

Woman's Realm / Social and Personal / Fashions / Literature

Stephen Foster Ballads in Southern Songbook



Includes Favorite Spirituals
Songs of old Dixie — don't they call up pictures of a "Gone With The Wind" plantation and pickaninny croonin' in the twilight? With a songbook of southern airs and Stephen Foster ditties, you and your friends can have many delightful hours. "Heav'n, Heav'n" is a favorite spiritual.

"I got a shoes, you got a shoes . . . When I get to Heav'n, gonna put on my shoes.
An' gonna walk all over God' Heav'n."

A Stephen Foster song you are happy to meet again is "My Old Kentucky Home." It goes:
"The sun shines bright on my old Kentucky home,
'Tis Summer, the darkeys are gay—
Another is "De Camp Town Races." Great fun!

"De Camp-town ladies sing dis song, Doo-dah! Doo-dah!
De Camp-town race track five miles long, Oh! Doo-dah-day!"

Pep up parties and dates with these and other favorite airs of the sunny south. Our songbook has 21 favorites complete with words, music, piano and guitar accompaniments. Includes "Jeanie With The Light Brown Hair," "Short'nin' Bread," "Carry Me Back to Old Virginny."

Send 20c in coins for your copy of "Songs From 'Way Down South" to The Guardian, Home Service. Be sure to write plainly your Name and Address and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

Dorothy Dix Says—

BUSINESS OFFICE PRACTICE IS NEEDED IN THE HOME

Women Should Use The Same Care In Dress And Tact With Husbands That They Do With Others

When a girl gets a good job and one that she desires to keep, there are certain things that she does. She comes to work in the morning, she is neat and crisp and fresh-looking, with her hair well combed, her collar clean, her dress pressed, herself generally a treat to the eyes. She would never dream of presenting herself in the office in a rumpled and soiled housecoat, with her hair in curl papers and her face shining with last night's cold cream. She tries to make good in the position she has assumed. She strives to improve her speed and her spelling, if she is a secretary; to become more accurate if she is a file clerk or a bookkeeper. She studies the technique of salesmanship if she stands behind a counter, for well she knows that she must earn the money she is paid for her services and that her only chance of becoming a high-paid buyer, or department manager, or "our invaluable Miss Smith" is for her to give satisfaction to her employer. She parks her temper at home before she starts to business. She takes criticism meekly instead of flying into a rage or bursting into a storm of tears. Even when her boss lays the mistake that he has made at her door, she merely smiles and says that she will try to do better the next time instead of going to the mat with him about it. She never proffers her poor nerves or her being naturally high-tempered as an excuse for her conduct.

But how differently so many girls act when they undertake the biggest job that any woman ever tackles, which is the marriage. Of course, there are exceptions to every rule and there are many wives who try as hard to please their husbands as they would their employers and to be as good wives as they would be to good stenographers or clerks.

But, on the other hand, consider the number of women who think that marriage is a life job from which they cannot be fired, so there is no use in their bothering to make good on it. They come down to breakfast looking like something the cat brought in. They never learn to cook or keep house. They never try to conciliate their husbands, or to make themselves attractive or entertaining. They don't bother even to be polite and they say things to their husbands they would say to no other person on earth.

Why They Lose Love

And then they wonder why they lose their husbands' love why there is another woman, and why at middle age they so often find themselves deserted. One of these women writes:

"I have been married 32 years to a good, kind man who has been a wonderful provider and given me every luxury. I thought because he was married to me I couldn't lose him, but now he is going to leave me. I said: 'You can't do this to me. You married me for better or worse and it is your duty to accept your obligations.'"

He said: "You have forfeited the right to demand further sacrifices on my part. You have shirked your responsibility to me. You have accepted everything and given nothing. You never read anything and you have let yourself get dull. You are too much and got fat and are unattractive to look upon. You have spent your time playing bridge for so many years that you know nothing else."

"You have been faithful, but that isn't enough. Being faithful required no effort on your part. You had no temptation to be otherwise. You have run with a pack of nitwit women and you are just as stupid as they are and I would rather die than spend the remaining years of my life with you. I am through. I will make a settlement on you that will make you comfortable, but I will never live with you again. I have given 32 years of my life to you and haven't ever got companionship from you in return."

