

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure

— THE WOMAN'S REALM —

### TO A FAN IN THE EGYPTIAN MUSEUM

Where are the hands that held you close,  
The hands that pressed you like a rose  
When all the world was young?  
By Karnak's shadows, less than sand,  
Where Memphis' broken pillars stand,  
Where Menno's morning sun is sung,  
Where still the sacred river flows?

How intricate the traceries,  
The pale-as-moonlight filigrees,  
The stonies of Heaven-blue!  
How fragile still the threads of gold,  
The carved petals fold on fold  
That breathe of stars and dew...

Now eyes of all the world go by  
Beholding with a sudden sigh  
Your beauty in a case,  
Would you not rather know again  
Her finger tips as soft as rain,  
The proud lips, the regal face  
You knew one long lost century?  
—Daniel Whitehead Hickey in the Washington Post.

The world might be like a great symphony orchestra if each person played his part faithfully. If the majority remain faithful, there will still be a measure of harmony. But when too many neglect their instruments while they attempt to give advice to, or steal from their neighbors, terrific discord results.

**FASHION NOTE**  
A New York designer of little girl fashions has used a new material, changeable taffeta, in party fashions for winter. It is spot

### Household Scrapbook

**Crochet Work**  
To keep crochet work from raveling when laying aside, pull the last loop out long enough to pass the ball through. This fastens it evenly and it may easily be opened in the same way when resuming the work.

**Leather Upholstery**  
Wash leather upholstery with warm soapsuds, rinsing with clear water. Rub with white of egg to retain the gloss, and when nearly dry, polish with a soft cloth.

**Starch**  
On windy days it is advisable to add a little salt to the starch. This will prevent its being blown out of the clothes while they are drying.

## How to Make a Splendid Cough Syrup at Home

Cough medicines usually contain a large quantity of plain syrup—a good ingredient, but one which you can easily make in your own kitchen. Take 2 cups of granulated sugar and 1 cup of water, and stir a few moments until dissolved. No cooking! No trouble! (Or you can use corn syrup or liquid honey, instead of sugar syrup.)

Then get from your druggist 2½ ounces of Pinex, pour it into a 16 oz. bottle, and fill up with your syrup. This gives you 16 ounces of really splendid medicine for bad winter coughs. It makes a real saving, because Pinex is Dependable. Saves Money. Easy To Mix.

## Needlecraft

— FOR THE HOME —



**2561 SIZES 10 - 20**

**GOOD MIXERS**  
Three pieces to mix or match indefinitely with other items in your wardrobe—a skirt laid in soft pleats, a weskit with just the right neckline for scarfs, and a belted jacket with a mere suggestion of sleeve. All in one pattern.

No. 2561 is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 1½ yards 54-inch for skirt, 1 yard 54-inch for belted jacket; 1 yard 54-inch for weskit.

Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Includes postal unit, or some number in your address.

Address Pattern Department The Charlottetown Guardian.

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**ACHE ALL OVER?**  
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## ELLEN'S DIARY

By An Island Farmer's Wife

The parting at Alderlea, scheduled for this morning, came in its early glow, the ceremony hastened somewhat by the insistence of the remaining field-work as indicated in the covering of ice which bridged the horses' drinking trough. "We can't waste too much time today," James commented stepping off briskly into the bright new day and Jock also jacketed and gloved against his choring, greeted us with: "Guess the freeze-up's bearing down on us!" And soon, breakfast past, and with the finality these presently or ultimately bring, the leave-taking was here. "Aren't you coming out to see us off, Ellen?" James asked, but we were well content to regard it from a window. And thus without so much as a farewell from us, or a feminine regret but instead with a feeling of relief that his stay with us had brought no calamity to his owners or others, we watched the head of the herd being led away. James doubtless would have his regrets, as he invariably does when called upon to part with some fine product of the farm, that has reached its fullness and perfection under his and the junior farmer's care. As when a fine pen of hogs go, or the fattened cattle, to leave for the time a vacancy about the place.

This was the sizable red animal of select stock and respected in that he was "as quiet as a kitten" but nevertheless suspected at all times. A sight of him about the yards, out of bounds from the stable, meant an anxious recall of the farmers from the fields or from Rob's, and in the interval a closing of doors which at once, though it might mean the destruction of some cherished lawn-planting, granted him the keys of the out of doors. Tonight then, the housewives' minds can be at peace, knowing that for the time one hazard to the safety of the place has been removed. Though this content will be all too short-lived. In a recent purchase from Rob, which the farmers here insist was a "holer" but the owners here insist was "just give-away", in the pleasant barrier that takes place at times between them, a yearling has been acquired. A roan creature, pure-bred as to credentials, that will develop in time into just such a handsome and fearsome fellow as was his predecessor, one to make James call again in a ringing voice.

