Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

Happenings Of The Week

Princesses Elizabeth and Margaret Rose sang solos and duets, then led in community singing in a show by means of which they raised £50 ($200) for Winter woollies for the troops. It was disclosed in London on Tuesday. The King and Queen with the Duchess of Kent mingled with the audience which included a number of guests from the fighting forces. The Princesses danced included a minuet and at 9 p. m. Jig and they finished up with a modern rap. Their singing included a duet in French. Princess Elizabeth produced the show with Margaret Rose's help and that of Shirley Wax, painted the scenery and provided the programme.

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Crown Princess Juliana of The Netherlands left Ottawa on Monday for Nova Scotia where she will spend a short holiday. She was accompanied by her two young daughters, Princesses Beatrix and Princess Irene. W. Vail Tyler aide to Princess Juliana, has left Ottawa on a holiday trip accompanied by his wife.

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The British High Commissioner Sir Ron Malcolm MacDonald, and party, was welcomed back this week on a short fishing trip, a very pleasant change from the harassing affairs of state.

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Hon. J. P. Mellmore was receiving the congratulations of the Liberals last Saturday on the occasion of his 60th birthday.

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Mrs. Sanderson, her son Bob and daughter Shirley are here from Connecticut visiting Mrs. Sanderson's father, Mr. Hunter and Mrs. Hunter in the Charlottetown.

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Mr. and Mrs. L. W. Warner of Ottawa, with their intimate friends will be the luncheon guests today of Mr. and Mrs. W. Chester S. McKinnon, Bonaventure.

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Mrs. E. R. Hilliard entertained at the Bridge Monday evening for her guest, Miss Mary Borden of Vancouver, inviting friends in for three tables of bridge.

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Mr. and Mrs. W. W. Morse of Montreal, who are summering at Mrs. E. Poole's Lower Montague, are receiving pleasant friendships.

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Dr. and Mrs. Donald Campbell of Sydney are home on a visit. Dr. Campbell is returning next week.

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Mr. and Mrs. Benjamin Rogers, Prince Street, Mrs. Oscar McCallum, Saskatoon, and Mr. E. E. Bell, returned earlier in the week from a motor trip through New Brunswick and Quebec.

* * * *

Premier Prime Minister Bennett of Canada will be known simply as Viscount Bennett following his elevation to the peerage in the King's Birthday honours. Letters patent issued bestowed him as the Right Honourable Richard Bedford, Viscount Bennett, of Mickleham, county Surrey, and Calgary and Hopewell in the Dominion of Canada. It was unauthoritatively explained it will not be necessary to call him Lord Bennett of Calgary or Hopewell, because there is no other Lord Bennett. Such identifying titles are only used to avoid confusion if there are other peers of the same name.

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Mr. G. R. Purtleat, G. F. and T. Manager of the C. N. R. accompanied by Mrs. Purtleat and their daughter Miss Ruth Purtleat returned to Montreal Thursday after a holiday spent at the Charlottetown and Stanley at Brackley Beach.

Among the guests attending the LePage-Henry wedding at Government House on Saturday last was Mrs. Lucy Pagtmer of North Rustico, a great grand-aunt of the bride.

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Mr. and Mrs. Gilbert R. Henry are spending the week-end in the city guests of Mrs. Henry's parents, Mr. and Mrs. W. E. LePage, Pownal Street.

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Mrs. C. E. McLaggan and three daughters Misses Mary Helen and Isabel, are arriving from Montreal to-night to spend several weeks at the North Shore.

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Dr. and Mrs. G. E. Tremble of Quebec are at the Charlottetown and enjoying a very pleasant holiday.

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Mrs. Eileen Morris and little son Gary have returned from a holiday visit to Mrs. Morris' parents, Mr. and Mrs. Archie Bannerman in Sackville.

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Col. and Mrs. S. W. Baird of Toronto are prominent visitors being welcomed this week.

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Mr. and Mrs. E. A. Brown of Fredericton, N. B., are spending their honeymoon in the city guests at the Charlottetown.

* * * *

Miss Lillian Stewart of Ottawa, who is the guest of Mrs. J. David Stewart, North River Road, is having a delightful visit among her friends.

