

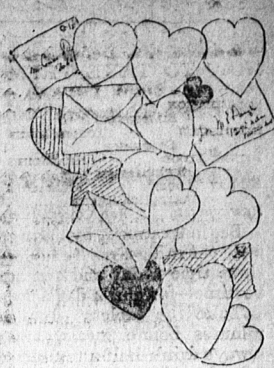
# VALENTINE DAY PARTIES



J. Valentines Postman



The Queen of Hearts



For refreshments are served sandwiches cut heart-shaped, angel food cake, cookies baked in heart-shaped tins and other appropriate delicacies. Presumably there is a fancy cake with pink and white frosting which is announced to contain a ring. Each guest is allowed to cut his or her own slice from this cake and the finder of the ring, it is prophesied, will be the first to be married. Music is almost invariably a feature of the valentine party and usually the choice falls on love songs such as "Because I Love You So," "Annie Laurie," "Love's Old Sweet Song" and "Coming Through the Rye."

A lately invented pastime for valentine evening is a "heart hunt." For this quest 200 or 300 tiny hearts are hidden in all parts of the rooms where the hunt is to be held, some of the hearts being broken and the parts concealed in different places. The hunt continues for a specified length of time and at the expiration of this interval prizes are awarded to the guests who have captured the greatest number of the elusive emblems of the day.

For the benefit of persons arranging valentine parties there may be appended on the invitations the supposed significance of several of the emblems extensively used on such occasions: An arrow, a wounded heart; a dove, a meek spouse; Cupid, too many lovers; hymeneal torch, thrice married; altar, you will wed your choice; pierced hearts, a broken engagement; and clasped hands, you will wed this year.

### DEAD SICK OF ASTHMA?

You couldn't be otherwise with such a distressing malady. Well, for one dollar spent on "Catarhozone" you can be thoroughly cured. Foolish to delay, because asthma steadily grows worse. Get Catarhozone to-day and cure yourself. It's pleasant to use, very simple, and guaranteed. Prescribed by thousands of doctors - certainly Catarhozone must be good; it hasn't failed yet, no matter how chronic the case.

By Waldon Fawcett.

A prosaic world is wont to declare that the observance of Valentine's Day is suffering rapid decadence, but, as a matter of fact, it is merely that the form of celebration of St. Valentine's festival is undergoing a change. The old-fashioned plan of exchanging sentimental greetings on this special holiday to lovers is, perhaps, passing in so far as grownups are concerned, but only to be supplanted by a new source of merriment not unmingled with sentiment, namely, the Valentine Day party. Assuredly there is no other occasion during the year that lends itself so readily to the quaint con-

**Asthma.**  
You've tried almost everything for it, haven't you? And we presume you are about discouraged. Now what do you think of our idea of breathing-in the medicine, bringing it right up to the diseased part? It looks reasonable, doesn't it? And it's successful too.

When you inhale Vapo-Cresolene your breathing becomes easy, the wheezing ceases, and you drop to sleep. For croup and whooping-cough it's a quick cure.

Vapo-Cresolene is sold by druggists, or sent express prepaid on receipt of price. A Vapo-Cresolene outfit, including a bottle of Cresolene, complete in life, sent for five illustrated booklets. L. S. GARDNER, 1125 St. James St., Montreal.

**COUGH NO MORE**  
**SPRUCINE**  
THE REMEDY OF THE DAY  
A definite preparation of Spruce Gum, Wild Cherry, Hoarhound and Tar.  
Scientifically combined in the form of agreeable and palatable Syrup.  
One of the most reliable preparations yet introduced to the public for the immediate Relief and Cure of Coughs, Colds, Bronchitis, Hoarseness, Whooping Cough, Croup, Asthma, and all diseases of the Throat and Lungs.  
Taken with Cod Liver Oil in the first stages of Consumption, it will be found invaluable.  
For sale everywhere. Price 25 cts. or by mail on receipt of price.  
Sole proprietors, THE WISNAP & GREAT-CAI CO., Limited, Montreal, Canada.  
MCGALE'S BUTTERNUT PILLS FOR YOUR LIVER AND BOWELS.

vents of the hostess ambitious to entertain in a novel way. The popularity of Valentine Day as an occasion for fancy dress frolics is doubtless due in great measure to the wide range of appropriate costumes suggested by the occasion itself. The guests are sometimes invited to come as "characters of romance," or to personate the famous lovers and sweethearts of history, such as John Alden and Priscilla, Evangeline and Gabriel, Romeo and Juliet, etc. More frequently however the costuming is left wholly to the ingenuity of the wearers, and thus we may find among the fair guests cupids, queens of hearts, "modern St. Valentines" in the guise of post-girls and other portrayals equally suggestive of tender sentiment.

