

Constipation makes bright children dull— give them relief with Kellogg's Bran

Constipation dulls the youthful mind—makes children backward in their studies—makes them listless—and can lead to serious diseases. Constipation is a dangerous disease.

It pays to use MARTIN-SENOUR RED SCHOOL HOUSE PAINT

For Barns and Outbuildings it has no equal Write to Head Office, Montreal for Free Booklet HOME PAINTING MADE EASY

ANNOUNCEMENT

The Furniture Repairing and Upholstering Branch of the Beer & Weeks business has been taken over by HENRY MACFARLANE

Henry MacFarlane & Co.

QUALITY COUNTS Our ambition is to render the best possible service to every customer who purchases Imperial Fox Biscuit.

THE CENTRAL GUARDIAN

SHOP from Holman's Catalog JUST ARRIVED—Nice assortment of Ladies' Sport and Dress Hats.

BIRTHDAY PARTY.—On the evening of April 10, the young people of Hampton gathered at the residence of Mrs. Wm. Patrick to celebrate her birthday.

REPORT OF RINGWOOD INSTITUTE.—Ringwood Women's Institute held during the year eleven meetings with an average attendance of eight members.

KEPPOCH NOTES.—Mrs. James Smith and little son Victor, have returned to their home after spending a month with her son and daughter in Stewiacke, N.S.

ISLANDER DEAD.—The many friends of Mrs. Joseph Fisher will regret to learn of her sad death which occurred in Waterville, Maine.

STOCK QUOTATIONS HALIFAX, April 28.—Stock quotations furnished by Johnson and Ward Members of the Montreal Stock Exchange.

WOMEN! BEWARE OF TRICKERY Warning! Not all Package Dyes are "Diamond Dyes"

Always ask for "Diamond Dyes" and if you don't see the name "Diamond Dyes" on the package—refuse it—hand it back!

Wheat May, 103; July 105 1/2; Sept. 106. Corn May 76 1/2; July 78 1/2; Sept. 77 1/2.

Wheat May, 103; July 105 1/2; Sept. 106. Corn May 76 1/2; July 78 1/2; Sept. 77 1/2.

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CLARK'S BEANS Beans cannot be better nor better cooked than Clark's Beans

Canada's National Dish "Canada Approved" on every tin.

FAREWELL PARTY Mr. and Mrs. Malcolm MacDonald, Glen Martin were pleasantly surprised on the evening of March 19th when a large number of their friends assembled to bid them farewell.

Dear Friends:—It was with feelings of regret that we learned you were leaving our province for a distant land to which you, Mr. MacDonald are no stranger, having spent so many of your younger days there, and although P. E. I. is your native land no doubt California seems more like the home land to you.

It seems but a very short time since you settled down here, but in that time, you have proved good neighbors and friends and endeared yourselves to all of us and we feel that your place in the community will be hard to fill and Rosal will be missed very much especially by your school-mates and the good times you have had together.

It will be always remembered by them. May success attend you in your new home, and if ever you come east on a visit be assured that you will receive a cordial welcome from all and say as we farewell we ask you to accept this small token of our love and with it go the very best wishes of your Glen Martin friends.

HIS SOUVENIR Rub—"Did you see much poverty in Europe?" "Dub—"Yes, and I brought some of it back with me."

Try Sulphur on An Eczema Skin Costs Little and Overcomes Trouble Almost Over Night

Any breaking out of the skin, even fiery, itching eczema, can be quickly overcome by applying Mentho-Sulphur, declares a noted skin specialist.

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W. G. Y. TUESDAY, APRIL 29, 1924. 790 Kilocycles (880 Meters.) WGY (Schneectady, N. Y.) General Electric Company.

Eastern Standard Time. 11.55 a.m.—U.S. Naval Observatory time signals.

1.00 p.m.—Music and poem, "My Patch of Blue," Mary Newland Parson.

5.00 p.m.—Produce and stock market quotations; news bulletins.

7.45 p.m.—Address, "The Bloc in Present Politics," Dr. W. Leon Goodshall, Union College, Schenectady, N.Y.

Comic Opera, "The Pirates of Penzance," by Gilbert & Sullivan, presented by the WGY Light Opera Company, assisted by the WGY Orchestra.

The Cast Richard, a Pirate Chief... Wm. Fay Samuel, his Lieutenant... James Johnson Frederic, a Pirate Apprentice...

Act I. Pirate Chorus... Pour, O King, the Pirate Sherry Ruth... When Frederic Was a Little Lad...

Act II. Mabel and Ladies Chorus... O Dry the Glistening Tears... Sergeant of Police and Policemen...

When You Had Left Our Pirate Fold Mabel and Frederic... Ah, Leave Me Not Alone...

Mabel, Sergeant and Policemen... When the Fooman Bares His Steel Ruth, Frederic and Pirate King...

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ROYAL YEAST CAKES Royal Yeast Cakes have been used and recommended by Canadian housewives for over 50 years.

Stability in Poland Laid to Integrity of People

GENEVA, April 5.—Poland, like Austria and Hungary, is struggling with the problem of financial reconstruction and according to Antonio Wieniawski, the Polish member of the permanent economic advisory committee of the League of Nations, is slowly winning through the united and patriotic efforts of the people and government.

Mr. Wieniawski emphasized first but aside gold to the value of \$120,000,000, but their confidence being restored, they are now beginning to offer the state \$12,000,000 gold which the state has purchased at the prevailing rate of exchange.

And it does them all quickly, economically and satisfactorily. A real car for work and recreation.



The Car That Tackles Every Job

When a man needs a car for many jobs he turns instinctively to the Ford touring car.

Primarily, the Ford touring car is a family car and as such has established a splendid reputation for service and dependability.

But its usefulness does not end there. You will find the Ford touring doing every job that cars have ever been used for—making the quick run to town on urgent errands—taking produce to market and supplies back home—doing everything, in fact, that a utility car is called upon to do.

See Any Authorized Ford Dealer



Plantol 25 YEARS ON THE MARKET

A Toilet Soap made only from plant fruit and flower oils.

It never leaves your skin dry and rough—its gentle and flowerlike ingredients soothe. Its fragrant purity is a real aid to healthful beauty. A new shape tablet and wrapper to please you at a very reasonable price.



Great men have been among us; hands have penned and tongues have uttered wisdom. — Words.

We cannot make sunshine but we can remove from us that which casts a shadow on us. — Spurgeon.

Cato said, "The best way to keep good acts in memory was to refresh them with new." — Beacon.