

Woman's Realm :- Social and Personal :- Fashions :- Literature

FOR THE WOMAN READER

MOTHERS

Women know the way to rear up children (to be just.)

They know a simple, merry, tender knack Of tying sashes, fitting baby shoes, And stringing pretty words that make no sense And kissing full sense into empty words.

Which things are corals to cut life upon Although such trifles, children learn by such

Loves holy earnest in a pretty play And get not over-early solemnized. But, seeing as a rose bush Love's divine

Which burns and hurts not, not a single bloom

Become aware and unafraid of love. Such good do mothers. So mothers have God's license to be missed.

I HAVE THE ADVANTAGE

-In an argument so long as I can hold my temper.

-When my cause is so strong it need not stoop to deception.

-In my work if I have not left yesterday's until today.

-In any case if I get my facts before I start talking.

-In any deal if my merchandise will stand inspection.

-If I chose the course that does not require an apology.

-In a trial if my past holds no terrors for me.

HERE'S HOW TO USE AMMONIA IN THE HOUSE

Try a solution of ammonia and water for cleaning your carpet. It will revive the colors wonderfully.

When blackleading a grate, moisten the blacklead with ammonia, and you will get a brilliant polish.

Ammonia is good, too, for cleaning windows. Add a little to the water and polish with a leather.

Brass which is tarnished will soon come clean if rubbed over with ammonia and water.

Always put ammonia in the water when washing blankets and woolens; it will prevent shrinkage.

Wash your hot-water bottles regularly with ammonia and water. This will keep the rubber from getting hard.

If you spill some red ink, apply ammonia and water, and then wash in milk.

Paint can be removed easily from clothes with a mixture of ammonia and turpentine.

Ammonia is excellent for removing grease, so put a little in the water, when you wash your brush and comb.

Should you upset accumulator acid on the carpet, wash immediately with ammonia. This will neutralize the acid.

If you want to make some smelling-salts at home, put a few small lumps of rock ammonia in a glass-stoppered bottle and cover with eau de Cologne. Keep well corked.

CORNWALL IS FAMOUS FOR THE PASTRY

Part of the enjoyment of traveling is the discovery of new foods. Nearly every country in England boasts some special delicacy which for centuries has been associated with that particular district, but which is seldom seen elsewhere.

In Cornwall, for instance, you get the famous Cornish "pastry," which is so popular among the Cornish people that visitors have been known to declare that if his Satanic Majesty visited Cornwall he would be put between two crusts and baked.

These pastries are baked in sautere with a thick crust at the bottom and a lighter one at the top, and inside are all kinds of meat, raw and cooked, intermixed with herbs, potatoes, onions and other vegetables, the whole highly seasoned with pepper and salt.

Devonshire Cream

In Devonshire you get the famous clotted cream, and the "Devonshire junket," which differs so curiously from those made in other parts of England.

Suffolk, of course, is celebrated all the world over for its dumplings. "I am told that dumplings is uncommon fine down there," said William, the coachman to David Copperfield, on hearing that he came from East Angles, and "uncommon fine" they remain to this day.

Norfolk Cygnet In the adjoining county you may

enjoy a Norfolk cygnet, seldom heard of outside the county borders, yet nevertheless a most toothsome delicacy.

The bird is stuffed with three pounds of the best rump steak cut into dice, then covered with paste, and roasted like a goose. It is served with a gravy composed of currant jelly and port wine.

High Tea

Where but in Yorkshire can you obtain a slice of real Yorkshire pudding, served up in gravy, with the roast meat on Sunday? Then there is Yorkshire parkin, a thick, moist form of gingerbread, made of ginger, treacle, and fine oatmeal and considered a very special delicacy. Bilberry pies are another Yorkshire treat you may enjoy in the autumn and visitors who are invited to a "high tea" will often be given a delicious Yorkshire sandwich, that is a hot, unsweetened teacake, split and buttered, with a slice of hot grilled Yorkshire ham slipped in between.

Romantic Sally Lunns

In Westmorland you find oat cakes, thin, flat concoctions of oat flour, which are hung on a line to dry and then eaten hard with pepper and salt. Bath buns first hailed from Bath, and it is said that the sally lunn variety was made famous by a baker there, who heard a girl of that name crying her wares in the streets. The baker bought Sally's business, and composed a popular song about her name, which made the cakes famous and the baker wealthy.

