Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

THE WOMAN'S REALM

SELECTED GEM

O, a dainty plant is the ivy green,
That creepeth o'er ruins old!
Of right choice food are his meals.
I ween,
In his cell so lone and cold.
The walls must be crumbled, the stones decayed,
To pleasure his dainty whim;
And the mouldering dust that years have made
Is a merry meal for him.
Creeping where no life is seen,
A rare old plant is the ivy green.
—Charles Dickens.

LITTLE CHANGE IN SPRING MODE

New York — After the revolution —the calm spring fashions, thinking better of last year's extravagances, will move in with such slight changes you'll hardly be aware of their entrance.

Collections appear to vie with each other in a lack of drastic changes. The most noticeable feature is the slimming of the silhouette, from the trim "little" look of heads to delicately slim shell slippers. This does not mean that skirts will be skimpy in yardage—far from it. But though ample fabric is used, the effect is definitely on the straight side.

Skirts for daytime hover anywhere between 12 to 14 inches from the floor, growing longer as the hour grows later. Shoulders continue rounded, generally, with deftly handled though almost imperceptible padding. Ben Reig announces unequivocally that "Round shoulders are positively in for 1949."

COATS STICK TO STRAIGHT, NARROW

New York — Coat lines with the newest look are straight and narrow, with an inclination to echo the slim, rather short-waisted fashions worn between 1921 and 1925. The mood is genteel and entirely feminine. Throughout the entire fashion picture the delicacy of the Directoire period leaves its light, rather frivolous, imprint.

You see it in higher waistlines, in large sleeves which minimize the bust and waist, and often start from an off-shoulder line. It is marked by the continued use of stoles which began this fall in furs and carry on into spring with fabrics.

FABRIC IMPORTANT

New York — Fabric is the core of every spring collection. Adele Simpson goes so far as to predict that the success story of the year will be written about fabric. Because of the many beautiful fabrics available she feels the new fashions will express great variety and freshness, though there will be no drastic change. She agrees with Jane Derby that the "basic black dress" is doomed, and indicates that it is the wonderful variety of attractive fabrics which have finished it off.

Natural colored fabrics are prom-

Tucking, smocking and embroidery are the pretty notes in Josef Walker's resort collection with linens, silk shantungs and sheer cottons taking the fabric honors. White sharkskin is tucked all over in one dress with cap sleeves, a high neckline and a wide fuchsia colored midriff. A pale mauve dress in cotton mull has full elbow sleeves and is tucked from shoulder to hip above a full skirt. Nothing to prevent it's showing a knee in a breeze, either.

FLOWERS IN HAIR

If you like to wear flowers twined into hair, see that the arrangement conforms in line with your coiffure. And plan to anchor flowers in place by tacking a comb or clip to the floral ornament. Individual flowers may be wired to small hair combs or to clips which have perforations for threading through wires. If you wear your hair in a chignon, tuck your corsage comb at the back to outline the neck-cleaving knot. If you wear your hair in an upsweep, arrange flowers at the back of your curled top-knot.

For Bad Winter Cough, Mix This Syrup Yourself

If you want a splendid cough medicine, mix it at home. It costs very little, yet the way it takes hold of distressing coughs, giving quick relief, is astonishing.

Any druggist can supply you with a 2½ ounce bottle of Pinex. Pour this into a 16 ounce bottle and fill up with granulated sugar syrup to make 16 ounces. To make syrup, use 2 cups of sugar and one cup of water and stir a few moments until dissolved. No cooking needed. (Or you can use corn syrup or liquid honey, instead of sugar syrup.) It's no trouble at all and gives you four times as much cough medicine for your money—a family supply. Keeps perfectly and tastes fine.

It is surprising how quickly this loosens the phlegm, soothes the irritated membranes, and helps to clear the air passages. This three-fold action explains why it relieves an annoying cough in a hurry.

Pinex is a special compound of proven ingredients, in concentrated form, a very reliable soothing agent for winter coughs. Money refunded if not pleased in every way.

Pinex Is Quick Acting!

Modern Etiquette

By Roberta Lee

Q. When visiting a family that attends church regularly, and the guest is not interested in any church, should this guest attend with the family if invited?

A. Most certainly; it is the only courteous thing to do.

Q. What is the proper length of a man's coat sleeve?

A. The sleeve should be short enough to expose one-quarter to one-half inch of his shirt cuff.

Q. When a dinner guest is not sure which piece of silver to use, what should he do?

A. Watch the hostess and see which piece she uses.

How Can I !!!

By Anne Ashley

Q. How can I take proper care of winter geraniums?

A. Geraniums should not be kept too warm or watered too much for winter blooming. They should be kept just wet enough so that the ground looks dry most of the time; and they do best in full sunlight.