Mr. C. entering the short-cut, homing after evening "kaley" with us at Alderlea. "Better watch your step along there—there's more than the milk cows pasturing in that field tonight!"

Jock wore a tolerant expression yesterday when he presented us with the sack of prepared rations for our cage of turkeys. It said plainly: "We're humouring you by bringing this—when by rights it should be another sack of hog ration. But, surely when you come to count the cost of it all, you'll see the folly of this venture of yours. There's no doubt; but you've let yourself in for an expensive hobby as a drag as it were on the morning." This idea becomes vocal with James. "This isn't another sack of that stuff, it's Ellen!" he will exclaim coming suddenly upon a strange tag during the unloading. And then with a chuckle, "Wouldn't it have been more profitable if you had bought yourself a canary? You wouldn't be in debt so much for feed—and if it was a male, he could at least sing for you!" Meanwhile a lot of board mounts until in our inexperienced but successful method of feeding our probable assets are no match for our liabilities, in spite of the dozen thrifty and likeable birds we attend. But content to leave the reckoning of the financial part of the undertaking to the masculine minds, they being supposedly better equipped by nature to deal with such problems, and rather grateful that on a Spring night a fox made off with a sitting turkey-hen to lessen our indebtedness, we are satisfied with our success at the endeavour. Barring some misfortune, we are now in a fair way of realizing our objective which at the outset was only to have a fat toothsome roast turkey from the farm for Jamie's birthday dinner.

Today, in the sunlight and stiff breeze of the hills, last turnips were gathered. All harvesting done! Tomorrow, marking this pleasant day of affairs, one of the farmers takes a trip. Until tomorrow—Diary—Good-night.

### Cook's Corner

**PECAN PIE**  
1 cup light corn syrup  
¼ lb. sugar  
½ cup sugar  
3 eggs  
1 cup pecans  
½ teaspoon vanilla  
Put butter, syrup and sugar on to boil gently, about 5 minutes. Beat the eggs well. Add the hot liquid, stirring constantly. Add the vanilla. Put chopped nuts in pastry lined pan. Pour in mixture and cook for 40 minutes.

### Oakville Pipe Band Growing Fast



Pipe Major Joseph Donald with daughter Beverley, above, is member of the Oakville, Ont., Canadian Legion Pipe band. The band has grown until it includes 12 pipers and six drummers and is increasing in size every month, Joseph Donald stated.

### DOROTHY DIX SAYS—

#### Desperate Mother Woman Would Put Child, 8½, In Disciplinary Institution

DEAR MISS DIX: My daughter, 8½ years old, seems to be steadily growing worse in behavior and is now almost incorrigible. She behaves well in school, but I cannot make her understand that she must obey her parents in the same way. I have thought of placing her in some institution of discipline. What would you advise doing?  
J. A. R.

ANSWER: Why, a little girl of 8½ is still a baby, and the idea of putting her in any institution of discipline is horrible. It would brand her for life. Don't ever think of such a thing again and, above all, never let the child know that you ever contemplated taking such a step.

The only excuse for putting a child of that age in an institution would be if she had shown some serious mental disturbance, or if she were a hopeless idiot.

### TROUBLE LIES IN HOME

The fact that the child behaves well in school makes me feel sure that the trouble is in your home and in your method of handling her. Instead of trying to reform her, why not try to find out what is wrong with your methods? Perhaps you are too strict with her. Instead of ordering your little girl to do this or that, why not try suggesting things to her? Why not use tact and diplomacy in dealing with her? Why not use a little flattery instead of perpetual fault-finding and criticism?

Children are peculiarly sensitive to suggestion. They try to live up to what you think they are. If you are always telling them they are little hellions, little hellions they will be to justify their reputation.

Children love the limelight and there is no way you can discipline them quicker than just by turning it off them. So if your little girl is having the time of her life harassing you. Just let her alone. Let her have her own sweet way and reap the consequences of it for a while.

