# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure

### The Woman's Realm

**The social, friendly, honest man.**
Whate'er he be,
'Tis he *fulfils* great Nature's plan,
And none but he.
—Robert Burns.

If all the water in all oceans were distributed evenly around the earth such a layer of water would be two miles deep if the earth's surface were level.

**ENAMELED PANS SAFE FOR BABY**

For the feeding and care of infants, physicians say your porcelain enameled utensils are safe because of the sanitary safeguards provided by the enamel finish.

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The enamel finish is fused into the metal base at high temperature. This provides a hard, smooth finish which cannot absorb bacteria or tiny food particles, and which can be washed hygienically clean after each use.

Use your enameled pans for preparing baby's cereal or formula, sterilizing bottles and for all details of his personal hygiene.

**CONSERVE HOME FATS**

After the largest amount possible of household fats have been handed over to the local salvage organization, to be used ultimately in making munitions, the remainder retained for cooking purposes should be carefully conserved and not a scrap of it allowed to be wasted. Rendered household fats should be stored in tightly covered crocks, tin containers, or opaque jars in a dry cool place away from the light. Lard will keep indefinitely if stored in the refrigerator, and for a limited period if kept at room temperature. Shortenings may be kept satisfactory in closed containers at room temperatures. Butter spoils quickly and absorbs odors readily; so it should be kept closely covered in the refrigerator.

Notice how quickly a good quilt spoils when children are around? Save expensive cleaning by making a slip cover of cheesecloth and tacking it to the quilt with colored tufts of wool. Bright color of the quilt shows through the thin cheesecloth and the cover can be attacked and slipped off for a rinse.

**COLD WEATHER SHAMPOO**

Mothers rather dread washing the children's heads during the winter months on account of danger of catching cold. Try heating the towels over the radiator and changing continually during the rubbing. You will be surprised how quickly and thoroughly the hair will dry.

**NEW YORK BRIDES FAVOR BLACK LINGERIE**

Considerable comment is caused by the fact that New York brides this year seem to be selecting black lingerie, rather than white. The naive young girl, about to marry, until very recently chose frilly white or feminine pink, but she is now following the lead of her more sophisticated sisters and selecting sheer, or very sheer, black.

Every so often well-dressed women decide to go in for black undies, nighties especially. This just happens to be one of those times.

By the same token black, also dark-colored and very gay-colored slips are being asked for. There's an economy hint in their selection. Besids which a glimps of a bright drss is provocative —er meant to be.

**New Nightgowns Elaborate**

Whether or not one likes black night dresses one should know, just to be informed, that night gowns are very elaborate. They are often as detailed as formal dresses. Brides like sets, and are inclined toward lace-trimmed, rather than tailored models.

Night gowns are shorter than formerly, not only to conserve material but because the ankle length gown looks newer and is really adequate.

The really important thing is to decide whether you want your gown to have long sleeves. If you don't how about a bed jacket to supply the warmth one needs, or expects to need, come winter?

The long-sleeved gown has been coming in, creeping in one should say, for several seasons! Now that fuel rationing is a fact, there is an excuse to adopt this old-time type of nightie.

You will find among sleeping pyjamas many that are tight around the ankle, another protective measure sponsored by a kindly fashion.

It's an open secret that wool undies are approved and that flannelette has been styled for eye appeal as well as for warmth.

**RAINBOW FOR TROOPS**

London will soon have a stage door canteen, called "Rainbow Corner," similar to the famous free canteen for troops in New York. It will be a centre of free entertainment for American troops in Britain and a place where they can take their friends for a 25-cent meal. It is being established in a Maison Lyons teashop at the Piccadilly end of Shaftesbury avenue, closed since the London blitz.

In the basement there will be stage and film entertainment, on the ground floor a lounge and information bureau, and on the first and second floors restaurants were 6400 meals can be served daily.

Neighboring premises have been taken to provide a ballroom, and there will be tailor and barber shops, shoeshine parlors and shower baths.

**WARTIME HINTS FOR HOUSEWIVES**

A little starch added to the water in which mirrors are washed will remove soil and give a polish to that glass.

Dry the outside of ice trays after filling with water and before putting back in the refrigerator. They will not stick the next time they are taken out.

Save the iron cord! Electical equipment is precious these days. Don't let the iron cord brush against the hot iron or rub the edge of the board. The insulation won't wear out as readily either if the iron is cooled before wrapping the cord around it.

Save every little bit of fat. When taking chops or other meats off frying pan or boiler hold on fork until the fat drips off.

