

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

PARCELS
By Lesley Gordon

Here come the parcels, all purling and hurrying. Racing and tearing to catch the last post. Fat ones and thin ones, cardboard and tin ones. A bursting and bulging and bustling host.

'Fragile' 'With Care' 'Do not Open Till Christmas'.

Packed full of secrets, oh, what can they be?

Socks for Grandma all tied with red ribbon.

Chocolates for you, perhaps, toffee for me.

Losing their labels and bursting their sealing-wax.

That one will never reach Auntie, I fear.

And let us remember to wish for each postman a comely armchair and a Happy New Year.

—Kiddies Magazine.

DOOMED

One of every three children born in the United States is destined to be killed or seriously injured in traffic if traffic accidents continue to increase.

England uses more than 20,000,000 stamps annually.

More linoleum is worn out by improper cleaning and maintenance methods than by foot traffic and normal wear and tear.

SAFETY FIRST

Always disconnect the electric refrigerator before cleaning its condenser.

KEEP WAX WARM

Wax will go on floors and other surfaces more easily and smoothly if it is not too cold.

VERY FRESH BREAD

If you are trying to cut very fresh bread for sandwiches and making a bun out of it, heat the bread knife slightly and the bread will slice without breaking or losing its shape.

BE PREPARED

When you set out for a dance, it's a good idea to include in your makeup kit, along with lipstick, powder and comb, some specially prepared pads soaked in astringent lotion. They're useful for removing old makeup, or for rubbing lightly over perspiring hands.

PLATED SILVER SERVES WELL

The bride whose budget is too slim for sterling silver has a happy second choice of richness and beauty in good silver plate.

This is made by putting a coating of sterling on a base metal, usually nickel.

MAKE IT IN A JIFFY



When buying plate, check on extra thickness of silver where pieces get greater wear. Such reinforcements are on the bowl of spoons, at points of forks, at the spot where a fork hits a plate and at areas where flatware is gripped. Extra thickness at these points retards silver from wearing thin.

If plate is properly reinforced at points of wear it will take a good many years of use for the silver to wear off. If eventually it does, pieces can be replated at a relatively small cost.

CARE OF CORDS

Replace worn or frayed cords with those tailored for their specific duties.

Small non-heating appliances such as radiolocks, lamps taking small light-duty cords. Coloured thermoplastic or rubber insulation should be of even thickness around the wires.

Cords destined for heating appliances should have the added protection of an asbestos jacket, advises a spokesman for the Safe Electrical Cord committee.

MAKE-UP USED BY ROYAL LADIES

Princess Elizabeth has one of the three most beautiful complexions in England according to Thelma Besant, a sophisticated Australian from Melbourne, who guides the Princess on skin care and beauty education. Miss Besant, who has travelled widely in the United States, Europe, and the Dominions makes regular visits to Buckingham Palace at the Royal Command.

"Princess Elizabeth is clever with make-up," Miss Besant declares, "she uses very little, and that so discreetly and well that her glowing natural look is the envy of all who see her."

It was shortly after the Princess officially came of age (on her 18th birthday) that Miss Besant was first summoned to the Palace to help in the selection of proper creams, powder colours and lipstick tones.

"I found her easy to talk to," said the beauty expert, "and I was most impressed by her quick grasp of the essentials of beauty care."

"I don't give Princess Elizabeth many facials, but when I do she invariably remarks how rested she feels."

The heiress presumptive has a beauty box but uses few of the many cosmetics and powders, preferring a liquid foundation against the sun and wind. Beautiful teeth are one of the Princess's greatest attractions.

During the war Thelma Besant lectured to the W. A. F. and A.T.S. on beauty topics and she is now regarded as one of the best dressed women in London's West End.

Princess Elizabeth has one of the three most beautiful complexions in England and, according to Thelma Besant of Melbourne, Australia, the other two belong to Queen Elizabeth and Princess Margaret.

Household Scrapbook
By Roberta Lee

Smooth Hands

The only way for the housewife to keep the hands smooth during the winter months is to keep a bottle of hand lotion in the kitchen and use it after washing the dishes.

Christmas Tree Ornaments

Attractive Christmas tree ornaments made of popcorn balls. If desired they can be wrapped in colored paper. Flavor them with honey, maple, butterscotch, or cinnamon.

Weather-Stripping

Old stockings plaited together to form a flat cord will keep the wind from coming in under that ill-fitting door.

