

Woman's Realm :- Social and Personal :- Fashions :- Literature

FOR THE WOMAN READER

THE RAMBLER'S PRAYER

Lord God, from whom all life
And all true gladness springs,
Whose love and care shines every-
where
Among Earth's common things,
Be present while we lift
Our songs to Thee and pray
Heart gratitude for all things
good.

—Dr. E. A. Burroughs.

HOME

Surely there is naught sweeter
than a man's own country and his
parents: even though he dwell far
off in a rich home, in a strange
land, away from them that begat
him.

—Homer's Odyssey.

HOUSEHOLD HINTS

To remove fresh fruit stains
from dresses, aprons, napkins, ta-
blecloths, put the material over a
bowl and pour boiling water over
the spots, holding the kettle high.

If your salt will not shake freely
on a damp day, a little rice or corn-
starch mixed in the salt will elimi-
nate this particular difficulty.

Yellow turnips, peas and carrots
taste better if sugar is added to
them while cooking.

Soak salt fish in sour milk and
delicate flavor will be brought out.

A pinch of soda placed in spinach
while it is cooking will preserve its
color.

When baking a pie shell without
anything inside, be sure to prick it
well with a fork so that it has air
holes in it. Otherwise, it will shrink
and crack.

SPINACH WITH EGGS

After boiling spinach in the us-
ual way, drain it thoroughly, chop
it coarsely, and put in a pan with
a little hot butter. Add a handful
of stoned raisins and a few nuts.
Season with salt, pepper and a lit-
tle sugar. Cook for 10 minutes, stir-
ring well; put it on a hot dish and
garnish with hard boiled eggs, cut
in half, and dice of fried bread.

OLD CLOCK TREASURED

Many a home has an antique
clock and so has the Royal Observa-
tory in London, points out the
Jackson Citizen-Patriot. This London
clock is the marine type and
goes back to 1735. John Harrison,
a Yorkshire carpenter, made it and
got a reward from the Government
for so doing.

This clock had not been working
since 1767. Recently observatory of-
ficials remembered it. Tenderly
they conveyed the venerable relic

to an airtight case and it became a
display. It was started after its long
rest and was declared to be as good
a clock as when it saw better days.

BRITISH PUPILS TO LEARN TELEPHONE USAGE

Pupils in certain selected schools
in England are to be taught to use
the telephone, according to an an-
nouncement made by Sir Kingsley
Wood, British Postmaster General,
in the course of an address at a
meeting of the Publicity Club of
London. Sir Kingsley said his de-
partment, with the co-operation of
the Board of Education, was about
to make an attempt to interest and
instruct the rising generation. They
plan making loans of model tele-
phone sets for demonstration pur-
poses to certain schools in order that
young people might learn the cor-
rect methods of using a telephone
and might educate their parents in
the advantages of one of the most
wonderful inventions of our time.
Films depicting the telephone ser-
vice would shortly also be under-
taken.

Commenting upon the beginning
last year of a nation-wide publicity
campaign by the Postoffice to de-
velop the telephone service, Sir
Kingsley Wood said that in a year
in which world telephone had de-
creased by some 2,000,000, Great
Britain had obtained a net gain of
65,577 telephones. Another prom-
ising and significant result of their
telephone publicity campaign was
the number of people in walks of
life not hitherto attracted to the
telephone who were now becoming
subscribers.

CUCUMBER SOUP IS EASY TO MAKE

Take a cucumber—an average
sized one would make soup for four
to five people—cut it in thin slices
and toss these in butter for two
or three minutes. Treat in the same
manner two small onions cut finely.

Put both vegetables together in
a pan and pour in clear soup or
plain boiling water if you want to
be economical or to have a "mai-
gre" soup, allowing as usual for re-
duction. Season with salt, pepper,
very little nutmeg and a pinch of
cayenne pepper. Bring to the boil
and let it simmer for half an hour.
At the last minute add two yolks
of egg diluted in a little cream.
Serve soup with croutons.

YOUR ANKLES

If you have thick ankles, don't
give up the ship!
Go to the art gallery and gaze at
some of the ancient Greek beauties
—and take heart.
If your ankles swell when you
are tired, that's a different matter.
It may be due to any number of

Dorothy Dix's Letter Box

Dateless Girl Should Find Her Own Niche In World; Might Go To Work Says Writer— Lots of Big Fish Swim Around in Business Offices Today.



