

Woman's Realm :- Social and Personal :- Fashions :- Lite rature

The HOUSEWIFE and HER ACTIVITIES

"There is no end to the sky And the stars are everywhere: And time is eternally here And the here is over there, And the common deed of the common day Are ringing bells in the far away."

IMPORTANT TRIFLES

Colored lines frequently have fine lines on them when ironed. To prevent this wash well by themselves and rinse through three waters. Roll in Turkish towel for an hour and a half; straighten out and dry. Press on wrong side with moderate warm iron. This advice is especially good for colored handkerchiefs.

Soot stains on carpet or rug, if quickly covered thickly with dry salt, may be swept up without leaving a stain or smear.

THE BEAUTY BOX

Blonde hair can never be permitted to become oily. It must be soft and fluffy to be attractive and when the fair-haired woman hasn't time for a regular shampoo, she should use a dry shampoo.

It's true that when a girl's hair is afflicted with excess oiliness she can't conceal its dankness very easily, and dank, greasy hair certainly isn't attractive. The only thing to do is to attempt to correct that excess oiliness, if the hair is thus afflicted. And until it is corrected, she must use some method of allaying the oiliness and of making her hair look more presentable.

For such girls, the best in-between remedy is a dry shampoo. This type of shampoo is also useful to women who are susceptible to colds during the winter. An excellent dry shampoo for home use is cornmeal and salt shampoo. To prepare this, mix one cup of ordinary cornmeal thoroughly with one tablespoonful of salt. Shake this mixture through your entire head of hair generously, and then massage it through your hair and over your scalp with your fingertips. After the massaging, brush your hair vigorously with a long-bristled brush, in order to remove all of the mixture. Then part your hair at intervals, take a slightly dampened towel and rub your scalp at each parting, in order to cleanse it.

Another dry shampoo that is simple to use is composed solely of egg whites. To prepare it, take the whites of two eggs and beat them to a stiff consistency. Then apply the egg whites to your hair, and massage your scalp well with your fingertips. After the whites are massaged, permit the egg whites to dry thoroughly on the hair. When dry thoroughly dry, brush your hair briskly in order to remove all the flakes or egg white. And as in the

previous routine, part your hair and cleanse your scalp with a dampened cloth. This procedure will remove all accumulated dirt, dust and oil from your hair, and will leave it clean, soft and lustrous. Powdered starch is also useful as a dry shampoo.

STYLE WHIMSIES

A crocheted coat is a smart addition to the summer street ensemble. A smart utility coat made of natural color Shetland with raglan shoulder and sleeves, has huge wooden buttons which furnish the only ornament.

An interesting and different spring suit is made up of a navy and white checked skirt combined with a navy, bright blue and red tweed jacket.

You can wear your chic blue shoes out in the rain by putting a pair of the new blue sandal rubbers over them.

An innovation of the season is lovely underthings of filmy chiffon are being created in pearly gray, French blue and soft rose. Exquisite.

Very comfy to sleep in are the new nightgowns of sheer linen, now being shown. They are made with interesting square cut necklines and upstanding ruffles, also trimmed with satin.

A huge bow of blue and white dots decorates the top of the newest white eyelid embroidered dance dress.

THE GLEN OF WEEPING

Glenoe, the most romantic of the glens of Scotland, has changed hands, and it would almost seem as if the glamor invested in the very name were passing into the hands of a romantic age.

Nature has made Glenoe one of the wildest and most majestic of the passes through the lofty heights of the Highlands. The tragedy of history, in the massacre of 1692, which brought to the sorrowful name of the Glen of Weeping, combined with nature to give it a character of wildness and awesomeness which affected every traveller who entered the glen.

But its loveliness is passing. The recent construction of a highway through the glen has brought it into contact with modern life, and the transfer of the lands from Lord Strathcona to the ownership of two English brothers raises the question as to what the future of the Glen will be. The Glen is famous for its deer forest; will it remain so in years to come? Weekly Scotsman.

