SUN.	MON.	TUES.	WED.	THU.	FRI.	SAT.
Breaded Veal Cutlet	Veal Stew	Parsley Omelet	Sausages	Lamb Chop	Broiled Fish	Meat Loaf
Group B	left-over	unrationed	Group D	Group C	unrationed	Group C
9 oz 3 tokens			5 oz 1 token	4 oz 1 token		¾ lb 3 tokens

Even under meat rationing one can live alone — and like it, for the use of tokens is a boon to the single person. The one meat coupon valid each week is equivalent to eight tokens which enable the purchases to be varied throughout the week. Being on familiar terms with the Consumer Coupon Value Chart and the Coupon and Token Calculator which are available from your local Ration Board, will help you to obtain full ration value for the tokens expended. And with a little foresight, the single person's token budget can provide a meal for guests. This week's ration fashion suggests how this may be done.

Three tokens are ration exchange for a nine-ounce slice of veal steak or cutlet. This purchase will provide serving to be breaded for Sunday dinner, as well as the basis for Monday's stew. On Tuesday a parsley omelet, quickly prepared goodness so appreciated by the single-ite, will keep you up to date with the meatless day fashion in restaurants. A token's worth of sausages on Wednesday will be generous enough to provide an extra to complement Thursday's lamb chop. Friday is a day to forget your token arithmetic and make unrationed fish the protein dish. For week-end hospitality an extender dish is ration economy and a savoury meat loaf is conductive to eating enjoyment. Three-quarters of a pound of hamburger with soft bread-crumb or cereal elasticizer will nicely serve from four to six, so that if Saturday's party is a small one you should have some cold slices remaining to supplement with unrationed tongue for Sunday night supper.

LOCOMOTIVES BY AIR

During the war the British flew 18 railway locomotives to Burma.

OBEDIENCE TO ALLAH

Mohammedans call their faith "Islam" which means obedience to the will of Allah (God).

WIDE DISTRIBUTION

The 10 or more known species of walnut are widely distributed throughout North and South America, southern Europe, northern Africa and Asia.

Spanish decorations of the Middle Ages frequently combined Moorish and Christian motifs.

ATTENTION FARMERS

—PITWOOD WANTED—

A number of individual sub-contractors are required to cut and peel "PIT PROPS" during the coming winter and spring.

This is an excellent opportunity to realize a few extra dollars during the winter months. For particulars regarding price per cord, size of wood, etc., please apply to:—

Bergmann Construction Co., Ltd.
(Attention - Mr. Joe Walker)
Montague, P.E.I.

11-23-3i.

W. C. T. U. NOTES

A THOUSAND YEARS

On May 10, 1940, the German war-machine was launched against France through Belgium and the Netherlands. On that day Adolf Hitler, announcing that "the hour has come," declared:

"The fight which begins today will determine Germany's future for the next thousand years."

And less than six weeks later, with France lying in ruins and Bordeaux negotiating the shameful armistice with the enemy, Winston Churchill stood in his place in the British Parliament and issued this clarion-call to the British peoples:

"Let us therefore brace ourselves to our duties, and so bear ourselves that, if the British Empire and its Commonwealth last for a thousand years, men will say, 'This was their finest hour.'"

Two leaders . . . and a "thousand years" . . . .

And what a contrast!

Adolf Hitler was right: the fight then started "will determine Germany's future for the next thousand years"—for, not even a thousand years will avail to erase from the pages of History the black and terrible record that is Germany's in this war. Why, bad as they were, brutal as they were, the hordes of the old Kaiser of 1914-18 were "gentlemen" compared with the Germans who have worked the whelming crimes of this conflict, this cataclysm, this holocaust.

Before we loose the word
That bids new worlds to birth,
Needs must we loosen first the sword
Of Justice upon earth;
Or else all else is vain
Since life on earth began,
And the spent world sinks back again
Hopeless of God and Man...