Shrewsbury cakes were the invention of a Shrewsbury baker, who kept the recipe a strict secret until the day of his death, and Eccles cakes were first made in the Lancashire town of Eccles, where they took a prominent part in the annual religious festivals.

PLACE OF VEILS

As fashions become more and more a la Lily Langtry, veils become more and more a fixed fashion. The tiniest veils are still the smartest and those made of plain material or net, and are worn mainly to keep the hair in place at the "offside" of the hat. Veils continue to be worn with toques and small Watteau types as well as saliors. There is a new circular veil of plain net with a border of chenille dots and a centre motif of these same dots. It is worn thrown over the hat so the dots trim the crown of the hat. It is especially effective in black with white dots and worn with a black hat.

DO IT EVERY NIGHT

When you clean up the kitchen for the night take an old newspaper and rub it over the stove. It will remove all the grease accumulated throughout the day and if done regularly will mean very little polishing necessary for the stove.

RED SHOWS NEW ACCESSORY COLOR

Red in a gay clear shade called lipstick rouge is a color you will want to consider when planning your accessories. Remember that red, and especially this particular red, can be paired off with every one of the costume colors sponsored this season and with the two big neutrals—beige and grey—it is unbeatable.

The red handbag will be the most popular accessory in this color and it is particularly good looking in patent leather. Red belts in all widths and all leathers make it possible for you to repeat this color in your frock. Many of the new fabrics have a touch of red in the design of the print or worked into the mixture of the woollens. By picking out these bright spots in the fabric and emphasizing it by a bag or belt, one will be able to achieve arresting and individual touches.

This same shade of red is obtainable in millinery so one has another accessory item with which to work.

THE EASY WAY

Apples and tomatoes can be peeled much more easily if they are first dipped into boiling water.

Wash and rinse chamois leathers in warm soapy water.

To keep salt dry in damp weather, place a piece of clean white blotting paper at the bottom of the salt cellar.

A lump of rough cooking salt dip-

THE COOK'S CORNER

Coffee Cake With Nuts

One tablespoon shortening; one cup sugar; one cup milk; one and one-half cup flour; one and one-half teaspoons baking powder; two eggs; two tablespoons cinnamon; one-half cup chopped walnuts. Mix the shortening and sugar together add the well-beaten egg yolks, then add milk and flour alternately. The baking powder should be sifted with the flour; add stiffly beaten whites of eggs and mix well. Pour into flat baking pan rubbed with shortening. Sprinkle top with cinnamon mixed with one-half cup sugar and the chopped nuts. Bake twenty-five to thirty minutes in a moderate oven. Serve cold.

Crumb Coffee Cake

Two cups brown sugar; one-half cup shortening; two and one-half cups flour; one egg; one cup sweet milk; one teaspoon cinnamon; one-half teaspoon cloves; two teaspoons baking powder. Mix the sugar, shortening and flour together as for any cake. Measure out one cup of these crumbs and set aside. (Use pie pastry blender if possible.) To the remainder in the mixing bowl add the egg beaten well, the sweet milk, cinnamon, cloves and baking powder. Mix thoroughly.

Four into a shallow baking pan rubbed with shortening. Sprinkle the top with the cup of crumbs. Press lightly into the surface of the cake with a spatula. Bake thirty to forty-five minutes in a moderate oven.

Cinnamon Coffee Cake

One-half cup shortening; one cup sugar; two eggs; one-half cup milk; one and one-fourth cup flour; two teaspoons baking powder; one teaspoon vanilla; one-half teaspoon cinnamon; one-half cup chopped walnut meats; one-half cup brown sugar; one and one-fourth teaspoon additional cinnamon for top. Cream the shortening and sugar together and add the well-beaten eggs. Mix well. Sift baking powder and flour together and add these alternately with the milk to the first mixture. Add vanilla and cinnamon. Spread in a shallow baking pan well rubbed with shortening. Sprinkle top with the nuts, half cup brown sugar and one and one-fourth teaspoons of cinnamon well mixed. Bake thirty minutes in a moderate oven.

ped in lemon-juice will remove brown marks from china pie-dishes and tannin stains from tea cups.

When dyeing articles at home, dye a length of cotton, darning wool, or mending silk at the same time. Then when the dyed article needs repairing you will have mending materials of the exact shade.

