

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

THE PILLOW

This is the pillow where the baby's head followed a little place. And I divine the hollow brings with dreams. I smooth the bed and what crowding dreams are mine!

TABLOID

Instead of uncovering your kettle of boiled potatoes to let the steam escape, put a cheesecloth over the potatoes. The cloth will absorb the steam and get the potatoes will stay hot.

TO PAN A BEEFSTEAK

When there are no conveniences for broiling (and we never fry a steak). Heat an iron pan very hot, put in the steak. Turn it over from side to side over a very hot fire for fifteen minutes. The steak should be about 3/4 inch in thickness. Serve on a hot plate, seasoned the same as broiled steak. If melted fat collects in pan pour it off.

NEW MOUSTACHE FOR GENTLEMEN

Here is a "tip" for gentlemen who may happen to look this fashion road, or for wives who like their husbands to be fashion models. The "guards-an's moustache" is height of style. It is a fairly narrow affair with a wide parting in the middle and with a curl at the ends, but the curl is smartest when combed out instead of in a hard swirl.

JUST LEMON JUICE.

Lemon juice with olive oil is preferred by some to vinegar for facial dressing. The juice of lemons allays irritation caused by insect bites.

A refreshing drink is made by adding a freshly beaten egg to lemonade, and the same mixture, when frozen makes a delicious ice. If when boiling sage or rice, a teaspoonful of lemon juice is added, the kernels will be whiter and of a more delicate flavor.

CHEESE CRUMBS.

Pressing moist cheese through a coarse sieve is often more convenient and quicker than grating dried cheese, if a moist cheese is satisfactory for the purpose.

PARAFFIN PROTECTION.

Proving the wear of your garbage container by pouring melted paraffin over the inner surface. Tip and tilt to coat the entire surface, then pour out the extra paraffin.

COLD METAL MOIRE.

Nothing is more recherche than to have one's grandest evening outfit made with a shirt-waist dress smack. One of the season's most magnificent creations has been an evening suit of gold metal moire, the bodice buttoned to the neck, believe it or not.

SHELL "JEWELS"

The very latest novelty in the

"Jewelry" line is a brooch, which may be used also as a hat ornament, made of mother of pearl in the shape of an oyster shell in the centre glistens a tiny pearl. Other shells have been used as models for ornaments, too. A colorful and unusual choice would be a sea snail in lovely sea green shades.

BLACK HOSIERY

Keep a lookout for black hosiery this fall. That is the very newest word from Paris. It has been many seasons since black stockings have been seen, and their return is being heralded by smart women.

It is expected that they will be worn only for evening wear, as they must be the sheerest of the sheer to really be smart. And they must be of the ringless variety. For ringless stockings tend to look very much lighter with the leg showing through with such clarity. With glowing autumn dress colors, and an intense black shoe, the sheer black stocking will look extremely smart. For these women who hesitate to sponsor so new a departure, there are many stockings in dark tones that just escape being a true black.

SOME FACIAL LINES ARE BEAUTY WRINKLES

Lines and wrinkles! At the mere mention of them the average woman looks horrified. It she hasn't any, she worries about how soon they will develop. If she already has acquired a few, she frets about ways to eliminate them. And each hour she spends thinking about them lays the foundation for another line somewhere on her face.

Obviously, then, one good way to avoid unattractive lines is to keep in a pleasant frame of mind. We say unattractive and mean just that. There are lovely expression lines, too.

There is a woman who has lines around her mouth, tiny ones streaking outward from the corners of her laughing eyes and several across her forehead. Yet she is one of the most attractive persons you could meet. Her face is alive with enthusiasm and joy of living.

Here has not been an easy life. She has had troubles of all kinds and responsibilities that would have chilled almost anyone. Her experiences have left their mark on her face of course, but when you look at her, you know full well that each experience has made her a kinder, more tolerant, even a greater person. And the lines only serve to point up the fact.

Remember that the lines in your face show what you are. They're ugly if the person beneath is petty vindictive, intolerant and jealous of the happiness of others. They're beautiful on a woman who has kept on smiling when things went wrong and done unto others as she'd be done by. Lines in themselves shouldn't worry anyone. It's the kind they are that counts.