Dear Miss Dix—I am one of those dateless girls and as so resigned to the situation that I wouldn't bother about it if it wasn't for my family. They have insisted upon my becoming a society debutante at which I am an utter misfit. I hate the social whirl. I don't speak the language of the girls whom I am thrown with and I can't enter into their conversation. I haven't the money to buy their interest by giving splendid entertainments. I wasn't cut out to be the life of the party, yet I am I am expected to keep up a gay, witty and amusing conversation to amuse the man with whom I happen to be. Partners don't ask me to dance with them and when I rebel against all this my family say that I am silly and what a fine wholesome girl I am and, of course, people like me and admire me. What am I to do? E. T.

Answer:
I don't think there is any more pathetic figure than the girl whose family try to force her into being a butterfly when she has none of the attributes of the butterfly and never feels at home in the rarified atmosphere in which they thrust her.

Perhaps mother was a belle in her day and she looks forward to living over her triumphs in poor little plain Mary Ann, who is shy and retiring with never a word to say for herself and who has no more sex appeal than a plate of oatmeal.

So she buys Mary Ann all sorts of pretty fluffy clothes that never for an instant disguise her Mary Ann-ness. And she makes Mary Ann go to every party to which she is invited, where she sits around on the sidelines suffering agonies of embarrassment and mortification because nobody ever dances with her except the unwilling youths whom a hostess drags up to her wearing the expressions of lambs being led to the slaughter.

And Mary Ann is a social flop and mother reproaches her with it and wonders why the boys never pay her any attention and why she doesn't get married.

It is a cruel and inhuman punishment for any woman to force her daughter to go "out in society," as the phrase goes, unless she wants to. Moreover, it is of no use, because unless the Lord gave a girl dancing feet no man is going to cut in on her, and unless Nature supplied her with IT she can't manufacture it for herself.

Far wiser and kinder to let the girl find her own niche in the world. Let her go with the people who are congenial to her. Let her do the things she wants to do.

My advice to any girl who finds herself a misfit in society is to go to work. Get a job. Interest herself in that, and for her comfort—and also for her mother's consolation—let her remember that a lot of the biggest fish swim around in business offices and rise to the bait of an intelligent quiet girl after they have fought shy of a dazzling, painted, vivacious one.

DOROTHY DIX.

different slight bodily ailments and only your physician can analyze just what is the matter.

I am speaking to the many women and girls who spend their time pinning because they haven't tapering ankles. Generally speaking no girl ever failed to get her man just because of ankles that weren't graceful. If she did, it was only because she let her ankles get her spirits down. That is what no girl should do.

There are many things you can do to improve what you may think a lack of beauty in your ankles. First, don't wear too tight stockings, they increase the size of your legs. Second, and more important, learn to walk with such a graceful enviable liltness and lilt that everybody will envy you.

Dancers often have large legs. Learn a lesson from their unconcern. They know that the size, shape and length of their legs is never noticed. It is the whole picture they create that is beautiful, the way they move, the way they use their feet and legs. There's a lesson in them for you.

WOMAN HEADS GANG OF ROBBERS IN JUGOSLAVIA

Police who rounded up a gang of thieves who had terrorized the whole of the Teslic district of Bosnia Jugoslavia had a big surprise.

They found the leader of the gang was a 30-year old woman, Hafiza Hasanitch.

Hafiza, who was the most capable and active member of the band, used to spy out the land and enter, by various excuses, the harem quarters of rich Moslem houses.

When she had discovered an easy way of entrance and the place where the jewels of the women were kept, she would collect her band, change into men's attire, and lead them to the spoils.

When caught Hafiza was wearing a suit of rough male clothes, but underneath these she had a 300 pound necklace of pearls, taken from the house of a wealthy Moslem.

She has now been sentenced to six months' imprisonment.

DIFFERENT STANDARDS OF BRAINS

It is an unfortunate thing that the ability to get along well in school is taken as a criterion of brains. There is a girl who went through public school at the tail

end of her class, and it was always a struggle to get from one class to the next. Unfortunately, her companions were all much brighter and made her feel rather inferior. This year she is going to Technical school, and is enjoying her work so much that she has far more pleasure out of it than her friends will ever get out of their collegiate studies. She does her work well and is so reliable that her teachers are piling up all sorts of odds and ends of work for her. She helps all over the building and gets a great kick out of doing it.

The other day the handle of the coffee pot broke and later on her mother asked what could be done about it. The man of the house said they would have to buy a new one as it could not be fixed. Much to their surprise the young daughter told them that it was already fixed. She had done it that morning. It was a difficult piece of repair work, but she had done it perfectly. Yet her friends still consider her dull even though she can do things that they could not begin to do. Who is to say who is the clever child?