Q. How can I keep the thread from twisting when sewing with a double thread?

A. Make a knot in each end and draw through as usual. This will keep the thread from snarling.

Q. How can I give relief to the eyes when they persist in watering, during windy weather?

A. Bathe the eyes in a solution of ten grains of boracic acid to one ounce of hot distilled water.

Better English

D. C. Williams

1. What is wrong with this sentence. "The workmen joined the pipes together."

2. What is the correct pronunciation of "cremate"?

3. Which one of these words is misspelled? Sterotype sternity, stenographic.

4. What does the word "stupendous" mean

5. What is a word beginning with ex that means "to discharge, as through pores"?

ANSWERS

1. Omit together. 2. Accent on second syllable is preferred. 3. Stereotype. 4. Astonishing; wonderful, amazing. "All are but parts of one stupendous whole." — Pope. 5. Exude.

That Body Of Yours

By James W. Barton, M. D.

PAINFUL LOWER BACK

Some years ago in Europe I noticed a large number of porters about railroad stations wearing a wide belt to support the lower back when doing any lifting. This belt prevented many cases of lame or painful back caused by strain of lifting. (Instead of using the huge muscles of the thighs to lift a heavy object, many use the muscles in the small of the back, thus placing a strain upon the joints between the spine bones and hip bones.)

In the "Canadian Medical Association Journal," Dr. J. A. Noble reports his findings in 104 patients who applied to a Department of Veterans' Affairs for relief of painful back. The disk, or cushion, between the spinal bones had been damaged in 42 of the cases. Other injuries or conditions causing pain were the poor posture of the patient (standing or sitting) or too heavy an abdomen, arthritis of the spine, tuberculosis or inflammation of the ligaments holding the bones of the lower back and hips together.

While there were 42 cases of ruptured or injured disks in this series of 104 painful backs, only 26 of the 42 underwent operation. Sixteen of the 26 patients operated on were sufficiently restored to health to go back to work, but 14 of them could do only light work. Of the 16 patients with injured disks who did not undergo operation, 11 could do light work and 4 could return to full duty.

It will come as a surprise to many that all cases of injured disks do not require operation. Treatment first by rest, and then wearing a brace that supports the joints of the lower back, enables the patient to move around freely as the ligaments holding the bones together gradually get stronger. A supporting brace is often worn for some weeks or months after an operation.

As a matter of fact, a supporting belt or brace helps practically all cases of backache of any kind, as it enables the patient to get about, helps circulation and digestion, and raises his morale.

FIRST AID

Know what to do in an emergency. Send today for Dr. Barton's helpful booklet entitled "First Aid in Emergencies." Just enclose 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

The Stars Say--

By Genevieve Kemble

For Thursday, January 27

AN alert and well-planned campaign against dubious and strange conditions, with undertones of the subtle and intriguing, may eventually enlist support and understanding from those in influential positions. Such personal interest may have a touch of the sentimental, kindly, generous and possibly philanthropic. A dangerous undertone may give way to noble purpose — enlisting substantial aid in which friendship and good will count. Hospitality, congeniality, as well as ideals, have force in business as well as in domestic contacts. Be discreet in such appeal.

For the Birthday

Those whose birthday it is may find it expedient to employ "the soft touch." Imagination, glamor, personal appeal combine to bring influence upon a treacherous or intriguing set of circumstances, difficult to circumvent by above-board tactics, orthodox or more practical approach. Entertainment, social or charitable functions, may prove impressive and turn sinister or questionable plans into more lofty channels. Fancy or idealism may prove effective if soundly manifested. Keep alert to sordid appearances or clever deceptions, business and social.

A child born on this day may possess subtle depths of character, while seemingly open and magnanimous, generous and kindly.

Household Scrapbook

By Roberta Lee

Pockets

It is a good idea to fasten linings of strong cloth on the insides of the child's sweater pockets. This will prevent the pockets from wearing out so quickly, nor will they stretch out of shape.

Brass

Brass door knockers and similar articles of brass that are exposed to the weather, will retain their shine if they are rubbed with paraffin before polishing.

Cooking Cheese

Be sure, when cooking anything with cheese, to use a low temperature. Intense heat makes cheese tough and stringy.