For agony and spoil
Of nations best to dust,
For poisoned air and tortured soil
And cold, commanded lust,
And every secret woe
The shuddering waters saw—
Willed and fulfilled by high and low—
Let them relearn the Law:

That when the dooms ... read,
Not high nor low shall say:
"My haughty or my humble head
Has saved me in this day."
That, till the end of time,
Their remnant shall recall
Their fathers' old, confederate crime
Availed them not at all.

No; a thousand years will not suffice to remove from the German character, the German nationality the foul and hideous stains in which the beasts and criminals and gangsters have gloried in our time.

And soft-headed sentimentalists talk about "negotiating" with such monsters!

Are The German People Responsible?

Sometimes you hear people discuss the question as to whether or not the German people are responsible for the terrible outrages and cruelties which were perpetrated by their leaders in the recent world conflict. "No" some kindly-disposed person says, "they are not responsible, they could not do anything about it, if they said anything against it, so absolute was Hitler's power that they would be put to death."

How did Hitler obtain this absolute power? He was just a paper-hanger. Surely he didn't spring from his step-ladder to absolute power at one leap! Not at all; there were several steps in the process. Probably the first step was that a plebiscite was held in Germany, and when the results were ascertained, they were not what the leaders wanted, so they just went ahead and did what they wanted anyhow, and the people took it lying down. But that is exactly what we are doing here in Prince Edward Island.

The Government asked us if we wanted to have Prohibition or Government Control. The result of the Plebiscite was in favour of Prohibition, but this, not being what the Government wanted, was not granted; and they proceeded to bring in an amendment that practically amounted to Government Sale, and we, or some of us at any rate, are taking it lying down. This is just the thin edge of the wedge. Our Government should be informed that Prince Edward Island is not governed by the liquor interests, but by the people.

Are the people of Prince Edward Island men and women, or are they mice? Think of it! It wasn't as if we had sent in a petition with hundreds or thousands of signatures (though we have done that too) but we were asked (have been asked three times, as a matter of fact, which ought to be conclusive), "Do you want Prohibition or do you want Government Control?" and each time we replied: "It isn't what you want, but what the liquor interests want." Can't the people of Prince Edward Island see that they are being disenfranchised?

Never was such a gratuitous and bare-faced insult handed out to such an intelligent and law-abiding people, and taken with such little protest, no demonstration of any kind, hardly a letter in the paper. Wake up men and women of Prince Edward Island! Don't wait for the next election. Demand that this iniquitous amendment be removed now. The Government of Prince Edward Island should be informed that when the people say: "We want Prohibition", they mean "We want Prohibition," and not "Maybe" or "By your leave."

Wets as well as Drys should protest against this amendment. Every red-blooded wet (if his red corpuscles haven't all been destroyed by alcohol) should rise up in his manhood and say: "Though I do like a drink of liquor, yet if I must have it at the cost of losing democracy, I don't want it, and I call on the Government to remove this amendment, which was passed contrary to the expressed wishes of the majority of the electors." In that way only can we keep Prince Edward Island safe for democracy, and free from the curse of the liquor traffic.—Edith Sterns.

A HERO TO BE PROUD OF

An Associated Press report from Frankfurt on the Main, in the Washington Post of June 12, 1945,

SCENT THE LILY

Garlic is a member of the lily family.

"WE NEED A PLACE TO LIVE!"

"WE are living in a tourist cabin. That was all right in the summer months but now, with the approach of winter, I cannot expect my wife and little girl to live there.

"Mr. Canadian home-owner—you cannot imagine what it is like to come home from overseas and not be able to find a place to live. All we need is enough space so that we can be together during the next few months, after five years apart. In the springtime, I am sure the situation will be improved and we can get a proper home of our own."

THIS APPEAL MUST BE ANSWERED

Men who fought for Canada are seeking accommodation from one end of the Dominion to the other. The housing situation is acute due to several reasons:

1. Thousands of boys who went to war as single men are returning to civilian life, having married in Canada or abroad. Many of them have tiny children.