Pressing the folds in sheets, pillow cases and other flat linens when ironing is harder on the fabric than actual wear and should be avoided.

If a bleach is used in laundering it should be thoroughly mixed with the water before putting linen in the tub, and two rinses at least are advised when bleach is used so that none of it will remain in the fabric.

**SOILED CARDS**

Do not continue to play with soiled bridge cards until your guests have an unpleasant feeling about handling them. They can be cleaned to a certain extent with powder and some fine cards may even be wiped off and dried carefully, but the usual cards have a certain time when there is nothing to do but replace them.

### A Morning Smile

His wife, determined to cure him of his evil ways, with the aid of a sheet and an electric torch transformed hereself into a fair resemblance of a ghost. She went in and shook the drunkard.

"Waash that?" murmured the husband.

"This is the devil," came the answer in sepulchral tones.

"Shake hands, old horsh; I married your sister."

"Did the voyage cure you of your insomia?"

"Absolutely."

"Well, that must be a relief."

"It certainly is. Why, I lie awake half the night thinking how I used to suffer from it."

### A Job Only You Can Do

**Price Control Questions And Answers**

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Reginald Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. My son will be 12 years old June 24. When and where should I apply for his tea coupons?

A. Since your son will not be 12 before the next issue of ration books in March, he will not be eligible for tea and coffee ration books until the third issue of ration books.

Q. We make butter on our own farm but we do not sell any. Do we have to register with the Wartime Prices and Trade Board?

A. Yes. Whether you sell any or not, you must register with your local ration board as a butter producer.

Q. Is there any ruling requiring the posting of prices in a beauty shop for all beauty treatments? If none is shown may they charge what they like?

A. There is no ruling requiring the posting of rates for beauty treatments. A beauty shop operator may not charge what he likes. He must not charge more than he did during the basic period for similar services . . . If you think any particular beauty parlor is charging rates that are out of line with the ceiling price, please report the name of the shop and details to the nearest office of the Wartime Prices and Trade Regulations.

### Dorothy Dix Says—

**MOTHER'S HOPE OF EASE AFTER CHILDREN GROWN ONLY A DREAM**

**Parents Cannot Cultivate Selfishness For 20 Years And Expect Offspring To Be Altruists**

DEAR MISS DIX—Why is it that children, after they are grown men and women, so rarely make any effort to lift the heavy burden their parents have carried so long for them? They seem to think it is quite alright for Father and Mother to go on furnishing them a free boarding house, helping them with money if they get in trouble, and taking care of their children when they want to go off on a pleasant jaunt.

Apparently it never occurs to them that turn about is fair play, and that after their parents have taken care of them for so many years it is up to them to make life easy for the old people, and give them a vacation and a chance to use some of their hard-earned money for themselves.

I know of many homes where the sons and daughters are now earning good salaries and are well able to pay the full price for what they get, but they give the smallest possible amount for their room and board, and expect Mother to throw in doing their fine washing and pressing gratis. They feel free to invite their friends to meals whenever they like to eat some of Mom's good cooking, but they never think of lending a hand with the housework and helping her with the dishes.

Of course, dear Mother is glad to see her children enjoying themselves, but she would also like to have a little pleasure and ease herself. There should be more reciprocity between parents and children. A TIRED MOTHER.

**CHILDREN SELDOM REALIZE PARENTS' SACRIFICES**

ANSWER—Many and many a weary mother will echo these sentiments, for the pipe dream with which mothers beguile themselves when their children are little, that they will be able to sit down and take things easy when Mary and Sally and Tom and Jim are grown and able to help her, is seldom realized. On the contrary, the older the child, the more its demands and the heavier the burden it lays upon its parents.

This is not because the children are lacking in filial affection, or because they are intentionally slave-drivers. It is just because they are so accustomed to seeing their parents sacrificing themselves to them that they have never thought of them as anything but instruments conveniently provided by Providence for their pleasure and comfort.

All of their lives they have seen Mother and Father working while they played, wearing shabby clothes while they had fine ones, staying at home while they went off to camps and colleges and took trips, and they haven't even realized that their parents were making these sacrifices for them. They just thought that Mom and Pop had a work complex and were allergic to dressing up and going places.

And when they grew up and got married and had children of their own they still felt that same way, that they had a right to dump the babies on Mother on the afternoons when the bridge club met, and to take the children and go back home to their parents when they quarreled with their husbands and started divorce proceedings.

