

Woman's Realm—Social and Personal—Fashions—Literature

SANDWICHES Better with



Morning Smile

ALL SEASON
Auto Salesman (explaining to green customer) — This is the radiator and this is the fan. Lady—Oh, then it's an all-season car.
A KING OF FRUIT
Shorty — So you call yourself a vegetarian and here you are working on a beefsteak with onions. Fatty — Yes; you may call this beefsteak, but I call it forbidden fruit.

Living & Leisure

THE WOMAN'S REALM

ALONE
All this I've learned how sweet it was to hear. A glad "Hello!" when home I came again. And just the spoken words: "Is that you, dear?" I thought it was your footstep drawing near. And, "Did you manage to escape the rain?" I hoped within the office you'd remain. Always when comes a storm I seem to fear. You may not be where shelter you can gain."

CLIMBING ROSES
Climbing roses can be pruned any time after they are through blooming, cutting out all the old wood.
QUICKIES
Chop fresh tomatoes and mix gandy through jellied consommé for a cool and lovely tasting beginning to a summer's meal. For a hearty supper serve big bowls of soup as the main dish by blending one tin of Scotch broth and one tin of condensed vegetable soup with 2 tins of water. Heat and serve with split, toasted butter rolls.

LIVING ROOM SHOULD BE ATTRACTIVE
Georgia farm women are participating in a contest to see which one can do the best job of improving her family's living room. That is a worthwhile project for more reasons than one. First Continued on page 9

Ellen's Diary

"If you had just remembered to close that gate, Ellen, instead of moaning over the clouds or the sunrise, you wouldn't have had one bit of trouble getting the cows to the stable. Wouldn't your common sense tell you that they would make for the pasture there?" James said. He had been obliged to come to my assistance when the cows let from the par night pasture, instead of going to their stalls had chosen to make a dash to the more luscious after grass on the day meadow up the rise, leading Pard and me a merry chase through the dew. I had left the porridge boiling and slipped away from the house to gather them so that our farmers might come earlier to their harvesting these shortening days, it contained in fair weather, and still at the other farm. As in general our harvest is good so I conclude from James who this evening mentioned that he "never saw the way the twine disappears this year—so fast through the sheaves, Ellen, honestly the grain was so tangled by that storm of wind and rain that it's hard to tell which end of a sheaf is which at the stooking. There's hardly a decent sheaf in the lot so far. This condition of course annoys James' sense of neatness. He finds a rare beauty in tidy sheaves, in neat stooks set in orderly rows though doubtless these will yield almost as satisfying a return to our Continued on page 9

DOROTHY DIX SAYS—

Male Flirt
Girl Urged To Break Engagement To Man Who Fancies Himself A Lady-Killer

DEAR MISS DIX: I have a Boy Friend to whom I am engaged and we plan to get married next year. He is very handsome and lots of girls flirt with him. I am not jealous, but when he hears about a girl he keeps on saying: "She is very pretty. Why don't you introduce me to her?" Or if we meet a beautiful woman he stares at her for five minutes. If he thinks an actress is gorgeous, he goes back to the show over and over again. I do my best to look indifferent, but it gets on my nerves because I am no beauty myself.
Do you think that a man who is really in love can act that way?

ANSWER: I think a male flirt is one of the most contemptible of the human species, and that any girl who marries one is simply going out of her way to hunt for trouble. For no wife can be happy with a husband whom she does not trust, and certainly she can have no faith in a man who is ogling every good-looking girl he sees and making near-love to her.

PERPETUAL INSULT
A wife would not need to be jealous to resent such conduct in her husband. The indignity of it would be an insult that would keep her nerves raw and her temper on edge. So my earnest advice to you is to break off with this lady-killer and have nothing more to do with him. You are a nice girl. Save yourself for some worthy man who will not be making eyes at every bobby-soxer who crosses his path.

DEAR MISS DIX: I have a 19-year-old daughter who expects to be married shortly. My husband deserted me when my daughter was a baby and ever since I have worked very hard to support her and myself. I have been able to save up only a couple of hundred dollars. The trouble is my daughter wants a big church wedding, followed by a large reception. I promised to buy all of her wedding clothes, but she expects me to take all the money I have saved by hoarding nickels and dimes to meet the rest of the expenses. This I refuse to do and she has been furious over it and spoken very cruelly to me. I think if she wants a show wedding she should wait and work and save her money for it, and not expect it of me, after I have sacrificed so much in her behalf, especially since I would go broke over it. What is your advice?