2. Canada's wartime families at home have sought and secured more spacious living accommodation—a great strain on the present facilities.

3. Although thousands of homes have been built during the war, the restrictions on vital materials curbed the building necessary to meet the increasing demand. Government has placed housing on top priority lists, but it will take time to catch up with the demand.

This housing appeal for veterans is only a temporary expedient until Canada gets into high gear on housing. You are only asked to rent available space for a limited period until sufficient homes are ready for occupancy

If you have space which you can make available, list it with the Citizens' Rehabilitation Committee, or the local branch of the Canadian Legion; advertise it in the newspapers or list it with a real estate agent.

Inquire at the nearest Rentals Office of the Wartime Prices and Trade Board about five months or less rental agreements. These are exempt from normal Wartime Prices and Trade Board non-eviction regulations, and five months tenancy will help many veterans through the winter.

CHAIRMAN OF THE
CHARLOTTETOWN REHABILITATION COMMITTEE
MAYOR J. E. BLANCHARD, City Hall

PUBLISHED IN THE INTEREST OF VETERANS BY THE GOVERNMENT OF CANADA

A DEGRADING CUSTOM

For many years our fight was against the saloon. Today it is against so-called respectable drinking.

We are faced with a fight against social custom, cocktail drinking, indulged in very freely by women and young people, and we see this portrayed not only in our moving pictures and magazine stories, but in real life.

Canada is a young country and we must not sanction a social custom that lowers the moral standards of our people.—A. E. H. Gillespie.

POPULOUS

Haiti is the most densely populated nation in the New World, with 276 persons per square mile.

states: 'As a man who has been exposed to both dangers, Field Marshal Sir Bernard L. Montgomery now realizes that Nazi Field Marshal Erwin Rommel's artillery was nothing compared to the social demands imposed by the Russians. The teetotalling hero of El Alamein has been under a barrage of 'bottoms up' requests since hostilities ended. Yesterday, when he received the Soviets' Order of Victory, Montgomery had to call on General Eisenhower to save him. Marshal George K. Zhukov and other Russians surrounded 'Monty' with glasses, insisting they be drained to the final drop. Dismayed, 'Monty' grinned sheepishly and looked hastily around. 'Ike, get me out of this,' he called. Eisenhower's grin was never broader. He shouldered his way to Montgomery's side. He explained to Zhukov's interpreter. Monty sighed with relief as the Russians indicated they understood."

CANADA
PROVINCE OF
PRINCE EDWARD ISLAND
IN THE PROBATE COURT

The 13th day of November, A. D. 1945.

In Re Estate of ANASTASIA KEARNS late of Baldwin's Road, Cardigan R. R. in King's County in the said Province, Widow, deceased, testate.

To the Sheriff of the County of King's County or any Constable or literate person within said County

GREETING:

WHEREAS upon reading the petition on file of PETER A. McKENNA of Baldwin's Road aforesaid, Farmer, and J. BASIL CROKEN of St. Teresa in King's County aforesaid, Parish Priest, the Executors of the above named Estate praying that a citation may be issued for the purpose hereinafter set forth: You are therefore hereby required to cite all persons interested in the said Estate to be and appear before the Judge present at a Probate Court to be held in the Court House in Charlottetown in Queen's County, in the said Province, on Thursday the twentieth day of December next coming, at the hour of eleven o'clock forenoon of the same day to shew cause if any they can why the Accounts of the said Estate should not be passed and the Estate closed as prayed for in said petition and on motion of H. FRANCIS MacPHEE, Esq., Proctor for said Petitioner.

And it is hereby ordered that a true copy hereof be forthwith published in some newspaper published in Charlottetown aforesaid once in each week for at least four consecutive weeks from the date hereof and that a true copy hereof be forthwith posted in the following public places respectively, namely, in the hall of the Court House in Georgetown in King's County aforesaid, at the Schoolhouse in Baldwin's Road aforesaid, and at the store of Mrs. Peter Carter on the 48 Road in King's County aforesaid so that all persons interested in the said Estate as aforesaid may have due notice thereof.