Modern Etiquette
By Roberta Lee

Q. Is it ever permissible to elbow or push your way through a crowd?

A. No; try to avoid brushing against others. If you will notice the type of person who does this, you will have no desire to put yourself in that class.

Q. When having "Dutch treat" luncheon with some friends, what is the best way to pay the bill?

A. Probably have one person pay the entire bill, then each friend contribute his share. Or, ask the waiter for separate checks.

Q. Should the man or the woman say, "I'm glad to have met you," when parting after an introduction?

A. It is in the man's place to say this. The woman replies, "Thank you."

Cook's Corner

CHOCOLATE CREAM FILLING

3 squares (2 ounces) unsweetened chocolate
1 cup milk
6 tablespoons sugar
2 1/2 tablespoons all-purpose flour
1/4 teaspoon salt
1 egg yolk, slightly beaten
1/4 teaspoon butter
1/2 teaspoon vanilla

Add chocolate to milk and heat over hot water. When chocolate is melted, beat with rotary beater until well blended. Mix well with flour and salt; stir in gradually to chocolate mixture and cook until thickened, stirring constantly. Continue cooking 10 minutes, stirring occasionally. Pour small amount of mixture over egg yolk, stirring vigorously, return to double boiler and cook two minutes, stirring constantly. Add butter and vanilla. Cool. Spread on cooled cake.

BOILED FROSTING

1 cup sugar
1/3 cup water
1 teaspoon vinegar
2 egg whites
1/2 teaspoon vanilla

Boil together sugar, water and vinegar until syrup spins long thread when dropped from top of spoon (234 deg. F.) Beat egg whites stiff; gradually add syrup, beating constantly until frosting holds shape. Beat in vanilla. Spread over cake.

That Body Of Yours

THE FAMILY PHYSICIAN AS A PSYCHIATRIST

The fact that 10 per cent of our young Canadians of military age were found to be mentally unfit for the armed services furnished food for thought, as well as the circumstances that, exclusive of war wounds, one-third of all discharges from the Canadian army were due to psychiatric (mental and emotional) disabilities.

I am quoting Dr. Clarence M. Hincks, General Director, National Committee for Mental Hygiene, Toronto in "Canadian Medical Association Journal." Dr. Hincks is speaking of World War II which, despite the above discouraging figures, was far ahead of the physical examinations in World War I, where only the physical condition of the recruit for the armed services was considered.

Why are there so many units mentally and emotionally unfit for the armed forces in Canada and the United States, and why are so many that are apparently fit unable to withstand army life, not only in battle but in training for battle?

To make our boys and girls men and women, more able to meet life's responsibilities, Dr. Hincks believes that medical schools should give more time to psychiatry so that the average family physician can more readily recognize the early symptoms of odd behavior in children and adults and give the treatment necessary to prevent mental and emotional disabilities.

Also, just as baby clinics, arthritis clinics, chest and surgical clinics are held regularly in general hospitals, so also should psychiatric clinics be established. Such clinics would make unnecessary the need of hundreds of psychiatrists and the building of so many mental hospitals.

NEUROSES

Neurosis—believing you have a physical ailment when none exists is becoming increasingly common. Send today for Dr. Barton's informative booklet on this subject entitled "Neurosis." To obtain it just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

The Stars Say--
By Genevieve Kemble

For Wednesday, December 24

EXCEPTIONAL opportunities for the attainment of ambitious plans and objectives are forecast, with all matters moving at high tempo, under this splendid opportunity. While abrupt change, new and sudden contracts or openings are involved, their ultimate success depends upon the shrewd, soundly-planned and concentrated marshaling of all forces, skills and personal influence.

For the Birthday

Those whose birthday it is may have an exceptional opportunity of attaining their soundest and most ambitious projects and objectives, largely through the keenness, shrewdness, versatility and ingenuity of those who keep them. They develop unusual chances for suddenly presented openings, in which originally, novel ideas and techniques are backed up by sound technical and concentrated marshaling of forces. Radical changes or departures from outgrown and conventional formulas may be desirable, and attract the needed cooperation of others.

A child born on his day is bounteously equipped with skills, talents, ideas, and versatility for an exceptionally brilliant career.

How Can I !!!
By Anne Ashley

Q. How can I make burnt cork for use in minstrel shows?

A. By using one grain of best lampblack, six grains of cacao butter, five drops oil of neroli. Melt the cacao, add the lampblack while stirring, and add the perfume.