NEW CLOTHES AND SOME OLD CUSTOMS

Although I have no desire to return to the old days when a silk dress had to last a woman throughout the whole of her married life, and new clothes were made of such durable material that they seemed incapable of ever wearing out. I regret that the charming old custom of wishing one luck when anything new is worn is dying, writes Helen Macgregor in the Glasgow Herald. The fact is new clothes are no longer a novelty in these days when we seem to change our frocks and hats almost as frequently as we are supposed to change our minds. Therefore there is no particular

First for FIRST AID



point in hoping that the days in which our new clothes will be worn will be lucky days, because the days are often few in number.

At school the wearing of a new pair of shoes or even a new hair ribbon, entailed a "nip" for luck.

Nowadays nobody nips me on the arm, and in such of the thrill which accompanied the wearing of "something new" has gone.

In Gallopway, more than a hundred years ago, when a girl wore a new frock a young man was entitled to kiss her, or as it was called, "take beverage" of her. When he had a new suit she could retaliate by taking beverage of him.

Whenever children wearing new clothes entered a friend's house they received a coin to "handseal" the clothes for luck. When my uncle was a little boy the day when he first donned breeches was made memorable by the fact that a penny was put in each pocket "for luck."

Although modern brides still try to wear "something old, something new, something borrowed, something blue," to ensure luck, women who go to church for the first time after the birth of their child do not always observe the old tradition that it is lucky to wear something new when "churched." Easter Sunday was another occasion when even the thriftiest woman wore something new because, if she failed to do so, she was derided as "Paysyad." This word had probably some connection with Pasche, the old Scots name for Easter. New clothes were always handed out at church, and even today this custom is observed by those women to whom "new clothes" are "Sunday clothes."

At school it was always girls who nipped girls—boys being quite indifferent to the charms of new clothes—but our grandmothers were very annoyed if one of their own sex was the first to wish them luck. The conventional greeting of "May you enjoy and wear it" was lucky only when uttered by a man; and very often it was the tailor who said the words. Tacitful women always ascertained if a man had already wished the wearer of new clothes luck before they attempted to praise the frock or coat. The only time when a woman's greeting was not unlucky was when she was the mother of a son.

The most comprehensive of all the old greetings was, "Health to wear it, strength to bear it, and money to buy another." Readers of Catherine Sinclair's delightful "Holiday House" will recall that the words were used by Frank Graham when he presented the tyrannical Mrs. Crabtree with a gown bought with his savings of three months' pocket money. The greeting was as gay as the gown, which was of bright apple green, dotted over "with large round spots of every color, as if a box of wafers had been showered upon it!"

PARIS STYLES

Triple duty hostess frocks and house gowns are made so by a Paris designer via the skirt route. She makes a simple silk or satin hostess frock and then equips it with two extra over-skirts—one of heavy fold brocade for formal and grand occasions and another of filmy lace for frivolity. You thus have a three-in-one at home gown. Violet and orchid tones are becoming increasingly popular as accents to white and pastel colored evening dresses. The revival of these colors ties in with the 1912 goal lambs averaging 45 pounds feeling of many of the French formal frocks.

CHIROPODY HELPS "BOBBIES"

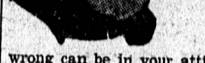
LONDON—Policemen are not so flatfooted as they were, simply because they have been lifted "underneath the arches," said John Mason registrar of the National School of Chiropody, at a graduation dinner of the school held in Piccadilly.

Advertisement for BEMA BARBADOS MOLASSES featuring an image of a man and the product name.

Dorothy Dix's Letter Box

Too-Strict Parent Throws Children Into Very Dangers He's Trying to Avoid, Warns Dorothy Dix—Does Father or Mother Work Harder?—Should Wife Give In?

Dear Miss Dix—I am the father of several children whom I am bringing up most strictly. My problem is my oldest daughter. She is not yet 17 nor out of high school. She has always been a good girl, honest and conscientious, taking no interest in dancing and movies, which I have forbidden; and against which my other children have rebelled. However, of late she has become interested in a young man who comes to see her. I do not approve of this friendship, although she claims she is not serious, and I have refused to let him come into my home. I have not forbidden her to see him, though I am on the point of doing so. All the schoolgirls in our community have boy friends and dates, but I want her to be different and have a career first. Do you think I am right?



Answer: No. I think you are just as wrong as wrong can be in your attitude toward your children, and that if you try to guard against it, you will drive them into doing the very things that you are trying to guard against.

