

Woman's Realm - Social and Personal - Fashions - Literature

Your Guarantee of Quality

FOR generations, the familiar "Chocolate Girl" trade mark has appeared on every Baker's Cocoa label. It is your assurance of quality cocoa, unvarying in strength and flavor.

For real satisfaction, always buy the famous cocoa which carries this distinctive trade mark. Prepare it according to the recipe on the package.



BAKER'S COCOA

A Product of General Foods

Dorothy Dix Says—

SMALL BOY POWER READY FOR USEFUL SERVICE DURING WAR

Lads Help Salvage Drives, Cut Lawns In Vacant Home Vanguard Of America

Everybody who has ever been one, or had one, or known one is aware that the small boy is Public Enemy Number One against whom his powers are powerless to protect themselves. He is a human dynamo that practically never stops. His ability to get into mischief and do things against the general welfare is sheer inspiration. He is never happy unless he can destroy, and his chief joy consists in breaking windows, trampling flower beds, and pulling up the shrubs you have spent years in tending, as a mother does a sick baby.

Especially does the small boy regard a vacant house as a gift of God for his diversion, and proceeds to demolish it with a speed that puts the most expert housebreaker to shame. So most of us, when forced to leave our homes even for a few months, have done so with heavy hearts and dire apprehensions of what the little vandals would do to them, and whether there would be enough left of them to be worth salvaging when we got back.

Of course, we have all known that there is nothing wrong or degenerate about these youngsters. Heavens, no! Hadn't we done the same things when we were boys, and don't our Tom and Dick and Harry belong to the gang? It is only that they are overflowing with energy that they do not know how to employ, and have an avulsive urge to make a noise and smash things.

SMALL BOY POWER UTILIZED IN WAR

So it will come as glad tidings of great joy to unnumbered parents and householders and insurance companies to learn that some genius has found a way to utilize the small boy power and make it help turn the wheels of the war machine, thus converting a national headache into an asset.

This has been done by organizing them into an association called the Vacant Home Vanguard of America whose members pledge themselves to guard and care for the possessions of all the men and women who leave the community to fight or do war work for the duration of the war.

Among their self-imposed tasks they water and care for fruit trees, lawns and shrubbery, repair fences, guard against window breakage or other vandalism, and in general keep the places in shape for immediate reoccupation when their owners return. And all this service is given free as the boys' contribution to their country in its hour of need.

Now, isn't that a grand idea, not only for the preservation of property, but for the development of morale in the boys themselves? For all that the small boy needs is to have something definite and interesting to do that he can do in a crowd, and he can be just as happy as a builder-upper as he is as a tearer-downer.

That these boys will do a good job, no one can question who has watched their work in any of the drives in which their help has been officially asked and recognized. Didn't they gather up so much waste paper that they snowed under the authorities and had to be asked to

(Continued on page 3, Col 7)

Needlecraft For The Home

REFRESH YOUR WARDROBE By Making a Pretty Under-Coat Print

For that midseason feeling, there's nothing more refreshing than a pretty new print—something simple and soft, like this pattern design, perfect for undercoat wear, and just as useful for a warm weather dress. It's something so easy to make, so inexpensive to buy, when it takes so little fabric and you do the dress-making yourself, that it really stands out as investment in style and morale. Just try it and see what a lift it will give to your spirits.

Style No. 2022 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires only 3-1/8 yards 36-inch fabric.

Hat No. 2006 (one size easily adaptable to any headsize) is a separate pattern.

Name _____

Street Address _____

City _____ Province _____

INDIAN'S CURATIVE

Oil was used by the American Indians as medicine for many centuries.

YOU WOMEN WHO SUFFER HOT FLASHES

If you suffer hot flashes, dizziness, distress of "irregularities", blue spells, are weak, nervous or irritable—due to the "middle-age" period in a woman's life—take Lydia E. Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Made in Canada. Pinkham's Compound is worth trying!