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Mr. and Mrs. Gordon Taylor of Montreal are visiting Mr. Taylor's grandmother, Mrs. F. P. Taylor after an absence of seventy-four years. Mrs. Taylor is making her first visit to the Garden Province and is delighted with its attractiveness.

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The tea hostesses at the Golf Links this afternoon will be Mrs. C. E. Beer, Miss Barbara Smith, Miss Betty Large, Miss Eva Clark.

* * * *

Miss Dorothy Kerwin is being cordially welcomed from Washington on a brief holiday at her home, the guest of her uncle and aunt, Mr and Mrs. D. J. Riley.

* * * *

Miss Helene Colwell who is visiting with Miss Jean Jackman in New Glasgow, N. S. has gone with a party of young people on a two weeks holiday to the Murray Cottage, Waterside, N. S.

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Mr. and Mrs. R. J. Perry and Douglas of Cornwallis, Quebec, are the guests of Rev. G. W. and Mrs. Tilley in Cavendish.

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Mr. G. E. Greer attorney of Toronto and Mrs. Greer are holidaying in Charlottetown.

* * * *

Mrs. Lorne Thayworth, home from New York for the holidays is being pleasantly entertained by her numerous friends.

* * * *

Mr. and Mrs. Arthur G. Bruce have gone on a two weeks holiday to Mrs. Poole's at Lower Montague.

* * * *

Miss Adele McLean and Miss Dorset Murdock are the tea hostesses at the Charlottetown Tennis Club this afternoon.

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Major and Mrs. Harold Shaw have come home from Truro on a two weeks vacation trip.

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Mrs. E. W. Kerr of Vancouver, who have been spending three months at the Charlottetown Hotel is now the guest of Mrs. E. E. Large, 46 Ellington Street, and has decided to remain for the winter months among her old home friends.

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Mrs. F. J. B. Wright and the Misses Jean and Mary Moore will be the hostesses this afternoon at the Summerside Golf Club.

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Mr. and Mrs. E. J. Brien of Bronsville, N. Y., Mrs. C. J. Laurin, Montreal, Miss C. Gabrielle C. Hennet of Jersey City, Miss Helen Prince, Somerville, Mass., Miss Marie Precia of San Francisco are among the enthusiastic summer visitors at present visiting in the Province and sampling at the Charlottetown.

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The Misses Wyatt have returned to their home in Summerside from a pleasant two weeks at Dalvay.

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Mr. Louis Hyndman, who has been staying with his parents, Hon. J. D. Hyndman and Mrs. Hyndman in Ottawa left on return on Friday to his home in Edmonton.

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Mr. and Mrs. James Kitz and their son, John who have been the guests of Mr. Justice Saunders and Mrs. Saunders for the past few weeks left yesterday on return to their home in Montreal.

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Rev. Hugh Miller and Mrs. Miller are enjoying a holiday at Broadlands, Bonaventure Co., Quebec.

* * * *

Mr. and Mrs. Albert MacKay and their two children Gordon and Shirley who have been visiting Mr. MacKay's parents, Mr. and Mrs. A. S. MacKay have returned to their home in Boston.

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Mr. and Mrs. Rankin of Fitchburg, Mass., who have been annual visitors here for the past thirty years arrived last evening. They motored from Saint John with the Mayor and Mrs. H. Roy Stillman who went over to meet their old friends.

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Miss Hope Thompson of Montreal is visiting in Summerside the guest of Mrs. Copley Wilson.

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Mrs. Richard Sharp and Miss Elipha Sharp are visiting friends in Nova Scotia.

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Rev. and Mrs. J. B. Wilson and little daughter Tom, of Middleton, N. S. are visiting their former home in Summerside and are guests of Mr. and Mrs. Eric MacKay. Rev. and Mrs. Wilson are being cordially welcomed by their many friends.

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The Misses Bowes who have been visiting friends on the Island have returned to their home in Boston. During their visit they were guests for part of the time of their cousin Mr. E. C. Colvin and Mrs. Colvin Summerside.

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Rev. and Mrs. W. E. Cook have as their guest at the parsonage, Summerside, Mrs. Cooke's sister, Miss Eaton of Toronto.

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Mr. and Mrs. A. P. Wells had as their guests recently, Mrs. Wells' sister, Mrs. E. M. Poppy and Mr. Poppy of Worcester, Mass. They were accompanied by Mrs. Col. Maude Whitmore of St. Petersburg Florida. It was Mrs. Whitmore's first visit to the Island and she was very much pleased with her visit.

