe I am selfish.

MRS. P. S.

ANSWER: Whether you are selfish or not, you are certainly making a very great mistake and one that is going to react badly on your children by forbidding them to learn a foreign language.

Consider this situation from this point of view—that the children's grandmother is offering them a great advantage in wanting to teach them her language, and you are blocking their way to receive it. Every foreign language is another tool with which a man or woman has to work, and the more they have, the better chances of success they have. It is a matter of dollars and cents to be a fluent linguist. I have known many men and women of very ordinary abilities otherwise, who held positions of high importance simply because they spoke in many tongues.

DEAR DOROTHY DIX: I am a young man and recently I took a young lady to a college game. During the evening when I noticed her sliver I asked if she were cold. To my amazement she answered: "No, just lonesome."

Now what is wrong with me to get such a reaction, and what can I do about it?

IN A QUANDRY

ANSWER: It is a poser, but evidently the young lady didn't fail for your line of attractions. My diagnosis of the situation is that your love-making wasn't too good. She wasn't interested in your telling her all about what a fine record you are making in college. She wanted to be told how beautiful and wonderful she is, and how you adore her. No girl gets lonesome as long as she has the spotlight turned on her.

Cook's Corner

CREAM OF SPINACH SOUP

1 1/2 cups chopped canned spinach
2 1/2 tablespoons butter
3 1/2 tablespoons flour
4 cups milk
Salt and pepper
1 hard cooked egg

METHOD: Drain the canned spinach and press through a sieve, or chop finely. Boil down the liquid drained from the spinach to 1/4-cup.

Melt the butter in a double boiler, then add the flour and mix until blended. Gradually add the milk and cook, stirring constantly, until the sauce is thickened. Add the spinach and the concentrated spinach liquor. Season to taste with salt and pepper. Reheat the mixture. Serve this sprinkled with the hard cooked egg, which has been pressed through a sieve.

The last of these is a soup that is nicely flavored with onions.

CREAM OF ONION SOUP

2 cups thinly sliced onions
3 tablespoons butter
5 tablespoons flour
4 1/2 cups milk
Salt and pepper
6 toast rounds
Grated cheese

METHOD: Melt butter in a pan and add the thinly sliced onions. Cook until the onions are delicately browned. Add the flour and mix well. Add the milk gradually, and cook, stirring constantly, until the mixture is thickened. Season to taste with salt and pepper, and keep hot in a double boiler until ready to serve.

Sprinkle the toast rounds with cheese and place under the broiler until the cheese is melted and slightly browned. Serve one of these on top of each bowl of soup.

SODA REMOVES STAINS

Common household baking soda is excellent for cleaning stubborn spots from porcelain enameled cooking utensils. To remove stains, simply dampen a dishcloth, sprinkle it with soda and rub on the utensil until the stain disappears.

YOU WOMEN WHO SUFFER HOT FLASHES then FEEL CHILLY—

Here's Good News!

Are you between the ages of 35 and 52 and going through that trying functional "middle-age" period peculiar to women? Does this make you suffer from hot flashes, feel clammy, so nervous, irritable, weak? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms! It's famous for that!

Many "middle-age" women take Pinkham's Compound regularly to help build up resistance against this distress.

NOTE: Our new product LYDIA E. PINKHAM'S Compound contains no opiates—no habit-forming drugs.

Lydia E. Pinkham's VEGETABLE COMPOUND

It helps nature (you know what we mean). This great medicine also has what Doctors call a stomachic tonic effect.

NOTE: Our new product LYDIA E. PINKHAM'S TABLETS with added Iron

Ellen's Diary

By an Island Farmer's Wife

"A-hem!" James cleared his throat some minutes ago in the silence, in a fashion which I have come to recognize as a preface to some remark. Work over for the day we have gathered about the table near the light, James to read his newspaper, Susan to finish a bit of mending and I to my writing. He stopped reading and looked at me over his glasses in a funny way he has when the pause is only for the moment. "The world's in a pretty bad state Ellen," he said "a pretty bad state!" "How do you mean?" I asked. "Oh, in many ways" he replied. "There's no peace—well hardly anywhere. There's fighting going on in many countries—in the Holy Land, in China, in South America. The paper is full of it, the fighting and rioting and bickerings in countries, and among Nations. It never used to be like that." "But maybe they are more open about it nowadays" I suggested. "And the crimes that are being committed now" he continued "they needn't preach that the world is getting better with all the enlightenment of modern days. No indeed, it's worse I believe. Such awful things as folks do in the way of crime—terrible things."