I believe absolutely in parents exercising authority over their children and that children should be taught obedience. I think it is a terrible thing for fathers and mothers to let their children run wild, to come and go as they please, to have no restrictions whatever put upon their liberties and to be subject to no discipline. It makes for anarchy in the individual, just as the lack of all law and order would in a nation. Children lack the ability to govern themselves and to decide many questions for themselves and it is their parents' duty to guide and protect them.

But this does not give the parents the right to tyrannize over their children and to deprive them of all personal liberty nor does it give the parents the right to decide every question in the child's life, nor to shut it off from the joys of youth.

It seems to me that this is the mistake you are making. Like so many other parents, you have listened to such lurid stories about the orgies of modern youth that you have got panicky on the subject and you are trying to protect your youngsters against the dangers of the world by keeping them under lock and key. Believe me, the boys and girls of today are not half as bad as they are painted. In fact, I doubt if they are any worse than they were in your day and my day.

They ride fifty miles an hour in automobiles and we drove four miles an hour behind old Dobbin. They go to dances and we played kissing games at church societies. But one is no worse than the other. Besides, whom your children will marry, they are going to be the men and women with whom they will marry. The world as it is, is the world they are going to live in. So it seems to me that the sooner our children get adjusted to it, the better.

And, anyway, as Mr. Cleveland remarked, "It is a condition and not a theory that confronts us." The world has changed, and especially has the status of children changed, and you simply cannot dominate them now as your father probably dominated you. You have to use tact and diplomacy now instead of the rod, after they are bable and have ceased to be afraid of you. Parents used to hold over their children's heads the fear that they would turn them out of doors if they didn't do exactly as they were told, but that has lost its error over the youngster who can hustle out and get himself a job, and would rather be on his own, anyway.

Children can still be ruled by an appeal to their reason, but you have got to give them a square deal and recognize their side of the question, too. And you are not doing that when you refuse to let your daughter have a nice boy friend and go to decent parties and clean movies with them. You are cutting her off from association with the boys and girls of her own years. A few years of that and you will doom her to be an old maid, because it is the easiest thing in the world for a girl to get stranded. Get her out of her set and she is done for socially.

Don't deceive yourself into thinking that when you forbid your children to do things that they are not doing them. They are. On the sly. Refuse to let your daughter have boy friends at home and she will meet them on the street.

Which would you rather, have your children confide in you, tell you their plans, tell you about where they are going and what they do, or have them deceive you and do things behind your back? You can take your choice, for youth is going to be served. It is going to take its pleasure. DOROTHY DIX.

Dear Miss Dix—Which works the harder, the mother or the father in a family? Answer: Whichever one is telling you his or her tale of woe. The man always thinks he gets the hot end of the bargain in marriage. The woman is sure she does.

The man points to how hard he has to work to support his family. He tells you how much rent is and groceries cost, and how many pairs of shoes the children wear out, and he says he has to punch the time clock at 10 in the morning at the office and doesn't get home until 5 or 6 in the evening, etc., etc.

And the woman says look at her. Doesn't she get up an hour before husband does to prepare the breakfast, and isn't she still cleaning up the dishes after dinner while he is smoking his pipe and reading the paper, and doesn't she have to look after the children every minute of the day, and does she get an hour off for lunch, and does she have holidays and Sundays or any day of rest whatever?

And so the argument goes. And it seems to me that in families of moderate means the wife does work longer hours than the husband, and that her work is harder because it lacks the variety the man has and the social contacts that somehow lighten the day's labor.

But among the rich the husband does the harder work. Many wealthy men who have on their shoulders the heavy responsibilities of big enterprises toil harder than any slave, while their wives have no labor whatever to perform. The only leisure class we have in the United States are rich women. DOROTHY DIX.

Dear Dorothy Dix—My husband objects to my smoking and we quarrel over it continually. It is the only thing we disagree about. Shall I give up cigarettes? If so, why? Answer: If a cigarette is wrecking your married life, I should say cast it into the fire. Certainly your husband's love and your home mean more to you than a smoke. So it is just a matter of common sense to choose the thing that will do you the most good and is most for your happiness. Everything has to be bought at price and you are lucky that the success of your marriage costs no more than a cigarette. DOROTHY DIX.