Q. How can I restore velvet, and make it look like new?

A. Hold it over a gallon of boiling water, to which 1/4-cup of ammonia has been added. Hold the underside of the velvet next to the steam.

Q. How can I keep cranberries all winter?

A. Sort them carefully, throwing away any that are soft or bruised, and place them in a keg or crock of water.

Better English
D. C. Williams

1. What is wrong with this sentence? "He had laid on the bed for an hour."

2. What is the correct pronunciation of "sum table"?

3. Which one of these words is misspelled? Tomain, tonnage, tonneau.

4. What does the word "heterodox" mean?

5. What is a word beginning with comp that means "self-reproach for wrongdoing"?

Answers

1. Say, "He had lain on the bed for an hour."
2. Pronounce second word ar-a-bik, first as in at, second as in ask unstressed, 1 as in it, and accent first syllable.
3. Tomain. Differing from some acknowledged standard, as the Bible; not orthodox. "The minister's heterodox opinions antagonized the elders of the church."
4. Compunction.

Dorothy Dix Says—

How Marriage Fails

Too Many Wedded Couples Cease Romancing After Ceremony

When most men and women marry, they do so for love. Not many are fortune-hunters, nor are there many women who are avaricious enough to be willing to sell themselves for money. Love and romance and the desire to settle down and have a home and children are the lures that entice ninety-nine people in a hundred to the altar.

Such being the case, it would seem that the world would be filled with happy homes and contented married couples who would never care to wander away from their own firesides and who would continue to be great lovers. Strangely enough, however, after having married for love, innumerable couples seem to regard the incident as closed business and apparently make no effort to keep the affections they have won.

Why this is true is anybody's guess. Probably the one that comes nearest to hitting the mark is that both men and women, once they are married, do not have to chase the bus once they have caught it, and that they do not have to be even polite to a mere husband or wife.

Husbands are especially given to this fallacy, for the average man during courtship, so it is a relief to him when he can just slump down and let his wife deduct that she is the One and Only, or else he would not have assumed her board bill and shopping ticket.

CEASES SOFT TALK

When a man ceases to tell his wife how beautiful and wonderful she is and how he adores her, it isn't because he's fallen out of love with her. He just runs out of soft talk. He still feels that it is the world's greatest pickler of wives, but he doesn't consider it necessary for him to go around proclaiming the fact.

But if the dumbness of husbands wrecks many a marriage, they are ably assisted in their nefarious work by the wives who never even try to understand the men to whom they are married. Still less do they try to find out what makes husbands act the way husbands do.

Before they were married their boy-friends plied them with flatteries; they lavished gifts on them; they were never too busy or too ferocious to go stepping on an evening, but after marriage it was a different story. Compliments as if they were diamonds. His feet hurt him, so he wanted to rest them instead of going dancing. His idea of an exciting evening at home was snoring behind his newspaper.

That wasn't what the girl expected of marriage, and she couldn't take it. She wanted to be made love to and there was silence. She was gay and carefree and there was the never-ending job of cooking and washing and baby-tending.

And she never realized that her husband was working as hard as she was and making as many sacrifices. So what was sweet in her turned into vinegar and she became one of the bitter, nagging disgruntled wives who keep drunk on self-pity.

When a marriage fails, it is almost invariably because the husband and wife took it for granted that they didn't have to make themselves pleasant to live with.

Morning Smile

GOOD POINTS

"My dear, I never imagined you would marry the man you did, said Gladys."

"Neither did I," replied her friend. "I disliked his ways but I adored his means."

"What is in this bottle?" asked the Customs officer.

"It's only ammonia," stammered the passenger.

"Oh—is it," sneered the Customs officer, removing the cork and taking a long sniff.

It was.

DONOR GETS WISHBONE OF ROYAL GIFT TURKEY

NEW YORK, Dec. 22 — Four-year-old Julie Anne Alloro was the proudest girl in Brooklyn today. From Buckingham Palace, she received the wishbone of the turkey she sent Princess Elizabeth as a wedding present.

And in addition she had a letter expressing gratitude for the 17-pound turkey.

Early last month Julie, who had heard of food shortages in Europe, picked up her piggy bank containing \$420 and travelled alone to Manhattan to place an order with an exporting firm for a turkey to be sent to the Princess. Julie's mother was notified by the firm and she added \$5 as part payment on the bird.

