

Woman's Realm -- Social and Personal -- Fashions -- Literature

The HOUSEWIFE and HER ACTIVITIES

For praise, that's due, does give no more to worth than what it had before; But to command without desert requires a mastery of art, that sets a gloss on what's amiss, and writes what should be, not what is.

MANNERS A rough, rude, coarse manner creates an instantaneous prejudice, closes hearts, and bars doors against us.

INTERESTS There are interests by the sacrifice of which peace is too dearly purchased. One should never be at peace to the shame of his own soul, to the violation of his integrity or his allegiance to God.

THIS HEN IS A STEADY PROVIDER

The cackle of an Iowa State College Rhode Island hen was heard 308 times last year, and each cackle meant somebody's breakfast, according to poultry specialists at the institution.

NEW BRUNSWICK PARISH UNDER CURFEW LAW

Children in the parish of New Brunswick, Gloucester County, N. B., dislike to see the approach of dusk these evenings, and the church bell at Grand Ave has a new purpose.

New Brunswick is under curfew law as the result of an unusual parish ordinance, and all children must be off the roads and out of public places at an early hour each evening.

CULTIVATE HEALTHFUL HABITS AND KEEP YOUTHFUL

The most economical way of keeping your beauty is to cultivate healthful habits.

If you want to remain beautiful and have a smooth skin, shiny hair, and retain the natural health of youth.

In the first place, try to control your nerves. Very nervous persons are apt to show age—much more quickly than persons who are calm.

Be sure that you get enough sleep. There are very few individuals who can get along on less than eight hours sleep a night.

PAINTING A DUCHESS UPON WOOD

Women who find it hard to fit in sittings for their portraits, among all their other engagements, should be interested in Mr. Victor Hammer.

This artist who brings from Florence a modern version of primitive portraiture on three ply wood, sketches his portraits in two or three sittings.

Mlle. Livia Paravicini, daughter of the Swiss Minister, came to a tea party given in his studio to see the sketch of her portrait in black and white, with scarlet finger nails and lips.

The Duchess of Rutland is a recent sitter to Mr. Hammer.

98 OUT OF 100 WOMEN REPORT BENEFIT

No More Backaches

"I used to have backache most all the time and other troubles. No pop. I was telling a friend how I felt and she told me about your Vegetable Compound. I have taken it for four months and feel much better."

If your back aches periodically as Mrs. McLesca's did, give this medicine a good trial. Take it regularly and you will be pleased with the results.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND Used by women for over 60 years

A MOVING ROYAL SPEAKER

I should not like to attempt to decide which is the best speaker among the ladies of the Royal Family, but there can be little doubt that Princess Marie Louise is the most moving one.

OLD WORLD NAMES

The fashion for reviving the Christian names of other centuries is leading the mothers of Mayfair to re-read their childhood's books in order to discover what were the most popular names for the heroines of the past.

Imogen Clarissa are the two old-world names that Mr. Osbert and Lady Joan Peake have at length chosen for their baby daughter.

Another mother who adheres to this fashion for daughters' names is the Hon. Mrs. Fitzalan Howard.

Elizabeth Anne Marie Gabrielle are the names that their baby daughter received at the Brompton Oratory last week.

A SIMPLE QUICK WAY TO RELIEVE ACID STOMACH

HERE ARE THE SIGNS: Nervousness, Frequent Headaches, Indigestion, Loss of Appetite, Sour Stomach, Auto-intoxication.

TAKE—2 teaspoonfuls of Phillips' Milk of Magnesia in a glass of water every morning when you get up.

OR—Take the new Phillips' Milk of Magnesia Tablets—one tablet for each teaspoonful as directed above.

If you have Acid Stomach, don't worry about it. Follow the simple directions given above. This small dosage of Phillips' Milk of Magnesia acts at once to neutralize the acids that cause headache, stomach pains and other distress.

But—be careful you get genuine Phillips' Milk of Magnesia, or Phillips' Milk of Magnesia Tablets when you buy—25c and 50c sizes.

Each tiny tablet is the equivalent of a teaspoonful of the original Phillips' Milk of Magnesia.

What Every Widow Knows!

By LUCILLE VAN SLYKE

CHAPTER 14 GREEN EYED STUFF

With mingled emotion Molly Benedict stepped into the ugly boarding house parlour to murmur to the bulky young man who was awaiting her, a somewhat irritated.