BUTTON UP YOUR NECK.

"Button up your neck," mother used to say when one started off to school. The same expression is going to be heard this winter. All the dresses and all the coats seem to button up to the neck somehow.

Dorothy Dix's Letter Box

"Any Man to Get Married" is a Dangerous Rule to Follow, Dorothy Dix Warns Hasty Maid; Is Young Mother Selfish to Want a Little Fun?

Dear Miss Dix—I am 26 years old and desperately unhappy over the fact that I am not married. I am a graduate of one of our leading boarding schools, a finishing school, and am now holding a very good business position. I am not unattractive, yet when it comes right down to facts I have had only two pretty impossible proposals of marriage, and a few men, already married, who have been attracted by me. My family seem uninterested and unconcerned about the situation, but I feel as though I must do something about it, and do it soon. I enjoy my work fairly well, but I know I would find real happiness in my own home with a man whom I could trust and like reasonably well (if not love him) and children of my own. Can you help me? ANN.

Answer: It seems to me that you are unduly pessimistic about your matrimonial prospects, and that you might reasonably give yourself more time before you get into a panic about not being married. After all, 26 is still young in these days when people marry later in life than they did in our grandmothers' day, and no doubt if you will just continue watchful waiting Mr. Right will come along before long.

Your danger is not so much in not getting married at all as it is in marrying the wrong man and spending the balance of your life in regretting it. Plenty of women wreck their lives by making that mistake. They see their girl friends getting married and setting up homes and having babies, and they are seized with an unreasoning terror about being passed over and becoming old maids, and while they are in this blue funk they will jump at the first man who pops the question to them and marry him, no matter how unsuitable he is.

All of us know plenty of cases where a woman has given up a fine position with a fat salary to marry an impecunious widower with a house full of children for whom she had to wash and cook and slave. We know cultivated and highly educated women who have married ignorant men who had never read anything but the stock-market report and the sporting page and the comic strip in the newspapers in all their lives. We know women who have married drunkards and ne'er-do-wells that they had to fish out of the gutter and work to support. And we wondered that these otherwise intelligent women should have made these matrimonial blunders.

The explanation is that they were all women who just married to be a-marrying. They were in your frame of mind. They wanted husband and home and children on any terms, and they made bargains that bankrupted them in happiness.

For just liking a man reasonably well, as you put it, isn't enough to marry on. It takes love and lots of it to make marriage endurable. And just having a house with the wrong man in it with you won't insure you a happy home. A home can be purgatory as well as Paradise. And even children, if they have a father for whom you have no affection, are not always a compensation for all the sacrifices you must make for them. Children are not always a crown of glory. Very often they are a heart-break and a shame and a disgrace.

I wish that I could give you some sure method of getting a husband, since you are so determined to have one. Perhaps the best advice that I can offer is the rule of the Canadian Mounted Police, who always get their man, and that is: Never give up the pursuit. Fix on your man and track him down. Ply him with attentions. Flatter up to him. Flatter him. Cojole him. Interest yourself in what interests him. Let him see that you admire him above all other men. Nine men out of ten will succumb to these tactics if persisted in. Of course, men like to think they are the pursuers and women the pursued, but the woman who is determined to marry a man nearly always gets him.

When a girl finds out that she is a wallflower in her own home town, she should have gumption enough to move on to fresh fields and new pastures. Familiarity dulls men's perception and appreciation of the charms and graces of a girl they have known all of their lives so that they no longer notice how good-looking she is, nor how attractive. Many a girl who never has a date at home is a perfect wow abroad. That is why so many girls marry strangers.

Of course, a girl's family are derelict in their duty if they do not help her in her husband hunt, and this they can do by making the home pleasant and attractive to young people. It is just as much a mother's duty to assist her daughter in making a good marriage as it is to launch her in any other career.