ST. JOHN'S Nfld., May 22.—(CP)—Thomas Soper, Treasurer of the Gower Street United Church, appeared in Magistrate's Court today to face a charge embezzling \$10,000 from the Church Trustee fund over a three-year period.

He was represented by F. G. Bradley, K. C., who moved for summary trial. The application was refused, and one witness was heard before the preliminary hearing was adjourned until Thursday.

A Word to Parents About the boys and girls

The adolescent age is a most critical time in the life of the growing child. Boys are developing into men; girls into women. Whether the future life is to be healthy and happy Or distressed by nervous disorders of body and mind Depends largely on the health at this time. Physiological changes are taking place Which demand an abundance of rich, red blood. If the body is anemic and vitality weak, If the nervous system is exhausted by school work, Restorative treatment is a necessity. Girls especially need help at this time. Such help as is found in Dr. Chase's Nerve Food. This treatment is gentle and yet powerful In restoring vigor to the blood and nerves. Young bodies respond quickly to this restorative. Color returns to the faded cheeks And vigor of mind and body is soon evident.

THE COOK'S CORNER

LEMON CHIFFON TARTS

Two dessertspoons gelatine, soaked in 1-2 cup cold water for five minutes. Beat the yolks of 6 large eggs, add 1 cup sugar and 1 cup lemon juice and mix well. Then cook in top of double boiler until fairly thick. Add a speck of salt, 2 teaspoons lemon rind and the softened gelatine. Set aside to thicken when the mixture begins to thicken add the beaten egg whites to which 1-2 cup sugar has been added. Cool, then place in refrigerator until ready to use. Place a tablespoon of mixture on baked tarts and dot with whipped cream.

SALLY LUN

One-half cup butter, 1-2 cup sugar, 3 eggs, 1 cup milk, 2 cups flour, 4 teaspoons Magic Baking Powder, 3-4 teaspoon salt. Cream butter and sugar well; add beaten eggs and milk alternately with the flour sifted with baking powder and salt. Bake in greased, shallow pan or in muffin tins in hot oven at 425 degrees F. for 20 minutes. Serve hot.

A PRIZE TAPIOCA PUDDING

Three cups milk, 2 tablespoons quick-cooking tapioca, 6 tablespoons sugar, 1-4 teaspoon salt, 10 graham crackers, 1-2 cup raisins, 1 teaspoon vanilla, 1 egg. Scald milk in double boiler. Add quick-cooking tapioca, sugar, salt and crumbled graham crackers, and cook 15 minutes, stirring frequently. Add raisins and vanilla. Pour slowly over slightly beaten egg, stir vigorously. Pour into buttered baking dish and bake 1-2 hour in a moderate oven. Serve with slightly sweetened whipped cream.

MAPLE SYRUP FROSTING

One cup maple syrup, dash of salt, 1-2 tablespoons butter, 3 cups sifted confectioner's sugar. Cook syrup slowly three minutes. Cream butter thoroughly, add salt and sugar, alternately with syrup in small amounts. Add enough syrup to make of right consistency to spread. Makes enough frosting to cover top and sides of two nine-inch layers.

RELIEVE PERIODIC PAIN

Advertisement for Lydia E. Pinkham's Tablets, featuring an image of the product box and a woman's portrait.

Legal Discussion Over Church Property

KENTVILLE, N. S., May 22.—A legal battle over a parsonage in the Village of Kingston caused a sharp division between two groups of baptists in supreme court here today. Power and right of the United Baptist convention of the Maritime provinces through its examining board to accept or reject candidates for ordination into the legally recognized Baptist Ministry of Nova Scotia, New Brunswick and Prince Edward Island was challenged by defense counsel George C. Nowlan, K. C., in the action brought by trustees of Kingston United Baptist Church against trustees of Kingston and Nalverna Square Baptist Churches for sale of the parsonage and distribution of the proceeds. Rights and privileges of the Baptist Doctrine, calling for independent self-government of each church by its members, while the United Baptist convention, Mr. Howlan declared, as the case proceeded before Mr. Justice Humphrey Melish. The convention embraces 586 churches with 62,000 members in the Maritime provinces. The United Baptist of Kingston members of the convention, claim they own the parsonage, while the continuing baptists also claim ownership. It is occupied by Dr. J. J. Sibley, Pastor of the defendant churches. The convention embraces 586 churches with 62,000 members in the Maritime provinces. The United Baptist of Kingston members of the convention, claim they own the parsonage, while the continuing baptists also claim ownership. It is occupied by Dr. J. J. Sibley, Pastor of the defendant churches.