"What is it, Mr. Hatch?" She was tired from her long hard day, she wanted to get a good sleep, and she felt, petulantly, that she was simply disgusted with men.

Dexter Hatch, looking down at her, felt a pang of pity for the little widow, she looked so thoroughly weary. There were dark shadows under her eyes.

"I'm taking a midnight train for upstate," he stammered. I don't guess I had any right to come over here so late—I kinda rushed off without explaining anything and I didn't want to leave town having you think—I meant to make any trouble—"

"You and I seemed to get along all right until we sat into that fellow Gordon—"

"Oh, I know I'm butting in," Dexter flushed—he was twirling his absurd hat around in his big hands like an embarrassed school boy.

"I can see you think I am. I don't mean a word against Gordon. He was right, I shouldn't have begun any scrap with anybody on your door-step. But this chap Collins said something that riled me. And I remembered where I'd seen him

Loses Ugly Fat 41 lbs. in 5 Weeks

Reduces Hips, Bust 6 inches New Safe, Quick Reducing Method

"I have taken 2 bottles of BonKora and lost 41 lbs. in 5 weeks. Reduced bust 6 inches and hips 6 inches. Lots of my girl friends are now fat and I feel like a new woman."

Get a Big Bottle of BonKora Today. Special This Week at ALL GOOD DRUG AND DEPARTMENT STORES.

THE COOK'S CORNER

TWO CAKE RECIPES One recipe is for a ginger cake which is put together with a banana filling and more bananas and whipped cream over the top.

Spice Layer-Cake 2 cups brown sugar 1/2 cup butter 2 eggs

Gingerbread Shortcake 3 tablespoon shortening 1/2 cup sugar 1 egg

For heart size (Scott style), simmer the lamb or mutton hearts until tender. Remove and cut in two-inch squares.

When cool, place sliced bananas between and on top of cake layers. Cover with whipped cream and banana slices.

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Dorothy Dix's Letter Box

Girl Who Knowingly Marries Arguer Deserves the Years of Misery She is Sure to Have—How Can You Tell Whether Your Love is the Real Thing?

Dear Miss Dix—Is there any cure for arguing? I have been going with a man for some time and like him very much, except that he has a passion for arguments.

My dear girl, your guardian angel is working overtime to try to save you from a lifetime of misery.

Marry a drunkard, or a philanderer, or a Weary Willie if you are bound to gamble on matrimony, but never, never marry an arguer.

But the arguer never stops. He has no pleasant season. So let the negative side win out when you debate the question of whether you should marry a disputatious man or not.

In all good truth there is no other such social pest as the arguer. There is no other such bore. He can ruin any party.

Don't delude yourself with the idea that you can cure any one with the arguing habit. It can't be done. It is an incurable mania.

You can't even remark that it is a pleasant day without his flattery contradicting you and hurrying at you a bale of thermometer readings and weather reports that show the temperature is not what it should be.

Whether arguers argue because of some contrary streak in their nature that never permits them to agree with any one else, or whether it is because they think that to differ with every one makes them appear brilliant and original, or whether it is just because they love the sound of their own voices, nobody knows.

It is in the home, however, that the arguer gets in his most deadly work. It is there that he becomes a potent stirrer-up of strife.

There are plenty of wives who have what should be a happy life, spoiled by their husbands' arguing.

Once a man is an arguer he is always an arguer, but a wise woman doesn't make a hirsute companion of him.

Dear Miss Dix—How does a man tell for certain whether he is in love with a girl or not? There is a certain girl whom I find myself thinking about dozens of times each day.

It is the real genuine blown-in-the-bottle kind of love that lasts and satisfies, and you need have no hesitation about marrying any

only one week more. "Going to get married?" asked the sharp-eyed harpy.

"Going to open a tea room," Molly answered proudly, and I have rented some rooms in the same building so I'll be near it.

"Tea room!" sniffed the landlady. "Well, I don't wish you any hard luck but a friend of mine sunk twelve hundred dollars in one of the pesky things, too many of 'em—too many of 'em—"

"Not one like mine—" Molly boasted. Her morning was an exuberant rush. She adored marketing.

"The evening meal went much better. This time several tables were filled and the waitresses behaving much better than their afternoon predecessors."