Dear Miss Dix—I am a young woman 22 years old. Have been happily married for nearly two years to a wonderful husband and am the proud mother of a 5-month-old daughter. I do not wish to complain, but the baby has arrived my life is growing less interesting day by day, and I am becoming dull and peevish. My whole time is occupied with washing, mending, darning, taking care of the baby. The baby is on a schedule and goes to sleep at 6:30, but my husband refuses to take me out once in a while. He thinks no one else can watch over the baby but us. I am disgusted and spend many a morning in tears as I see my husband leave for work and interesting sights and conversation, while I must spend

Advertisement for Fry's Cocoa and Chocolate. Includes images of Fry's Hot Chocolate, Fry's Pure Breakfast Cocoa, and Fry's Unsweetened Cooking Chocolate. Text: 'FREE WITH FRY'S These Fry products contain Coupons good for 1/4 lb. CADBURY BLOCKS'

Advertisement for Fry's products. Text: 'FRY'S COCOA—made with the experience of 200 years, Fry's has earned the complete confidence of Doctors and Parents because of its digestibility and food value. Children love it because of its chocolaty flavour. Always insist on Fry's. 1-lb. tin contains 4 coupons. 1/2-lb. tin contains 2 coupons. 1/4-lb. tin contains 1 coupon. FRY'S HOT CHOCOLATE, —a new Fry product. Extremely appetizing and very convenient. Requires only the addition of boiling water to serve a creamy satisfying drink—without adding any milk or sugar. 1-lb. tin contains 4 coupons. FRY'S Unsweetened Cooking Chocolate —is now a popular favourite. It is packed in eight separate one-ounce squares for accurate measurement and convenient use. To improve the taste and appearance of your cake, use Fry's. 1/2-lb. carton contains 2 coupons. NEW RECIPE BOOKLET—favourite recipes for cocoa and chocolate prepared by Mary Moore sent on request. FRY-CADBURY LTD., MONTREAL'

my time within a four-room apartment. Am I being selfish in wanting to get away from the routine of housework and baby-tending once in a while? Answer: You are not being selfish. You are simply being rational in trying to save yourself from becoming a nervous wreck. For that is what will happen to you if you don't have something to break the monotony of your life, some change and diversion that would give you something new to think about. "All work and no play makes Jack a dull boy," says the old proverb, but all work and play makes Jane a dull, fretful, peevish, nagging woman. So if your husband knows what is good for him he will make it a rule to step out with you one or two evenings every week just as a matter of self-protection, even if he isn't interested in keeping you happy and contented. He forgets that you are only a girl with a girl's natural longing for good times and gaiety, and that you crave to see the bright lights and people who are laughing and jolly and having good times. No matter how much a woman loves her home, she gets tired of being shut up in it all the time. No matter how fond she is of her children, she gets fed up on them, and she wants to do something livelier than fixing bottles, and talk about something more interesting than stewing spinach in its own juice and the relative merits of different feeding formulas. Men seem to have the idea that the more a woman stays at home and the more she never takes her eye off her baby, the better housekeeper and mother she is, but the reverse is the truth. The more variety she has in her life, the more fitted she is to grapple with her home problems because she comes to them refreshed and stimulated by her little contacts with the world. If a man wants a good wife, he must keep her happy and contented, and he can do this only by giving her a reasonable amount of change and diversion. This is her due. It is just as much his duty to feed her mind and soul as it is her body, and he is just as much obligated to provide her with pleasure as he is with clothes. Chief among husbandly duties is taking the wife out to a show or restaurant at least once a week, and, if more husbands did it, there would be fewer disgruntled wives and many fewer divorces. DOROTHY DIX.

A Morning Smile UNDERSTAND An elderly couple were getting married at the little country church. The groom was very deaf. When the clergyman read: "Wilt thou have this woman to be thy wedded wife?" the old man did not hear him, and asked his bride, "What's he say?" The old lady bawled in his ear: "He wants to know if th' ha' me for thy wedded wife." The old man looked surprised, and exclaimed: "Why, sartintly, Mary, dear! Didn't I tell thee so 'tother meet?" NO ACCIDENT An Irishman had been thrown over a fence by an enraged bull. He had just recovered when he noticed the bull pawing the ground and furiously testing his head. "If it wants for your bowing and scraping," said Mike, "I'd just think ye threw me over on purpose."

