

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

No star goes down but climbs in other skies; The rose of sunset folds its glory up To burst again from out the heart of dawn;

OSWALD, THE PARROT, FRIGHTENS BURGLAR

Oswald—the parrot—saved his 87-year-old mistress from being robbed in a Berlin (Germany) apartment house.

PLACE WHERE KOOTENAI ... BROWN IS BURIED NOW NATIONAL PARK

Waterton Lakes National Park is what they call it now, but to Mrs. Nicholus Brown, widow of "Kootenai" Brown it is just the place where her husband was buried.

KOOTENAI BROWN OF KOOTENAI LAKES, AS THE DISTRICT WAS CALLED IN OLD DAYS, WAS ACTING SUPERINTENDENT OF THE PLACE WHEN HE DIED.

Mrs. Brown is a Cree woman of more than ordinary intelligence. She was "Kootenai's" second wife. She nursed and cared for him during his declining years.

WIND IS BELIEVED TO HAVE CAUSED THE FREAK DISCOVERED BY FRANK SUTTON IN GREENFIELD, MASS. IT CONSISTS OF A HOLLY-HOOP BLOOM IMBEDDED IN A SUNFLOWER.

TOO MANY DON'TS MAKE JACK A DULL BOY

Don't use the word "Don't" in the nursery more often than you can help.

How can you expect a child to learn anything if you keep on saying, "Don't do that" and "Don't do this?"

This little word "Don't" means "Don't learn, don't grow, and don't be intelligent." Substitute instead the word "Mind" for "Don't."

Warn your infant of the dangers around him. Tell him the water in the tap may be hot and burn his fingers.

If you have a fireplace guard the fire from him with a guard securely fixed to the fireplace. Keep the kindlings shut at the bottom. Do not leave pins, needles, beads and the like about the floor for him to swallow or tread on.

A WORD ON GOOD MANNERS

The first and last word in good manners is "Don't." You cannot teach your betters their manners.

Manners are a device of wise men to keep fools at a distance. On calm seas, my ship comes in. If you should fall into any extreme, let it be on the side of gentleness.

Your gentleness shall force—more than your force moves us to gentleness.

A high degree of exclusiveness is possible only to Do-nothings and prized only by Know-nothings.

Like salt, sugar may be used to develop flavor rather than for seasoning alone. In cooking peas, lima beans or fresh corn, it is in the season, try adding a little sugar with the salt. It will also improve the flavor of stewed tomatoes.

Have you seen the new chintz-covered chairs in boxes? They measure fourteen by five and three

quarters inches, large enough to hold your knitting, your wool, your needles, and cleverly made with a little outlet for your wool. The chintz comes in plaid and flower patterns of yellow, blue, red and green, and is waterproof.

A Good Habit

Get into the habit of always buttering casseroles and baking dishes before putting in their contents. It not only makes the dish easier to serve but saves a lot of work in washing the utensils afterward.

Butter for Sandwiches

Soften the butter for sandwiches by adding a few drops of hot water and working the water in until the butter is soft. This is much better than melting it as this way the butter is of uniform smoothness.

Delicate Cake

If you do not care to break apart the delicate cake and yet hesitate to cut it with a knife for fear of spoiling its texture, use a strong string to hold it taut and cut through the cake with it. It will cut as well as a knife.

TABLOID

Keep a checking pencil with a dark-colored lead with your sewing equipment. As you unfold each piece of a pattern write its name on it plainly. This will save much time and bother when cutting.

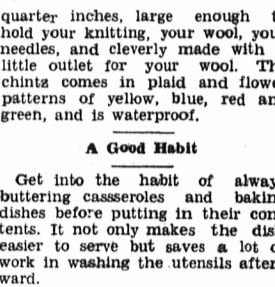
CARE IS REQUIRED IN PREPARATION OF THE INVALID'S TRAY

Operation over the patient comes home from the hospital, and everybody draws a breath of relief—but there is still a long pull ahead.

For everybody, especially for everybody, especially for mother, who must prepare tempting dishes that are neither too rich nor yet too light to build up new vim and vigor.

Unless this is a special case, milk is the basis of the convalescent's diet—milk amply supplemented by fruit.

Grandmother's Quilt Patterns



AIR CASTLE

Cut out pieces and set together as indicated on small block. Either print or plain material may be used. Set together in arrangement suggested on quilt diagram. Finish with 6 inch border around quilt.

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Pure orange juice, slightly sweetened and diluted grape juice and lemonade are all good, and of course canned and stewed dried fruits.

