

Woman's Realm / Social and Personal / Fashions / Literature

DAILY LENTEN MEDITATIONS

THE DAILY ROUND
From a Correspondent

Life's common ways are the true testing ground of the power and quality of a man's religion. Religion has its moments of rare vision when the soul mounts on wings to heights of spiritual experience, but these are few and far between. For most men life is a matter of the daily routine; and, if God is to be found at all, He must be found in the ordinary duties and contacts of every day. Some stand apart from religion because they hold the mistaken idea that it is concerned only with these rare experiences, which are for the spiritual expert or those possessed of a peculiar religious endowment. This is to misunderstand the place and function of religion in human life. The Bible lends no countenance to this error. It is throughout a book of common life seen in the light of God. The prophets of the Old Testament always insisted that religion was concerned with the elementary principles of morality in their application to the everyday life of society, and that worship was a mockery if it was not accompanied by ethical conduct. The same is true of the New Testament. St. Paul may have had visionary and mystical moods, but his letters are full of practical teaching about Christianity as a way of life which could transform the common relationships of parent and child, master and servant. His most speculative theological utterances are balanced by common-sense advice as to how his converts could translate their faith into action in daily living.

The concern of religion with the common things of life follows naturally from the central doctrine of Christianity. It was our common human nature which the Son of God assumed when He became incarnate. Christ lived in Palestine an ordinary human life, and by example and teaching showed to the world that religion could give an added consecration to the tasks and duties of every day. He sought to impress upon His hearers that no long search was needed to discover God. God could be found by all who would open their hearts to receive Him, and found in the doing of the common daily task.

Failure to prove the power of religion in life's common ways indicates that there is something amiss with the soul's inner relation to God. Religion is fellowship with God, and it was because Christ's fellowship with the Father was one of unbroken communion that He was able to find a revelation of God in the commonest things and actions. The eye sees what it brings with it the power of seeing; and the quality of the spirit's inner life determines the extent to which the outward shall be a reflection of the inward. In all His teaching our Lord emphasized this primary of the inward. He taught in effect that, if a man's relation to God was right, if the foundations of his life were trust and obedience, then he should possess such inward spiritual resources that he would be master of the outward circumstances of his life.

This mastery would show itself in two directions. On the one hand one would find a reflection of the inward, would fall to mark the presence of his soul, or daunt its courage; on the other hand, the inward assurance of God would illumine the man's whole being and enable him to see a revelation of God in all the customary ways of life.

There is in all men the capacity for religion and God has powers left Himself without witness in the human heart. But the innate capacity has to be trained and educated. Human friendship has to be deliberately cultivated if it is to reveal its possibilities; much more is effort needed if we are to know God. If we would find God we must search for Him, and by prayer and self-discipline place ourselves in the receptive attitude in which He can speak to us and assure us of the reality of His presence. This is where many fail; they expect to know God without fulfilling the conditions necessary to His knowledge. It is surprising that, when the interior assurance is wanting, the common life of every day falls to reveal God.

Christianity brings into the natural order the power of a supernatural order. It thus raises the natural order to a new level, gives to all life a fresh sanctity, and interprets it in the light of God in whom we live, and move, and have our being.

THE COOK'S CORNER

CHICKEN AND RICE

Pick left-over cooked chicken from the bones. Cover the bones generously with water, add left-over gravy and simmer until a rich broth is formed. Strain through sieve and measure. (There should be nearly a quart.) Wash one cup rice thoroughly. Place in pan, add one teaspoon salt and the boiling broth. Add chicken, cover pan tightly and simmer very slowly for about 20 minutes. Pour into hot casserole and cover top with the following mixture. Place in hot oven and brown top.

CHOCOLATE PIE

Two squares unsweetened chocolate 1-2 cups (1 can) sweetened condensed milk 1-2 cup water 1-4 teaspoon salt, 1-2 teaspoon vanilla. Baked pie shell (8-inch) or cookie pie crust.

Melt chocolate in top of double-boiler. Add sweetened condensed milk and stir over rapidly boiling water 5 minutes until mixture thickens. Remove from heat. Add water and salt. Stir until thoroughly blended. When cool, add vanilla. Pour into baked pie shell, or cookie crust. Garnish with whipped cream if desired. Chill.

If you use cocoa, mix 6 tablespoons cocoa with sweetened, condensed milk and follow recipe.