Advertisement for Regal Table Salt. Text: 'REGAL TABLE SALT Free Running. A "Widener Salt" Product. Especially suitable for dairy table use. Use for disinfecting, mouthwash and gargle. 50'

THE COOK'S CORNER. Includes recipes for Madeira Cake, Date Loaf, and a note on waxed paper. Text: 'One cup chopped dates, 1 teaspoon baking soda, 1/2 cup boiling water, 1/2 cup corn syrup, 1/2 cup brown sugar, 1 teaspoon salt, 1 teaspoon vanilla, 1 1/2 cups flour, 1 teaspoon baking powder, 3/4 cup chopped walnuts, 1/2 cup melted shortening. Method: Place pitted dates, soda and corn syrup in a bowl. Cover with boiling water and let stand until room temperature. Beat egg until light and add sugar gradually, beating between additions. Add salt and vanilla. Combine with date mixture. Add sifted dry ingredients and chopped nuts. Add melted shortening. Mix with a little stirring as possible. Four into greased loaf pan which has been lined with three thicknesses of waxed paper.'

SMART FROCKS FOR FASHIONABLE PEOPLE. Illustrated Dressmaking Lessons Furnished With Each Pattern. Text: 'The original of this model in grey tweedy woolens was particularly charming. The unusual circular yoke-collar with "buttoned on" scarf was of emerald green plaid woolen, self corded. The emerald green buttons and belt buckle added further decorative trim. It's a very simple and inexpensive little dress to fashion, and it's so individual. Other lightweight woolens in checks or Scotch plaids are very smart this season and adapt themselves perfectly to this model. And the collar can be velveted in toning shade. Wool crepe, wool jersey, velveteen, etc., are other suitable mediums. Style No. 948 is designed for sizes 10, 12, 14 and 16 years. Size 12 requires 3 1/2 yards of 38-inch material with 1/4 yard of 58-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully. No. 948. Size Name Street Address 948'

Advertisement for Quaker Oats. Text: 'Doctors discover vital food element stored in oatmeal makes children hungry, curbs nervousness, helps avoid constipation. 1c. worth of Quaker Oats contains more of this amazing food element—often known as yeast-vitamin (B) than 3 cakes of fresh yeast. If your child is inclined to be fidgety, irritable, picky about foods, check up on his diet for this amazing nerve-nourishing element, supplied so abundantly in Quaker Oats. Children must have it to develop poise and self-control. Yet food experts say that meals commonly fail to furnish enough of this vital element. Now it is generously supplied in this delicious, creamy Quaker oatmeal breakfast. For stored in the heart of the oat grain is an abundance of this food element, that tones up the system, nourishes nerves, and counteracts irritability. THE NEW AUTHORITY ON FEEDING CHILDREN. Send coupon for free sample of this new booklet on feeding children. Latest discoveries in child nutrition in simple terms. Write to The Quaker Oats Company, Scarborough, Ont. Name Address'

Grandmother's Quilt Patterns. Includes a diagram of a quilt pattern and text: 'ANEMONE Cut out all applique pieces and sew on block as indicated. Flowers may be either purple or rose with yellow and green center. Leaves are green. Alternate plain and applique blocks. Finish with 3 inch border around entire quilt. Allow for seams when cutting patterns. Material Required: 2 5-6 yards for applique blocks. 2 5-6 yards for plain blocks. 1 1/2 yards either purple or rose material. 1/4 yard yellow material. 1 yard green material. 8 yards 3 inch binding. When ordering give Number 22-7. Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs—every pattern different. One of the clerks at the employment agency was a bit of a wit, and he was preparing to gain a laugh at the expense of the next in the line. "Where were you born?" he asked the man, a Scotchman. "Glasca," was the reply. "Glasgow! Whatever for?" continued the funny one. "I wanted to be near mother," said the other with devastating directness.'