This wife considers herself ill-used, but is she? Isn't she just getting her just deserts for laying down on her job?

Dear Dorothy Dix—In a recent article you said that the best way for husbands and wives to stop quarreling was not to get into a quarrel. True. But my husband is an inveterate liar and if I never told him that he was lying he would believe that I was dumb enough to believe him and he would think that he was fooling me. I can't let him put that over on me and keep still when he is trying to put across some statement whose falseness would not deceive even an idiot child. I feel that I owe it to my own self-respect to call him down and give him back his lie in his teeth. Don't you think I am right? Can you give me a reason for a man's habitual lying?

ANSWER—If your telling your husband that his false statements did not deceive you for an instant kept him from lying you would be justified in being in a continual row with him over his inability to speak the truth, but it doesn't.

There is no such thing as reforming a liar. So if you are doomed to have to live with one, the easiest way is to take the path of least resistance — just ignore his lies. Regard his false statements as the vagaries of a disordered mind. After all, a liar's lies seldom do much harm, for no one believes them. **DOROTHY DIX.**

THE COOK'S CORNER

STEAM FRUIT CAKE

Four eggs, 1 cup of butter, 1 cup of sugar, 1-2 cup of molasses, 1-2 cup of coffee, steeped, 1 pound of raisins, 1 pound of currants, 2 pound of shelled walnuts, 1-4 pound mixed peels, 1-4 pound pitted dates, 1 teaspoon of several kinds of spices, 1 teaspoon of baking soda, 1 glass of wine, flour as much as required. Steam for 2-1/2 hours, finish off in the oven. Double the recipe for large cake.

One tablespoon flour; 1 tablespoon melted butter; 3-4 cup hot water; 3-4 cup sugar; pinch of salt; 2 tablespoons lemon juice; 2 tablespoons brandy.

Mix flour and butter together and add the hot water, sugar and salt. Cook until transparent. Just before removing from fire, add the lemon juice etc. Serve hot over steamed puddings.

DARK FRUIT CAKE
(Of Unusual Flavor)

1 cup butter
3-4 cup granulated sugar
4 eggs
1 pound cleaned currants
1-2 pounds raisins
1-2 pound mixed peel
1-2 pound almonds
1-4 pound glace cherries
1-4 pound candied pineapple
1-4 pound shredded coconut
1-2 cup maple syrup or honey
1-2 cup coffee, grape juice or other liquid
1 teaspoon each of vanilla, lemon, almond and rosewater extracts
2 cup of bread flour, or 2 1-2 cups cake or pastry flour
2 teaspoons baking powder
1 teaspoon cinnamon
1 teaspoon mace
A little grated nutmeg
1-4 teaspoon salt
1-2 teaspoon soda dissolved in a teaspoon of warm water.

Mix the cake as directed. The soda is added after the flour and before the fruit. The maple syrup is added to the butter and sugar — after the eggs.

Bake in a slow oven (250 to 275 deg. F.) for 3 to 3 1-2 hours.

COCONUT GEMS

Two cups flour, 1 dessertspoon corn starch, 4 heaping teaspoons shrimps, 3-4 cup icing sugar, 1 tablespoon honey, 1-2 cup coconut, 1-2 cup milk, 2 eggs, 1-2 teaspoon salt, 1-2 teaspoon baking powder, 1-2 teaspoon vanilla. Beat sugar and shrimps, add eggs, honey, milk and vanilla, add coconut, mix salt, baking powder, corn starch and flour. Drop on greased pan, bake in moderate oven.

A Morning Smile

Private (finding a wasp in his stew): "Hi! What's this?"
Mess Orderly: "Vitamin beef!"

CANNY

A young Scotsman went to the telegraph office one morning and wired a proposal of marriage to his sweetheart. After spending the entire day and part of the night waiting, he was finally rewarded by the telegraph office.

"If I were you," suggested the operator who delivered the message, "I'd think twice before I'd marry a girl who kept me waiting all day for my answer."

"Na, na," replied the young Scot. "The lass who waits for the night rate is the lass for me".

Your Individual HOROSCOPE — By Frances Drake

Look in the section your birthday comes in and find what your outlook is, according to the stars.