The decorations for a valentine party are obviously an important consideration. Rose color and white should be the predominating hues, and even the lamps and gas jets should be equipped with shades of pink crepe paper or silk in order that they may induce a subdued illumination as is befitting so sentimental an occasion. Although not universally known, mistletoe is almost as appropriate an adjunct on Valentine Day as it is on Christmas. Preferably it should be placed on a chandelier or in a doorway in such manner that it will not be readily noticed save by sharp eyes. Often the mistletoe is intertwined with a bow and arrow or a little plaster cupid.

The invitations for a valentine party afford an excellent opportunity for the exercise of ingenuity. In many instances the cards of invitation are adorned with water color representations of hearts or Cupid's bow and arrow and some valentine hostesses have sent through the mails to their prospective guests heart-shaped pieces of cardboard with the in-

itation penned on the face of each in a novel way. The present day fad for the souvenir postal card has also provided another medium for summoning St. Valentine's subjects.

The true traditional ceremony of St. Valentine's Day was the drawing of a sort of lottery, to be followed by ceremonies not unlike what is generally called the game of forfeits, and some modification of this old English pastime is a feature of many present day valentine gatherings.

The origin of the time-honored Valentine Day games is veiled in obscurity. It is certain that St. Valentine who was a martyred Roman priest of the third century, had nothing to do with the matter, yet in old Rome on Valentine Day the names of the young women were placed in a box, from which they were drawn by the men as chance directed. Another observance that has been handed down from time immemorial and is religiously followed by many twentieth century American girls is that of ascertaining fate's decree from still waters. Each young lady writes on bits of paper the names of all the young men of her acquaintance and after all the slips of paper have been rolled in clay they are simultaneously dropped into a tub or tank of water and the first name to rise to the surface is, according to this mysterious verdict, declared to be the lady's valentine.

Birds are supposed to choose their mates on St. Valentine's Day and ghosts are thought to walk on the night of this day, which latter belief serves as the foundation for the introduction of many weird games in which graceful figures wrapped in sheets are supposed to learn, by aid of magic art, the true sentiments of the awed and mystified masculine

guests. A heart contest, after the fashion of a donkey party, is a popular Valentine Day diversion. A large heart is cut out of turkey-red calico and sewed on a sheet. In the center of the heart is fastened a small heart, cut from white calico or other cloth. Each guest is provided with a cardboard arrow with a pin in it. As each one takes his turn he is blindfolded, turned around several times, in order that he may be confused as to locations and then left to put his arrow in the white heart if he can. He must pin his arrow at the point where he first touches the sheet and is not allowed to feel his way to the goal. After all the guests have tried their skill, a prize is awarded to the one whose arrow is nearest the center of the white heart, while a consolation prize is bestowed upon the poorest marksman.

Target shooting may be made a most enjoyable feature of a Valentine amusement program if the Valentine party is held at a residence where there is a long hall, an attic or other apartment of sufficient size for such archery practice. The targets for this sport are very similar to ordinary targets, save that instead of circles there are hearts, each of a different color, and placed one within another, with gradual reductions in size as the center of the target is approached. The bows and arrows are tied with bits of ribbons of corresponding colors. The young women choose the arrows and the young men select the bows. Partners for the shooting-match are those whose colors are in accord.

The person in charge of this Valentine archery has couplets for each color, which are read on each trial of skill, the couplet to be read being determined, of course, by the color of the section of the target to which an arrow has sped.



A Valentine Hostess

These couplets include the following:

"If your arrow hits the white, Watch! Your lover comes tonight."

"If your arrow hits the blue, The one you love will prove true."

"Wealth and pleasure and yellow gold, But no true love does this heart hold."

"If your arrow hits the red, You, I fear, will never wed."

"If your arrow hits the black, Something good your love doth lack!"

At the conclusion of the contest prizes are distributed to the winners and, besides.

Partners for refreshments may be apportioned by the distribution of pieces of pasteboard hearts each of different size and shape; the pairing off of the guests being in accordance with the matching or mending of the shattered hearts.

### VALUABLE ADVICE TO MOTHERS

If your child comes in from play coughing or showing evidences of Grippe, Sore Throat, or sickness of any kind, get out your bottle of Nerviline. Rub the chest and neck with Nerviline, and give internal doses of ten drops of Nerviline in sweetened water every two hours. This will prevent any serious trouble. No liniment or pain reliever equals Poison's Nerviline, which has been the great family remedy in Canada for the past fifty years. Try a 25c bottle of Nerviline.

Vote for Paton for Mayor. 14d ii