Chest Colds Ganong's
To Relieve Misery Rub on Genuine
VICKS VAPORUB
Ganong's Best
CHOCOLATES



DAILY Sugar-Saving MENUS

(FOR WEDNESDAY, MARCH 18)

Ever try Cornish Pie? It's a honey — or should it be a syrup? For it's sugarless, but delicious, made with syrup. It's just one item on your Sugar-saving Wednesday menu:

BREAKFAST
Orange or Apple Juice
*Rice Waffles and Maple Syrup
Brown Bread and Butter
Grape Jelly
Tea Coffee Milk

DINNER (Mid-day or Evening)
Cream of Tomato Soup
Stuffed Pork Tenderloin
Baked Potatoes Mashed Turnips
*Cornish Pie
Tea Coffee Milk

EVENING MEAL (or Luncheon)
Salmon Patties Fried Parsnips
*Washington Grapefruit
Buttered Date Bread

ICE WAFFLES
1 cup cooked rice
1-2 teaspoon salt
1 cup milk
2 eggs yolks
3 tablespoons melted butter
2-3 cups flour
2 teaspoons baking powder
2 stiffly beaten egg whites
Combine rice, salt, milk, egg yolks and butter. Stir in sifted flour and baking powder in quick succession.

Waffles or on a hot greased griddle as pancakes.

CORNISH PIE
Line a pie plate with pastry
Sprinkle 1-2 cups of fine, fresh breadcrumbs into it then pour in 1-2 to 2-3 cup flour
Syrup blended with 2 tablespoons lemon juice. Criss-cross top of pie with narrow, twisted strips of pie paste. Bake at 400 F. till pastry is golden brown.

WASHINGTON GRAPEFRUIT
A novel and patriotic way to serve grapefruit as dessert. Have and prepare grapefruit in usual way. Dribble surface with honey. Place under broiler for a few minutes and serve hot.

CHAPPED SKIN
Soothing, cooling Mentholatum brings quick relief of money chafing, cuts and bruises, jars and tubes, etc. **AS**

MENTHOLATUM
GIVES COMFORT DAILY

Dorothy Dix Says—

MARRIAGE BONDS SHOULD NOT BECOME JAILER BONDS

"Lack Of Freedom" Causes More Marital Upsets Than Any Other Cause

One of the things that is the matter with marriage is the lack of freedom it entails. Not the freedom for extramarital adventures, for there are not many men ready to settle down and go domestic, but the lack of freedom to do as they please about little things. Since the henpecked husband and the doormat wife are familiar figures in our midst, it is a strange thing that they do not stand as such an awful warning of the risk of losing one's personal liberty by marriage that the world is not filled with old bachelors and old maids. But such is not the case. Perhaps love makes even the cautious foolhardy, or the optimistic believe that it is a catastrophe that could not happen to them. Any day the wedding bells jingle merrily on, though for most brides and bridegrooms they are the death knell of their last breath of freedom. Now husbands and wives do not deliberately set about ensnaring each other. They do not plan with malice aforethought to alienate each other's affections and wreck their marriages. Yet, if they did, they could find no quicker, surer, more deadly method of doing it than by constituting themselves their mates' jailers and making marriage a prison out of which even a worm of the dust would long to escape.

Resent Loss of Freedom

Not without reason do we speak of the marriage bond. For millions of husbands and wives marriage is bondage. The tie that binds is a steel fetter that cuts into the flesh and makes a festering sore that never ceases to ache, that hampers their every movement and turns what should be a joyous companionship into a bitter rebellion or a sullen acquiescence.

If you would ask a hundred married men and women what was the thing in marriage that they resented most, if they answered truly they would say: "The loss of our freedom." And the man would add: "When I married I never supposed that I would have no more liberty hereafter than a dog on a leash. I don't mind the work it takes to support a family, nor the sacrifices it calls for, but it gets on my nerves that I cannot indulge in any of my individual tastes, nor do any of the little harmless things that I enjoy doing."

OLD FRIENDS DENIED

"I wouldn't dare to ask one of my old cronies to pay me a visit. I haven't had a suit that I liked since my wedding clothes were out. I wear the garments my wife picks out. We go with the people she likes, no matter how much they bore me. She selects the invitations we accept, even the movies we see. I am not allowed to eat the food I like. Even my soul isn't my own. My wife runs it. And I don't mind telling you that I get mighty fed up with being bossed and wonder what made me fool enough to put my neck in the noose."

And the woman would say: "What makes me green-eyed when I look at the women who have espoused a job instead of a man is their freedom. They have some personal liberty which a wife never has. They don't have to ask any man's permission to go to see their mothers or to join a club. They don't have to be interested in widowers of your acquaintance who kind of dress they wear, or whether they shall have their hair permanently waved or cut it stringy, or use makeup on their faces or go about looking like a corpse that has been dug up for the second autopsy."

"They don't have to stand for any man's criticism about their red fingernails, or his licks about their do-funny hats. Nor do they have to wheedle and cajole the money they have earned a dozen times over by their services in the home out of a tightwad's pocket."

