



After a busy morning

THE pleasure of shopping may cause you to forget that you are hungry and fatigued till you are on the point of reaching home. On such occasions, or, in fact, whenever you want food quickly, a cup of OXO is just the thing. It can be prepared in a moment.

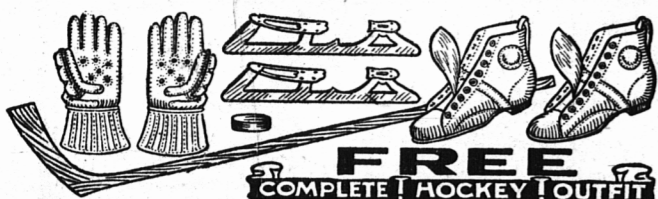
It is a good plan to take a cup of OXO whenever you experience fatigue, or have to expose yourself to wet or cold. It is wonderfully refreshing, and fortifies against sudden changes of temperature.

Each OXO CUBE is enclosed in a neat dust-proof wrapper, and can be served as daintily as afternoon tea.

A CUBE TO A CUP

Tins of 4, 10, 50 and 100 Cubes.

OXO CUBES



FREE COMPLETE HOCKEY OUTFIT

BOYS—Don't pay \$5.00 or \$6.00 for a hockey outfit when you can get an ABSOLUTELY FREE, complete outfit consisting of a pair of good quality skates, a complete set of hockey skates (fall sizes), hockey stick, and in addition every boy can receive as an extra present a pair of well-padded hockey gloves, a pair of well-padded hockey shin guards, a pair of strong, heavy hockey boots with specially padded insoles and rubber soles across the bottom. WITH THIS SPLENDID OUTFIT YOU WILL BE THE BEST EQUIPPED PLAYER ON THE TEAM. WRITE TO DAY for your free catalog, and we will address: RECAL MANUFACTURING CO., DEPT. H. 17, TORONTO, ONT.

MONDAY
THE S.S. LADY SYBIL arrived in Souris on Thursday morning, and left for the Magdalen Islands with a full cargo a few hours later.—X.
PURCHASED RACER.—Mr. Joseph J. Gaudet, Summerside, purchased from Mr. Thomas Hayes of St. John, last week, the best pacing gelding Frank Bogash Jr. 2:18 1/4 and no doubt Bun and Bogash will be heard from at the ice races this winter.—X.

CAUGHT SEAL.—On Friday morning when Messrs. Joseph Linkletter and Charles Richard went to the outside of the harbor to haul their bag net they found a large sized seal entangled in the net. In trying to get him into the boat the seal put up such a fight that the men were obliged to use clubs and forced the existence from him. The skin weighed about sixty pounds.—H.

AGED LADY DEAD.—On Monday, Nov. 29th, an old and respected resident of this town passed away in the person of Mrs. John Yoston, beloved wife of Mr. John Yoston of this town aged 81 years. She leaves to mourn her husband and six sons and two daughters, George, Arnold, William, Hugh of Georgetown; Samuel in the United States, and Alexander residing in Amherst, N. S.; Mrs. Lee Swinburn, of Georgetown and Mrs. John H. Rattray of St. Peter's, also three brothers. She had the distinction of having thirty-seven grand children and two great-grand children. The funeral took place on Wednesday from the home of Mr. George Yoston and was largely attended in spite of the rainy weather that prevailed.—G.

GEORGETOWN NOTES.—Mr. Henry Manuel, tailor who spent the summer at Cape Traverse, has returned to Georgetown and reopened his tailor shop on Maine Street next to W. V. Jenkins' store—Messrs. C. E. Macdonald, son of Henry Manuel and Harry Barrow, of D. B. Barrow, were passengers to Charlottetown on Monday to join the 105th Highland Regiment. This makes a total of five Georgetown boys who have already joined the new regiment.—Mrs. A. J. Macdonald, Miss Gladys Macdonald and Messrs. Howard and Allison Macdonald, the mother and brother of Lieutenant Temple W. Macdonald of No. 2 Siege Battery were in Charlottetown on Friday last to bid him farewell on his departure for the front.—E.

GOOD DEBATE.—The Glenfinnan Debating Club held another of their interesting debates on Thursday evening, Mr. Alfred Gallant the chairman presiding. The question for debate was Resolved that the Works of Nature are more pleasing to the eye than the Works of Art. Mr. Malcolm McDonald, the speaker in favor of nature and in a short speech brought out his points in its favor in a clear and decisive manner. The opposition was very ably opened by Mr. David McDonald, and he also put forth many strong arguments in favor of Art. The speaker in opposition, Messrs Peter Trainor, Christopher McGowan, William McDonald for Nature and Messrs A. S. Robertson, Hugh Trainor were thoroughly conversant with their subjects and the debate was one of the brightest yet held and ended in a decision for Art. The next debate will be held on Thursday evening next the subject being which has done the most for his country the Statesman or the Warrior?

