

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

IN FEBRUARY
Oh, they say it's growing colder every day,
What the winter's growing colder every day;
Since the woodchuck's gone to sleep in his cavern dark and deep,
There'll be six weeks more of snowing,
Of breezing and blowing every day.
But the day's a little longer every day,
And the sun's a little stronger every day;
If we're patient for a while,
We shall see the summer smile,
And the buds will soon be showing,
For they're growing, growing, every day.

And the birds will soon be singing every day,
Northward now they'll soon be winging every day;
Though the frost is in the air,
There's a feeling everywhere
That the skies are growing clearer,
And the springtime's drawing nearer,
every day.
Author Unknown.

HINTS ON ETIQUETTE

If food is served in party shells, the shells are eaten if they are made of pastry.

CARROT TIM BALES

Two cups grated raw carrots, 1-2 cup bread crumbs, 2 eggs, 1 tsp. salt, 1/2 lb. butter, melted fat, 1-2 cup milk. Mix well and put in a greased baking dish or popover cups in pan of hot water. Then bake at 250 degrees.

WEEDS HAVE ENEMIES

In recent years, natural causes

have led to at least a temporary reduction of weed infestation. In places, the prevalence of grasshoppers has resulted in a marked decrease in the growth and vigour of sow thistle. A succession of dry seasons has been followed by less trouble from wild oats. Canada thistle, possibly because of combined insect damage and dry seasons, has practically disappeared from areas where it was a major pest a few years ago. However, the opportunity for re-infestation through a change in conditions is a fact that has to be guarded against.

SOILED BOARDS

If you are trying to clean a soiled wooden shelf or steps, use a cleanser containing chloride. It will clean without sinking into the wood and blackening it such as ammonia will do. Use it in sudsy water, or if the shelf is very soiled, pour a few drops on the wood and follow immediately with a soapy cloth. Rinse and dry as quickly as possible.

USE SUBSTITUTE MATERIALS

Raincoats for Canada's armed forces from limestone, natural gas, and salt. That is the amazing new chapter in the history of Canada's switch-over to the use of substitute materials in the war program. The synthetic raincoats are not only just as good as rubber. They are said to be better. In the first place they are lighter in weight. Suitable waterproofing can be achieved with three to four ounces of coating for every square yard, whereas more than double that weight of rubber would be needed. In the second place, it is said to be far more durable. No matter how often it is bent and twisted it

COMING NUPTIALS



Mrs. Margaret Daphne Martin and Mr. Frank P. MacKinnon, of Ottawa, whose engagement was announced this week, their marriage to take place in April. The former is the elder daughter of Professor Cecil P. Martin, of McGill University, and Mrs. Martin, formerly of Dublin, Ireland. She obtained her B. A. degree at McGill University, where she was an honor graduate. Mr. MacKinnon, the son of Hon. Murdoch MacKinnon, a former Lieutenant-Governor of Prince Edward Island, and Mrs. MacKinnon of Charlottetown, P. E. I., was also an honor graduate of McGill, where he obtained his B. A. later receiving his M. A. degree at Toronto University.

will not lose its "life." It will resist light and heat far better than rubber and it is not affected by most alkalis and acids, alcohols, petroleum solvents, oils and greases. Put it in a temperature of minus 20 degrees Fahrenheit and it will not crack. Heat it through hundreds of degrees and it will not burn.

VOGUE FOR BOWS

No one knows where this rising

interest in hair bows will end. At the moment it's spreading like mad and grandmothers and toddlers are swapping knots of bright-hued ribbon back and forth. Velvet is the pet of the moment and the velvet concoctions come in duplicate or triplicate and sometimes you will even find as many as four bows put together or comb to tuck in your curls. The colors range from a rich golden brown right up to the high-fashion peaks or purple and fuchsia.

Besides the bows there are loops of ribbon and there are flowers made of fat in vivid shades. For evening the bows grow up in a hurry. Some of the satins, in particular, reach such proportions they cover the entire back of your head and substitute for a dinner hat.

DESK AND BOOKCASE IN EFFECTIVE GROUP

NEW YORK—An effective furniture group can be produced by flanking a flat-top desk with bookcases or cabinets. Push a pair or matching chests together and top them with bookcases and you have a living room piece by the roadside, and a short time later a native passing along the way as a breakfast secretary. Small commodes, ordinarily used as end tables can furnish storage space at the sides of a console, the trio becoming a practical and attractive buffet. Record cabinets can do double duty as lamp tables.

The functional principle has been likened, also, to the paper set in dishes whereby you may add "more of the same" as needed and still maintain continuity. Even the Informal Modern which bears the same relation to Modern proper that early American goes to Federal is being designed functionally. Manufacturers who are still producing traditional styles have sensed the trend and are introducing functional ideas

LINENS ARE EASILY KEPT CLEAN, FRESH

If care is taken in putting away linen it can be kept clean and fresh very easily. Cloths and napkins, sheets, pillow cases and towels should be arranged in neat separate piles, just-washed linens placed at the bottom. White linens not often used should be wrapped in blue paper. This prevents them from becoming yellow. Consumer Information Service points out: "Transparent bags and boxes, if available, also help keep linens in good condition. Transparent bags and boxes should be wiped out frequently so that the linens placed in them don't become dusty and dirty."