2022 SIZES 12 TO 48

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are prepared by the Board's staff. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Will any extra allowance of sugar, tea or coffee be made for church or societies?

A. No. Hostesses and organizers must provide it from their own rations, request their guests to bring their own or better still, use their ingenuity to think of refreshments that do not require the use of rationed commodities.

Q. What do I do with my ration book if I live in a boarding house?

A. Unless the boarding house is registered as an institution, you give your ration book to your landlady and she is counted as a member of her household.

Q. What arrangement is made for members of the armed forces on leave?

A. For leaves of one week or more members of the armed forces can obtain a temporary ration card by making application to the nearest ration office and showing a leave pass.

Q. How do daily workers arrange their supply of rationed commodities?

A. That is a question that is best solved by arrangement between worker and employer. It would seem the simplest arrangement for daily workers to bring their own rations. Where a worker takes all meals in the household the ration book should be given to the employer. Employer's ration books must be returned to them when they leave the household, less the coupons used during the period of employment.

Q. How about visitors?

A. Considerate visitors on a short stay should bring a contribution of sugar, tea or coffee with them. Of visits of longer duration they should bring their ration books to their hostesses.

RAILROADER'S CLUB

LONDON (CP)—A "Transportation Club" for Canadian and United States officers who were employed by transport companies in peace time has been opened here.

SOLDIERS BUY TANKS

MOSCOW (CP)—Officers and men of the 7th Russian Army have donated their savings, totalling 10,725,000 rubles (estimated \$7,450) for construction of a tank column in peace time to be called "For Our Victory."

PEAK BRITISH LOSS OF LIFE FROM AIR RAIDS

Peak British loss of life from air raids were 6,983 killed in September 1940.

BABY'S CONSTIPATION SERIOUS IF NEGLECTED

BABY'S daily movements are something of which cleanliness counts much more than quantity. Constipation is serious for baby.

Mrs. John T. Bell of Hespeler, Ont., has this to say: "Having had seven children and having used Baby's Own Tablets for all seven, can say they are the best and gentlest regulator for children—safe and effective for the tiniest infant. I give them up to 10 years of age. During the last Baby's Own Tablets were a boon to me as they cleared up at once any digestive disturbance or flatulence."

Equally effective for simple fever, diarrhoea, upset stomach, colic, simple croup and other minor ailments of babyhood.

Quick and sure to their action. Easy to take. Harmless, and safe. Do not contain opiates or sleeping drugs. Each package contains analyst's certificate. Get a box today. Success or other strikes in the night. 25 cents. Money back if not satisfied.

THE COOK'S CORNER

MILK BUTTER SPREAD

1 tablespoon granulated gelatine.
1-4 cup milk.
1 3-4 cups milk.
1 pound butter.
Salt to taste.
Butter coloring.

Method: The milk to be used for this would best be that taken from the top of a quart of pasteurized milk—not homogenized. Four the 1-4-cup milk into a small bowl and sprinkle the gelatine over this. Allow to soak for 5 minutes. Allow the butter to stand at room temperature until very soft, then cut into pieces and place in a bowl which is in turn set in a larger bowl or pan containing warm water. Work the butter until very soft.

Now place the bowl containing the softened gelatine in a near containing hot water and stir until the gelatine is completely dissolved. Add this to the milk and then gradually beat this into the butter, using a Dover beater or an electric beater. When the milk has all been absorbed in the butter, add salt to taste and enough butter coloring to tint the mixture the desired hue. Pack into bowls and chill. Keep this in a cool place while it is not in use.

CRANBERRY CUSTARD PIE

1-2 recipe of plain pastry.
4 cups cranberries.

A Morning Smile

There is one woman who will never see a second cup of coffee without shrinking.

"No madam," the dining car waitress was firm in refusing the female traveller the forbidden extra cup. Roundly then she rated the service, and the rationing board. Gallantly a soldier arose, handing her his coffee with the remark: "Madam, here's one more thing I can do for my country." She took the cup.