MORE ISLAND HEROES.—In Halifax Herald of Dec. 1st among the list of names of men and officers of 85th Batt., H. S. H., appears Burton Horne, a Company which should read Brenton Horne, Pte. Horne was born in Charlottetown 21 years ago, is the youngest son of Mr. Henry Horne a former well known horseman, who is now located in North Dakota. Pte. Horne was at one time employed at Nicholson's Tobacco Factory, then on S. S. Minto but for the last two years he's lived with his sister rs. E. A. Moore in Westville, N. S. A cousin Mr. Wilhel Horn, a former Charlottetown boy is now somewhere in France with the 25th Batt., having left his work in U. S. A., and come to Halifax, N. S. to don The Kings Uniform. Mr. Geo. Mooney still an other Charlottetown boy is with the Kings Own Rifles in England. Being in the land at the outbreak of the war, he was among the first Canadians to be in the midst of the fray. He was wounded in the battle of Loos, but at last reports was doing as well as could be expected, and hoped to be back in the trenches as soon as possible.

Thin Folks Who Would Be Fat

Increase in Weight Ten Pounds or More

"I'd certainly give most anything to be able to put up a few pounds and stay that way," declares every excessively thin man and woman. Such a result is not impossible, despite past failures. Most thin people are victims of mal-nutrition, a condition which prevents the fatty elements of food from being taken up by the blood as they are, when the powers of nutrition are normal. Instead of getting into the blood, much of the fat and flesh producing elements stay in the intestines until they pass from the body as waste.

To correct this condition and to produce a healthy, normal amount of fat, the nutritive processes must be artificially supplied with the power which nature has denied them. This can probably best be accomplished by eating a Sargol tablet with every meal. Sargol is a careful combination of six splendid assimilable foods. Taken with meals they mix with the food to turn the sugars and starches of what you have eaten into rich, ripe nourishment for the tissues and blood and its rapid effect has been in many cases reported remarkable. Reported gains from ten to twenty-five pounds in a single month are by no means infrequent. Yet its action is perfectly natural and absolutely harmless. Sargol is sold by all druggists everywhere and every package contains a guarantee of weight increase or money back.

NOTE:—Sargol is recommended only as a flesh builder and while excellent results in cases of nervous indigestion, etc., have been reported, care should be taken about using it unless a gain of weight is desired.

NEW FOX RANCH.—Mr. Hubert Ramsay of Truro, was in Summerside last week and while there purchased three pair Class A Silver Black Foxes which he is taking to a new ranch he is starting at Jonesport, Maine.—X.

FOR AMHERST FAIR.—Mr. Fred Clark of Lea & Clark, Victoria, was in Summerside last week, on his way to the Amherst fair with a very fine herd of Holstein cattle which are entered at the above Exhibition.—X.

HIGHLAND REGIMENT.—Col. Campbell and Col. Beer, on Saturday afternoon, received telegrams from military headquarters intimating that the appointment of Col. Campbell to the command of the 105 Regiment will occur. Col. Beer second in command had been approved and asking if they would accept. Col. Campbell replied in the affirmative and Col. Beer in the negative.

HELPING SOCIETY.—The Anti-Tuberculosis Society received the following donations, collected by Mrs. W. E. Bentley: Mrs. T. G. Taylor, \$1; Mrs. J. A. Farquharson, \$1; Mrs. S. A. McLeod, \$1; Mrs. W. H. Longworth, \$1; Mrs. J. F. Wheat, \$1; Mrs. R. R. Fitzgerald, \$1; Mrs. J. Eden, \$1; Miss Dutcher, \$1; Miss Mary Johnson, \$1; Miss Johnson, \$1; Mr. J. R. Dennis, \$1; Mr. G. H. Taylor, \$1.

RESULT OF BALLOT.—The ballots received in Dundas Presbyterian congregation for and against Union revealed the fact that 333 votes in all were collected, only 3 or 4 of the 150 families in the field failed to deposit ballots. There were 130 communicants and 140 adherents for, and 33 communicants and 30 adherents against Union, 7 members of session for and 2 against the proposed Union. About four fifths of the families, communicants and adherents, then declared in favour of closer relationship to the Methodist and Congregationalist denominations. The elders with commendable zeal thoroughly covered the entire field and the final counting of ballots by session in the manse was done in the spirit of brotherly love.

