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because confining duties, lack of fresh air and sunshine gradually weaken even a strong constitution, and the enfeebled system readily accepts sickness and disease.

Scott's Emulsion checks such decline. Its pure cod liver oil is nature's grandest medicinal food while its hypophosphites act as a building tonic.

If you work indoors, Scott's Emulsion after meals will prevent much sickness and loss of time, and often thwarts tuberculosis—it builds up and holds up your strength.

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Canadian Government Railways P. E. I. RAILWAY

Commencing January 3rd, 1914, trains will run as follows:

Table with columns for Train Outward and Train Inward, listing routes and times for various stations like Ch'town, Hunter River, and Summerside.

SUNDAY SCHOOL LESSON

JAN. 4, 1914.

JESUS AND THE CHILDREN.

Mark 9: 30-41; 13-16. (Commit Mark 10: 14, 15, 16.)

GOLDEN TEXT.

Gird yourselves with humility, to serve one another; for God resisteth the proud, but giveth grace to the humble. 1 Peter, 5: 5.

SUGGESTIVE THOUGHTS FROM HELPFUL WRITERS.

9.32. They understood not the saying. The whole passage is a psychological example that teaches us how difficult it is to enter into views which are opposed to our former

views, and the tendency of our wills; how hard it is for the world, with its view of Christianity, and for the Christians themselves, with their worldly views, to take a self-renouncing view of the Cross.

9.35. If any man would be first, he shall be last of all, and servant of all. When the class of 1853 of Yale University had the opportunity of selecting from among the names of those who had died two names to be honored by tablets in the Memorial Hall, they chose those of Dr. Charles Harding, who died a missionary in India, and of Rev. Hiram Bingham,

who gave over fifty years of missionary service in the Sandwich Islands and Micronesia. In his address of presentation, the Hon. Andrew D. White, formerly our ambassador to Germany, said: "Among the classmates we have lost were others in church, in state, in literature, in scholarship, who held places which the world considers higher than the places held by either of these men, as things go in this world. And yet, when we wish to leave with our altar the names which she must not willingly let die, we have named these two. We have named them because their ideals were the highest, and because they sacrificed most to make these ideals real."

Men like these have given the world something better than any material success. These two classmates of ours gave to our land, to us, to all our thinking fellow citizens, something of the spirit of Saint Paul, something of the spirit, we may say reverently, of Christ himself."

10.14. The Kingdom of God. The term, as used by Jesus, has not a constant meaning. There are at least four great ideas which are at times associated with it. Sometimes one of these is its predominant burden, sometimes another. First, the term means the dominion of God realized within and without, but with the emphasis on the inward realization.

If You Want To Go To College

and your parents cannot afford the expense, then the only thing to do is to work hard during your spare time and the holidays—and save your earnings—Other earnest, ambitious young men are following this course and

The Bank of Nova Scotia

with its capital and surplus of \$17,000,000 and total resources of over \$78,000,000, extends to you the facilities of its Savings Department, receiving your deposits no matter how small, and allowing you interest at 3% compounded twice a year.

ISLAND BRANCHES: Charlottetown, Summerside, Alberton, Kensington.

Second, the term means the company of those who are under the dominion of God. Thus Jesus says that the Kingdom of God consists of those who are childlike in heart. Third, it means the blessings and privileges that accompany the divine dominion as when Jesus tells the Jews that the Kingdom of Heaven shall be taken away from men, and be given to a nation bringing forth the fruit of it (Mt. 5: 3-10; 21: 43). Finally, it means the place that is to be occupied in the future by those who are under the divine ion.—Gilbert's Student's Life of Jesus.

An analysis of one hundred and nineteen passages in the New Testament where the expression "kingdom" occurs, shows that it means the rule of God; which was manifested in and through Christ; is apparent in the church; gradually develops amidst hindrances; is triumphant at the second coming of Christ "the end."

The idea of the Kingdom of God, as an actual reign of God over living men, in which all ancient anticipations of good are accomplished and a new state of virtue and blessedness is established on earth, was foremost and dominant in the teaching of Jesus. It was the keynote of His ministry. Everything that He did, was in harmony with this master thought, Henry van Dyke.

Jan'y 11, 1914.

The Mission of the Seventy.

Luke 10: 1-24 Commit vs. 1.20.

GOLDEN TEXT.

It is not ye that speak, but the spirit of your Father that speaketh in you.—Matt. 10: 20.

Seventy others. Besides the Twelve. "The number seventy was probably suggested by the Jewish tradition of the number of the nations of the earth. Gen. 10. Plummer suggests that the mission took place at the time of the Feast of Tabernacles, when in the sacrifices there were seventy bullocks to correspond to the number of the seventy nations of the world" (Garvie). Jesus must have chosen his large number of loyal workers from a still larger number of faithful adherents.—Appointed. For temporary service.

2. And he said unto them. Jesus gave practically the same charge to the Seventy that he did to the Twelve when he sent them forth, Mt. 9: 35, save that he did not limit their missions to the Jews.—The harvest indeed is plenteous. The multitudes seem like a vast field ready for reaping. Compare the similar figure of speech in Jn. 4: 35 and read Mt. 10: 37, 38.—The laborers are few. See Isa. 6: 8.—Pray ye therefore the Lord of the harvest. My Father is the husbandman, Jn. 4: 35. "Every thing vital in the missionary enterprise hinges on prayer." (John R. Mott).