"Bora flirt—" Molly thought ruefully as she watched the girl deliberately ignore all women customers and sit raptly to any table at which a man sat down.

"I'd love to eat here," he told Molly, "but I'm on my way to Monte Furman's bachelor dinner—he's marrying that Wendell girl tomorrow."

"I do solemnly declare that I was troubled very badly with pimples. Then my husband recommended Fruit-A-Tives to me. I tried them and am very thankful that I did. In a short time the pimples all left and my face was perfectly clear. My health improved greatly."

A new statement to the above effect was made before a Notary Public at Toronto, October 10th, 1929. Obtained on file.



3 Reasons Why You'll Enjoy this Perfect Coffee 1st—The same grand blend that made Maxwell House famous in the Old South.

MAXWELL HOUSE COFFEE

girl that you feel that way about. There are many varieties of near-love that seem so much like the real thing that it is no wonder so many men mistake a slight palpitation in the cardiac region for a fatal case of heart disease.

Very often a woman's attraction for a man is purely physical and that, too, wanes with time and is killed by satiety.

But when a woman just fills a man's life and glorifies it with her presence she inspires in him the love that lasts and grows greater year by year.

She may babble like the brook about the baby cutting a tooth, and the new hat she bought, but it is more interesting to him than the conversation of the most brilliant highbrow.

Dear Dorothy Dix—Why are so many school teachers headed for the old maid class? Is it because they have ruled children so long that they have become domineering and men are afraid that they will make bossy wives?

I think you are mistaken in believing that there are more old maids among school teachers than there are among any other class of self-supporting women.

Possibly there are egotistic men who are afraid of being heckled, and who are not willing to marry girls better educated than themselves, but most men have come to realize that brains are an asset, and not a liability in a wife, and that makes the schoolma'am a preferred risk.

partake of it! Nor had the scheme of employing student labour worked out particularly well. She had thought, being near the Art Student's League, that she could find several students who would be glad of part time jobs.

"All except blonde—who looks rather naughty," he enjoyed teasing Molly whenever he could.

"She applied herself assiduously to making change. "Sorry you have to go—" she murmured mediocrity. And looked up with a dazzling smile to welcome a rather elegant young person who was coming through the doorway.

"Good heaven, Molly," Jimmie fumed. "If you're going to encourage that sort of trade—"

"There's an awful lot left, isn't there?" she asked the dozing cook nervously.

"We'll make meat pie tomorrow; she comforted, "don't fret your pretty head—"

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FRUIT-A-TIVES—25c and 50c at all Drug Stores

A Morning Smile

The dear old lady had reached her 100th year in good health and strength, and the vicar was talking with her, in anticipation of finding material for a good sermon.

"And now will you tell me," he said, "what has been the main source of your vitality, what has seemed to you to be the chief basis of the wonderful vigor of your mind and body, what has helped and supported you through all your days of trials and sorrows?"

"The dear old lady thought hard for a moment, and a bright smile illuminated her face as she answered briefly: "Victuals!"

Itchy Toes Get Relief If Nervilleine is Used

Burning Pains Stop Quickly One of the most common ailments of the day is "athlete's foot," it makes the toes burn and blisters. Often there is a watery discharge which is followed by a scaly dryness.

You get quick relief from Nervilleine; it destroys the germ that causes the trouble. Rub Nervilleine between the toes night and morning. All pain disappears. Healing is rapid. It is, of course, necessary to wash the feet before you sell Nervilleine.

Daintiness With Chic Styles

Illustrated Dressmaking Lesson Furnished with Every Pattern BY ANNABELLE WORTHINGTON

Here's a two-piece model, youthful and dashing in cut and color. It's the most simple dress to fashion.

Bright tomato red crepe silk combined with a printed crepe in tomato-red and dark blue in the original.

The blouse affects a piquant in smart hip length. The slim skirt has inverted plaits to animate the hemline.

This model can also be carried out in one colour scheme and look charming.

Style No. 467 includes pattern for the skirt and the blouse. It is designed in sizes 14, 16, 18, 20 years, 36, 38, and 40 inches bust.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

SPRINGTOWN SCHOOL Report for the month of February. Grade X—1 Belle Nicholson, 2 Alfred Martin.

Chest Colds Rub well over throat and chest VICKS VAPOR