* * * *

A cable from Canberra reports that Canada's First Commissioner to Australia, Mr. C. J. Burchell is returning to Ottawa. Mr. Burchell, a former Halifax lawyer said in Canberra, Australia, that he has been recalled by the Dominion Government to do a special job and Federal authorities consider the Canadian High Commissioner has special qualifications for the work. Mr. Burchell is expected to leave Australia within the next few days, and after his departure, the Canadian Office in Australia will be under the temporary direction of Mr. Burchell's official secretary, Mr. E. B. Rogers, son of Mr and Mrs. R. E. Rogers of Charlottetown.

* * * *

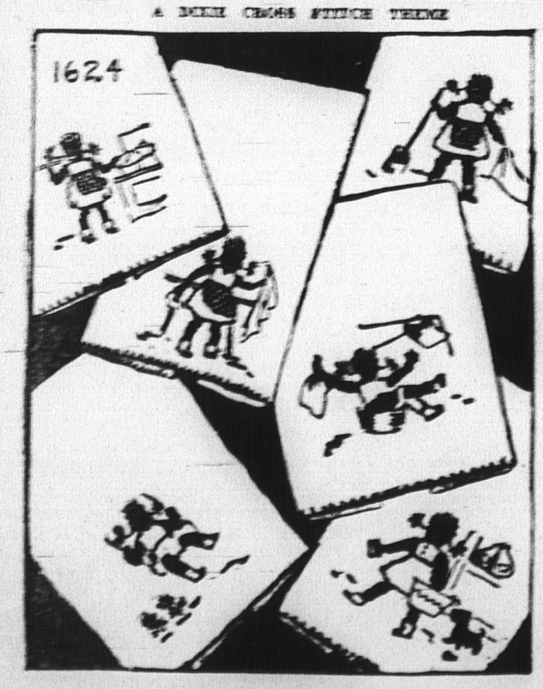
Mrs. Claude Boeschter, of Denver, Colo., who entertained the Duke and Duchess of Windsor at Palm Beach, Fla., last year, said this week, that the couple plans a trip to the duke's Canadian ranch. She said that in answer to her invitation to visit Denver, the duchess had replied that acceptance might be possible during their proposed Canadian trip. "We hope to get away soon, but owing to the uncertainty of world conditions, it is impossible to make any definite plans," Mrs. Boeschter quoted the duchess' letter. "If everything works out as we hope, we will do our best to visit Denver." The letter gave no further details. Mrs. Boeschter, wife of a Denver pioneer and millionaire, said the duke's ranch is the "E. P." in Alberta. He last visited it in 1928 when he was still Prince of Wales.

COVERING A TABLE

A round or square table with awkward looking legs can be improved by running up a fitted cover with a flaring skirt that extends to the floor. It is simple to cut a piece of fabric to fit the top of the table. The floor length skirts should be cut just like any other flared skirt so that the hem or edge faces to the floor.

If you want to give a quaint touch of yesteryear to the cover, add a felt border at the bottom. With the pinking attachment on a sewing machine you can pink both edges of the band of felt so that it looks authentically Victorian. Join all the nine seams before the band of felt is stitched around the bottom.

A NEW CROSS STITCH TRENDS



DESIGN NO. 1624

This gay little nine makes a colorful decoration on tea towels. These motifs may be used on children's clothes and in the nursery. Box iron transfer pattern No. 1624 contains 6 motifs measuring about 5 by 6 inches each and complete instructions.

To order pattern: Write or send above picture with 25 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department

Design No. 1624

NAME -

STREET ADDRESS - - - - - - CITY - - - - - - - - - - -

PROVINCE -

A Morning Smile

WAS HER FACE RED?

A steward stood at the gangway of the liner and kept shouting for the benefit of the departing passengers, "First class to the right, second class to the left!"

A young woman stepped daintily aboard, with a baby in her arms. As she hesitated before the steward he bent over her and said in his most chivalrous way, "First or second?"

"Oh," said the girl, "Oh, dear, it's—it's not mine."

Newlywed was boasting about his young wife.

"You know," he said, "my wife is so economical that after she changes the goldfish water we have fish soup for two days."