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### The Stars Say --

By Genevieve Kemble

**For Thursday, November 17**

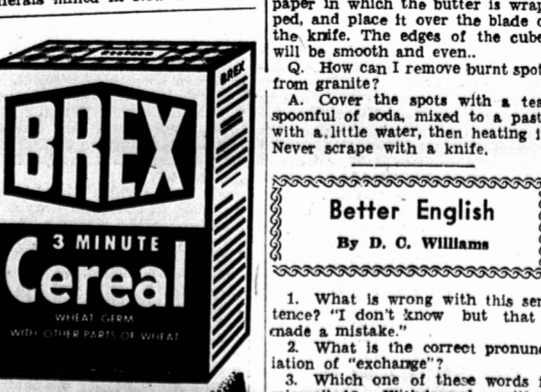
ALTHOUGH there are brilliant promises of attaining plans and objectives of expanding scope and large coverage in pursuit of enhanced prestige, popularity and power, yet progress may involve a complete and drastic change of plans as well as geographical locale. New environs may further an about-face in all relations and interests, while advancing position radically. But refrain from jumping at alluring situations without proper reflection and long-range accuracy.

### For the Birthday

Those whose birthday it is of long-range benefits and honors, without recklessly and zealously stepping into revolutionary or drastic opportunities. While offers may be alluring, promising much desired growth and expansion yet rash and ill-considered plans or undertakings could invite complications. Weigh cautiously before moving to new places.

A child born on this day is excellently fortified for important place in life, with far-reaching influence, but he inclination to plunge into critical situations should be wisely manipulated.

Coal and gypsum are the chief minerals mined in New Brunswick.



**BREX 3 Minute Cereal**  
WHEAT CEREAL WITH OTHER PARTS OF WHEAT

MM - M - M  
WHAT A FLAVOUR

### Timely Notes On Nutrition

By Marjorie G. Hill

#### LET'S TALK ABOUT THE HOMEMAKER SERVICE

Although the first official Homemaker Service started in 1923 in Toronto it has been only in the past three years that any such organization formed on Prince Edward Island.

At present there are two branches of the Service which are under the direction of the Red Cross Nutritionist, one in Charlottetown, the other in Summerside. Each branch has its own supervisor who investigates each case where a homemaker is needed, and supervises the work carried on by the individual Homemakers, when they are out on a case.

What is the purpose of this service?

1. To provide capable homemakers who will care for the family while the mother is ill at home, or in the hospital; or other emergencies.
2. To give service to all in need, regardless of race, creed, color or income.
3. To permit the father to continue with his work assured that his family is well cared for. Who are the supervisors?

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### That Body Of Yours

By James W. Barton, M.D.

#### MIND AND BODY — BODY AND MIND

I have written before about the belle of the village marrying a wealthy man and moving to a large city. After being away from the village for some time she became ill, but none of the city physicians were able to diagnose her disease or cure her illness. In desperation the husband telephoned the old village doctor and asked him to come to the city and try to diagnose and help his wife. On visiting the patient and making a thorough examination and asking numerous questions, the old family doctor asked the patient to lie on her abdomen. He then gave her one hard spank and the patient got up, dressed, and went about her household duties.

In "Medical Clinics of North America," Dr. Walter Alvarez Mayo Clinic, states that the old family doctor has a tremendous advantage over the city specialist because he has known the patient for years or from infancy. Often he has known the mother and grandmother, uncles, aunts, and their tendencies toward disease. He knows that the young woman patient he is examining was born frail and sickly, and like mother and grandmother, was never rugged. In these cases the treatment consists in trying to build up the patient physically, as the mind affects the body so that the individual may at times feel that he owns the earth and other times that he is poverty stricken, so can slight infections or slight defects of the body affect the mind and cause depression or even odd behavior.

In these days when everybody is upset to some extent, mentally and emotionally, and these emotional disturbances affect our digestion, our breathing, the heart beat and other body processes, we should remember that defects of the body can affect the mind. This was shown some years ago when the superintendent of a mental hospital was able to discharge a large percentage of his patients by having defects corrected by specialists—dentists, nose and throat physicians and surgeons, gynecologists and others.

Don't wait for symptoms. Have your family doctor and dentist check you over regularly. Your doctor will refer you to a psychiatrist if he thinks it necessary. This is good health insurance.

may have made a mistake." 2. Accent second syllable, not the first. 3. Withhold. 4. To partake of the quality or nature. "The whole thing savored of politics." (Pronounce the a as in save.) 5. Pecuniary.

### Modern Etiquette

By Roberta Lee

Q. What is the correct position for the butter knife on the bread-and-butter plate?  
A. Place it at the top of the bread-and-butter plate, slightly above the center, and parallel with the edge of the table, with the handle at the right and the spreading edge of the knife towards the guest.