HAIRLINE EYEBROWS ARE NOT IN FAVOR

Don't pluck your eyebrows to a thin line. Natural-looking eyebrows are in vogue again.

But if your eyebrows are bushy, pluck them in the right places until they take on a well-groomed look.

A woman who had a reputation for being somewhat of a shrew had her eyebrows "done" this spring. Formerly they grew almost together. The beautician cleared away every trace of an eyebrow for a space each side of the natural separation over the nose. Then they were plucked from the bottom until they seemed much higher than formerly.

The result gave her a pleasant calm look through the brow. And the slender, higher brows accentuated her eyes in a most alluring way. This simple act did more to make over that particular woman than one would have dreamed. And, looking nicer actually made her sweeter tempered and more appealing.

Too pale eyebrows and lashes detract from expression. They give a negative quality that no up-and-coming lady wants. Touch them up with just a little pencil or color and you've done something to give character to your whole face.

Above all, brush your eyebrows. Clean out all the powder that gets into them when you make-up. Then shape them by pushing them up with the side of your little brush, then rounding off the top line with the other side of your brush.

Artificial silk, woollens and flannels should not come in contact with extreme heat; use only tepid soapy water and a lukewarm iron.

Dorothy Dix' Letter Box

Why Does 16-Year-Old Want to Run Away From Good Home?—Take Pity on Dependents' Pride and Honor Their Weaknesses, Urges Dorothy Dix—Cruel Mother Who Pinches Baby

Dear Miss Dix—My life at home has been very miserable and I have decided to run away. I am 16 years old. PLAIN REDS.

I also have a letter from this girl's mother in which she says that she is broken-hearted over her daughter being unhappy at home and so dissatisfied that she is thinking of running away, and she doesn't know why this should be the case because both she and the girl's father love her dearly and have made many sacrifices to give her every advantage that they possibly could. But the girl won't study at school. She wasn't interested in her violin lessons and wouldn't practice. She won't help with the housework. She won't do anything but mope and pity herself, and the poor distracted mother doesn't know what to do about it.

Answer: I would say to the mother not to worry herself sick by taking the situation tragically. Laugh it off if she can. If not at least ignore it. For what ails the girl is that she is 16 and she will get over that and come to her senses if given a little time. It is a very common thing for adolescent girls to be morbid and to dramatize themselves as figures of woe.

Very often they imagine themselves as foster-child-en who have been stolen from millionaire parents of high social position. They think that is why they are so superior to their parents and their other brothers and sisters, and why washing dishes and making beds is so repugnant to them. Very often they consider themselves mistreated, and regard every mild reproach as a deadly affront, and they have a perfectly grand time going on orgies of tears.

Now these morbid girls are bound to have an audience, and the more they can worry their families and the more mother pets them and tries to amuse and entertain them, the more hysterical they get. So the best home remedy is just not to observe Mamma's hysterics. There is no point in going about with the expression of an Early Christian Martyr if no one apparently notices that you are not grinning like a Cheshire cat. There is no encouragement in going on a hunger fast if no one comments on your lack of appetite. There is no thrill in threatening to run away from home if instead of mother beseeching you with tears not to leave she remarks that perhaps a change would do you good.

You see when you cut up you have to have an audience and if everybody else in the family goes about their business without paying any attention to you, you simply can't stage your little show.

To the girl I would say: Don't be a little nitwit. Wake up and try to see yourself as you are and then you will realize that your unhappiness is not the result of your surroundings, but come from your secret sense of failure in not having taken advantage of the opportunities of education that your parents have given you. It is your conscience pricking you that makes you miserable.

Everybody is miserable who is lazy and selfish and self-centered, and who is cheating on a debt of honor, and that is what you are doing. Your parents have made every sacrifice to send you to school and you won't study. You won't help your mother with the work and bear your part of the family burdens, and so you know you are a quitter. That is what hurts. But you are too much of a coward to take your punishment, so you blame other people for it. Just realize that and face about. Study hard at school. Be mother's little helper. And you will find that you have chased away the glooms, and that you are happy instead of miserable, and there is no place like home, sweet home.

As for running away, no matter what sort of home you have, you would have no place to sleep at night, that you would have nothing to eat except the scraps you begged at back doors, that you would be thrown in the company of hoboes, and that in all probability you would be arrested as a vagrant before twenty-four hours were over and thrown into jail and kept there until your father could come for you. The worst home on earth is heaven compared to what a girl has to go through who runs away from it.