Activity was Good for Her Figure

Helped by "That Kruschen Feeling" YOU SEE I CAN WEAR STOCK SIZE NOW THAT I AM MORE ACTIVE

Her husband assured her that it was her age and that she could not expect to wear stock size now. He was evidently a believer in the ancient "fat and forty" legend. To-day she dismisses the idea with a laugh. But let her tell the story herself— "I must tell you I had developed beyond the 'stock size.' My husband assured me that it was my age. One day I saw an advertisement and decided to try Kruschen Salts. That was last July. Now once more I wear a size 38. Besides which, I feel so much better, more energetic, and can do my work without that tired feeling."—(Mrs. J. M. Your figure will not develop a "middle-aged spread" if you keep yourself healthy and active with a daily dose of Kruschen. When you have taken Kruschen Salts for a few days that old indolent arm-chair feeling begins to desert you. It doesn't matter if you are in the forties—the urge for activity has got you—and you're "stepping lively". And, best of all, you like this activity—you walk a couple of miles and enjoy it—you thought you'd never dance again, but you find you're getting as spry as ever—and you can wear the modern dresses with as much grace and comfort as the young folks. Get a 75c. bottle of Kruschen (it lasts four weeks) and start right away to take half-a-teaspoonful in a tumbler of hot water every morning.

WHY YES, MADAM, IT'S MARVELLOUS! HOWEVER HAVE YOU DONE IT?

New Seed Cleaning Plant at Emerald A Morning Smile

A service of more than ordinary importance from the standpoint of the farmers of this Province has been established at Emerald by the Emerald Storage Company. This service is in the form of a thoroughly up-to-date and efficient Seed Cleaning plant. Modern seed cleaning and clipping machinery has been recently imported and installed and the plant is now in a position to handle and clean at a moderate charge grain and small seeds for the farmers of this section of the Province, and for that matter the whole Island. The Emerald plant situated at a central divisional point is capable of rendering a special service to farmers, and exporters from all over the Province, and can handle large or small quantities with promptness and efficiency. It is of the utmost importance that farmers give earnest consideration to the proper cleaning of their seed. Investigation has shown that the great majority of our producers are using inferior weed infested grain for seeding purposes. If the most is to be secured from labour and money no chance should be taken with inferior seed which seriously cuts down yields. Only the best seed should be used. The Emerald Storage Seed Plant towards whose establishment the Provincial, and Federal Departments of Agriculture contributed is a valuable medium through which farmers may, by submitting their seed for cleaning purposes be assured of having their seed graded properly, and thus increase their yields correspondingly. The attention of the farming public is directed to this up to date service, and a generous measure of patronage is solicited. The Directors of this Company are to be commended for the establishment of this plant.

Killed Speeding At 116 Miles

INDIANAPOLIS, May 22.—(AP)—H. W. "Stubby" Stubbfield and his riding mechanic, Leo Wittaker, both of Los Angeles, were killed late yesterday when the race-car they were attempting to qualify for the 500-mile race hurtled over the wall at the southwest turn of the Motor Speedway here. Stubbfield was on the sixth of the 10-lap qualifying trial when the car went out of control. Both Stubbfield and Wittaker were thrown clear of the car and died soon after being picked up. They were travelling at a speed of about 116 miles-an-hour. The accident was the second fatal crash of the day. Johnny Hannon, 25, of Norris-town, Pa., was killed in the morning when his car jumped the wall at the northeast curve.

LOOK NOT A STREAK NOT A FLAW! IT'S MIR-O-KLEER* HOSIERY.. 75¢ MADE IN CANADA ONLY KAYSER MAKES IT

Large advertisement for Kayser Hosiery featuring an image of a woman in stockings and the brand name.

Advertisement for Cuticura Soap and Ointment, featuring the brand name and a small image.

FASHIONS FOR SPRING

Fashion advertisement featuring a large illustration of a woman in a long dress and a smaller illustration of a woman in a hat.