Dorothy Dix Says—

SCOUNDRELS STILL ATTRACT WOMEN WHO ARE MORONS

Often Women Marry For Adventure, But, Alas, There Comes An Awakening

Dear Dorothy Dix—Can a woman really love a man who seems to have no good traits? I love this type of man. Have loved him for quite a while, but even with my rose-colored glasses on I can't see why I hear other women brag about John's manness, or Jack's honor, or Jack's truthfulness, or Sam's success. I have nothing to brag about in the man I love. All I know is that he is the whole world to me, yet I don't know why. What is it in a scoundrel that draws and attracts women and exerts an irresistible charm over them?

SCHOOL GIRL.

ANSWER—I expect the answer is that the women who fall for scoundrels are still school-girls mentally, no matter how many birthdays they have had. They have never grown up and are incapable of understanding what qualities in a man are admirable and justify a woman in giving him her heart.

The proof of this is found in the fact that when a girl falls in love with a no good man and marries him she nearly always falls out of love with him as soon as she becomes adult and realizes what she has done. Having to go to work and support a worthless, or fast, a drunkard out of the gutter, or borrow money from their families to keep a thief out of jail doesn't endear a husband to his wife after she gets sane enough to sit in judgment on him and realize what a poor bargain she made.

And if you say that there are women who go on loving the unlovable and unrespected, I can only reply in the words of the old hymn, that "God moves in mysterious ways His wonders to perform." Also, it is not forgotten that there are plenty of female morons whose I. Q.'s are about 18 or under.

There are also tributary causes that make black sheep the favorite pets of a certain type of women. To the girl who is timid and shy and whose mother has kept her sequestered from the world, a wild, devil-may-care sort of man is almost always irresistible fascinating. He represents adventure. Boldness. Daring. Thrills. All the things that the girl has dreamed of and never got within hearing distance of before, and they hold her spellbound. They are like the tiff maiden in one of Barrie's plays who thought it was so perfectly daunting to a man to scrub.

It is such a man's wickedness that captures the girl's fancy. She loves him for his vices, even for his amours. That is why Casanovas and Don Juans make a killing with the sweetness and light girls.

And maybe it is because even the best of women have a secret yearning after wickedness that makes them fall in love with scoundrels. There was Eve, you know.

* * * * * *

Love Can Be Ageless

Dear Miss Dix—I am a widower 70 years old and am thinking of getting married again. I have been married twice and my second wife died about six years ago. I live in a nice home and have sufficient money to take care of myself and a wife. Some say I should not marry again. What do you think? What age lady should I choose?

DISHEARTENED BILL.

ANSWER—Well, Bill, if you are sound in mind and have the courage to make a third try at matrimony I think you why you shouldn't have another go at it even if you are 70 years old. Than don't be the newspapers, and the important thing to you is to get the most happiness you can out of the teen few years.

Certainly you would be much more comfortable and contented with a home of your own and a good wife to look after you than you are living in a hotel. But, on the other hand, it would be a terrible thing to fall into the clutches of some gold-digger whose only interest in you would be your pocketbook.

Don't be misled, as so many old men are, by youth and beauty. No young woman marries an old man for anything but gain. Nor does an old man have anything in common with a young wife. Choose a woman in your own age class, somewhere in the 50s or 60s, and good luck to you.

* * * * * *

Dear Dorothy Dix—I am 22. My boy friend was in the army but has been discharged as unfit for service. He has never had any kind of settled work and now only earns $15 a week. I love him very much and he wants me to marry him. My parents object to the marriage because he is a sick man and they say it would not be fair to myself or to him if I did so. What do you think?

M. E.

ANSWER—What are you looking for? Trouble? How can you imagine that a marriage could be successful that was built on such a rickety foundation? How would you eat if you had only $15 a week to live on? And what guarantee has a sick man that he will be able to hold down his job? Don't be foolish.

Don't marry until your sweetheart is well and is in a position to support a family. Certainly you would do him no kindness by adding the anxiety of taking care of a wife to his other worries.

DOROTHY DIX.

Your Individual HOROSCOPE

By Frances Drake

For Saturday, July 26th

MARCH 21 to APRIL 20 (Aries)—A friendly day for personal matters and general lines of trade and industry but exaggerations and reckless ness should have no part in your dealings or undertakings. Recreational interests favored.