There is no romance to it, no thrilling adventure, no noble youth with soulful eyes and a big bank account who will come along at the critical moment and rescue you and take you off to a palace to live. There is nothing in it but dirt and degradation and remorse and the gutter. Don't be fool enough even to think about such a thing.

DOROTHY DIX.

Dear Dorothy Dix—When people have to have their homes with some one else, why are they so difficult to get along with? Why do they develop such an extreme sensitiveness? Why can't they realize that others in the family need some consideration, too? Why must one tread as if on eggs in dealing with them? Why must they have special invitations to join family activities? Why must they wear the air of a martyr? In short, why can't they make the burden they are to others easier to bear?

ANSWER IF YOU CAN.

I can't answer it. I gave up trying to answer the conundrum long ago. The only explanation I can suggest is that dependence is a shame that cuts so deeply into the soul of a man or woman that the wound always aches, they are always conscious of it and always looking out for those about them to hurt them afresh, either accidentally or on purpose.

Hence they set up sensitiveness as a sort of defense mechanism and spread their feelings all over the place so that it is impossible to move without stepping on them. It is their way of getting the attentions that they crave and making themselves important in the family circle. And that is pitifully childish, but it is pitiful all the same.

The other members of a household who belong in it by rights, who are paying the bills, doing the work, keeping it a prosperous, going concern, do not have to be handled with gloves. They give and take, assert their rights, express their desires, do not think of being hurt or offended if their tastes are not considered, or they are not consulted about everything.

But poor old Aunt Lou, who is a pensioner, will drink her coffee unsweetened and weep for days over the way she is treated if somebody inadvertently forgets to pass her the sugar. Grandma says her own children don't want her and she had better be dead, if she isn't specially asked to see every stranger who calls. Grandpa refuses to speak for a week at a time if he isn't consulted about things that he knows nothing whatever about.

Of course, all of this does make those who are dependent upon us harder to get along with, but their lot is so forlorn, they are so piteous, that those of us who do not have to find out how steep are the stairs in another man's house, as the Spanish proverb puts it, may well bear with them patiently and take the trouble to humor their little weaknesses.

DOROTHY DIX.

Dear Miss Dix—Do you think it brutal to pinch a child to make it mind in the presence of guests? He cries, but they think he is crying because I scolded him. My mother says I am a snake to do it. She is angry at me every time I do it, she loses her head about it. C. N. O.

Answer: I do not see how any mother could be so cruel as to bruise the tender flesh of a little child by pinching it. You are living too late. You belong in the days of the Inquisition and would have made a grand torturer. I don't believe it is necessary to beat up children to make them behave. If you will establish the habit of obedience of children in everyday life, you will not have to pinch them to make them mind in public.

DOROTHY DIX.

GARDENING

TENDER FLOWERS

Among the more tender flowers are gladiolus, dahlia and cannas, the tubers or corms of which are planted. These are planted in the order named, the cannas, particularly being rather tender and unable to stand any frost. Plant them all to a depth of about three times the diameter of the tuber or bulb in ordinary soil and slightly shallower in clay. Gladiolus and cannas prefer fairly rich open soil and make a good showing when grown in clumps, the former planted four to five inches apart and the cannas a foot. Dahlias will thrive in almost any soil, giving good results in ash dumps mixed with a little clay. They should be staked, and have at least two and a half feet between plants. Dahlias are splendid things for producing a tall screen quickly, the writer running across an excellent example of this last summer where Mr. Martin Haakill of Fenelon Falls, Ontario, had planted a row of these flowers for years in front of his long, north facing verandah with Scarlet Runner beans behind and above them.

CAN START GARDENING YET

It is not too late to put in many flowers and vegetables. Of course, if possible, use started plants instead of seed with long season things like tomatoes, cabbage, egg plants, celery and cauliflower among the vegetables and sinias, cosmos, petunias, marigolds and a host of other flowers. Then, too, it is advisable to use any short cuts within reach, such as plenty of commercial fertilizer, and water and cultivation. With later vegetables like corn, beans, and melons this is very little behind schedule and there is no reason why three sowings about a week apart cannot be made. This continuous planting will spread the harvesting season just that much farther. Instead of depending upon leaf lettuce which is among the first crops sown and harvested it would be better to plant Oos lettuce, a self-bleaching hot weather sort, which if sown several times at ten day intervals will keep coming on all summer. Instead of the spring radish, the summer sort should be planted and Swiss Chard in the place of spinach. This latter vegetable will produce a summer supply of greens, the leaves being used while the stems may be cooked and prepared like asparagus Lima beans and Chinese cabbage are regularly planted in June.