Ellen's Diary

By an Island Farmer's Wife

There is a low moaning in tonight's wind, and rain against the windows, and today, grey skies sent scatterings of showers—but now that I look back, there was so dreariness. On a farm, even in Winter, which brings its own peculiar tasks to farmer and housewife, there is scant time to consider the like, and any feeling of isolation of loneliness due to indifferent weather is quickly lost in the busy round of the day at hand. And to brighten this one, if need be, there was Rissa's letter, a welcome surprise. It came tied neatly with the papers and letters for Alderlea, which Jock, to the mill with a grist this morning, brought home with the sacks of crushed grain. Her letters come less frequently now, as is only natural when friends are divided by distance, and new scenes supercede those that grow faded and dim in memory. Though with Rissa, these I fancy may be easily revived. Once upon a time, and how the years have passed swiftly since then! she and her husband farmed on The Island, and made of their home a pleasant spot and lived most happily together.

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And then not without warning, but nonetheless sadly he was summoned to a long last home, one very lovely it is written, and yet I doubt if beyond dwellings there, a patient loving old comrade of a dog waits his homing, or runs to meet him as did his. And do Summer paths wind there through meadows set with the white and gold of daisies? Do scented winds wander and gay green fields turn ripe and golden? And is there ever a Spring bright with promise and new? Or an Autumn bronzed and scarleted and hazy? In any event, she lone and rather helpless in the circumstance, was left with the care of the farm. I suspect that it was a missing of the old regard and companionship that in time took her to the States, and there life commenced to weave a different and also very nice pattern into the web of hers.

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In the course of her occupation as nurse-companion, she met and married a fine man. James laughs about this. "Now how do you know that he's a fine man, Ellen," he will ask, when I speak of Rissa's husband, "when you've never even seen him?" Scarcely ever, does one find a photo that lies. There, one has only to scan features to become acquainted with facts. And also from her letters the truth may be gleaned, not from the written lines, but in the manner of writing and most of all from the space between. There her happiness may be seen. One does not find the joy and delight and spirit of adventuring that comes out of Judy's missives, but instead a calm, and a rich satisfaction given only to those of older years. There is no need of her relating: "He's so good to me, Ellen —and so kind." It is there plainly in her letters.

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If they contain little relevant to our way of life now, that is no sign that she has forgotten the farm. "Our lawn was pretty last Summer. It's bare now except for the small yews and cedars we set out last Spring. They came through well considering the heat we had." And reading one knew she was remembering the hedge of spruces that sheltered their home on the farm, and the wide-spreading willow by the pump, and the old raggedy white birches that walked along their farm-lane. "It won't be too long until Spring", she said and as she wrote, she was doubtless seeing the bed of daffodils that made a first spot of color, and bloomed so profusely, pale and more golden, just inside the garden-gate. She is one of those who complete a letter by an enclosure. It may be a clipping of something she has read; a cartoon perhaps or a joke that has amused her. It may be a snipping of a gown she has bought "up town" or a bit of the new wallpaper for her kitchen or room.

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Today, enclosed was a leaflet of the weekly activities of the church they attend, a print of it off to one corner. It is an imposing structure, more pretentious certainly than the old Kirk, yet not likely more blessed than it, or even the smallest of sanctuaries where "two or three" gather. The subjects of the discourses were there, and one brought a smile of whimsy to me. I should like to have been with Rissa to have heard that sermon. I recalled clearly the old minister at "home" preaching from the same text, and I could see a small girl with long dark braids ("But it's so much neater, Ellen, when it's braided, and besides it combs so much easier!") and wide eyes listening intently, hanging onto each word. It was, after all, a very wonderful and engaging story, full of the meaning of life and death and all that ever was or would be. 'And Lo, I am with you always." The old man lingered over the word "always!" "Do you good folks know what that means?" He asked, nearing the close of his sermon. And then reverently closing the Book that held, well, every kind of loveliness—and some fear, within its covers he smiled radiantly, and lowering his voice to an intimacy that held much meaning and comfort to small ones, a bit afraid of the world "it means the here-by night and by day, and it means the hereafter as well. Now do you see —and believe?"

• • •

Rissa's letter today made lovely reading for me, both on and between the lines.

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Until tomorrow . . . Diary . . . Good-night. . . .

Legends Of P. E. Island

By Uncle Joe

THE CRAZY CABIN

The old house where Silas Miller used to mend shoes and carry on his trade of tinker may still be seen, but time has crumbled its walls and dilapidated it until today it is little more than a tumbledown shack. The wind plays through the large opening in the roof, and in winter snow drifts in through a hundred crevices. During the summer months the place is overrun by tall, rank weeds of many species.

When the old tinker passed away there was none to inherit his property—if one could call a small cabin and a few odds and ends of furniture property, the whole not being worth more than about forty dollars in those days.