ANSWER: My advice to you is to stand pat and positively refuse to let your daughter run you into debt for an expensive wedding. However, I fear that by the time your daughter softens you up with not giving her the kind of wedding that rich girls have you will give in. So many other mothers do, and let daughters take the very bread out of their mouths to gratify a desire to make a splurge. Can't you make her understand that when we do things beyond our income, we do not rouse the envy and admiration of those who know us? On the contrary, we make ourselves ridiculous and a laughing stock for the public. Everybody will respect your daughter if she is married in a simple, inexpensive, white gown, but they will scorn her if she walks up the aisle trailing satin and orange blossoms. There is dignity in living within our means, no matter how small they are, but there is shame in running up bills for fiery for which we never will be able to pay.

Better English

D. G. Williams
1. What is wrong with this sentence? "My wife thinks like I do."
2. What is the correct pronunciation of "leisure"?
3. Which one of these words is misspelled? Promenade, prominent, promissory.
4. What does the word "ferret" (verb) mean?
5. What is a word beginning with "p" that means "to indulge to excess"?

ANSWERS
1. Say, "My wife thinks as I do."
2. Preferred pronunciation is le-zher, first e as in see, accent first syllable. 3. Prominent. 4. To search (out) by shrewd questioning. "The police were able to ferret out the hiding place of the bandits." 5. Pamper.

The Stars Say—

By Genevieve Kumble
For Friday, September 11
EXCELLENT progress in a creative way, in which new and advanced objectives may be on the way to concrete results, with new plans and policies and practically constructive goal may be well along on a productive scale, when a disagreeable complication, probably of a purely personal nature, may upset all prospects, blocking the way and defeating progressive aims. Excessive indulgence, jealousy, or other impulsive acts, could shatter all hopes.

If It Is Your Birthday
Those whose birthday it is, are on the verge of a year in which the final progressive and happy outcome is entirely dependent on good graces, discreet conduct, amiability and consideration for others. Affairs of major consequence may be advanced, practical and creative energy to prod ambitious goals. Enterprise and initiative on new ventures, probably distant connections, seem to be thriving when some error, false move or a state of jealousy, enmity and strife, induced by emotions or hurt feelings, could prove devastating. Personal excesses, indulgence, ill-temper could reek havoc.

A child born on this day, while having excellent talents and initiative for a successful career, yet innate jealousy, enmity, bad temper or want of grace and amiability could prove its undoing.
I sat alone in the moonlight, Pursued by women and men, And murmured, over and over — "I'll never eat onions again."

How Can I!!!

By Anne Ashley
Q. How can I mend broken marble?
A. Make a very stiff paste of Portland cement and water, clean the edges of the marble thoroughly, apply the cement to both broken edges, press the edges together, the cement has set.
Q. How can I prevent a skin from forming over the top of a custard when cooling?
A. This will not occur if a cloth or sheet of paper is placed over the top of the receptacle while the custard is cooling.
Q. How can I remove blood stains from a garment?
A. Try holding the stained material under cold running water. This will also remove some fruit stains.

Cook's Corner

MUNCHIES
1/2 cup melted shortening
2/3 cup molasses
1/2 cup sugar
2 cups sifted flour
1/2 teaspoon salt
1/2 teaspoon soda
1/2 teaspoon cinnamon
1/2 teaspoon cloves
1/2 teaspoon ginger
1/2 teaspoon allspice
Combine shortening and molasses, add sugar and beat well. Add sifted dry ingredients; mix to a smooth dough. Chill over night. Roll paper thin on slightly floured surface. Cut in rounds. Place on greased cookie sheet. Bake at 375 degrees F. 5 to 6 minutes. A cookie pan bakes small cakes on the bottom, and leaves them pale on top.

New Remedy Astounds!

Brings faster relief to itchy—speeds healing ECZEMA • RASHES
New Cuticura Liquid stops itching instantly—actually speeds healing of skin and scalp irritation. Use anytime. It's medicated—gentle—irritation-free—stimulates! Buy today. Satisfaction guaranteed or money back. CUTICURA LIQUID

FIRST IN FLAVOR!

VACUUM PACKED

KING COLE COFFEE

That Body Of Yours

By James W. Barton, M. D.

DRUGS TO PREVENT ALLERGIC ATTACKS
When I was a youngster I had an aunt who could not eat butter without it causing hives, and another aunt who could not eat strawberries without having an attack of hives and an upset stomach.
I don't know what these conditions were called in those days, but today we know them as allergy and these individuals are said to be allergic to various substances. This name was given to this tendency 25 years ago, and every city or large town now has a specialist in allergy—an allergist.

It has been estimated that from 5 to 15 per cent of the population suffer from allergy in some form—headaches, head colds, hay fever, asthma, stomach upsets, diarrhoea, eczema and hives. "An allergic person reacts abnormally to some substance which is harmless to others. The reaction may take the form of any one of the above symptoms."
In my student days we did not know the cause of asthma but a few, if any, ever died from an asthmatic attack. It was not considered a serious matter. Today, physicians know that in many cases asthma is produced by some dust, pollen from plants, dander or foods. To one allergic to these substances an attack of asthma will occur from eating or smelling these substances. Other symptoms, if not asthma, may be a swollen tongue, swollen eyes, running nose or blocked nose. Allergists tell us that while allergic individuals may suffer from other ailments and diseases as a rule they are healthy between their allergic attacks.