Q. Should a young married woman identify herself over the telephone to a social acquaintance by saying "This is Ruth Martin," or "This is Mrs. David Martin"?  
A. "This is Ruth Martin."

Q. Is it obligatory to acknowledge an invitation to a card party?  
A. Certainly, and as soon as possible. Otherwise, the hostess is unable to know how many players will attend.

### How Can I!!!

By Anne Ashley

Q. How can I relieve tired feet?  
A. Boracic acid in the foot bath will not only relieve tired, perspiring feet, but will also remove an unpleasant odor. Buy ten cents worth from any druggist and ask him the proportion to use.

Q. How can I cut butter into smooth and even cubes?  
A. Take a small piece of the paper in which the butter is wrapped, and place it over the blade of the knife. The edges of the cubes will be smooth and even.

Q. How can I remove burnt spots from granite?  
A. Cover the spots with a teaspoonful of soda, mixed with a paste with a little water, then heating it. Never scrape with a knife.

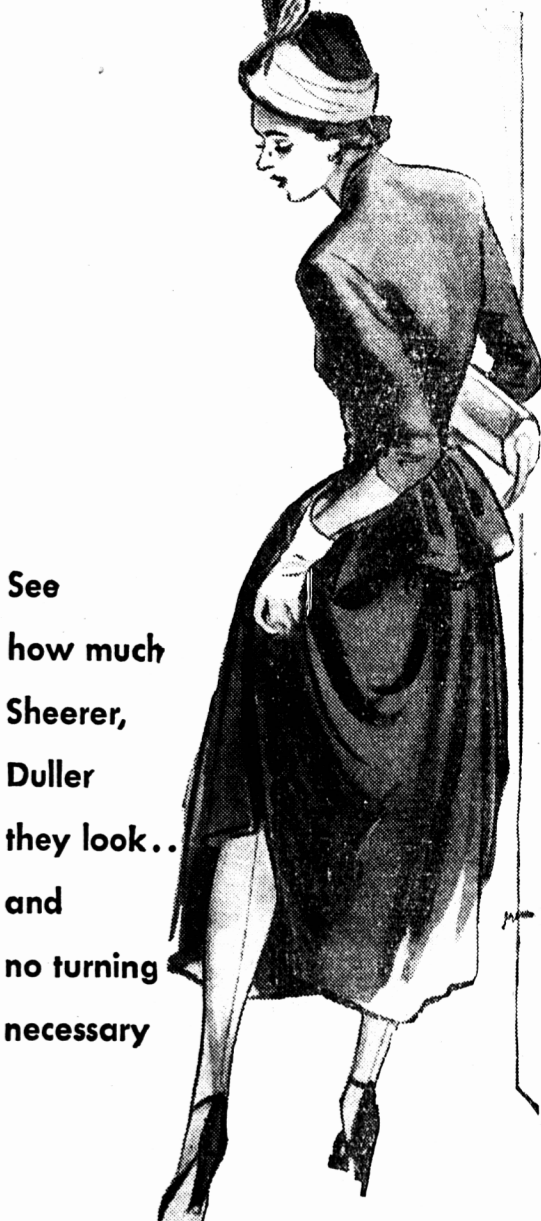
### Better English

By D. C. Williams

1. What is wrong with this sentence? "I don't know but that I made a mistake."
  2. What is the correct pronunciation of "exchange"?
  3. Which one of these words is misspelled? Withdrawal, withal, withhold, wearisome.
  4. What does the word "savor" mean?
  5. What is a word beginning with pec that means "relating to money"?
- ANSWERS  
1. It is much better to say, "I

## Suck a visible difference

and already inside out



Beautiful Butterfly Nylons are made inside-out... "Smart-Side-Out" for you... with the seams on the inside—the way all well-groomed women wear their nylons.

Always full-fashioned

**CREAMY PEACH WHIP**  
Dissolve Lemon Lushus in 1 cup boiling water, add 1 cup Peach Syrup. When coming to a boil, beat in ½ cup cream, whipping, and 1 can peaches, drained and sliced, reserving a few of the peach halves for garnishing. Place a peach half on top of mould. Pour in mixture and chill. Unmould, garnish with peaches and whipped cream.

**Surprise! Surprise!**  
Any jelly recipe is at its best when made with Lushus. The fresh, fruity flavour "Bud" till you are ready to prepare it and remember Lushus costs no more than ordinary jelly powders—Try Lushus today!

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