Not one of these foolish little war brides who are making hasty marriages is stopping to consider how hard it is going to be on her father and mother if her husband never comes back, or she doesn't want him when he does come back, and she has to go home, perhaps with a baby in her arms, for the old people to support.

But, after all, when grownup children fail to make any return to their parents for what they have done for them, it is more the parents' fault than it is the children's. They have never been taught to appreciate what their fathers and mothers do for them, or any sense of their responsibility to them. They have never been made to play fair and shoulder their part of the family burden. Children are what their parents make them, and you can't cultivate selfishness in boys and girls for twenty years and then expect them to turn into altruists.

DEAR MISS DIX—I am a bachelor 48 years of age and look and feel much younger. I am a prosperous business man with two beautiful homes. Although I enjoy the society of women I have never really wanted to marry, but my mother, who lives with me, and other members of my family, urge me to take a wife, as they say I need companionship and should have a family of my own.

There are two women I am considering. One is a young widow 17 years my junior. She comes of a good family, is even-tempered, a good housekeeper and very attractive. She has a small son, but I would not object to the child as I am very fond of children. But do you think there is a chance of happiness in such a union due to the difference in ages?

The other woman is nearer my own age and I admire and respect her very much, yet I seem to care more for the younger woman. Which do you think would be the better choice? A BACHELOR.

(Continued on page 3, Col 1)

## Needlecraft

### For The Home

**THE SUIT DRESS Growns in Popularity by Leaps and Bounds**

And perhaps you can understand why this should be so, when you see how many times it will answer your question of "What shall I wear?" It's a style that makes you feel neither over-dressed nor under-dressed and that, when you come down to it, is the keynote of good dressing today. It's adaptable, too, to almost any fabric; make it up in wool, and wear it now under your coat; it will be ready to wear with your fur-piece in spring; make it in crepe, and it will carry you right into summer.

Style No. 2025 is designed for sizes 12, 14, 16, 18, 20; 36, 38; 40 and 42. Size 36 requires 4 yards 39-inch fabric.

Style No 2025.

Name

Street Address

City Province

**TAKE NO CHANCES WITH BABY'S COLD**

DON'T LET your baby's little cold develop into something worse. Let Mrs. Geo. McBride of Scarborough tell you what to do. "My baby of 16 months caught a nasty cold, so I tried Baby's Own Tablets and she threw this cold off quicker than ever before. I certainly am for Baby's Own Tablets from now on."

Baby's Own Tablets are safe and sure in their action. They correct the *cause* of baby's trouble. Effective in clearing up teething troubles, constipation, simple fevers, diarrhoea, upset stomach, colic and summer complaint, irritability, simple croup and other of "Baby's" ailments. Yet they are utterly free from opiates or stupefying drugs. An analyst's report is given in each package.

Get a package today. Sickness so often strikes in the night. 25 cents. Your money back if you are not satisfied.

"Make Your Home Safe," an article in a recent issue of "Hygeia," provides warning and advice for the careless home-lover, who disregarding hazards which exist in his home, may find himself a hospital patient as the result of an accident.

The more obvious dangers such as loaded firearms; toys strewn around the floors and on stairways; bottles of poison not properly labelled; sharp-edged implements and matches within reach of children, are readily recognized says the article, but other less noticeable contributing causes of accidents within the home also require attention.

Stairways should be ample in width and constructed with a proper consideration for the horizontal as well as the vertical spatial relations. A size 11 foot, says the article, does not fit well on a 7 inch tread. Wide, shallow treads are easier on both the muscles and the heart.

Open drawers should never be used as a step-ladder in reaching for a dish on the top shelf, it is pointed out, and chairs and tables should not be used as substitutes for step-ladders.

Super-waxed floors are a potential danger, too, it states, and rugs should be kept in good repair to avoid the possibility of catching the feet in frayed borders, etc. The wearing of soft bedroom slippers and old, broken-down shoes, no matter how comfortable may result in a wrenched or sprained angle. Never run up and down stairs in loose slippers, for it may mean a nasty fall.

Rubber mats should be used in bathtubs, declares the articles, and a handle provided for the hand to grasp firmly. Gas heaters and stoves which are known to be leaky should not be used. Electric cords should not be pulled from sockets with the current still turned on, and electrical appliances should not be used if they have a defective wiring.

Included in the list of things to avoid are the removing of slivers with unsterilized needles, and the treating of corns and calluses with knives and scissors; both contributing causes of dangerous infection.