Some 20 years ago, when allergy was just beginning to interest physicians, a prominent allergist used about 20 substances in testing for allergy. That number is now about 500. However, instead of depending on test substances, physicians today know that a substance manufactured by the body itself, histamine, causes these substances to be allergic to these substances. Therefore many remedies now are being used which have the power of overcoming the effects of histamine in the system.

ASTHMA CAUSES AND TREATMENT
The cause or causes of asthma were unknown until recently. Now that it is known that allergy, nose and throat defects, emotional disturbances can cause the attacks most asthmatics can be helped. Send today for Dr. Barton's handy booklet entitled "Asthma," enclosing 10 cents and a 3 cent stamp.

Modern Etiquette

By Roberta Lee

Q. Is it all right to eat very fine-cut and crisp shoestring potatoes with the fingers?
A. Yes, unless the dinner is formal. A good method, when in doubt, is to see how the hostess is eating a certain dish and then follow her example.
Q. How far in advance of the wedding may one send gifts to the bride?
A. Usually ten days or two weeks before the wedding. This gives the bride ample time to acknowledge them.
Q. Do you consider it good manners to close a letter with the phrase, "Yours in haste"?
A. Most certainly not. Any indication of haste in writing is extremely discourteous.

Household Scrapbook

By Roberta Lee

Printed Address
If you have no typewriter in your home, save all the printed envelopes that come to you, bearing your name and address, to paste on order forms, etc. when sending for something where it asks that "name and address be printed plainly."
Thumb Tacks
Do not stand dishes on edge of the back of shelves without using thumb tacks to prevent them from slipping. This precaution will save many broken dishes.

Beetles
When a closet is infested with beetles, sprinkle a little benzene over the boards.
To cover cost of handling and mailing, to The Bell Syndicate, in care of the newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

To make sure you're getting

FAST-ACTING ASPIRIN FOR HEADACHE

Look for the BAYER cross on the tablet.

Needlecraft FOR THE HOME.

NEW APRON
Aprons have a flair for flounces too. This one will give you trim hips and a pretty feminine air. And it cannot slip off the shoulders.
No. 2628 is cut in Small, Medium, and Large sizes. Medium size requires 3 yards 36-inch fabric.
Send 20 for each PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.
Address: Pattern Department, The Charlotte-Town Guardian, The Charlotte-Town Guardian, Pattern No. 2628



Name _____
Address _____
City _____ Province _____
Do your rugs curl up at the corners? A good way to prevent this is to cut an old or new rubber mat in half diagonally, and glue the pieces to opposite corners of the carpet mat.

For True Tomato Flavor

AYLMER SOUP

IS FIRST CHOICE

... says Dietitian Margaret McDiarmid

"Taste its True Tomato Flavor and prove as I did why AYLMEER is FIRST"

Margaret McDiarmid

—well-known Canadian dietitian, who taught Food and Nutrition to hundreds of student dietitians at MacDonald Institute, Guelph, Ont.

"To confirm my own opinion that Aylmer captures more of the true natural flavor of tomatoes," says Margaret McDiarmid, "I had two separate groups of housewives taste and compare Aylmer Tomato Soup with all other leading brands. And their choice, too, was 100% for Aylmer on true tomato flavor."

"Right now when Canadian housewives are trying to cut costs and still serve appetizing meals, Aylmer Tomato Soup is a splendid choice. Because Aylmer has more true tomato flavor, it's tastier as soup, as a sauce for fish or meat, or in recipes. So if you like good tomato soup that really has that true tomato flavor, I suggest you try Aylmer!

"I know you'll enjoy Aylmer Tomato Soup in one of my favorite recipes. Try it soon for something different, delicious and easy to make."

AYLMER TOMATO PANCAKES
(Serve with grilled sausages or crisp bacon)

1 1/2 cup flour 1 tin Aylmer Tomato
1 hp. salt soup and 1/4 cup
3/4 hp. baking soda water to dilute
1 hp. baking powder 1 egg (beaten)

Rinse and sift dry ingredients. Add diluted Aylmer Tomato Soup gradually, beating constantly to make a smooth batter. Add beaten egg. Bake on hot, lightly greased griddle.

WITH PACKAGED PANCAKE-MIX use 1 tin Aylmer Tomato Soup and 1/4 cup water to 1 cup pancake flour.

AYLMER

YOUR FAMILY DESERVES AYLMEER QUALITY

Tomato Soup

Canadian Canning Co., Hamilton, Canada