BISCUIT OUTPUT

OTTAWA, June 22—The output of the biscuit, confectionery, cocoa, and chocolate industry was valued at \$36,782,098 in 1932, according to the Dominion Bureau of Statistics. The main products of this industry were chocolate confectionery, \$10,457,102; sugar confectionery, \$7,014,086; biscuits plain and fancy \$7,729,890 and soda biscuits \$2,840,287.

SCHOOL FOR DEAF

SASKATOON, June 22—A class room for the School for the Deaf here is fitted with equipment enabling children to hear the voice of their teacher and even their own voices, previously inaudible to them. It is a microphone hook-up making use of light and sound waves designed by Sigurd Sands of this city. The microphone is fitted with an amplifier and pupils wear headphones.

PUTTING ON WHITE AIRS

As the colored doorman ran down to open the limousine door, he tripped and rolled down the last four steps.

"For heaven's sake, be careful," cried the club manager. "They'll think you're a member."—Wall Street Journal.

Spread on bread, all boys and girls love Barbour's peanut butter

Ask your Grocer

GARDENING

Plants for window boxes must be carefully selected as some like sunshine and others like shade.

For the sunny box, nothing is finer than petunias.

The Balcony strain has made rapid progress and now has a finer color range, the intense blue or purple type being a favorite because of its velvety texture. These are admirable plants, because of their long stems, which droop gracefully from the boxes.

Tall nasturtiums, to make long festoons of color, are excellent material for the sunny box.

The dwarf, compact types of salvia will furnish brilliant scarlet all summer, and sweet alyssum will make a mist of white to droop over the edge.

Dwarf and half dwarf snapdragons have been used with excellent effect as window plants, furnishing brilliant spikes all season.

FRAGRANT BLOOMS

For fragrance nothing can displace the purple clusters of the heliotrope, easily raised from seed and always available in plants.

A plant or two of the night-scented stock in a corner of a porch box will prove a delight on summer evenings.

It has no claims to beauty and looks like a bedraggled weed during the day, but at night it picks up and has tiny flowers of a powerful spicy scent.

There are few annuals that will flourish in shady window boxes. For brilliant colors the fancy leaved caladiums have proved one of the most satisfactory and brilliant subjects with tuberous begonias to add their huge and brilliant blooms.

Both these must be purchased as bulbs, but they solve the problem of color in the shady window box, which proves a problem as most of the annuals demand sun to give a good crop of bloom.

TRAILING VINES

For vines the trailing vinca, wandering Jew, and English ivy hold the place of favoritism.

A handsome annual vine to trail from the window box and furnish handsome buff flowers is the thumbergia. It will stand shade well.

When transplanting seedling, use a measuring stick. Follow the directions for spacing on seed packets carefully.

It will pay as you will get more from your plants than if you crowd them and prevent proper growth.

Select a cloudy day if possible. Trim off half the leaves to balance the root system which his bound to be disturbed and shortened in moving. This prevents wilting.

Pour a little water in the hole before you set the plant. After the soil has been filled in, soak it thoroughly and shade the seedlings for a few days.

COFFEE BURNING URGED

SAO PAULO, Brazil, June 21—The Sao Paulo State Coffee Institute urged the Government today to sanction the burning quickly of nearly 6,000,000 sacks of retained coffee to provide space in warehouses for the new crop in July. A 20,000,000 sack crop is expected. Brazil already has destroyed more than 16,000,000 sacks in two years

THE COOK'S CORNER

STRAWBERRY ICEBOX CAKE

2 cups sugar
½ pint heavy cream
¼ pound lady fingers
1 quart strawberries

Beat cream stiff, crush strawberries with sugar and fold into beaten cream.

Put layer of cake in a mold, follow with fruit and cream, and make alternate layers until the mold is filled.

Place in icebox for three or four hours—turn out and serve in slices. A few strawberries may be served for garnish.

This recipe serves six, and requires about fifteen minutes mixing time. Slices of sponge cake or vanilla wafers may be used in place of the lady fingers.

SLICE BERRIES ON CREAM PIE TOP

The fresh flavor of strawberries is a dainty addition to old-fashioned cream pie that makes it an extremely popular dessert when topped with whipped cream. Just before time to serve put the cream filling in the baked pie shell, cover with halved berries and spread with sweetened whipped cream.

A Morning Smile

THE JOB WAS DONE

A grammar school student was set a question in an examination paper—"If twenty men reap a field in eight hours, how long will it take fifteen men to reap the same field?" The student thought long and carefully before writing the answer, and when he handed in his paper this is what the examiner read: "The field, having been reaped by the twenty men, could not be reaped by the fifteen!"