MELONS, ETC

Musk and watermelons, squash, and cucumbers may be safely planted as soon as the weather and soil warm up. These all prefer open, well drained ground, and plenty of fertilizer and sunlight. Plant six seeds to a hill, with hills three feet apart, and later thin to four plants in each hill. Melons must be full ripe before using, but marrows, cucumbers and Summer squash are usually consumed when about half grown. This is also the proper time to set out egg plants and the first of the celery. With all of these tender vegetables, warm open soil is the ideal location, continuous cultivation essential, while watering in very dry weather and an application of good commercial fertilizer will be beneficial.

WINDOW BOXES

It is time to think of the window boxes and hanging pots with which will adorn verandas and house fronts this Summer. There are two or three essentials here. The box or pot must be strong and firmly attached because it is going to be heavy. Then, too, there must be very rich soil, with plenty of fertilizer, as this sort of gardening is very intensive. Of equal importance is moisture and this must be provided daily and sometimes twice a day, as the evaporation, for all sides of the box or pot are exposed to the air, is exceedingly rapid. The window box should be as long as the window and should be supported and arranged so that the top of it is almost flush with the window sill. There must be holes in the bottom of box and pot to provide drainage and also a layer of gravel, cinders, broken crockery or similar material for the same purpose. If one can secure a supply of well rotted manure, put this in next and finish with a top layer of rich soil. If there is no manure, use a fairly heavy application of a good garden fertilizer and repeat every month. The box, which should be at least seven inches deep and from eight to ten inches wide at the top is filled to within half an inch of the top. Along the front put in trailing nasturtiums, German ivy, lobelia, alyssum and similar plants with petunias, ageratum, begonias, ferns, geraniums and any other plants especially recommended for this purpose farther back. Shelter from the sun for a day or two until the plants get established.

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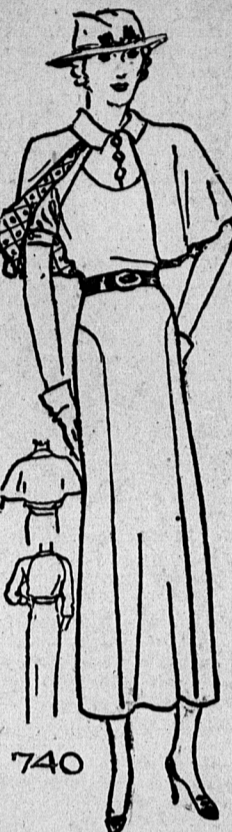
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THE HAPPINESS OF OTHERS

It is our daily duty to consider that, in all circumstances of life, pleasurable, painful, or otherwise, the conduct of every human being affects, more or less, the happiness of others, especially of those in the same house; and that as life is made up, for the most part, not of great occasions, but of small everyday moments, it is giving to these moments, their greatest amount of peace, pleasantness and security, that contributes most to the sum of human good. Be peaceable. Be cheerful. Be true.—Leigh Hunt.

A Morning Smile

OBSERVANT

The mistress of the house was superintending the dusting of her husband's library.

"Careful, Jane," she said to the maid. "Mind how you handle the books. Some of them go back to George the First, you know."

Jane, who was in the act of dusting a novel, smiled knowingly.

"Yes, ma'am," she replied; "and I see one or two of 'em ought to go back to the lending library as well."

HARD TO PLEASE

A grouch had a son in Cornell. At the end of the first year the son came home in high feather. He stood second in his class.

"Second?" said the father. "Second! Why didn't you stand first? What do you think I'm sending you to Cornell for?"

The young man returned for his second year, determined to win first place. At the end of the year he went home and announced his standing to his father.

The father looked at him a few minutes in silence, then shrugged his shoulders, and said: "At the head of the class, eh? Well, Cornell can't be much of a university after all."



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FOR FILLING IN

One is well advised to save a little seed of each variety from all plantings in order to fill in inevitable "misses" caused by drought, washings or other things beyond control. In the perennial flower bed, there will also be gaps where winter killing has occurred. These may be filled in with quick growing annuals.

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