

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

ANOTHER SUMMER

Put another summer, added to the store of long-lost summers that have gone before...

GARRULOUS FOLK CAN BE TIRE SOME

Waiting for the caller to say "goodby" over the telephone before you do is a rule of etiquette...

DARK HOUSIFY SLIMS LEGS

Fuller skirts and darker stockings can play down leg faults. The woman who has been mourning the lack of dress flatterings...

Modern Etiquette

Q. If a man and a woman are dining together in a restaurant and the tea is served in pots who pours it? A. If the waiter does not pour for them, then the woman should attend to this rite.

"Who Says My Husband Is 'TOO OLD' To Work?"

"It's a wife's duty to see that her husband keeps fit," says this wise wife. "Men are inclined to be careless about such things...

tempting, hot PARKER HOUSE ROLLS. GET FLEISCHMANN'S ACTIVE FRESH YEAST. This active fresh yeast works fast because it's full-strength. It saves you time and extra steps.

Ellen's Diary

By an Island Farmer's Wife The visitor, who called briefly to Alderlea on Saturday afternoon, was one I had known in a college year. She also is among the many at present spending a vacation on a native beach after an absence of a number of years.

Cook's Corner

FOUR EGG SPONGE CAKE 4 egg yolks 3 tablespoons cold water 1 cup fine sugar 1 1/2 tablespoons cornstarch 1 cup pastry flour 1/4 teaspoon baking powder 1/4 teaspoon salt 1 teaspoon flavoring

HOT WATER SPONGE CAKE 2 egg yolks 3/4 cup sugar 3/4 cup hot water 1/2 tablespoon lemon juice Grated rind of 1/3 lemon 2 egg whites 1 cup pastry flour 1 1/2 teaspoons baking powder 1/4 teaspoon salt

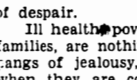
FILLED SPONGE CAKE Make a plain sponge cake or one of the cheaper, modified mixtures. Then bake it in two layers (it shall require less time than when baked in a deep pan).

LEMON SPONGE CAKE There is nothing more delicious than one of these sponge cakes baked in a shallow pan, split and put together at serving time, with

DOROTHY DIX SAYS—

Side-Stepping Husbands

Undoubtedly there are many men who, like Roark Bradford's hero, are born with an itching foot and a wandering around in their weary minds, and who can never see a skirt without getting up and chasing it. These are hopeless cases, and all that their wives can do is to take 'em as they are, or leave 'em.



Wives Can Win Back Some Types Of Matos With Itchy Feet

There are other men who are domestic as the housecat, but whose wives see a rival in every woman, and who wouldn't dare to hire a secretary under 70 years of age, or even to glance at the picture of a pin-up girl. And there are still other married men who are not entirely immune to feminine charm, who are subject to romantic attacks that they may not develop into something serious, according to the way they are handled.

PLAY IT SMART

You would think that when any wife saw that her husband was losing his taste for her that she would have gumption enough to get busy cooking up a new dish of attractions, but only a few wise babies have sense enough to do this. The average wife doesn't try to lure her husband back into the domestic fold by artful and alluring ways.

The Stars Say -

By GENEVIEVE KEMBLE For Wednesday, August 20 A BENIGN and auspicious combination of planetary forces may have power to build up a joyous and constructive present and a future of expansive, far-reaching and thrilling promise.

Birthday Forecast

Those whose birthday it is may be assured of a time of thrilling and dramatic events, conditions and adventures, in which there might be a deep-seated spading up from old and outgrown interests, contacts, when I watched the car go down the driveway and I thought that if James had, as he led me to believe me good-bye it was an exceedingly pleasant expression.

Better English

D. C. Williams 1. What is wrong with this sentence? "Nancy received an invite to the wedding."

Household Scrapbook

By Roberta Lee Clouded Mirrors Mirrors cloud so easily in summer weather but they need not be washed each time this happens. A perfectly clean dry cloth will remove that clouded appearance if the mirror is clean underneath.

That Body of Yours

By James W. Barton M. D.

