

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

BEAUTY ARTS

By LOIS LEEDS



Dumbbell exercise for flabby arms

BEAUTIFUL HANDS AND ARMS

The modern woman is very fastidious about her personal appearance. She is not satisfied merely to have becoming costumes; she must have appropriate accessories, attractive to the most minute detail.

cleansing methods and lack of general care of the skin. While the bony framework cannot be altered, the flesh may be molded by massage and the skin softened and bleached by suitable creams and lotions.

(Continued on Page 10)

WHO ARE YOU? A Bigelow?

The Romance of Your Name By RUBY HASKINS ELLIS



Bigelow

The original home of the Bigelow family was in the County of Chester, England. It was there that the family lived and flourished for many generations. The name was first spelled Baguley, and by some curious process it finally became Bigelow as it is spelled today.



Check dandruff!

You, too, can say goodbye to hair-worries, if you'll learn this simple method of caring for the hair. It is known to hundreds of stage and screen stars; used by thousands of women and girls, who haven't time for laborious methods.

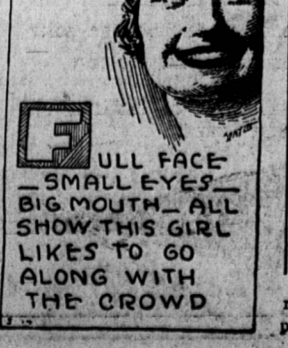
Sprinkle a little Danderine on your brush tonight. Then as you brush your hair you'll feel the soothing, toning effects.

For over 30 years, specialists have recommended Danderine; to dissolve the crust of dandruff; stop falling hair; tone the scalp, encourage the hair to grow long, silky and abundant.

The first application gives your hair new life and lustre; makes it softer; easier to manage; holds it like you arrange it. Evidence beyond doubt proves the benefits of its regular use.

Danderine The One Minute Hair Beautifier

Character Close-Ups



GULL FACE - SMALL EYES - BIG MOUTH - ALL SHOW THIS GIRL LIKES TO GO ALONG WITH THE CROWD

Dorothy Dix Letter Box

Shall the Engaged Couple Who are Already 'Talked Out' Marry?—The Wife Who Must Choose Between Her Husband and Her Children; Husband-Snatcher

Dear Miss Dix—We are a young couple contemplating entering the happy (?) estate of matrimony. We have been keeping company for two years. Now this is our problem: There are times when everything goes along smoothly and there isn't a cloud on our horizon; then the very next time we meet we haven't a thing to say to each other and we are wondering if this is a sign that we are becoming bored with each other.



Answer: You are fed up with each other. You have talked out. You are in the position of a married couple who have told each other everything they think and think they think; who have heard all of each other's stories and adventures and reminiscences until they know them by heart, and who are silent when they are together simply because they have nothing left to say.

What you need is to break away for a while and see something of other people. Get some fresh interests. Have some different experiences. Then when you meet of an evening you will have plenty to talk about.

I think that the greatest mistake that any man and woman can make, whether they are sweethearts or whether they are married, is to segregate themselves from the world and have no society but each other's.

If they do they are bound to bore each other to tears and to get on each other's nerves. We have to have other people and other interests to give the variety without which life is insupportable. We can no more stand an un-interrupted diet of a person's society than we can eat the same food day after day.

Every young couple start out with the idiotic ambition of being all in all to each other. That is an impossibility. No human being can supply all of our spiritual and intellectual needs.

And no matter how much a woman loves her husband, nor what an oracle she esteems him, she wants women friends to whom she can tell the things a woman never says to a man, and who will take the same sort of heart interest in her as she takes.

So my advice to every young couple is not to try to make life a duet but a chorus. When you are courting don't spend all of your time in what the French call the solitude a deuce, asking each other 'ooose ducky daddie is 'oo, and how much does 'oo love 'ooose bootful boy or girl.

Go around with your crowd. Dance with other girls and boys. Go to places with other people. And when you are married don't give up all your old friends. Keep as many contacts as you can. Belong to clubs, and when you take your vacations don't always go off together.

But you are right in thinking that for an engaged couple not to be able to talk to each other is a serious matter. There is no other one thing that is more necessary in marriage than that a husband and wife should be able to entertain each other and have plenty to talk about.

Dear Miss Dix—I have three sons aged 14, 13 and 10. Their father, a professional man, is home but to sleep. Takes one dinner weekly with the family on Sunday. Never has time to engage in any games or talk to his children as a father should to cultivate the pal spirit that should exist between a dad and his boys.

The boys are left to pursue their studies, listen to the radio, have some neighbor's boys come in, or retire. This has been the routine since they were babies. Now the two older boys show signs of peevishness when I leave them evenings with their nurse. What shall I do? Shall I send them off to boarding school?

Answer: If you are not going to give your children any of your personal attention and your society of evenings, they will certainly be better off at a boarding school than they are left alone with a servant.

Opinions vary as to the advisability of sending young boys off to boarding school. Many advocate it, and undoubtedly it is the best thing to do in cases where there is dissension in the home and where the atmosphere is one of strife and quarrelling.