APRIL 21 to MAY 20 (Taurus)—Unnecessary business and work take second place. Vacation activities, sports, travel, entertainment, your favorite hobby are in the front line of the favored. Excellent for courting, weddings, honeymoons.

MAY 21 to JUNE 20 (Gemini)—Ideal indications for a week-end. You should be gay in anticipation of some wholesome fun, perhaps topping previous scores in sports and other healthy pastimes. Pleasures favored, too.

JUNE 21 to JULY 22 (Cancer)—Mildly accentuating and favorable. Pep and initiative, however, can easily turn a mediocre program into one of interest and gain. Artistic matters especially spotlighted in a fine, the more practical in the fun.

JULY 23 to AUGUST 22 (Leo)—Moderation in everything will help you spend today more pleasantly and healthfully. Extremes are taboo. Guard health by not overwhelming or indulging temperamental moods.

AUGUST 23 to SEPTEMBER 22 (Virgo) — Unusually favorable for analytical and confidential matters, for journalism, critics, all the literary, correspondence, both secular and mundane, interests. Don't neglect health.

SEPTEMBER 23 to OCTOBER 22 (Libra) — Keep cool, undisturbed, cheerful. Follow this prescription all day and you'll be proofed against disturbing elements. Indulge recreation, rest during the time you can spare.

OCTOBER 23 to NOVEMBER 22 (Scorpio) — You born after November 8 may find more resistance than other Scorpio folks today but for the most part the period is friendly and interesting, especially for personal affairs.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Shipping, other maritime matters and water sports, dealing in liquids and beverages and confidential affairs are indicated for financial gains. Friendly, too, for amusements in moderate doses.

DECEMBER 23 to JANUARY 20 (Capricorn) — Those interests charted as favored for Sagittarians are also on your appointment program. You, like they, are admonished not to go to extremes and should enjoy some restful relaxation.

JANUARY 21 to FEBRUARY 20 (Aquarius) — Uranus in two unfriendly aspects in morning and midday warns against taking the conventional made or disregarding law and order. Otherwise day holds happy prospects.

FEBRUARY 21 to MARCH 20 (Pisces) — Interest yourself in club and other recreational activities, at least part of the day. Necessary matters can be attended to quickly if you don't fuss or worry over small obstacles.

A CHILD BORN ON THIS DAY Ambitious, daring, very active. Keen and intelligent but inclined to be boastful and too aggressive at times. Can surmount great obstacles when once in learning self-mastery and tolerance. It will be entertaining and magnetic.

MORSES TEA

MORSE'S SELECTED ORANGE PEKOE has consistently held its high place in the esteem of Maritime tea drinkers.

85 Cents per lb.

THE COOK'S CORNER

DATE OATMEAL COOKIES

1 cup butter or shortening
1 cup brown sugar
2 cups flour
1-4 teaspoon salt
1 teaspoon soda
2 cups quick-cooking rolled oats
1-2 cup sour milk
Date filling

METHOD: Cream the butter or shortening, and gradually cream in the brown sugar. Sift together the flour, salt and soda, and add the quick-cooking rolled oats and mix well. Add the dry ingredients alternately with the sour milk to the creamed mixture. Toss the mixture onto a lightly floured board and roll out quite thinly. Dip with a medium-sized round cutter, dipped in flour. Bake on a greased baking sheet in a moderate oven (350 deg. F.) about 12 minutes, or until very delicately browned.

When the cookies are nearly cooler half of them with a little of the date filling and place the rest of the cookies on top of this.

Date Filling

3-4 pound chopped dates
3-4 cup sugar
1-2 cup boiling water

METHOD: Pit and chop the dates and place in a saucepan with the sugar and water. Cook, stirring often until the mixture is thick. Cool before using as filling.

DATE PINWHEELS

1 cup butter or shortening
1-2 cup white sugar
1-2 cup brown sugar
2 egg yolks
1 tablespoon water
1 teaspoon vanilla
1 1-2 cups sifted cake flour
1-2 teaspoon salt
1-2 teaspoon baking soda
1-2 cup chopped nuts
Date filling.