Even if there had been relatives to claim the humble home with its few pieces of poor furniture, it is doubtful whether any one of them would have cared to occupy the place, for even in the old tinker's time the shack was a sort of crazy house where noises of every description could be heard nightly. To such sounds the tinker paid little heed. Indeed, there were those who believed the old duffer actually enjoyed life under such a roof. And some folks went so far as to say that old Silas Miller, with all his pious exterior, was at heart a scoundrel of the first order, that he had fled the U. S. A. and come to the Island after murdering a fellow being in cold blood.

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Whether there was any truth in these accusations we cannot say; but certainly Silas was a queer one, a fellow people just didn't take to. When they needed his services they sought him. When they didn't, they left him alone.

And Silas Miller didn't care what people thought about him. He was perfectly happy, or seemed to be, with the company of his faithful dog "Buff". About the dog he was often heard to remark:

"Why, take my Buff there, Waal, that dorg knows a heap more than most folks here in this settlement."

When the neighbors questioned Silas about the noises heard in the cabin, he would laugh loudly and pipe up:

"To be sure, there be noises. But that ain't anythin'. I suppose every home has its own peculiar sounds, only mine are caused by spirits. Ye see, I always loved the company of spooks; and, if I say so myself, the spirits and the tinker get along well together, so they do."

This kind of talk led folks to believe the old fellow was partly brain-cracked.

But not everybody in the district shared this opinion. No, indeed. Some believed he was an honest tinker by day and a collaborator of the Devil by night. Otherwise, why would the man live in a haunted house and apparently enjoy doing so?

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In time old Silas went the way of all flesh; and when they had buried him, the men of the district used to take turns at sitting up in the shack to hear the doings which went on about midnight.

And those who sat and listened heard the sound of saw and hammer, heard the clash of tin as it was moved about the work-bench or shaped into a bucket. Almost every night the same things went on under the roof of the tinker's shack, but never did anyone see or hear the workman. This elusive creature always kept hidden somewhere in the background.

One old farmer of the district claimed that one night, when he was passing down the road to visit a neighbor, he distinctly saw the ghost of the tinker moving about the house. He called out to him, but at that moment the thing disappeared.

Those happenings took place many years ago, but even today there are folk who stoutly maintain that on certain nights they still hear the strangest noises when they pass by the old, old shanty.

The next story: The Wigwam of Scalps.

Morning Smile

Friend: "You will soon forget her and be happy again."

Jilted Suitor: "Oh, no, I shan't, I've bought too much for her on the instalment system!"

"Did you listen in to the big fight last night?"

"I did. And if me and the missus had put on a show like that the neighbors would have booed us"

Grand Relief FROM SNIFFLY, STUFFY DISTRESS OF Head Colds!

DOUBLE-DUTY NOSE DROPS WORKS FAST RIGHT WHERE TROUBLE IS!

Instantly relief from head cold distress starts to come when you put a little Va-tro-nol in each nostril. Also —it helps prevent colds from developing if used in time! Try it! Works fine! You'll like it!

VICKS VA-TRO-NOL

DOROTHY DIX SAYS—

What About Engagement Rings?

Girl Expected To Return Token Of Love When Romance Breaks Up

DEAR DOROTHY DIX: Almost three years ago I started keeping company with a boy five years younger than myself. Up to date this is his record: Hasn't worked for more than one month consecutively. Hasn't saved a penny. Spent his army bonus without giving me a cent. Spent the money his family willed him. Gambles terribly. Drinks heavily. Borrows money from me which he never repays. Has exactly one suit of clothes. Has no sense of responsibility. Gave me a diamond ring which his Dad paid for and which he wants back.

No man can take up three years of my life loafing around and then expect to have his diamond returned especially as I know he wants to give the ring to another woman. Don't you agree with me?

A FOOL IN LOVE

ANSWER: I don't know the status of an engagement ring in law, whether it inclines to take the romantic point of view or stands flat on the business end of the transaction. Generally speaking, an engagement ring is considered a proof of love and when, for any cause, the romance goes blooey and the engagement is broken off, the etiquette of the occasion is for the girl to return the ring.

But if a girl is practical-minded enough to think that a diamond ring is a diamond ring—no matter whether it is a love token or loot—that is another pair of sleeves, as the French say. And whether a man can get back an engagement ring is a moot question. Most men would rather pay the price than go through a breach of promise suit.

SHOULD REJOICE

In your particular case, I should think that you would return your faithless lover's engagement ring with great rejoicing, for it would be a continual reminder of how you had been saved from committing a folly that would have wrecked your life. For surely you could promise yourself no happiness in being married to a boy five years younger than yourself who showed that he had not a single quality that qualified him for making a good husband.