"The bitter disappointment that a woman gets in marriage is in finding out it is penance instead of the state of freedom she thought it was going to be."

And if you doubt for an instant that it is the lack of freedom in small things that husbands and wives deny each other, that put the marital marriage, consider the widows and widowers of your acquaintance who almost invariably seem to be miraculously rejuvenated by the loss of their mates. They loved their Johns and Marias and miss them, but they are tasting the first liberty they have had in years, and the eternal passion of the human heart is for freedom.

CHAPTER III

COLLECTING THEIR RANSOM?

"Neat job" Supt. Cranley pronounced with all the approval one expert gives to another.

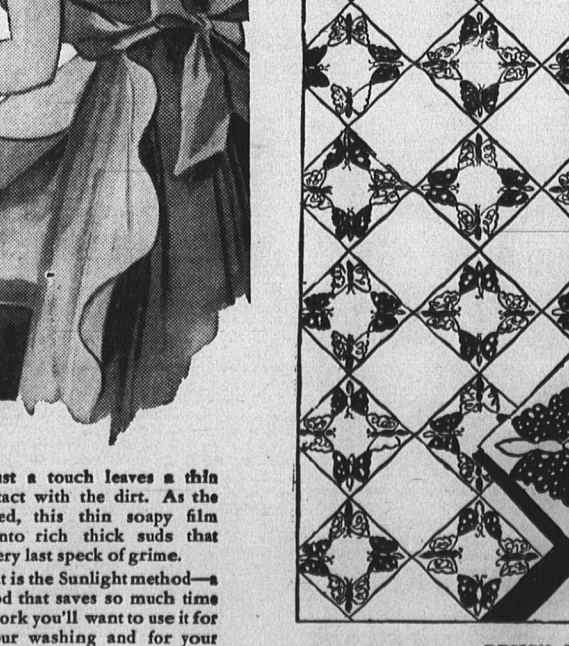
His sergeant also grinned appreciatively as he inspected the partially wrecked safe. "Too high-class for any of the local lads," he suggested. "They're all right on the tin-opens."

(Continued on page 8, Col 4)

A Morning Smile

REBUKED
Little Cindy had not been observing the proper table manners, and as a punishment she was made to

QUILT PATTERN TO USE SCRAPBAG



DESIGN NO. 889
This lovely old quilt with the butterfly design offers an excellent opportunity to utilize patches from the scrap bag. Pattern No. 889 contains illustration of the design, and complete instructions for cutting and using the patch pattern.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotetown Guardian.
To Charlottetown Guardian Needlework Department
Design No. 889

DEFINITION OF A "BRAT"

DEAR DOROTHY DIX—I never fail to wince when you speak of children as "brats." No doubt you have a reason for doing so, but I think it would be a lot nicer to refer to them as "children" and let it go at that.

ANSWER—All children are not brats. The brat is a distinct species of youngster. He or she is the spoiled, fresh, smart ale, whining, howling juvenile who makes you regret that there are no Herods around. A brat differs as far as possible from a sweet, good well-mannered child. **DOROTHY DIX.**

Careless Manners Hold You Back

Thank Thee, Lord, for preparing for me a table in the presence of mine enemies."

PLENTY OF IT
Missus—Here's a story in the paper which says it has been discovered that stinging worms the blood.

Mister—That's nothing new I've heard lots of a thing that's made my blood boil.



Knowing Etiquette Gives Poise

You can't see from their manners that Fran and Bud don't belong to the same social set that Dick and Louise do.

Poor Fran is thrilled by a chat with Bud, who doesn't even know it's correct to get out of his car when a girl stops to talk.

Of course Louise is amused. She's used to boys like Dick, who take off their hats when they meet a girl on the street, remain bareheaded while they chat.

It's differences of this sort that stum Fran's friends as socially not quite "acceptable."

At restaurants the girls make themselves conspicuous, walking to a table arm in arm with their escorts. At parties the boys rudely leave the girls to shift for themselves when a dance is over.

Not so Louise's poised friends! At restaurants where there is a headwaiter the girl precedes her escort, following the headwaiter to a table. After a dance, the boys take their partners back to friends or wherever the girls wish.

You can make your manners just as smooth. Our 32-page booklet has rules of etiquette for dances, theatres, office, parties, visits, dates. Gives advice on the petting problem.

Send 20c in coin for your copy of "Etiquette for Young Moderns" to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

MACARTHUR HONORED

BATAVIA, N.Y.—(CP)—The Batavia baseball field has been renamed MacArthur Field.