Determined to go his duty, the N. Carolina farmer scratched his head and regarded his sugar ration. "I'm trying to do my bit, patriot-like," he reasoned with the ration board—"I'm married, and have eight children and I'm darned if I can keep on a-buvin' 'at that sugar!"

1 cup sugar.
1-2 cup honey.
3 eggs, slightly beaten.
1-4 teaspoon salt.
Dash of cinnamon.
1 cup milk, scalded.
Line nine-inch pie plate with pastry. Put cranberries through the food chopper, using finest knife; add 1/4 cup of sugar and the honey and heat until the sugar is dissolved, stirring constantly. Spread over the bottom of the lined pie plate. Combine eggs, remaining sugar, salt and cinnamon; gradually stir in milk. Pour custard over the cranberries and bake at 450 degrees for 10 minutes! Then reduce heat to 350 degrees and bake 30 to 40 minutes over. Yields one one-crust nine-inch pie.

Living & Leisure

The Woman's Realm

"Work and thou wilt bless the day ere the toll be done; They that work not, can not pray, Can not feel the sun."

"God is living, working still, All things work and move; Work, or lose the power to will, Lose the power to love."
—John Sullivan Dwight

MEDICINAL PROPERTIES IN LILY ROOTS

The old herbalists had great faith in the medicinal properties of lily roots. The bulbs were boiled in milk, and were emollient. In the Far East lily bulbs are cooked and eaten as we do onions. The Madonna Lily was consecrated to the Virgin Mary, because all things beautiful were thought to belong to her.

Among the sweetest blossoms, with its perfect blend of fragrance, pure white flower and clear yellow throat, it is sometimes called the "Annunciation Lily." It is the emblem of Innocence and Virtue.

Once, we are told, all Madonna Lilies were yellow. One day the Virgin Mary stooped to pick a lily bloom, and as she touched each yellow petal one by one, it would turn white. The throat of the lily trumpet she did not touch, and it has always been the white Madonna Lily.

KITCHEN FLOORS

Kitchen floors should be impervious to grease and easily cleaned. A curved base is a sanitary base, because dirt sweeps easily out of the slices where wall meets floor. Rubber tiles, linoleum, cork tile, and composition tiles all make satisfactory floors for the kitchen.

WATER CHERRY TREE

Jerusalem cherry trees require twice as much water as other plants. Set pot with tree in it into water that comes up just over top of pot and let stand until water bubbles up.

Asphalt, the solid form of oil, was used as mortar in the building of the Tower of Babel.



NEW! IMPROVED!

Pearl

WHITE NAPHTHA SOAP

LOOK! ALL THESE ADDED BENEFITS YOU ASKED FOR! JUST COUNT 'EM!

TRULY, there's nothing like the wonderful new Pearl White Naptha Soap. Women everywhere are cheering this old favorite that now offers these extra values:

Faster Suds. The way new Pearl acts when it comes into contact with water—even hard water—is simply marvelous. It gives rich, lasting suds. Real energy suds—made for work and lots of it!

Quicker Action. Yes! New Pearl works like magic. Its lively suds get after dirt and grime in a hurry—helps speed up washday.

Washes Cleaner. Even the dirtiest kind of clothes—play suits, work-shirts, overalls—come cleaner when Pearl is on the job. White clothes come white as snow... washable colors bright and cheery.

Fresher Odor. You'll love the fresh fragrance of new Pearl. And you'll love the sweet, clean-smelling wash it gives, too.

New "Keep-Fresh" Wrapper. New Pearl comes in a laminated waxed wrapper that keeps the soap fresh! And the new Pearl costs no more! Get Pearl White Naptha Soap in time for this washday. Use it for dishes and all cleaning. It's so wonderfully economical.

Have you seen **Pearl** in her new dress?

A COLORFUL, WAXED "KEEP-FRESH" WRAPPER



FRESHER, CLEANER ODOR

NEW "KEEP-FRESH" WRAPPER

WASHES CLEANER

FASTER SUDS!

QUICKER ACTION

ECONOMICAL!