"Like what?" I asked curiously. "I have had only a glance at the paper myself yet, snatching time to scan it hastily while Susan spread the table for dinner. We have been so taken up with our cleaning because refreshed by the week-end, we seemed to redouble our efforts in that direction today."

Adjusting his glasses, James read slowly—he always reads slowly, but there is nothing written there that escapes his notice except of course the funnies unless interested in them by James already a fan, and naturally any fiction, which he condemns at once as untrue—"a woman threw her two-month-old baby on the kitchen fire and burnt it so badly it died shortly afterward in hospital." "Oh, my!" Susan exclaimed and I "But not on the Island?" Seems as if I should like to keep it free of any such happenings, so lovely it is. Even today when clouds hung grey; near dusk the trees on the lawn whispered quietly together—perhaps about the slim bow of moon that was then caught in the velvet of night above the wooded hill. "No, not on the Island" James replied "but in Canada all the same." "She should be hung!" Susan commented "to harm a poor little innocent dear." "And tortured before" I offered, like Susan driven to vengeance by the very thought. But James commented "I guess if she has a conscience at all—that will be torment enough. She was drinking it seems." And now except for the snipping of threads and Susan can sew a neat seam, and the rustle of his paper, a pleasant silence reigns.

Nothing of moment happened—or has been done at Alderley today, I think. And yet, now that Jamie's face comes before me with that pleased expression when he has heard the news, I recall that Tabby has had her kittens. Our oldest cat, she is aging, since she herself was a kitten before the war. Faded now in her Jacob's coat of many colors but still attractive and wise she is in her years. Decidedly meek in expression, her paw ruins the rest at the cat pan. James was considerably nonplussed about the affair. I overheard him tell it to Jamie who with Rob had come briefly to the yard this morning. "She's got 'em all right" James said "though I'm blest if I can understand how she managed to get into the horse stable with the door and shutters closed tight. After we came from there, she was still under the stove warming herself—I saw her." "I guess she's like that gnome we were reading about" I offered "the one that could make himself so small he could get through the tiniest place."

Jamie laughed and asked teasingly: "How many?" "I can't say," James answered "all I know is that they have arrived. I felt them there in a corner below one of the mangers, in a nest in the hay and they must have come there last night sometime. James did not qualify his remarks to Jamie as he had previously done to me when I had asked the same question. "How many?" I queried "There's one less anyway" he had responded significantly. "But, I thought you intended to put an end to the number before their eyes were open" I reminded him. James shrugged his shoulders. "I did—but the youngsters would be terribly disappointed if all of them disappeared." "Ho-hum!" James puts aside his paper, and nods with no uncertain meaning towards the pantry. Lunch time has come. Until tomorrow—Diary—Good-night.

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Living & Leisure

THE WOMAN'S REALM

The April winds are magical and thrill our tenuous frames; The garden walks are passionate To bathos and dames. The hedge is gemmed with diamonds, The air with Cupids full. The cobweb clues of Rosamond Guide lovers to the pool. Each dimple in the water. Each leaf that shades the rock Can cozen, pique and flatter. Can parley and provoke . . . The south winds are quick-witted. The schools are sad and slow. The masters quite omitted. The lore we care to know. —April, Ralph Waldo Emerson.

WASH FRUIT

Fresh pears, apples and other fruits are delicious to eat "right from the hand," but don't forget to wash them thoroughly if you are planning to eat them with the skins on.

GADGETS LARGE AND SMALL MAKE HOUSEWORK EASIER

New kitchen equipment ready for spring rating by Mrs. America will win an A plus for efficiency if ingenious and labour-saving design is the criterion.

Take, for example, a compact cabinet which is 54 inches long and combines an electric dishwasher, clothes washer and kitchen sink. Triple play comes from dishwasher drum and clothes tub that can be interchanged for use under the black linoleum-topped drainboard which adjoins a standard porcelain sink. One dial provides separate semi-automatic control for dishwashing and laundry.

DETACHABLE

NEW YORK — Detachable collars and cuffs are in white pique on spring suits in skipper blue, red, gray or black.

THREE FOR EGYPT

By Violet M. Methley

There was no answer except that broken-hearted, broken-spirited sobbing until Lovelace shook the arm he had gripped, and spoke again.

"I've had enough of this nonsense! How did you get here?"

Slowly the woman lifted her head and stared from one to the other with dull, tear-drenched eyes. Kay gave a little pitying cry for the face, gaunt and haggard, with scarcely a trace of softening make-up under the damp hair which hung about it in straggling wisps, was that of Mavis Grange, the film actress.