You can buy yourself many diamond rings with the money that you would have to spend on supporting a lazy husband who was allergic to work and who was also a gambler and a drunkard.

DEAR MISS DIX: I have been married for 30 years to the most selfish, meanest man I have ever known. In all of these years he never has made me a gift, or allowed me to join a lodge or any club, or has given me any money to spend, yet he says I am the best cook and housekeeper in the world.

Now my children are grown and married and I feel that I have done my duty and am thinking of going into the business world again. I am still in my forties and in good health and would like to live a little of my own life again. What do you think about it?

DOWNHEARTED

ANSWER: You certainly are justified in trying to get a little freedom after your many long years of domestic slavery. The unsung heroes of the world are the women who, in order to rear their children in peaceful homes and give their youngsters a happy background, endure for years upon top of years the petty tyrannies of grouchy husbands and live starved for love and appreciation, without even a whimper crossing their lips.

Many a woman looks forward to her children being grown as her emancipation day from her mean and selfish husband; but she seldom takes it because she knows that, unappreciative as her husband is, he would be lost without her.

DEAR DOROTHY DIX: I am a girl of 16. Have been married four months to a very old man who is 26 years old. He doesn't want me to carry a shoulder bag, or to use makeup on my face, and he complains about my cooking. Don't you think I should leave him? Or should I try to make a go of it with him?

MILDRED

ANSWER: Well, I should think that your best chance of happiness would be to try to adjust yourself to this aged party of 26 and try to get him to teach you about how to become a good wife. You see, after all, it isn't giving marriage a fair deal to throw it into the discard after only a four-months trial. Don't run home to Mama every time you have a spat with Friend Husband. Ask his advice. Men adore being kowtowed to. Learn how to cook, because that is the surest way to appease your husband.

And, above all, grow up. Act like a woman and not like a baby. A girl makes a terrible mistake when she marries at 16.

Cook's Corner

APPLE PUDDING

Very quick and easy to make — a useful and good type of pudding.

Servings—6.

8 medium-sized cooking apples
1 cup boiling water
1-3 cup granulated sugar
¼ teaspoon ground cinnamon
1 cup once-sifted pastry flour
Or ⅞ cup one-sifted hard-wheat flour
½ cup brown sugar, lightly packed
2 tablespoons chilled shortening
2 tablespoons chilled butter
1 teaspoon grated orange rind
Grated nutmeg.

Wash, quarter, core and peel the apples; slice into a greased broad baking dish. Pour in the boiling water.

Combine the granulated sugar and cinnamon and sprinkle over apples.

Measure and sift together once then sift into a mixing bowl, the flour and salt; mix in brown sugar.

Add the shortening and butter and rub in finely with the fingertips; mix in orange rind.

Sprinkle flour mixture over apples; sprinke with grated nutmeg.

Bake in a moderatey hot oven, 375 degrees, until apples are tender and topping cooked — about 1 hour.

Needlecraft FOR THE HOME

SUCH WEARABLE LINES

A jumper styled with flat pleats for front fullness, a three gore back proves becoming to all in its size range. Blouse with smart sleeves and convertible collar included in pattern.

No. 2353 is cut in sizes 12, 14, 16, 18, 20, 36, 38, 40, 42. Size 36 jumper requires 2 yards 54-inch; 2¾ yards 35-inch blouse.

Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address Pattern Department, The Charlottetown Guardian.

Pattern No. 2353

Name

Address

City Province

inent, in linens, silks and an unbleached, undyed tweed which is used for a handsome creamy colored greatcoat.

VEL Milder to Hands

WASHES DISHES FASTER-BETTER

KEEPS HANDS LOVELIER

Actual skin tests by an independent laboratory prove VEL milder to hands than any other leading product made for washing dishes and fine fabrics.

VEL WASHES LIKE MAGIC *with or without suds!*

1 VEL cuts dishwashing time in half! No wiping! No soap scum! No dishpan ring!

2 VEL cuts grease, loosens dirt faster.

3 VEL gives you SOFT WATER washing in hardest water.

4 VEL is safer—leaves fine washables fresher—brighter.

5 VEL is milder to hands—by actual test—than any other leading product made for dishes and fine laundry.

Woolens Wash Fleecy Soft Stockings Stay Colour-Bright

Gentle washing in VEL and lukewarm water keeps woolens soft. No shrinking. No matting. No colour dimming soap scum.

Stockings, undies stay brighter, last longer washed with VEL.

Vel is the registered trade mark of Colgate-Palmolive-Peet Co. for a neutral soapless detergent free from alkalis, so milder to hands and to fine washables.

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"VEL, VEL, V-E-L SOAPLESS VEL IS REALLY SWELL!"