3-4. As lambs in the midst of wolves. They must expect persecution. Carry no purse, no wallet, no shoes. In the words of an old commentator, Euthymius Zigabenus, our Lord enjoins upon his disciples "a simple life." This direction to his missionaries Jesus omitted afterwards; see Lk. 22: 35. The laborer is worthy of his hire, verse 7.—Wallat.

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A valuable farm, 10 chains wide at front and shore, and containing 84 acres of clear dry land fenced with wire fencing and in good state of cultivation. There are on the farm a good dwelling house, barn and other outbuildings (in good repair.) also two orchards. It is within easy reach of schools, churches, railway stations and the proposed site of "Car Ferry". It has a shore frontage of 10 chains where abundance of sea manure can be easily obtained. Part of purchased money can remain on the farm if desired. Possession given at once. Apply to

MRS BRUCE McMICKEN on the farm, or CHAS. B. DOULL, Executor, Carleton 2030, 10-11M5121

When through old age the bodily functions become sluggish, Na-Dru-Co Laxatives give gentle, timely and effective aid, without discomfort or distress.

MORTGAGE SALE

To be sold by PUBLIC AUCTION on Tuesday the Twenty-third day of December A. D. 1913 at the hour of twelve o'clock noon in the front of the Law Courts Building in Charlottetown under and by virtue of a Power of Sale contained in a Certificate of Mortgage bearing date the Twenty-first day of November A. D. 1892 and made between James McLean of Naufrage in Lot or Township number Forty-three in King's County, Farmer, and Mary Ann McLean his wife of the one part and Eliza M. Macdonell of Charlottetown aforesaid Widow of the other part and which said Mortgage is now vested by assignment in the undersigned.

ALL THAT tract piece or parcel of land situate lying and being on Lot or Township number Forty-three in King's County in Prince Edward Island bounded and described as follows, that is to say: Commencing at a point on the shore of the Gulf of Saint Lawrence at the Northwest angle of a tract of land in the possession of James McDonald, running thence south along the said James McDonald's western boundary line for the distance of a mile and a quarter to the rear line of the Shore farms thence westwardly along said rear line ten chains or to the Eastern boundary of a tract of land in the possession of the Widow John McCormack thence Northwardly along the said Eastern boundary line to the said Shore and thence Eastwardly along the said Shore to the place of commencement containing one hundred acres of land a little more or less.

ALSO ALL THAT other tract piece or parcel of land situate lying and being on said Lot or Township number Forty-three in King's County aforesaid: Bounded on the East by land in the possession of James McDonald on the South by land in possession of Peter McCormack and Patrick McCormack and on the North by the above described tract of land and containing Forty acres of land a little more or less.

FOR further particulars apply to the Office of Matheson, Macdonald & Stewart, Charlottetown. Dated 20th day of November A. D. 1913. CHARLES J. McLEAN, Assignee of Mortgage. 2797-11-22m551.

THE clever housewife, who considers the pleasure and welfare of her family, takes particular pride in the coffee she serves. It is usually Seal Brand Coffee Chase & Sanborn, 143 Montreal.

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Horace Haszard Agent for Canada and United States Charlottetown, P. E. I. Oct 31st, 1913. 75-12-22Mmw6i

The Boiler Inspection and Insurance Company of Canada CONSULTING ENGINEERS-EFFICIENCY EXPERTS POWER PLANT SPECIALISTS (ESTABLISHED 1875) TORONTO BOILER INSPECTION AND INSURANCE Periodical Inspection of Steam Boilers, Digesters, Economizers and Other Vessels By Experts Specifications Furnished for Boilers, Digesters, etc. Plans for Boiler Settings, Dutch Ovens, Chimneys, etc. Inspection and Test Prior to Delivery or Purchase Insurance Against All Loss or Damage to Property and Loss of Life and Personal Injuries Resulting from the Explosion of Steam Boilers, Digesters, Economizers and other Vessels.

ENGINE INSPECTION AND INSURANCE Inspection and Indication of Steam Engines By Experts Insurance Against Loss or Damage to Property Caused By Breakdown of Engine or Bursting of Fly-Wheel SERVICE PROTECTION SUPPLEMENTED BY INSURANCE For Full Information Write To W. C. MacDonald, Inspector STELLARTON, N. S. 1848, 10, 2Mtf

MOLASCUIT MEAL (Hughes' Patent) THIS CATTLE FOOD is a pure product of the Sugar Cane, the richest grass in the world, only the digestible pith of the cane being used to absorb the molasses, 20 p. c. of this pith will absorb 80 p. c. of concentrated molasses. Molascuit is pure cane molasses, minus the water, which is dried out, and replaced by the digestible pith. It is the most easy, practicable and economical means of handling molasses, and in the best form for feeding to all stock. When fed to cows, it will increase the quantity and quality of the milk. When fed to horses it improves their condition and working powers. Give them a handful or so with their other food when they come in tired after a day's work, reducing the oats by the amount of MOLASU T added. MOLASU T is extensively used in Demerara, Argentine, Africa, South Mauritius, India, Australia and of course in England. The Canadian farmer will not be slow to grasp its value. MOLASU T is the richest sugar food, containing as it does over 50 p. c. of sugar. CARVELL BROS. 222-10-22Mm2m08tenM591.

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