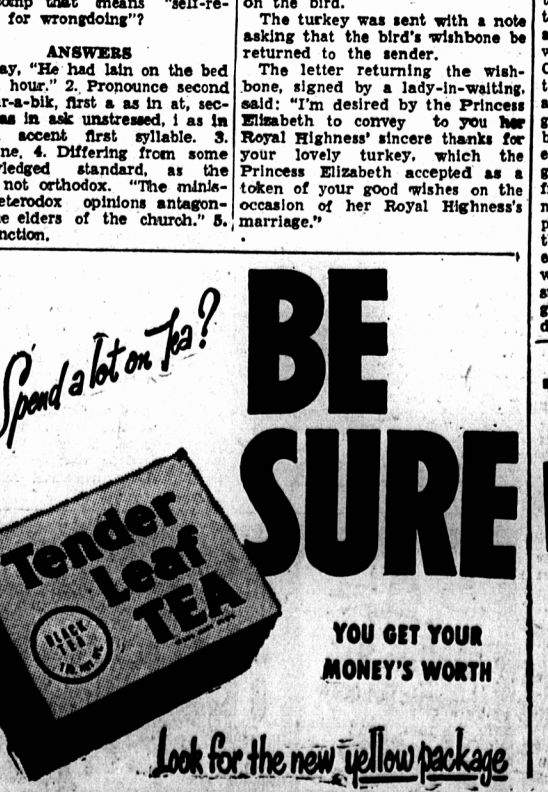
The turkey was sent with a note asking that the bird's wishbone be returned to the sender.

The letter returning the wishbone, signed by a lady-in-waiting, said: "I'm desired by the Princess Elizabeth to convey to you her Royal Highness's sincere thanks for your lovely turkey, which the Princess Elizabeth accepted as a token of your good wishes on the occasion of her Royal Highness's marriage."

BE SURE

YOU GET YOUR MONEY'S WORTH

Look for the new yellow package



Ellen's Diary

By an Island Farmer's Wife

Our granddaughter suffering in recent days from the effects of a common cold, continues to improve in health, and now has reached that stage of convalescence when any demand must be met immediately. Needless to say, each one is taken as a favor and attended to with a smile. And as a family, we did not notice much the strong westerly winds of today nor the winter rain which, this afternoon, streamed down the windows. What matter that the wind shrieked about the house and the rain poured? Our small one was better. The old smile, a bit languid however at times, was back and though weak yet from the bout of illness, favorite interests were renewed. "I believe" I said in a listless tone before breakfast this morning to James "I'm coming down with the cold myself." The last word was cut short by the first of a succession of sneezes. James looked bewildered. I coughed a deep sound. "In your chest, Ellen?" James asked. I nodded. "Any pain?" "Not exactly."

He caught up his cap. "If you're that miserable" he said "I'd better call the Doctor." "Perhaps" I said, "then I proceeded to get ready for the Doctor's visit. It began with washing the breakfast dishes and continued through stages of cleaning and sweeping and tidying the kitchen and rooms. And once when James I suspect getting everything in good order in the stables as well, before he did his summing-up, so as to be prepared for any emergency, came indoors to note my state or worse condition, saw that I was doing with more than usual vigor — the top of a door it was—a smile brushed away the former worried look and he remarked: "That's a pretty healthy sign, Ellen!" It did happen that by the time I had the house spotted and wood and coal and kindling in the porch to assure comfort during my illness which might be extended, it was quite time to attend to the preparations for James' dinner, besides I must run to see the grand-daughter in the house across the lane before I should take to my bed with any degree of content. Then I suddenly beheld me of the small wash, which if I were going to be ill I must attend to first. It would never do to have even so much as a soiled towel in the house! And since there was hot water left after the rinsing bath, I might as well scrub the kitchen floor — and was it. Dear God, if I were to be laid aside when it would be done! I would make a pan of biscuits — they would help ease out the supply of bread, already dwindling. And I would make an apple pie for James' supper, though it was quite unlikely if I were not present that he would as much as touch a bite of it.

And dear me, there were his Sunday shoes to polish — one never knew if I were to become a patient just when he might need them. And since I remembered it, there was a dropped stitch in his best socks. If it were allowed to run it would only make more work for someone. And I had better make his porridge for the morning. Indeed there were so many things to be done that the cold which had been somewhat distressing at morning became of secondary moment as the day wore away towards evening, and has now almost disappeared.