Relieves MONTHLY FEMALE PAIN

Women who suffer pain of irregular periods with crampy nervousness—due to monthly functional disturbances—should find Lydia's Pinkham's Vegetable Compound Tablets (with added iron) very effective to relieve such distress. Pinkham's Tablets made especially for women help build up resistance against such annoying symptoms. Follow label directions. Made in Canada.

Name _____
Street Address _____
City _____ Province _____

Living & Leisure

The Woman's Realm

TODAY

Upon John Ruskin's writing desk A slab of chalcography lay; And on it out in careful script. The word "Today".

Honored of all wondrous man, And held a prophet in his day; He let tomorrow bide its time, And used today.

Upon the tablet of the will, How good to write the self-same, way;

Putting tomorrow's uses by— The word, "Today".

AN OLD SHEET

Spread an old sheet on the floor for the small children to play on when they cut pictures from magazines and make paper dolls. It will save their clothes, keep track of the rug, and can be rinsed out when soiled.

VIVACIOUS VEGETABLES

Vegetables have discovered the glamorous side of life, in dyed and preserved versions worked up into costume jewelry with the vitamin verve taken externally.

Pumpkin seeds and wooden beads concocted on wool yarn turn out to be something pretty tasty in the way of a necklace. Tropical seeds, a variety of beans pods and even macaroni offer an endless variety of surprises in conversation jewelry for Spring. It's worth talking about and with praise for the really "different" and delightful effects this novel jewelry offers so inexpensively.

LONG LEGGED LOOK

A new look at night—a short dress given formality by a low neckline; by jeweled, long gloves and a clever hat, will be the answer to the question when a dancing evening—in formal as most this season—hangs in the balance.

Exactly right for 1942 evenings, 1942 beaux-in-uniform, is a black suit-dress, short-skirted, its low neckline ruffled in white. On your head a tiny, fresh-flower cap of white roses.

The new "long-legged" look can be achieved by a dark jacket and lighter skirt, in the same way as a high-rick bolero above the normal waistline.

PANDORA'S BEAUTY BOX

Down through the ages, ever since the lovely Pandora's curiosity released a host of human ills upon the world, women have been fascinated by the secret contained in boxes—seeking within them elusive beauty and happiness—constantly hoping to discover new means of embellishing their natural beauty and charm. That is why cosmetics pack their beauty secrets in boxes, both pretty and utilitarian. Some of these boxes which contain a variety of creams, powders, etc., are particularly good for the

FOR BRIGHTER FRESHER Walls and Ceilings

Alabastine
ON SALE EVERYWHERE IN CANADA

Needlecrafts

For The Home

Whether you give them as bridge prizes, auction them off at defense rallies or wear them at your own parties, these four-piece fortune-telling aprons will rate you ace high.

Style No. 2518 is designed for one size. Requires 1-2 yards of 32-inch fabric, 2-4 yards binding, for any apron.

Send twenty cents (20 cent) preferred for pattern. Write plainly your Name, Address and of street number. Be sure to state size you wish.

Style No. 2518 Size _____

Name _____
Street Address _____
City _____ Province _____

MACARTHUR HONORED

BATAVIA, N.Y.—(CP)—The Batavia baseball field has been renamed MacArthur Field.

Relieves MONTHLY FEMALE PAIN

Women who suffer pain of irregular periods with crampy nervousness—due to monthly functional disturbances—should find Lydia's Pinkham's Vegetable Compound Tablets (with added iron) very effective to relieve such distress. Pinkham's Tablets made especially for women help build up resistance against such annoying symptoms. Follow label directions. Made in Canada.

Name _____
Street Address _____
City _____ Province _____

No matter what washing method you use...

you must have SUNLIGHT'S

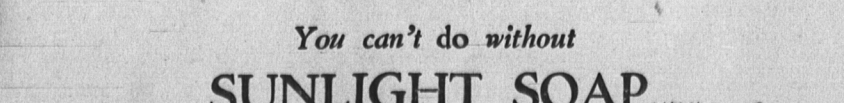
"EXTRA-SOAPINESS" for those extra dirty parts



WEEK after week as you look over your wash, you find that whenever clothes are at all badly soiled it is nearly always in the same places. Here and there the dirt has become almost ingrained and while ordinary washing methods suffice to remove the ordinary "all over" soiling, these extra dirty parts just won't come clean without the help of Sunlight!

Sunlight has a wonderful "extra-soapiness" that enables you to get right at the soiled parts at once. Just a touch leaves a thin soapy film in contact with the dirt. As the clothes are washed, this thin soapy film lathers instantly into rich thick suds that speedily loosen every last speck of grime.

That is the Sunlight method—a method that saves so much time and work you'll want to use it for all your washing and for your household cleaning as well! Sunlight is all-pure soap—gentle and safe for everything you wash—gentle to your hands, too.



You can't do without SUNLIGHT SOAP