The capricious patient who will not drink milk may be served cream soups, milk desserts and puddings with cream, plain or whipped.

DISGUISED EGGS

Eggs are important, too, unless the patient has an idiosyncrasy against them. Poached, omelette or shirred, that they take the place of meat. In custards or beaten into milk and flavored with vanilla or nutmeg, they are nourishing and easily digested.

Meats should be used sparingly, especially the muscular cuts. Liver and sweetbreads are better. Be sure that only very tender meat is served on the invalid's tray. In this connection it's well to remember that the expensive cuts have no advantage over the cheaper cuts, providing the cheaper cuts are carefully cooked and tender.

With salads, milk drinks, creamed soups, cereals, vegetables, fruits, fruit whips, gelatines, and milk and egg desserts, there's no reason for letting the daily tray look monotonous.

One thing to remember is never to serve a sick person anything that is not perfect in its way. If the custard is over-baked and watery, let it be "save it" if you must, but do a fresh one for the invalid.

ORDERLY TRAY

Arrange the tray in an orderly manner without crowding. The various articles placed so they may be handled easily.

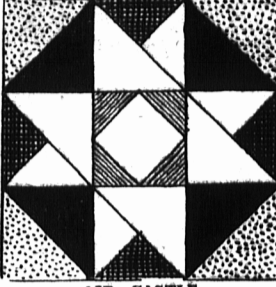
Be careful not to fill dishes too full. Liquids spill easily when carried on a tray, so use an individual beverage cup for you and one for the patient that hot foods are hot and cold ones cold.

Pretty dishes, a flower on the tray sparkling glass, gleaming damask napkin of good size and shining silver—these things mean to a person who has nothing to do but get well.

To make this rare and delectable cocktail, cook 4 cups of cranberries with 4 cups of water until the berries pop open (about 5 minutes). Strain through a colander or wire strainer. Bring the juice to the boiling point and add 2-3 cup granulated sugar and boil for 2 minutes. Chill and serve cold in cocktail glasses.

Another cranberry dish that particularly intrigues everyone we know who tested it is a raw cranberry relish. This relish is made by combining one pound of cranberries with 1-2 oranges and 2 cups sugar. The oranges are first pared with a sharp knife, the white membrane trimmed off, leaving the pulp in the surface exposed, then, of course the skin is removed too. The pulp with 1-2 oranges and 2 cups sugar is put in a meat grinder. Add the sugar and allow to set for a few hours before serving. Future use pour in glasses and cover with paraffin.

When Is Uncongeniality An Offense? Dorothy Dix Says: When Practiced By Husband Or Wife



Don't Like Your Husband's Taste in Neckties? — Get a Divorce on the Ground of Mental Cruelty! — For Uncongeniality Has Become the Great Crime—and the Racket—in Marriage

A Morning Smile

Mr. Murphy was taking his first flight in an airplane. The pilot was taking him over Dallas, and when they were about 3000 feet up, the plane suddenly went into a nose dive.

"Ha, ha," laughed the pilot as he righted his plane. "Half of the people down there thought we were falling."

"Sure," said Murphy, "and 50 per cent of the people up here thought so, too."

Mrs. Newrich was describing her travels to an audience "and have you been in South America?" somebody inquired.

"Many times," said Mrs. Newrich, rather bored. "I know it from end to end."

"Not as a matter of fact, I didn't," said Mrs. Newrich. "But my husband went to the top. You know I never did care for climbing."

The dentist had not dealt very gently with the inspector of taxes, and that official sat moodily at his desk, rubbing his aching face.

Suddenly his face lit up, and he rang for his head clerk.

"Has that assessment been sent off to Mr. Jones, the dentist, yet?" he asked.

"No, sir," replied the clerk. "I was sending it tonight."

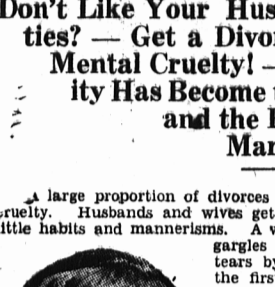
"Good!" said his chief. "Enclose it in a second envelope and mark it plainly:—This is not going to hurt you."

In one recent divorce case the wife's complaint was that he didn't speak her language. She was all soul and he was all business.

Thousands of other marriages go on the rocks because of incompatibility of temper, yet these very same people who cannot live with a husband or wife who doesn't think just as they think and fan't interested in the same things that they are interested in do not expect their friends to be rubber stamps of themselves, or dream of throwing up a good job because their bosses have ways they do not like.

Why is uncongeniality a crime only when practiced by a husband or wife? Nobody knows. It is just part of the mystery of marriage.