For Friday, November 14th (Copyright 1941, King Features Syndicate, Inc.)

MARCH 21 to APRIL 20 (Aries)—Your best leads today are along spiritual and mental lines. Follow your conscience even though lucrative propositions which are unworthy of the better you seem tempting. Real estate, transportation, handling needed consumers' commodities sponsored.

APRIL 21 to MAY 20 (Taurus)—Be on the safe side; set a definite objective, then strive ardently through patiently to reach it. Selfishness very important. All constructive work should bring beneficial results.

MAY 21 to JUNE 21 (Gemini)—You should have no quarrel with today's offerings and helpful influences. Gains indicated through your own work and management. Selling, advertising, journalism, real estate, literary efforts on the preferred list.

JUNE 22 to JULY 23 (Cancer)—Advice to Gemini obtains for you folks, today, too. Transportation, motion picture industries, research, dealing in antiques and generally improving the quality of your output also favored.

JULY 24 to AUGUST 22 (Leo)—A wide variety of endeavor and personal and general interests are honored by favorable star aspects now. However, you'll have to do your share in work to partake of the benefits possible.

AUGUST 23 to SEPTEMBER 23 (Virgo)—Favorable for completing unfinished matters, holding conferences, making plans, dealing in real estate, government and other stable investments; literary work. Good day on whole.

SEPTEMBER 24 to OCTOBER 23 (Libra)—A beneficent vibrations permeate. Encouraging for new start in business, especially in the lines of advertising, modern equipment, sound business.

OCTOBER 24 to NOVEMBER 23 (Scorpio)—Moderation and forethought your big safeguards now.

TODAY'S SENSATIONAL NEWS!

Washes Come **WHITE** without Bleaching!



You'll agree it's the **WHITEST WASH EVER** or Double your Money Back!

WHITE! WITHOUT BLEACHING! CAUSE OXYDOL LIFTS OUT DIRT—WASHES FIBRE-CLEAN.

SAFE FOR COLORS AND RAYONS! WE OXYDOL "HUSTLE-BUBBLES" ARE MILD AND GENTLE.

EACH CUPFUL DOES MORE WORK—WASHES MORE CLOTHES WITHOUT ADDING MORE SOAP—MORE FOR YOUR MONEY!

OXYDOL WORKS HARDER—THERE'S MILLIONS OF US "HUSTLE-BUBBLES!"

IF YOU WANT TO SEE HOW MILD "HUSTLE-BUBBLE" SUDS ARE ON HANDS—JUST LET OXYDOL DO YOUR DISHES!

Now at Your Dealer's—SAME ORANGE AND BLUE PACKAGE—THE CHANGE IS IN THE SOAP

NEW OXYDOL

Now brings you Suds—richer in washing power. A New Milder Kind of Suds!

"HUSTLE-BUBBLE" SUDS!

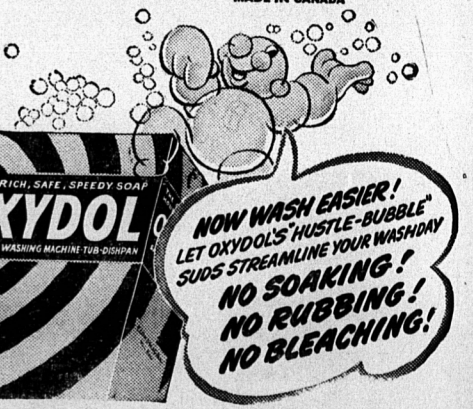
MORE DIRT-GETTING POWER AND NEW MILDNESS—SAFETY FOR COLORS, AND RAYONS—NOW COMBINED IN THIS FAMOUS SOAP AS NEVER BEFORE.

Try it. Wash the modern way with New OXYDOL—Canada's "last word" in laundry soap. Now it has still more washing power for getting clothes white, coupled with wonderful new mildness for hands—safety for washable colors and rayons.

Yes, Oxydol has a new kind of suds—"HUSTLE-BUBBLE" SUDS. If you use a washer, don't bother with preliminary soaking. And don't rub your hands red. Except for stains or unusual pieces, just put clothes through the washer—and rinse.