"Haven't you made a fool of yourself sufficiently long, Mavis?" Lovelace let no trace of pity or kindness soften his voice. "When you've finished blubbering like an hysterical schoolgirl, perhaps you'll explain your presence here."

"I—I came in the lorry," the answer was faint, faltering. "And afterwards I hid in that place—with the boxes and tins."

"The men—Daoud and the others—must have known you were there. They brought you, let you hide in the tomb?"

"Yes, but you—you mustn't blame them!" Mavis Grange protested weakly. "I paid them—to bribe them to let me come not to say I was here . . . They—they could help it . . . more than blame them when I met those fine fellows again." Lovelace said inexorably. "You can't trust them a yard—they'll do anything for money—even help a sneaking lying spy—like you."

He spat out the last words at his victim with such concentrated venom that Kay turned upon him indignantly.

"How dare you speak like that! How can you be such a brute, when she is so ill? So unhappy? Haven't you any pity?"

"Mind your own business!" Lovelace told her dangerously. "This is nothing to do with you!"

"You've Killed Her?"

But as though the angry wrath in Kay's tones had brought her back to something like life, given her strength, Mavis Grange shook off Lovelace's hand, dragged herself to her feet. She stood leaning against the tree trunk, staring at the girl with wide mournful eyes. "I think . . . it has a great deal to do with her," she said slowly. "You'll be wiser to keep quiet." Lovelace menaced her. "You haven't yet said why you took the trouble to follow me."

"Because I was jealous—mad, desperate with jealousy!" She spoke in a strangely dispassionate way now. "I heard—I found out that you were—were making preparations for this expedition, and I—I felt that I must know."

Continued on page 9

Morning Smile

HIS AMBITION

Mother believed in appealing to her children rather than punishing them. One day when Tommy had been particularly fractious she said:

"If you are going to be naughty, Tommy, you'll make mother poor, and she'll die and be taken to the cemetery."

Tommy hugged her. "May I sit beside the coachman?" he asked.

Outstandingly Good

"SALADA"

TEA & COFFEE

That Body Of Yours

By James W. Barton, M. D.

TOO MUCH VITAMIN A AND PSORIASIS

One of the embarrassing skin diseases difficult to cure is psoriasis, patches of white silvery scales on the skin.

When the scales are scraped off, they leave a red, bleeding surface. These patches occur anywhere on the face, body, and hands, often being found on elbows and knees. Itching may be present, or there may be no symptoms except the disfigurement. It is this disfigurement that lowers the morale of the patient.

In my student days the cause was believed due to nervousness or emotional disturbances; and even today the cause is unknown. The treatment was Fowler's solution (arsenic) internally and emolliented mercury ointment externally.

A few months ago I mentioned the success some physicians were obtaining by putting psoriasis patients on a fat-free diet, avoiding butter, cream, fat meats.

That the improvement in cases of psoriasis by avoiding fats is because this reduces the amount of carotene eaten, is stated by research workers. By avoiding or cutting down on fats and thus cutting down on vitamin A, which is helpful in most skin ailments, the skin cells become normal again.

In the "New England Medical Journal," Drs. R. Hoffman, E. J. Lorenzen, and A. S. Garfinkel report their investigation into the cause of psoriasis. Eleven patients were placed on a diet low in carotene and vitamin A; and in 9 cases the spots of psoriasis "markedly improved or completely cleared within eight to 10 weeks."

When we remember that psoriasis hangs on for years in many cases, clears up, then appears again, the fact that nine of 11 cases cleared up by reducing the amount of carotene and vitamin A in the daily diet, is of interest to patients and physicians. However, these physicians point out that as carotene and vitamin A form a part of many necessary foods, avoiding these foods is not practical in many households. Carotene is found in carrots, sweet potatoes and other vegetables, milk fat, body fat, egg yolk and other foods. It is changed in the body into vitamin A. They suggest that "cutting down" on carotene foods should form a "part," not the whole, treatment of psoriasis.

VITAMIN CHART

Are you getting enough of the foods containing vitamins every day? Send today for Dr. Barton's handy "Vitamin Chart," with lists of the foods containing good quantities of each of the vitamins. To obtain it just send 5 cents, coin preferred, and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

ADORABLE SWEATER

IT is a day for directing all the energetic and initiative on desired paths of major importance. Such must be backed with energy, skill, constructive ability and well-executed techniques, which are quite likely to run up against a difficult snag or impasse of tenacious resistance. Flying off the handle, attempting to force issues by main force or unwise changes could prove disruptive, as could unfair criticism or raucous. There is much progress and production for calm and planned action.