Most golfers are more or less prone to spinning funny stories about their favorite game, and the Prince of Wales is no exception to the rule.

One that he was overheard telling to a friend on the Coombe Hill golf course recently concerned a certain caddy who, although ordinarily his speech was quite normal, used to stammer badly when excited or surprised.

One day he was carrying for a well-known player who, on arriving at the seventh hole—a particularly difficult one—remarked:

"I did this in three the other day."

"What?" ejaculated the caddy.

"Well, sir, all I can say is that you are a 1-1-1-1—"

"Steady, boy, steady!" interrupted the player reprovingly.

"You're a 1-1-lucky man, sir," concluded the stammering caddy.

COLD BATHS

Have you a fear complex about an exhilarating cold bath in the morning?

Have you ever really tried them, for a week, straight running? The first three are the hardest, but the rest are almost inevitable. For you get to feeling you need that brisk pick-me-up as much as you do your morning coffee, to get started right.

Now I do know there are some women, women with weak hearts, who would never try a cold shower. But there are a lot who should, and don't. More's the pity.

If you have tried a cold shower and it doesn't work, to your way of thinking, try this. After a tepid shower, take a whole handful of kitchen salt, and give yourself a rub with it, quickly, an all-over rub. Then briskly rub yourself dry. This stimulates circulation and gets you in good form to start the day right.

Too many women use their baths just for relaxation. A very hot bath mornings is enervating. You don't need relaxing after a night's sleep. You need awakening. That is where the cold shower is perfect.

You don't have to stay under long. Just a once over will do the trick.

For women whose flesh is soft and whose face's contour is no longer quite as clear cut as it formerly was, this cold shower daily does something to make the flesh firm. Moreover, as a prevention of colds, any doctor will tell you its real value.

Bobby—Mamma, what is a "Second-Story Man"?

Mrs. Joe Bungstarter—Your father's one. If I don't believe his first story he always has another one read.



Fine for a late snack

ALONG about bedtime when you begin to feel a little hungry, enjoy a bowl of Kellogg's Corn Flakes and milk or cream. It's just the treat. Easy to digest. Invites restful sleep. How much better than heavy, hard-to-digest foods.

Serve Kellogg's for the children's supper—and of course for breakfast or lunch. Made by Kellogg in London, Ont.



Kellogg's for flavor

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON

Here's the most popular slip of the season.

And easy to make—well, I guess! Practically only two parts to the pattern.

It is pressed into inverted plaits at the side to allow perfect freedom without detracting from its straight unbroken line.

It may be made in ankle or street length.

Style No. 797 is designed for sizes 14, 16, 18, 20 years, 36, 38, 40, 42 and 44 inches bust.

Size 36 requires 2½ yards of 36-inch material.

The original was white chalky crepe silk exquisitely soft and beautiful, untrimmed.

Flesh-pink crepe silk trimmed with Alencon lace is lovely too.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 797. Size
Name
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Twelve of the largest pumps in the world, each having a capacity of 60,000 cubic feet of water a minute, have been installed at New Orleans to drain storm water from the city.

French farmers have found that using solutions of sulphuric acid of strengths varying from eight to 14 per cent. kills weeds and overcomes



smut in their wheat fields and seems to benefit the soil.

POISE and SMARTNESS.. An Intriguing Combination



You feel so very smartly modern in Wilkie's Glove-Phit Shoes... yet you lose nothing of that sense of comfort, grace and poise so much desired and so rarely found in footwear.

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Let us show you the proper Wilkie's Glove-Phit Shoe for your foot. Try it on. You will like the comfort which even a first wearing brings.

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PURDIE—FERGUSON
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SUNNYSIDE

Another EAGLE BRAND Prize Winner!

"YOUR Eagle Brand Milk is a wonderful food for babies", writes Mrs. F. J. Hellyer, 96 Cedar St., Brockville, Ontario. "I have 7 children and have brought six of them up on your milk. The seventh is 2 months old, and we have just started him on Eagle Brand, and I am sure from my past experience that he will do well. "I am sending you a photograph of one of our little girls, who is now aged 4 years. When she was 8 months old she won first prize at the Brockville Fair for the healthiest baby in her class, and I attribute her health today to Eagle Brand and confidently recommend it to any mother."

If you are unable to nurse your own baby, follow the advice of hundreds of thousands of mothers and try Eagle Brand. The coupon below will bring you full informative literature.



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