Then see how OXYDOL gets your wash darning white without bleaching. If you don't agree it's the whitest wash ever, return the unused portion of the package, with your name and address, to Procter & Gamble, Dept. R, 1600 Delorimier, Montreal, and twice the purchase price will be refunded. Offer terminates December 31, 1942.

MADE IN CANADA



NOW WASH EASIER! LET OXYDOL'S "HUSTLE-BUBBLE" SUDS STREAMLINE YOUR WASHING! NO SOAKING! NO RUBBING! NO BLEACHING!

Living & Leisure — The Woman's Realm

Have we not all, amid life's pretty strife, Some pure ideal of a noble life That once seemed possible? Did we not hear The flutter of its wings and feel it near, And just within our reach? It was, And yet We lost it in this daily jar and fret, And now live idle in a vain regret. But still our place is kept, and it will wait, Ready for us to fill it soon or late: No star is ever lost we once have seen; We always may be what we might have been.

To remove hard sealing wax from glass tubes and corks use denatured alcohol.

Wilted vegetables will taste and look better if they are freshened in ice water before cooking.

Do not wash muffin pans with soap and water. After baking, wipe them clean with a paper napkin or paper towel. Muffins will not stick to pans receiving such treatment.

The liquid of canned vegetables should never be discarded. It contains flavor and food value, including mineral salts, and is suitable for use in soups and sauces.

A crepe blouse with scalloping also has a two-way collar particularly flattering to women.

An ordinary string comb-cleaner will clean a brush in no time if slightly moistened with carbon tetrachloride. This grease solvent instantly dissolves the oil which holds the dirt and makes the comb like new.

Apples for baking may be made very attractive by peeling skin in strips from upper half of apple. This also helps to prevent bursting. Bake as usual.

BOTTLE NEED NOT BOTHER BABY

IF IT DOES Mrs. Robert E. Brandon, of Markham, Ontario, has this message for you: "As so often happens to bottle-fed babies, stomach trouble and constipation were so troublesome we despaired of ever raising our first baby. A neighbour recommended Baby's Own Tablets and they proved so satisfactory we have never been without them for over thirty years, with the result we have five extra sturdy children. So far they have missed all the so-called children's diseases and four of the five were bottle fed."

And Mrs. M. Butcher, of Toronto, says that "Baby's Own Tablets are excellent for bottle-fed babies as they assist in digesting foods which cause indigestion."

Baby's Own Tablets are equally effective in diarrhoea, simple colic, colds, simple fever and teething troubles. Sweet-tasting, easy to take, safe. Analyst's certificate in every box.

Never be without Baby's Own Tablets—sickness so often strikes in the night. 15 cents. Your money back if you are not satisfied.

SHOULD NOT BE CROWDED

Use a larger vase than necessary rather than a small one for the bouquet of flowers. When you crowd the stems into a small space you shut off their means of absorbing nourishment and your flowers will not last long.

FACE POWDERS

Do you know about the newest way of saving powder? One excellent quality powder has recently been put in a clever non-spill box with a hole and a cork. With this box there is no bother, no waste, no mess—you can tap the powder into bowl or compact without losing a speck. This box now has no lid because no one is allowed

Needlecrafts — For The Home

An apple for the teacher won't be at all necessary if your daughter wears this cunning little dress to school. You'll like its smart simplicity — the snug bodice and the full skirt that gives her plenty of room for action. Trim white collar and cuffs are fresh, crisp accents — and of course the rosy red applique apples are bound to delight any young miss. A dressier version with a heart-shaped neckline is also included in the pattern.

Style No. 3186 is designed for sizes 2, 4, 6 and 8 years. Size 4 requires 1 1-2 yards of 35-inch fabric for dress; 1-4 yard contrasting; 1-4 yard for appliques; 3-4 yard for panties.

Send twenty cents (20) coin preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish.

Style No. 3186 Size _____
Name _____
Street Address _____
City _____ Province _____



STUFFY NOSTRILS HINDER SLEEP

MENTHOLATOL
Gives Comfort

stuffy, mucus-clogged nostrils... blocked nasal passages... stuffy nostrils... try Mentholatol for instant relief. Jar and tubes, 50c. As