MANY CAUSES OF SINUSITIS It would be interesting to learn from our older nose and throat specialists if there are more cases of sinusitis now than there were a number of years ago. I sometimes think that because we did not call it sinusitis then that there were just as many cases years ago.

FOR A SMOOTH LINE

Meet a smart set—a marvelous matching bra and pantie! The bra is built up for stronger support, the panties are trim and tidy. And both are beautifully flattering to the figure.

THE COMMON COLD

Never neglect the common cold as it may often be the forerunner of other, more dangerous conditions. Send 10 cents and a 3-cent stamp to cover cost of handling and mailing, to the B-I-I Syndicate, in care of this newspaper, Post Office Box 99, Station G New York 19, N.Y., and ask for your copy of the Barton Booklet entitled "The Common Cold."

Needlecrafts FOR THE HOME

FOR A SMOOTH LINE Meet a smart set—a marvelous matching bra and pantie! The bra is built up for stronger support, the panties are trim and tidy. And both are beautifully flattering to the figure.

No. 2943 is cut in sizes 34, 36, 38, 40, 42, 44, 46, 48 and 50. Size 36 requires 1 1/4 yards 30-inch for the bra; 3/4 yard 39-inch for the bra.

Send 20c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you require. Include post unit or zone number in your address.

Address Pattern Department, The Charlottetown Guardian.

City Province

You can improve the flavor of canned orange juice, or the orange juice you squeezed ahead of time, by pouring it back and forth from one glass to another just before you serve it. This will aerate the juice.

Some of the conditions which seem to start or aggravate the sinusitis, pointed out by Dr. Kafka are: A poor, balanced diet; lack of open air exercise; infection, tooth, tonsils, gums; and any severe injury to the septum (the tissue separating the nostrils); allergy to foods, dusts, plants, trees, grasses; and working in various occupations.

Sinusitis is more common in damp regions near the sea than in a dry atmosphere. Working in damp, dark cellars is a frequent cause.

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COLORFUL FOODS

The gay table can be a good table, according to nutrition experts. Green and red and yellow and orange are favourite colours with the people who know their food values. "Something crisp-something coloured" for summer, they say.

THOUSANDS OF VOLUMES

In 1752, the Chinese published an encyclopedia of 5,020 volumes containing the standard Chinese works from 110 B.C. to 1750 A.D.

PRAIRIE ORCHIDS

REGINA (C.P.)—Seven species of orchids have been found growing in Cypress Hills province park in southwest Saskatchewan Augustus Bristling of the botanical department of the Dominion government, central experiments farm at Ottawa.

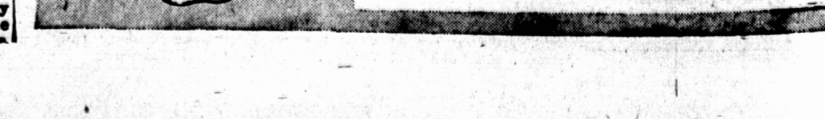


Rented room:

It's no trick at all to turn "hopeless" gloomy surroundings into an enchanting, cheerful room. Yes, even on a slim-Jim budget! Try a gay print bedspread... wallpaper trim around the windows... a cozy writing nook. But be sure you start with a sparkling new Gold Seal Congoleum rug! That's the way to get a floor covering that lends excitement to your whole color scheme...

that is smooth, easy to clean, comfortable underfoot. Best of all, it's such a good "buy"! For Gold Seal Congoleum—both rugs and by-the-yard—has a wear-layer of heat-toughened paint and baked enamel equal in thickness to 8 coats of best floor paint applied by hand! But remember—without this familiar Gold Seal—It isn't Congoleum! So look for it before you buy! You'll be surprised how much quality you can buy for so little money.

Gold Seal Congoleum is a product of Congoleum Canada Limited, Montreal. Your dealer may be temporarily out of Congoleum because supplies are still very short. Please try him again, as he receives limited shipments from time to time.



THIS IS CONGOLEUM THE RUG