METHOD: Cream the butter or shortening and gradually cream in the white and then the brown sugar. Beat the egg yolks and then add to the creamed mixture along with the water and the vanilla. Beat the mixture thoroughly.

Sift the flour, measure, sift again with the salt and soda. Add to the creamed mixture with the chopped nuts—chop the nuts finely for this. Divide the dough into two parts and roll one part out quite thinly. Then spread with date filling and then roll up as for a jelly roll. Wrap this in wax paper and chill in the refrigerator. Do likewise with the rest of the dough and filling. When ready to use, remove from the refrigerator and unwrap, then slice in slices about 1-4-inch thick or more. Bake in a moderate oven (375 deg. F.) for about 10 minutes.

Date Filling

1 pound chopped dates
1-2 cup sugar
1 cup boiling water
2 tablespoons lemon juice
1-4 teaspoon salt

METHOD: Combine dates, sugar and water and cook until consistent. Remove from fire and add lemon juice and salt. Cool before spreading in cookie dough.

Know Do's and Don'ts in Training Your Dog

Healthy Dog Easy to Train

A bright, energetic puppy (and what puppy isn't?) is great fun to train in both manners and tricks if you follow right methods.

DON'T begin haphazardly if you hope for success. Plan regular lessons and stick to them.

DON'T try to train your dog unless he shows some spirit and aggressiveness. Unless he knows how to defend his doggish rights.

DON'T start training in hot weather. And remember not to overtire him at any time.

DO be sure your dog has a strong healthy body, good clear eyes and normal hearing.

DO know dog psychology. For successful training, you need your dog's respect and confidence.

DO remember only one person should do the training. Conflicting instructions may confuse him.

DO start with simple words of command. "Come," "Go," "Sit down," and generous use of "Good dog."

DO reward your dog, if he has been intelligent or obedient during a lesson, with a friendly pat or a titbit.

DO be sure your dog is well fed, that he eats what he should to be husky and happy.

Our 32-page booklet gives right diet for dogs from puppyhood up. Tells how to groom your dog, take care of his ailments, how to train him and teach clever tricks.

Send 20c in coins for your copy of How To Choose And Care For Your Dog to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name

Street Address

City Province

Living & Leisure

—The Woman's Realm

A SMILE

The thing that goes the farthest
toward making life worth while,
That costs the least and does the
most, is just a pleasant smile.
The smile that bubbles from the
heart that loves its fellow men
Will drive away the clouds of gloom
and coax the sun again.
It's full of worth and goodness, too,
with smiling kindness blent;
It's worth a million dollars, and it
doesn't cost a cent.

There is no room for sadness when
we see a cheery smile;
It always has the same good look;
it's never out of style;
It nerves us on to try again when
failure makes us blue;
The simplest of encouragement are
good for me and you.
It pays the highest interest.....for
it is merely lent;
It's worth a million dollars, and it
doesn't cost a cent.

A smile comes very easy ..... you
can wrinkle up with cheer
A hundred times before you can
squeeze out a salty tear;
It ripples out, moreover, to the
heartstrings that will sing,
And always leaves an echo that is
very like a ring.
So smile away! Folks understand
what by a smile is meant;
It's worth a million dollars, and it
doesn't cost a cent.

—Author Unknown.

A useful discovery is the little dress that goes anywhere, looks nice as a smart town restaurant or at a country club luncheon. Smith a model as a frock in sheer natural linen, unexhustable, and beautified with embroidered bands of cornflower flowers in blue, green and red.

COLOGNE IS COOLING

Use cologne liberally and frequently in warm weather, says a beauty expert. It will keep you cool and fragrant. Pat it on, not only after a bath, spray it on your hair and dab it on your face before applying fresh makeup.

BRUSH FOR BATHTUB

Lack of time, rather than carelessness, is often the reason that people leave the "ring around the bathtub." Try hanging a long-handled brush near the tub, and have an adequate supply of soap handy so that each bather may easily wash out the tub. The brush should be given a separate soap-and-water cleansing and dried in the sun at least once a week.

OSTRICH PLUMES

Ostrich feathers are degenerate structure. Having no hooked barbs like the feathers of flying birds, they curl up into plumes.

NEWS AFFECTS STYLE

The Blitzkrieg influence is seen in a dress with a smooth high round neck, fitted basque bodice, tightly cuffed pointed sleeve and a skirt set on with front pleats at the hipline.