THE COOK'S CORNER



COCONUT LEMON DELIGHT 1/2 cup sweetened condensed milk 1/2 cup lemon juice 1/2 cup whipping cream 2 eggs 4 tablespoons sugar 1/2 teaspoon lemon extract.

FLAKY PIE CRUST

3 cups pastry flour 1 cup cold water 1/2 teaspoon salt 1/2 cup butter 1/2 shortening.

MARVEL LEMON PIE

1 package quick setting lemon jelly 1/2 teaspoon salt 1 1/2 cups warm water 1 baked 6-inch pie shell 1/2 cup sugar

Combine jelly powder, sugar, salt and lemon rind with 3 tablespoons water. Add egg yolks and stir well. Add remaining water, stirring until jelly powder is dissolved. Cool. Add lemon juice. Chill. When slightly thickened turn into cold pie shell. Chill until firm. Cover with meringue or top with whipped cream.

PEPPER RELISH

This makes a green relish which is very pretty to serve with the beet relish. Beets and peppers are always in market so these relishes are splendid to make for Christmas.

One dozen green peppers, 3/4 cups light brown sugar, 1/4 cups elder vinegar, 1 cup commercial pectin.

Cut open peppers and discard seeds and white pit. Put through finest knife of food chopper twice. Drain thoroughly. Pack solidly in a jar until juice comes to top. There should be 2 cups. Mix sugar, vinegar and prepared pepper and bring quickly to the boiling point stirring constantly. Boil hard for two minutes, stirring constantly. Remove from fire and stir in pectin. Skim and stir alternately for five minutes. Pour into sterilized glasses and cover as in foregoing recipes.

STRAWBERRY JELLY

Two cups juice from canned strawberries, 1 lemon, 4 cups granulated sugar, 1/2 cup commercial pectin.

Drain the syrup from the canned berries and add the juice of lemon. Put sugar and syrup into sauce pan. Mix and bring quickly to the boiling point, stirring constantly. Add pectin, stirring constantly and bring to a hard boil. Remove at once from the fire, skim and pour into sterilized glasses.

QUICK SAVOURY

Here is a quickly made, nourishing savoury. Simmer four tomatoes until soft, then rub through a sieve and season with salt and pepper.

Slightly beat two eggs with a pinch of salt and a little milk, melt a nut of butter in a saucepan, add the eggs, and stir over a low gas until set.

Stir in the tomato puree, then spread on buttered toast and garnish with chopped parsley.

For efficiency, the kitchen should be equipped with a roll of paper towels. These may be used for draining, to polish table glassware, to wipe off the table or stove, for greasing cake pans, for wrapping metals, for drying and polishing metal fixtures, as well as for drying hands.

For the kitchen and bathroom, oilcloth curtains are attractive. The new oilcloth is thin and flexible. It has a sleek, satiny finish. It ought to make up into cool pillows next summer for the porch, pillows furthermore that can be kept clean by wiping lightly with a dampened cloth.

PRINCE OF WALES SENDS GREETING



In conformance with annual tradition, we present herewith a Queen of Wales' Christmas card. The picture's subject is Queen Elizabeth giving audience to Shakespeare.

SMART FROCKS FOR FASHIONABLE PEOPLE

How it eases one's conscience to invest in togs which have more than one use! Daughters will just love these little "butcher boy neck pajamas. They are so smart to lounge in before retiring. As to cut, it is the best of style and taste for juniors.

The original was carried out in grey striped flannel. There were blues and much grey and red in the design.

Washable crepe silk and rayon are also charming for these easy to make pajamas.

Style No. 871 is designed for sizes 11, 12, 13 and 14 years. Size 15 requires 4 1/2 yards of 39-inch material. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 871. Size ...

City ...

NEW DOMINION WOMEN'S INSTITUTE

Eight members and two visitors met at the home of Mrs. Healey Currie for the December meeting. The President presided and opened the meeting with the "Island Hymn."

Roll call was responded to by giving the names of the MacRae's, Watertown, the Public Health, Mrs. MacEachern, and for a sick lady; treat of oranges for the school children; a donation for the Orphanage, groceries for a needy family, donation for the Santa Fe fund. Special mention must be made of a donation made to the Institute—a lovely cap and scarf, knitted by Mrs. John Jenkins, Birch Hill, who, though not a member of our Institute nor of our district, is so interested in our work that she has made this special donation to be disposed of in the interests of the Institute. The next meeting will be held at the home of Mrs. W. H. Drake.

A TONGUE TWISTER

See how many times you can rapidly repeat the following sentence without making a mistake!