For my part I have always felt that I would prefer to keep my children with me when they were young rather than send them off to boarding school, because, in the first place I should want to be the one who was the dominant influence in shaping their characters at the formative time of their lives.

And secondly, I should want to enjoy them for a while, for heaven knows we have our children a short enough time as it is. So soon they are gone from us about the business of life, and if we do not have them when they are little we do not have them at all.

After all your problem, as I see it, is whether you shall stay at home of an evening with your children, or gad around with your husband, and that is not so simple as it seems, because the wife who lets a brilliant and sought-after husband leave her behind is surely opening the way for him to find another playmate.

But what a mistake your husband is making when he sacrifices his children and his home for his career. He is throwing away the substance of happiness and grasping at a shadow, and some day he would give all of his fame

Happenings of the Week

Think not on yesterday, nor trouble borrow On what may be in store for you tomorrow, But let today be your incessant care. The past is past, tomorrow's in the air Who gives today the best that in him lies Will find the road that leads to clearer skies.

A picture of H. R. H. the Duke of Connaught, honorary president of the League of Empire, was unveiled at the League's headquarters, 124 Belgrave Road, Westminster, by the Lady Patricia Ramsay, on Sunday, March 9th.

Miss Jean White, Grand Chief of the Pythian Sisters, Maritime Provinces, and Mrs. E. O. MacKenzie of Charlottetown, who have been touring the Maritimes, paid an official visit to Mayflower Sisters in Windsor, N. S., last week. Following the ceremonies Mrs. J. R. Quin in behalf of the Mayflowers presented Miss White with an amethyst necklace and Mrs. MacKenzie with a gold pencil.

Colonel and Mrs. H. M. Davison who have been visiting in Montreal, Toronto, Ottawa and other Upper Canadian centres combining business with pleasure are expected home Monday. While in Ottawa they were the guests at a delightful luncheon given in their honor by Mr. and Mrs. R. Harold Jenkins at their residence, 39 Monkland Street.

Miss Avila Mathieson, Miss Jean and Miss Louise McKinnon are leaving next week on a holiday visit to Bermuda.

The Monday evening Bridge Club was entertained pleasantly this week by Mrs. Noel DeBlais.

Mrs. J. A. Mathieson was hostess for the Thursday afternoon Club.

The young people's Bridge Club were the guests of Mrs. W. A. McLaren on Wednesday afternoon.

The Misses Hunt of Summerside are visiting their sister Mrs. J. B. Hegon.

Mrs. Arthur Bearsto who has been spending a few weeks with her parents, Mr. and Mrs. McCready, left Wednesday for her home in Toronto.

Mrs. Lillian Wonnacott is being welcomed home from Boston. Miss Wonnacott's many friends will regret that her father is quite ill.

Mrs. Lauchlan McDonald has returned home from a pleasant visit in Ottawa the guest of her daughter Mrs. Atwell.

Mrs. Harry Brown was hostess at a most delightful mixed bridge of eleven tables at the Queen Hotel last Saturday evening, the prize winners being Mrs. Harry Miller, Mrs. L. Wellner, Mrs. H. Scarth, Mrs. C. C. Thompson, Mr. S. A. McLeod, Mr. C. Bisset, Mr. H. Scarth, Mr. J. A. Webster.

Mr. and Mrs. Clifton Dingwell, formerly Miss Elsie Huntley, only daughter of Mr. and Mrs. Jas. Huntley of Halifax, N. S., are receiving congratulations of their many friends on the arrival of a young son born March 9th, Huntley James.

The ladies of the Prince Street Baptist Church are being congratulated on the excellence of their afternoon tea on Thursday, which was held in the Zion Church Hall for the convenience of the patrons. It was one of the nicest affairs of the season and widely patronized.

Mrs. W. B. P. Bruce entertained for her friends at a charmingly arranged four-table Bridge Thursday evening at her pretty home 339 Euston Street.

The many friends of Mrs. J. J. Larabee, of Eidon, who has been seriously ill in the P. E. I. Hospital, will be glad to know that her condition is somewhat improved.

Following the official opening of the Legislature on Tuesday the members of the Women's Liberal Club entertained in honor of the Liberal Members and other friends at the Canadian Legion Rooms, the visitors being welcomed by the Club President, Mrs. E. T. Higgs, the Vice President, Mrs. D. J. Riley, Mrs. A. C. Saunders and Mrs. W. A. Miller.

The editor handed the manuscript back after hastily scrutinizing the sheets, and said in a lofty manner: "We don't print any such stuff as that."

"Well, you needn't be so haughty about it," retorted the spasmodic contributor. "You're not the only one who won't print it."

Daily gentle massage of the facial muscles is also quite necessary as this will improve the circulation and thus aid in removing impurities. Use a tissue or astringent cream to lubricate the massage. (2) When a case of acne has gained a strong foothold it is hard and almost impossible to cure it with simple home methods. One should seek the advice of a skin specialist, or physician for special treatments.