THE COOK'S CORNER

POT ROASTED BEEF HEART

1 beef heart, 2-3 lbs.
1-2-2 cups savoury dressing.
1/2 cup onion, seasoned with salt and pepper.
3 tablespoon fat or dripping
2 medium onions, chopped
1-2 cup diced celery
1 medium onion, diced
1-2 cup diced turnip.
2-3 sprigs parsley
1 whole small onion, stuck with 3 cloves
Salt and pepper
1 cup boiling water (add more in small amount if necessary during cooking.)
Wash heart thoroughly in warm water. Cut away arteries and veins and dry well inside. Stuff with savoury dressing and sew or skewer. Dredge with seasoned flour and saute in hot fat in the bottom of a heavy kettle or Dutch oven. Place a rack under the meat, add chopped vegetables, parsley, whole onion, salt, pepper and 1 cup boiling water. Caramelize the sugar until almost black, add 2 tablespoons boiling water to dissolve caramel and add to the meat. Cover and bake in a moderate oven, 350 degrees F, until tender, about three hours.

Savoury Dressing for Heart

2 cups soft-baked bread crumbs
1-2 teaspoon salt
1-8 teaspoon pepper
1-2 teaspoon poultry seasoning
2 tablespoons melted fat
2 tablespoons finely chopped onion or parsley.
Mix all ingredients together.

Kidney Creole

1 beef kidney
1-4 cup fat
1 large onion, minced
1 medium carrot, diced
1 medium potato, diced
1-2 cups tomatoes
2 cups boiling water
1-2 teaspoon Worcestershire sauce
Salt, pepper and other seasonings as desired.
Remove fat, tubes and membrane from kidney. Slice and dredge with seasoned flour. Brown in hot fat. Add tomatoes and water and allow to cook slowly for about 1-2 hours. Add diced vegetables and more water if necessary and continue cooking till vegetables are tender. A few green peas or slices of green pepper add to appearance of the dish. Serve on toast.

A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Control Board on housewives in the region. The answers are prepared by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Control Board, Chappell Building, Charlottetown.

Q. Is corn syrup used to make other products?

A. According to Wartime Prices and Control Board regulations, no corn syrup may be used in the commercial manufacture of any product in Canada. This order designed to release extra supplies to the public who have been relying to some extent on corn syrup as a substitute for sugar, molasses and honey, is expected to help solve the problem of supply for feeding babies.

Q. Before Christmas I paid 25c lb. for dates. A week after Christmas I had to pay 29c for half a pound. Why?

A. The dates you bought before Christmas were shipped from India upon which the price was fixed by the Board. Those you bought after were fresh dates (not from California). Fresh fruits do not come under price ceiling regulations.

A Morning Smile

NO FLATTERY

During a tour of Scotland that was being made by a travelling circus, one of the gorillas caught a chill and died. It was accordingly put in a box and shipped to a time later a native passing along the road saw it. He scratched his head and considered for a moment. "It's no a McKenna and it's no a Macintosh," he exclaimed. "I'd better gang up to the hall an see if any of the English visitors are missing."

Mrs. Youngbride—Our cook says those eggs you sent yesterday were quite old.

Farmer—Very, very sorry, ma'am. They were the best we could get. You see, all the young chickens have been killed off, so the old hens are the only ones left to do the laying.

HINTS ON ETIQUETTE

In eating artichoke, the leaves are stripped from the artichoke one by one, dipped in melted butter sauce and the tender part eaten from the leaf.

Home Service

Plenty of Funny Games Make Party a Success

No One's Bored At This Party!

The Conga Line! No, it's a "Bucking Bronco" at the gayest, craziest party in town! If you yearn to throw a delirious, wonderful party, rely on "Bucking Bronco" to start guests off in the right spirit. For each bronco, five people line up, each clasping the waist of the one in front. The "cowboy" of the sixth player, tries to ride the bronco by clasping the waist of the last one in the line. Of course, the bronco—merrily plunging and whirling—tries to prevent him.

Your guests are now in a particular mood to appreciate any good game you have up your sleeve—like Card-Toss fortunes, which are fun and romantic, too.

Cut 10 cards from heavy cardboard and write a fortune word on each—Love, Marriage, Money, and so on. Each player stands behind a chair (but not touching it) and tries to pitch the cards into a hat on the floor in front of the chair. The cards that get in determine his fortune for the next 12 months!

Our 32-page booklet, a storehouse of hilarious party games (some nice quiet ones, too), can give you the reputation of most versatile hostess in town. Has ice-breakers, pen and pencil games, fortune stunts, many more.