**Have You Tried NEW IMPROVED Pearl?**

**—all its extra values!**

You, too, will be astonished—as women everywhere are—by the remarkable new Pearl White Naptha Soap. Pearl always was a marvelous soap for the weekly wash. Now, with its many new benefits, it's in a class by itself!

Pearl gives *faster suds.* Busy, creamy suds that stand up even in water hard as nails.

*Quicker action,* too! Just try Pearl on something really hard to clean. You'll be amazed to see how quickly Pearl loosens grime and stubborn dirt . . . how it helps to speed up washday.

*Washes cleaner.* Yes, indeed! The new Pearl gets white clothes white as snow. And as for washable colors, they fairly *gleam* after a Pearl laundering.

Try Pearl this washday. Notice its fresher odor . . . the clean, sweet fragrance it gives to clothes. See its new waxed, laminated wrapper that keeps the soap fresher longer. And be sure to use Pearl for dishes and all cleaning. It's so economical!

Have you seen Pearl in her new dress?

A COLORFUL, WAXED "KEEP-FRESH" WRAPPER

**Smart Slip-Cover Style You Easily Make**

*Old Chair Is a Beauty Again*

An elegant, tailored slip cover is what that frumpy old chair needs! You can make one yourself easily, the pin-on way. Such a smart style as we show—of satin-stripe apricot rayon, with kick-pleat flounce—isn't a bit beyond you.

Start at top back of chair and smooth your fabric down the inside-back and seat, allowing 4 inches for tuck-in between. Pin fabric down every 3 inches, then cut around the pins, leaving 1½ inches for seams.

Next, smooth fabric over arms, back, sides and cushion in the same way, pinning and cutting as you go. For arm fronts and wings you may want to make paper patterns for exact fit.

Now you pin all the pieces together, un-pin them from the chair, baste, try on and sew. Last of all, add the flounce.

Our 32-page booklet gives exact details, step-by-step diagrams for making slip covers the pin-on way for differently shaped chairs, sofas, auto seats. Tells how to make swag and pleated flounces, decorative seams, trimmings. Suggests colors, fabrics.

Send 20c in coins for your copy of "How to Make Slip Covers" to the Charlottetownw Guardian Home Service, Address. Be sure to write plainly your name, address, and the name of booklet.

Name

Street Address

City Province

### THE COOK'S CORNER

**EGGS IN NESTS**

3 cups mashed potatoes (hot or left over).
1 small onion, grated
2 teaspoons chopped parsley
1-4 teaspoon celery salt
2-3 cup grated cheese
Salt and pepper to taste
Milk.
Butter
6 eggs.

Mix potatoes, onion, seasonings and cheese well together. Add milk if necessary to mould potatoes. Shape potatoes into six nests on a greased baking sheet. Brush with milk. Break an egg into each nest, season with salt and pepper and dot lightly with butter. Bake at 375 degrees F until egg is set and nests puffed and golden brown. About 15 minutes. Serves six.

**Potato Omelette**

1-2 cup milk.
1 cup mashed potatoes
1 teaspoon onion juice
1-2 teaspoon salt
Dash of pepper
4 eggs, separated

Mix milk with potatoes, add onion and seasonings. Mix in beaten egg yolks, add and fold in the stiffly beaten whites. Pour into a hot greased pan and cook slowly until puffed and brown on the bottom. Place under broiler for a few minutes to brown top. Serves 4-5.

Stains may be removed from an aluminum pan by boiling water and vinegar in it.

**IF YOUR NOSE "CLOSES UP" TIGHT AT NIGHT**

HINDERS BREATHING—SPOILS SLEEP

3-PURPOSE MEDICINE

Here's mighty good news . . . If your nose "closes up" at night and makes breathing difficult, put 3-purpose Vicks Va-tro-nol up each nostril.

Va-tro-nol does 3 important things: (1) shrinks swollen membranes; (2) soothes irritation; (3) helps flush nasal passages, clearing clogging mucus, relieving transient congestion. It brings more comfort, makes breathing easier, invites sleep.

. . . And remember, it helps prevent colds from developing if used in time. VICKS VA-TRO-NOL

**QUAINT SAMPLER MAKES A LOVELY GIFT**

**DESIGN NO. 697**

A cross stitch motto the old will appreciate and the young should learn. It is worked entirely in cross stitch. Hot iron transfer pattern No. 697 measures 11½ by 14½ inches with complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Needlework Department
Charlottetown Guardian

Design No. 697

NAME

STREET ADDRESS

CITY PROVINCE