WOMAN ROOF THATCHERS

Roof thatchers are greatly in demand, says a despatch from London. There are only about 200 first-class thatchers in Great Britain, and as many of them have joined the services their number is sadly depleted. Restoration of cottages for evacuees has led to a great boom in the trade. Women are now learning the art of thatching, instruction being given in schools established by local councils.

MIX TOUCH COSMETIC BANDS

Beauty specialists may raise their hands in horror if you wish to mix your cosmetic brands, but it's a perfectly good and sensible thing to do. Experiment until you find the beauty preparations and make up that are especially good for you. You may find that one brand rouge and lipstick are perfect for your coloring, but that to get the shades and texture you want, you'll have to get a powder of another make and a foundation of still another. No less than five brands are represented on the shelf of beauty aids I use regularly.

WORKS TOWARD IDEAL OF SELF

The literal-minded girl who, last year, pinned on the wall above her office desk a fashion drawing of herself as she would like to look, has had great success with the idea. "I've looked at that slimmer, smarter version of myself every day before going to lunch for a year", she exclaims. The daily glance has inspired me to stick to soup and salads for lunch. As a result, I'm almost as slender as I look in the sketch.

"That drawing of myself also inspires me to keep my hair in good order instead of trying to make the wave do for another day or so. And I always think of the chic creature above my desk when I am shopping for clothes. This little trick—silly though it sounds—has kept me from taking a not-quite-right dress just because I was bored with looking at clothes."

Another woman whose appearance has improved vastly within six months points out that she, too, figured out a simple little trick that helps her to remember her resolution to be more smartly turned out.

A Model

"I have an aunt who is really chic", says our heroine No. 2. "In fact, she always looks as if she had just finished posing for a picture in one of the fashion magazines. Whenever I am about to say 'I'll take it,' I think of that chic aunt and ask myself whether it's the type of suit or dress she would consider.

"When I've finished dressing, I look at myself in a full-length mirror and say to myself, 'Now what if I should meet auntie?' Will I feel dowdy compared with her? If 'yes' seems to be the compelling answer, I begin all over—re-dressing, trying to do a better job of combing up, hair dressing and so on."

MILK RICH IN FOOD VALUES

A quart of fluid whole milk equals in food value 17 ounces of evaporated milk; or a quart of skim milk plus one and a half ounces of butter; or five ounces of Canadian cheese; or four and a half ounces of dried whole milk, say Cornell University dietitians.

SLID DOWN HOSES

EDINBURGH —(CP)— Firemen slid down their hosepipes to escape flames at a book-binding premises here. One fireman was injured.

always enclose Snapshots In LETTERS to men in service

They want pictures of home folks to show their "buddies"—family groups—home town scenes—snaps of their friends and their pets. Get out your camera—and send your films to us for developing and printing. Quality work and quick service is assured you.

Films Developed and Printed 25¢

6 or 8—Also size roll and FREE Enlargement in Studio Folder with Each Roll. A Quebec customer says: "exceptionally pleased with the excellent work you do."

2 Enlarged Enlargements 25c—4x6" in Easel Mount

STAR SNAPSHOT SERVICE

Box 1236C Post Office A. Toronto

Needlecraft—

—For The Home

Color contrast or a combination of striped and plain makes this shirtwaist frock ideal for larger sizes. The trim panel front and becoming shoulder yokes give the appearance of a more youthful figure and slim lines. You'll wear this dress for all occasions this Summer because it is becoming as well as practical for any time of the day. Chinese cotton or rayon that will launder well. This dress can also be made of one fabric if you prefer.

Style No. 2930 is designed for sizes 34, 36, 38, 40, 42, 44 and 46. Size 38 requires 3 yards of 35-inch fabric with 3 1-4 yards of contrasting; or, 3 7-8 yards for short sleeved dress of one fabric.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2930 Size .....

Name

Street Address

City Province

MILES OF BANDAGES

LONDON—(CP)—During the past 15 months 9,250,000 medicinal tablets, 1,750,000 bandages measuring 3,000 miles, 34 tons of cotton wool, 36 tons of dressing lint, 23 tons of plaster of paris and 265,374 pounds of cough mixture have been issued to troops and military hospitals.

Use Minard's for sprains.