Send 20c in coins for your copy of "Party Games for All Occasions" to the Charlotte-Town Guardian Home Service. Address: Be sure to write plainly your name, address, and the name of booklet.

Name _____

Street Address _____

City _____ Province _____

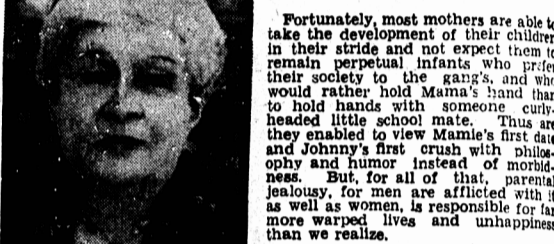
Dorothy Dix Says—

APRON STRINGS OF JEALOUS PARENTS BRING SPINSTERHOOD

Girls in Teens With Boy Friends Handle Men Better Than Sisters Held Off 'Til Later

A woman whose teen-age daughter was having her first little bit of romance, said to me: "Talk about jealousy! No other jealousy in the world, not even the jealousy of a wife who sees her husband being taken away from her by another woman, is so bitter and heart-rending as that which a mother feels when she sees the child she has adored ever since it was born, and to whom she has been all-in-all, preferring someone to her."

"It simply tears her soul to pieces and makes her want to fight like a tigress to hold her own. I tell you that among the tragedies of life is having your children grow up and want other companionship than yours, and finally getting married and leaving you."



OLDEST DAUGHTER A PRISONER OF LOVE
Curiously enough, the oldest girl in

(Continued on page 3, Col 3)

Timely, and of immediate interest to the medical profession is the new, authoritative booklet, "Venereal Diseases, Diagnosis, Treatment and Laboratory Methods," published and distributed by the Dept. of Pensions and National Health by authority of the Hon. Ian Macdonald, Minister of Pensions and National Health, Dr. J. C. Gordon, Dr. Philip Hessay, Dr. E. B. Hardy, Dr. F. Gessard, Dr. C. C. Lucas, Dr. A. L. MacKay, Dr. J. C. McClelland, Dr. G. A. Mitchell, Dr. A. Moffatt, Dr. E. A. Larty, Dr. L. A. Pequegnat, Dr. J. J. T. Peterson, Dr. D. E. H. Cleveland, Dr. Thomas Miller, Dr. S. C. Peterson, and Dr. Donald H. Williams, all of Vancouver; Dr. R. E. Woodhouse, Deputy Minister of Pensions and National Health; Dr. J. J. Heagerty, Director Public Health Services Ottawa; Dr. C. R. Donovan, Winnipeg; Dr. Albert Martin, Montreal; Dr. C. Middleton, Regina; Dr. Harold Orr and Dr. Alan C. Rankin, Edmonton, Federal and provincial deputy ministers of health are ex-officio members.

Child's Colds

To Relieve Misery Rub on Time-Proven

VICKS VAPORUB

Needlecraft For The Home

PRETTY BRUNCH COAT Make It Long Or Short

Simple in line, vest, and easy to make; but so charming, so like a dress that when you slip into it at a moment's notice, you have the assurance of looking your best and ready to meet all comers. Choose a pretty and fresh looking print, something washable for preference and you'll feel repaid a hundredfold.

Style No 2040 is designed for sizes 10, 12, 14, 16, 18, 20; 36; 38; 40 and 42. Size 38 requires 4 1/2 yards 35-inch fabric with 1 1/4 yards ruffling. Style No. 2040

Name _____
City _____ Province _____
Street Address _____

The Brandt chest is an example. Externally this chest of swirl mahogany is as Georgian as anything you might find in a London antique shop. But open its doors and you see what never existed in Chippendale's day—sliding trays instead of just space, making it more convenient for storing linens, apparel, records, or whatever you wish to tuck away.

How to relieve MONTHLY FEMALE PAIN

You who suffer such pain with tired, nervous feelings, distress of "irregularities"—due to functional monthly disturbances—should try Lydia E. Pinkham's Vegetable Compound. It has a soothing effect on one of woman's most important organs. Also a fine tonic for the stomach! Made in Canada.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

"We're thrilled with



**So safe!
Dissolves so fast!
So rich, so thrifty!
New, bigger
package, more
for your money!**

DAILY DIPPING CUTS DOWN STOCKING RUNS— SAVES UNDIES, TOO

MARVELLOUSLY SAFE FOR SWEATERS, WOOLENS

SO THRIFTY NOW EVEN COTTONS CAN HAVE LUX CARE



NOW, when fabrics may be irreplaceable, here's the mildest, safest Lux ever made—to keep all your nice washables like new longer.

New, improved Lux dissolves twice as fast. Gives richer, longer-lasting suds that do more work. And a new, bigger package, too—more for your money!

In wartime, more things need Lux care. Dip them regularly in LUX!

A LEVER PRODUCT