Twelve troublesome tailors tried tempting, toothsome tarts, tating to trip ten taciturn turtles.

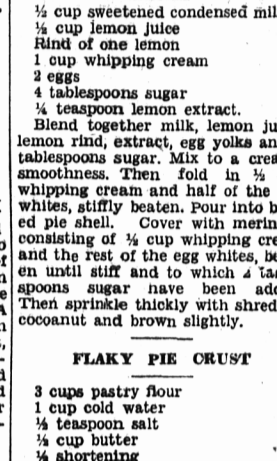
To Make Bread Stuffing

We have often thought that stuffing have never been given quite the consideration of the cook or the praiser that is due them from those who enjoy a well-dressed bird. It has been a great question why this is the case. Probably because they have so seldom been properly prepared and the dressing or stuffing placed before the diner has been soggy.

A good dressing must be well seasoned. It must be sufficiently moistened, but not so soaked with liquid that it is a soggy mass when served. Also the amount and kind of seasonings, and the type of dressing or stuffing used depends upon the kind of meat or fowl it is to accompany.

The simplest dressing is quite often the best. The most common foundation used is bread, but often it is replaced with other ingredients such as rice, potatoes and corn. With these variations there is a wide choice in food type for meat or fowl and for everybody's taste. Until one has become adept in making a light well seasoned stuff-

WHISPERING ROCK



Snavelly looked pityingly at Ruth, then turned away. The old cowboy was perhaps a mile south of it, seemed incredible to him that any one could look at a bull and not remember him as one remembers the face of a man.

The day came when Ruth, Ann, and David set out to obtain some Mexicans. She had told Snavelly that she wanted to go, herself, because she had never seen the town of Palo Verde. This was partly true, but she felt that she knew her real reason: she wanted to be sure to get some Mexicans. He refused to go with her and she commended Ann for an interpreter. She hoped David could stand the ride—it would be twenty miles there and back. They would have to spend the night—heaven only knew how and where.

They had reached the highway and were perhaps a mile south of the gate when they met a covered wagon, accompanied by a horseman. A lean old Mexican with white mustachios and a wispy goat, drove the team. Beside him sat a girl of eighteen, whose beautiful face-like eyes left the figure of the young horseman, as Ruth and Ann came nearer.

Ann spoke quietly to Ruth, "I think we better ask them people."

"Yes, do,"

"Buenos dias, Senor," Ann addressed the old man. He promptly pulled up the horses, arched, and shifting the reins to his left hand swept off his large hat in a courteous bow.

"Buenos dias, Senoras," he replied in a voice which was mellowed graciously.

Ann turned to Ruth, "They will be good—they come from far in Mexico—round the border they don't speak so."

She replied to the old man, and continued to talk for some time. The young horseman eyed his tender young mustache and drew a little closer to the girl's side of the wagon. The girl caught her black mantilla about her throat with a dainty ivory hand, her large eyes lowered to the small tips of her toes which rested on the foot-board under a voluminous blue skirt.

Ann talked steadily and with surprising animation for several minutes; her gestures and expression were much like those of the old man. Ruth saw that she spoke Spanish more naturally than English. Finally, she nodded toward Ruth and swept out her arm to indicate the western mountains. The old man was silent for a time after she had finished. He spoke a short sentence to the young horseman. The young man smiled, shrugged his shoulders and said a few words to the girl. "They'll come. We pay them fifty dollars a month, an' give them fresh beef when we butcher. The other things they eat they buy from us. We can fix up a place in the barn for 'em."

Apparently everything was settled. She spoke to Ann. "What have you learned about these people?"

"I don't know 't country they come from—a ranch ten days over the line. Don Francisco was the major domo—boss of the ranch; but there was a death an' a change amongst the owners that he didn't like, so he left an' come to U. S. Alfredo was workin' at

not continue. Thoughtfully, his eyes scanned the mountains. "Why shouldn't they be named for a wolf?" she asked.

"Ah—these mountains, but have I not heard tales of these mountains?" The old man paused again, and there was an undercurrent of anxiety in his voice as he continued. "Do I mistake myself, or is there not one small canon where it is said a rock speaks with a voice of evil. There is a tale of travellers which I remember to have heard in my boyhood—is it not true?"

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"Oh, Ann! Think of something to tell him. I want these people—I like them. Now, Ann, I'm going to order you to tell the old man what I told you to tell him; if it's wrong to me about the voice the blame is on me, not you. And I'm going to ask you never to go through the gulch—we'll build the road around it—and no one will ever go through there again!"

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