For the Birthday

Those whose birthday it is have the augury of a progressive and productive year, with growth and expansion of a new buildup of major significance. This against disruptive and unexpected forces, upsetting plans and blocking constructive work, largely by intemperate words and deeds, acrid criticism and enmity, with lack of amiability or efforts for friendly cooperation for joint benefit and progress. Moderation and good will have more power than aggressive or rash moves.

A child born on this day has splendid abilities and energy for success and exceptional expansion in life, but its over-strenuous tactics might work against its highest aims.

The Stars Say--

By Genevieve Kemble

For Tuesday, April 20

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Happy that man, who, after a big evening "with the boys" finds that friend wife has ready for him a nightcap of that excellent aperient—mildly laxative KRUSCHEN. Kruschen helps nature relieve discomfort that may be caused by "too much party" or common constipation. Kruschen is a blend of saline minerals similar to those in famous medicinal springs. Kruschen offers you these four advantages:

EASY TO TAKE—Dissolves quickly in water, or your morning coffee, tea or fruit juice. Most folks find the small morning dose is best.

WORKS FAST—Usually within the hour. Does not spoil your day.

GENTLE ACTION—Its formula is balanced to act gently, without discomfort.

TIME-TESTED—Over 300,000,000 packages sold throughout the world. Kruschen is a standby when doper mornings or "dog's ears" days make you feel low. Start the day with Kruschen and see how good it is to have that grand "Kruschen Feeling" and 75c at all drug stores.

Household Scrapbook

By Roberta Leo

Sharpening Scissors

To sharpen the scissors or shears, place the neck of a glass bottle between the blades and close them briskly upon it as if trying to cut it off. The smooth glass will glide the full length of the blades, from base to point, and fifteen or twenty repetitions will produce a good cutting edge.

Window Screens

It is well to remember that sixteen mesh is the best size screening to use for the windows and doors. This mesh will keep out the smaller insects, as well as flies and mosquitoes.

The Straw Hat

You can renew the gloss on your black or colored straw hat by rubbing over it lightly several times with a cloth dipped in alcohol.

Better English

D. C. Williams

1. What is wrong with this sentence? "We walked over the bridge."

2. What is the correct pronunciation of "philanthropic"?

3. Which one of these words is misspelled? Elaborateness, eloquent, elastically.

4. What does the word "docile" mean?

5. What is a word beginning with st that means "to spur on"?

ANSWERS

1. Say, "He walked across the bridge." 2. Pronounce fil-an-throp-ik, both 's as in it, a as in an un-stressed, o as in on, accent on third syllable. 3. Elasticity. 4. Disposed to be taught; easy to manage. (Pronounce the o as in of.) 5. A docile disposition will, with application, surmount every difficulty. —Manlius. 5. Stimulate.

How Can I!!!

By Anne Ashley

Q. How can I remove scorched spots from woolen fabrics?
A. This is difficult to do because even slight scorching on wool weakens the fibers. Try wetting the scorched spots immediately with glycerine and letting it remain about a half-hour before washing. If fabric is not washable, rub lightly with a piece of white flannel wrung very dry out of cold water and slightly moistened with glycerine.

Q. How can I make a key turn more easily in a door lock?
A. Try dipping the key in oil, then lock and unlock the door a few times. It will soon turn smoothly. The same treatment can be given to an obstinate bolt.

Q. How can I whiten the skin?
A. An application of equal parts of rose water and lemon juice acts as a skin whitener.

Modern Etiquette

By Roberta Leo

Q. Shouldn't a business woman who signs her name "Marilyn Jones" place "Mrs." or "Miss" in front of her name?

A. Yes, in parentheses. Otherwise, the person who answers the letter is unable to determine whether to address it to Mrs. or Miss.

Q. What monogram should a bride-to-be put on her linen and flat silver?

A. She should use the initials of her maiden name, as the linen and silver are her property, and do not belong to her husband.

Q. Which is the correct way to hold a cocktail glass or wineglass by the bowl or by the stem?

A. The glass should be held by the stem.

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A QUICK MEAL!

Delicious and Nutritious—You'll want Van Camp's often!

Needlecrafts FOR THE HOME

DOUBLE PEPLUM DRESS

Here's a cap sleeved charm that's both fashionable and flattering . . . with dramatic double peplums that fall over the new narrowed skirt. It's just the type of dress everyone is wearing in new Spring prints!

No. 2355 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32 and 34. Size 36 requires 4 1/2 yards 39-inch.

Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address Pattern Department, The Charlotte-Town Guardian, Pattern No. 2355