FORTUNE NOTES.—The many friends of Mr. Gordon Dingwill are pleased to have him back in Fortune once more. Mr. Dingwill is putting his property through a thorough repair and intends starting farming. It is pleasing to write that Mr. Warren Dingwill of Little River is recovering from his recent illness. Mr. Christie Burke has returned home after spending a few days at his old home in Cardigan. It is pleasing to write that Mr. Charles Campbell of Rollo Bay is improving from his recent illness. Mr. and Mrs. Elmira Ham, left on route for New York after spending a few weeks in Fortune. Mr. Charles Dingwill of Fortune Bridge, left on last Tuesday for a short visit to Charlottetown, P. E. I.—Mr. Wm. R. Dingwill's boat "Maple Leaf" left for New Glasgow with a load of potatoes and intends buying up for the winter there.—The Fortune Bridge Live Stock Association have received five Shropshire rams, one York boar from the Dominion Live Stock Branch. They are all very fine animals.—Mr. Fred McKenzie of Bay Fortune left last week en route for California accompanied by his mother and family of two boys and one little daughter.—Mr. E. S. Johnston of Fortune Bridge is buying and shipping large quantities of poultry.—Mr. George Wood of Fortune left for Amherst where he has secured an excellent position.—The many friends of Mrs. Sarah Burn of Fortune Bridge will be sorry to hear of her continued illness.—F.

MADE IN CANADA

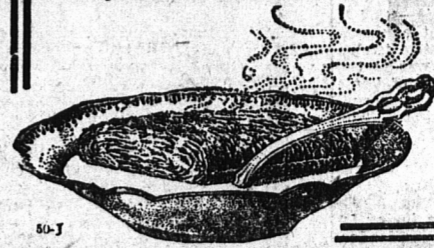
"Nothing to Eat but Shredded Wheat," would be no hardship to the man who knows the nutritive value of this whole wheat food.

SHREDDED WHEAT

contains all the body-building material in the whole wheat prepared in a digestible form. The richest man in the country cannot buy anything more wholesome or more nutritious. Two Shredded Wheat Biscuits make a complete, perfect meal—and it is ready-cooked and ready-to-serve.

Shredded Wheat is made in two forms, BISCUIT and TRISCUIT—the Biscuit for breakfast with milk or cream, or with fruit; Triscuit, the wafer-toast, delicious for luncheon with butter or soft cheese, or for any meal as a substitute for white flour bread.

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 NIAGARA FALLS, ONTARIO
 Toronto Office: 49 Wellington Street East



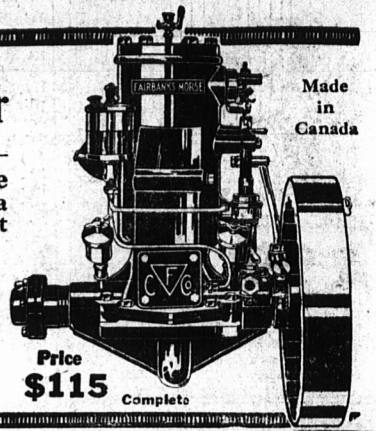
Fishermen! Investigate this Offer

HERE'S a full 5 h.p. Fairbanks-Morse Engine—built especially for fishing boats—the same type you see all around you—and it is being sold at a reduction of \$50 in price, making the cost less than that of many inferior engines of smaller power.

This is a rare opportunity for you to equip your boat, at small expense, with the very best fishermen's engine made.



Write for Descriptive Folder
 The Canadian Fairbanks-Morse Co., Limited
 75 Prince William St., St. John's, N.B.



Price \$115 Complete

TUESDAY
PAINFUL ACCIDENT.—Mr. John M. Clark, Summerside, met with a painful accident on Saturday afternoon last, as a result of which he will be confined to his home for some days. He was engaged in placing outside windows on his residence, and while working on the top of the veranda slipped and fell to the ground a distance of about 15 feet.—C.

RETURNS FROM BUSINESS TRIP.—Mr. John A. Hackett returned home Friday after having attended the annual meeting of stockholders in the Hackett Silver Black Fox Co. at Charlottetown. This gentleman was the promoter of this enterprising concern and during the last three years this company ranks at the very front in the successful raising of young pups besides paying handsome dividends to the stockholders.—Z.

APPOINTMENT APPROVED.—Late appointments by the Federal Government are here in Souris regarded very favorably, viz., Governor, County Judge, and lastly Hon. John McLean's appointment to the Senate. Mr. McLean has for the last 35 years certainly paid the price, besides being excellently qualified for the position.