WITNESS His Honour Harold Leonard Palmer, Judge of the said Probate Court at Charlottetown, aforesaid, the day and year first above written.

By the Court.
(Sgd.)
E. MARGARET PALMER,
Registrar.
11-17, 24-12-1, 8-4i.

CANADA
PROVINCE OF
PRINCE EDWARD ISLAND
IN THE PROBATE COURT

The 14th day of November, A.D., 1945.

In Re Estate of JAMES EDWARD POOLE late of Lower Montague in Kings County in the said Province, Merchant, deceased, in testate.

To the Sheriff of the County of Kings County or any Constable or literate person within said County

GREETING:

WHEREAS upon reading the petition on file of Frances Darling Annear of Lower Montague aforesaid, wife of William Annear, the Administratrix of the above named estate praying that a citation may be issued for the purpose hereinafter set forth: You are therefore hereby required to cite all persons interested in the said Estate to be and appear before the Judge present at a Probate Court to be held in the Court House in Charlottetown in Queen's County, in the said Province, on Thursday the twentieth day of December next coming, at the hour of twelve o'clock noon of the same day to show cause if any they can why the Accounts of the said Estate should not be passed and the Estate closed as prayed for in said petition and on motion of H. Francis MacPhee, Esq. Proctor for said Petitioner.

And it is hereby ordered that a true copy hereof be forthwith published in some newspaper published in Charlottetown aforesaid once in each week for at least four consecutive weeks from the date hereof and that a true copy hereof be forthwith posted in the following public places respectively, namely, in the hall of the Court House in Georgetown in Kings County aforesaid, at or near the School House in Lower Montague aforesaid, and at the store of W. A. Poole and Company in Lower Montague aforesaid so that all persons interested in the said Estate as aforesaid may have due notice thereof.

WITNESS His Honour Harold Leonard Palmer, Judge of the said Probate Court at Charlottetown aforesaid, the day and year first above written.

By the Court.
(Sgd.) E. Margaret Palmer,
Registrar.
11, 17, 24—12 1, 8, 4i

CANADA
PROVINCE OF
PRINCE EDWARD ISLAND
IN THE PROBATE COURT

The 14th day of November, A.D. 1945.

In Re Estate of MARGARET ELLIN COTTON late of Charlottetown in Queen's County in the said Province, Widow, deceased, testate.

To the Sheriff of the County of Queen's County or any Constable or literate person within said County . .

GREETING:

Whereas upon reading the petition on file of ROBERT LAWSON COTTON of Charlottetown aforesaid Retired and WILLIAM EDWARD COTTON of Charlottetown aforesaid, Merchant, the Executors of the above named Estate praying that a citation may be issued for the purpose hereinafter set forth: You are therefore hereby required to cite all persons interested in the said Estate to be and appear before the Judge present at a Probate Court to be held in the Court House in Charlottetown in said County, in the said Province, on Friday the twenty-first day of December next coming, at the hour of eleven o'clock forenoon of the same day to shew cause if any they can why the Accounts of the said Estate should not be passed and the Estate closed as prayed for in said petition and on motion of H. FRANCIS MacPHEE, ESQ., Proctor for said Petitioner.

And it is hereby ordered that a true copy hereof be forthwith published in some newspaper published in Charlottetown aforesaid once in each week for at least four consecutive weeks from the date hereof and that a true copy hereof be forthwith posted in the following public places respectively, namely, in the hall of the Court House in Charlottetown aforesaid, at or near the Royal Bank of Canada and at or near the Bank of Nova Scotia both in Charlottetown aforesaid so that all persons interested in the said Estate as aforesaid may have due notice thereof.

WITNESS His Honour Harold Leonard Palmer, Judge of the said Probate Court at Charlottetown, aforesaid, the day and year first above written.

By the Court.
(Sgd.)
E. MARGARET PALMER.
Registrar.
24-12-1, 8-4i.