The Christmas season is indeed casting its nice shadow these days. One catches it at Santa Claus time when Jamie calls up to say: "You had better turn your Radio on or you'll miss something!" And Karoly's or Jeanie's reminder to listen in to this or that. Perhaps it is a morning service of carols which fills the kitchen with fresh, tuneful voices. One fancies that the world can not be so hopeless as we sometimes are led to believe, when in the busy-ness of the Christmas season, folks can take time out to sing—and enjoy the ageless old melodies which never grow monotonous with repeating but instead become sweeter with each year. As do the messages of good will which arrive now from friends and loved ones to make the mailman's coming an extremely pleasant incident in the day. Not that his appearance is not hailed with more delight. "Why" we say smilingly "here's a card from..." "I'd like to know that even though distances divide old—and new

Smart Girl
By George F. Worts

"You're not leaving the Globe, Barney!"

"You left that rag. I've just gone to the Morning Star. It's twice the salary and a byline."

"Darling how marvelous!"

"My work on the Zorane story did it. As a matter of fact, my yesterday's story did it. I'm off to meet the Star's offer, and I said nuts. The Star's going to town and to am I. Drop in at my apartment for a drink and we'll go to Lazare's and shoot the works."

Eric, at the bar, saw Barney rise and leave. He stroled back to the table. He seated himself and said, "Sunshine and rain. Laughter and tears. It's simply marvelous to see you looking so much better. I want the senator to see you looking just as you are at this moment."

Sally was happily gathering her things together.

"You see?" Eric said. "Dad wasn't quite prepared for the surprise of our engagement last night. Tonight he insists on putting on a real celebration. We're dining a little early, so I'd better take you home at once."

Sally, smiling, arose. "Just tell him how sorry I am, Mr. Larsen. Just tell him I decided to break our engagement. I'm dining with friends yet at Christmastide our names had been on their minds."

And James interrupts to say: "How bout some steaming hot black current for that cold of yours, Ellen?"

Until tomorrow — Diary — Good-night.

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Delightfully dainty dress fashioned as little girls adore with room-for-rumping pleats... full puff sleeves... gay applique animation! Patterns to match are also included in the pattern.

No. 2312 is cut in sizes 6 mos., 1, 2, 3 and 4. Size 2 dress requires 1 1/2 yards 35-inch panties, 1/2 yard 35-inch.

Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal note or some number in your address.

Address Pattern Department The Charlottetown Guardian, Pattern No. 2312

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Address _____
City _____ Province _____

BROMLEY, Kent, England — (CP) — Bus driver George Batterman has to "obey" his wife, conductor on the same bus, during working hours

Sandra Simpson's special on the famous **Callaway** towel sets

3 piece luxury towel ensemble in delightful colors and captivating designs. Made from fine yarns which add that extra touch of luxury, these lovely CALLAWAY sets come in shades of blue, green, dusty rose, gold and peach. ABSORBENT for faster drying, the set of bath towel, hand towel and wash cloth, is regularly priced at \$3.95 but is specially priced to give outstanding value at **\$2.95**

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SANDRA SIMPSON DRUMMOND BLDG. MONTREAL P.Q.

Smart Girl
By George F. Worts

my fiancé."

"But you can't Sally. You're dining with us."

Eric took Sally home. He was gay and amusing. He took it for granted that she was breaking her date with Barney, and the gayer he became the angrier Sally got, because she knew she would have to break the date with Barney if he insisted.

Reaching her address he paid the taxi driver and followed her across the sidewalk into the lobby and into the elevator. Della opened the door and they went in. When the maid was gone Sally said, "All right, Mr. Larsen, lets have it out. I am not going to have dinner with you and your father tonight."

The lanky young man's eyes were kindly and his expression was one of sympathy and understanding.

"Cool off," he said and forced her down into a chair. "Sally, if I leave here the way things are, there's only one thing I can do. You're the key girl to a situation that's going to put Washington in an uproar. You're the girl who took a little black bag to Chicago for Van Arden two weeks ago. You're the girl who lets the men in charge of the sabotage experts, the dynamiters, use your column to instruct his men. You're the girl who tried to steal the alligator briefcase from the senator. You're the one person the senator is dying to get his hands on. There are dozens of men scouting around trying to pin you down, trying to get a description of you, a lead on you that will enable him to grab you."

She was looking at him silently. "Then why don't you report me?"

CHAPTER XVIII
Sally put her hand to her forehead. "I haven't the strength to

(Continued on Page 3)

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