(Continued on page 11)

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED

Troubled With Blackheads

Dear Miss Leeds—(1) Of late I have been troubled with numerous blackheads and it seems all my pores are becoming mere holes. Please advise me what to do, for regardless of how often I squeeze out the blackheads they clog up immediately. (2) Is acne rosacea curable? I will sign as I am, FRANTIC.

Answer—(1) Enlarged pores are lazy, relaxed pores, and as this is such a common blemish to beauty



know that many readers will be interested in the solution to the problem. To remedy the condition you must be sure to cleanse your face thoroughly, then you must stimulate the skin so that it will be roused to activity. A sluggish skin is pretty sure to have enlarged pores and blackheads. Finally the texture must be refined through use of astringents, lotions and creams.

When cleansing the skin use first a cleansing cream to remove dust and make-up. Cream it well, wipe off with a soft cloth or tissue square and then cream a second time. Remove cream and then steam face lightly with a small turkish towel wrung out of hot water. Repeat hot applications several times, as the heat will stimulate the pores much as they would be stimulated by a turkish bath or by vigorous exercise.

Now wash with soap and warm water, as the pores are open and this will remove deposits of face powder, grime and oily secretions. Rinse very thoroughly in clear, warm water and finally in cold water. After drying the face well apply the following astringent lotion: Rosewater, one ounce; cologne water, one ounce; sulphate of zinc, twenty grains. Apply with absorbent cotton and allow to dry on the face. This is a mild astringent which may be used every day. Applied after cleansing the face and before applying make-up this lotion will help much toward refining

and all of his money, just to be friends with his boys. DOROTHY DIX.

Dear Miss Leeds—Will you please tell me if vanishing cream is good to use after cleansing the face (2) I would like to know, if I am overweight. I am 5 feet 2 inches tall, 33 years old and weigh 150 pounds.

Answer—(1) Vanishing cream is a powder base and should be applied after cleansing the face if one is going to apply powder and make-up. It should not be used after cleansing the face at night. (2) You are about twenty-five pounds overweight. If you would like my leaflets on reducing I shall be very glad to mail it to you on receipt of your request accompanied by a stamped, self-addressed envelope for mailing. LOIS LEEDS.

Dear Dorothy Dix—I am in love with a married man who loves me and doesn't care for his wife, but he has a little girl whom he is crazy about. Should I write to his wife and ask her to be a good sport and give her husband and girl up so I can marry him? If she loves him she ought to be willing to do this to make him happy. I think if she has a spark of real womanhood in her she will give him up to me when I love him so much.

Answer: Would you give him up to her? Don't you think that you are asking much of a wife to expect her to hand over not only her husband but her child to you? "Do unto others as you would be done by" is a good motto even in husband-snatching.

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What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern By Annebelle Worthington



A black and white printed crepe silk endorcing new silhouette with smart peplum jacket, fits snugly about the hips. It emphasizes higher waistline through tied girdle. The surplus closing detracts from breadth. The caplet sleeves make the arms appear very slim.

The straight skirt adds a circumspect nounce which gives sufficient fulness and flare to hem.

Style No. 3362 comes in sizes 14, 18 years, 36, 38, 40 and 42 inches bust. It's a dress that may be worn now and all during the Spring and Summer.

Navy blue wool crepe, black caston crepe, larkin green crepe marocain, putty-beige crepe silk are exclusive ideas for its development.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

Form for ordering a pattern, including fields for Name, Street Address, City, and State.

A Morning Smile

ONE OF MANY

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Household Hints

By Robert Lee

White Kid Gloves To dye white kid gloves tan, dip them in saffron water until the desired shade is obtained.

To Produce Sleep Stew spring onions in coarse brown sugar and take a teaspoonful at night. This will not only produce sleep but it is very healthful.

The Sink Strainers Empty the sink strainers frequently and wash after each meal. Strainers that are neglected give the kitchen an unpleasant odor and are attractive to mice and roaches.

Etiquette

By Robert Lee

Q. When a woman is going away for a long trip and wishes to give some kind of entertainment for her friends, what would you suggest? A. A farewell tea, or a luncheon or supper, would be interesting. If it is to be informal, have it in the afternoon; if formal, in the evening. And have some attractive favors for the guests.

Q. When dipping soup from the plate, should the spoon be moved towards or outwards from the person? A. It should be moved outwards.

Q. Where should a lady sit when in a car with a man? A. It is correct for a lady to sit on a man's right, but in America this rule is not strictly observed.

If Baby has COLIC

A cry in the night may be the first warning that Baby has colic. No cause for alarm if Castoria is handy! This pure vegetable preparation brings quick comfort, and can never do the slightest harm. Always keep a bottle in the house. It is the safe and sensible thing when children are ailing. Whether growing children or the little bowels; colic or constipation; or diarrhea. When tiny tongues are coated, or the breath is bad. Whenever there's need of gentle regulation. Children love the taste of Castoria, and its mildness makes it suitable for the tiniest infant, and for frequent use. And a more liberal dose of Castoria is always better for growing children than some needlessly strong medicine meant only for adult use. Genuine Castoria always has Chas. H. Fletcher's signature on the wrapper. Prescribed by doctors!