BRIDGE REPAIRED.—Darnley bridge which was almost completely destroyed by the storm and high tide the latter part of September is now almost completed. Six hundred feet of approach on the East side of the bridge and all the spans were washed out and carried away. The rebuilding is under the able management of Mr. Gilbert Perry with Mr. Donald Mahar as business manager. There were upwards of one thousand feet to be rebuilt, three hundred feet of which is

crossed pile work with hard caps and steel rails. The bridge is also being commenced on the 6th of October with about thirty men employed and within five weeks teams were passing over the new structure. Much credit is due Messrs Perry and Mahar for the expeditious manner in which they have carried on the work as well as for the substantial manner in which it has been rebuilt.—X.

WELCOME HOME.—His many friends welcome home Mr. Gerald McCarthy, who assumed his new duties on Monday as School Inspector for West Prince. This gentleman although in the twenties, has made a phenomenal showing in educational matters as Principal of Georgetown High School and his appointment is in part recognition of such valuable services.—Z.

Saved from the Lusitania

Steward Who was Picked Up Unconscious describes his experience.

So Nerve Shattered His Friends Hardly Knew Him.

Now, Restored to Vital Strength by Dr. Cassell's Tablets, He Sends Letter of Thanks and Praise.

Mr. James Clarke, of 12, Kew-road, Birkdale, Southport, Eng., a Steward of the Lusitania, was attending to his duties below deck when the German torpedo found its mark, and in sixteen minutes sent the superb vessel to the bottom. Then began his terrible struggle for life. With many others he managed to catch hold of a drifting box and cling to it. Hours succeeded hour, and one by one his strength failed. His companions were carried away on the surge of the sea. At length only he and one other remained, then he alone. After that unconsciousness. The last thing Mr. Clarke remembers is a vision of smoke on the far horizon. As it proved this was the smoke of a rescuing vessel, which picked him up just in time.



sends us a personal letter in praise of that great remedy. He says—"Dear Sirs,—Just a few lines to thank you for the grand benefit I have received from Dr. Cassell's Tablets. "I was on the Lusitania when she was torpedoed on May 7. After floating about on a box for four and a half hours I was picked up in an unconscious state by a rescue-vessel and taken into hospital. "You will quite understand that my nerves were in a dreadful state after the terrible shock. My appearance was so changed that my friends who came to meet me on my arrival at Birkdale did not know me. "To cut a long story short, Dr. Cassell's Tablets have worked wonders in my case, and I am now feeling fit and well. You can publish this letter along with my photograph if you care to do so, for Dr. Cassell's Tablets are really an excellent nerve tonic. (Signed) "James Clarke."

Dr. Cassell's Tablets

SEND FOR A FREE BOX.
 Send your name and address and 5 cents for mailing, etc., to Harold F. Ritchie and Co., Ltd., 10, McCaul Street, Toronto, and you will receive a trial box free.

Dr. Cassell's Tablets are Nutritive, Restorative, Alterative and Anti-Spasmotic, and of great Therapeutic value in all derangements of the Nerve and Functional Systems in old or young. They are the recognized modern home remedy for:

Nervous Breakdown	Sleeplessness	Malnutrition
Nerve Paralysis	Wasting Diseases	
Spinal Paralysis	Kidney Disease	Palpitation
Infantile Paralysis	Dyspepsia	Vital Exhaustion
Neurasthenia	Stomach Disorder	Premature Decay

Valuable for nursing Mothers and during the Critical Periods of Life. *Wholesale and Dealers throughout Canada sell Dr. Cassell's Tablets at 50 cents per tube, or six tubes for the price of 1/6. If not procurable in your city order direct at same prices from the sole agents for Canada, Harold F. Ritchie & Co., Ltd., 10, McCaul St., Toronto. Sole Proprietors—Dr. Cassell & Co., Ltd., Manchester, Eng.*

Children Love It—Don't Deny Them

Dentists affirm its helpfulness to teeth and gums. Doctors attest its aid to appetite and digestion.

Give your kiddies all the "Wrigley's" they want. Use it yourself—regularly. Keep it always on hand.

A boon to smokers—it cools the mouth and throat. It makes the next pipe or cigar taste better.

Every package sealed in wax. All the goodness and taste kept in till you get it. Two delicious flavors.

There was an old Spear-woman lived in a shoe—
 For her many young hopefuls she knew what to do!
 She made them most happy with WRIGLEY'S for all—
 It kept them in trim at a cost very small!

Write for "WRIGLEY'S MOTHER GOOSE" book, 28 pages of pictures and jingles in color, free.
 Wm WRIGLEY JR., CO. LTD.
 Wrigley Bldg., Toronto

MADE IN CANADA



"Chew it after every meal"

