

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure The Woman's Realm

So high is grandeur to our dust,  
So near is God to man,  
When duty whispers low, "Thou  
must,"  
The youth replies, "I can."

### DOUBLE DUTY GIFTS

Well over two million Canadians and the thrill of finding "double duty" gifts in their Christmas stockings. Reports coming in daily to national war finance committee headquarters in Ottawa tell of an enthusiastic response to the idea of war savings certificates and stamps as presents, at banks and post-offices where attractive greeting cards for these were supplied free. Stores report that commercial greeting cards for war savings stamps are best sellers. Gifts of war savings certificates and stamps do double duty because they delight the recipients and help Canada deliver the tools for victory, national war finance committee points out.

### FELT COVER FOR RECTANGULAR TABLE

NEW YORK. For a rectangular table, a cover has been made of felt, its edges notched in a series of small squares. Any rather heavy fabric could be adapted to this use.

### EMPTY DATE BOOK?



76% of All Adults Have Bad Breath  
That's why it pays to use COLGATE'S TOOTH POWDER!  
Bad breath is a friend's-leaver OTHERS' shame. It's a social disgrace. YOU do yourself. To play safe. Guard your personality with Colgate's Tooth Powder.  
Scientific tests prove conclusively that in 7 out of 10 cases Colgate's Tooth Powder actually stops bad breath.

SAVES YOU MONEY!  
Compared to other leading brands, a large tin of Colgate's gives you up to 30 more brushings, a giant tin up to 46 more brushings—for just a penny more!  
THE TOOTH POWDER!  
Colgate's Tooth Powder is one of the quickest, easiest ways to guard against tobacco stain and tobacco breath.  
COLGATE'S TOOTH POWDER  
12 1/2, 25c, 40c

CLEANS YOUR BREATH  
AS IT CLEANS YOUR TEETH

### COLORFUL EMBROIDERY



DESIGN NO. 564

Our friendly neighbors' designs are embroidered on towels, luncheon cloth, or framed as little pictures. Simple stitches in bright colors are used. Hot iron transfer pattern No. 564 contains 8 motifs measuring 14 x 4 inches and the border designs from 1 1/2 x 2 1/2 inches wide, with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Needlework Department, Charlottetown Guardian, Design No. 564, NAME, CITY, STREET ADDRESS

## Dorothy Dix Says—

### EMPLOYED WAR BRIDE RATES HAPPY HOME WITH MATE GONE

### Able-Bodied Widow More Contented In Own Quarters Than Dependent Upon Children

DEAR MISS DIX—Just before my husband went into the air corps we were married and a month ago, against my better judgment, but because of the daily insistence of my in-laws, I finally moved into their home. This seemed reasonable to them as I was rooming, anyway, and they lived within one block of my work, which enabled me to go there to all meals.

Now I adore my husband and it is hard enough for me to be separated from him, but I find that I cannot endure being with his mother. She is perfectly morbid about her son being in the war and the danger he is in. She talks constantly about how she wishes he could be home or how she will just die if he is sent abroad and how she misses him and why did he have to be called in the draft and so on and so forth.

She is sweet to me and I appreciate the things she tries to do to make me feel at home, but I cannot keep my chin up and make the best of the inevitable when I have the weight of her dependency continually pulling me down. I have tried in every way I know to cheer her up, but it ends in her making me as blue as she is and I cannot afford at this early stage of the war to become depressed. Besides, she is awfully sensitive and practically every remark I make is taken wrong and I have to apologize for things I never said or meant.

She has absolutely no outside interests, not even the radio or the church or the movies. She doesn't even read the newspapers. I will have approximately a three weeks' vacation from the firm I am working for between now and when my husband receives his wings in February, and I plan to visit him during that time. After that I am going to try to secure up in the country where my sister and mother are both working. Don't you think that is a good idea?

### EVERYBODY'S DUTY NOW TO CULTIVATE CHEERFULNESS

ANSWER—I Certainly do. Environment has so much to do with morale, and unless you can get into a more cheerful atmosphere you are apt to be as morbid as your mother-in-law is. If mingling your tears with hers would do her any good, you might feel it your duty to stay with her. But it doesn't. It just encourages her in indulging in her melancholy.

In these times, when the pall of war hangs over us and there is scarcely a single person in the whole country whose heart is not sick with grief and whose mind is not preoccupied with the war, when we are all called upon to make sacrifices and endure privations that make life hard, it becomes a duty to cultivate cheerfulness and not to add our own private troubles to those of others. It is nothing but utter selfishness that makes so many women make a cult of their anxieties and try to pass them on to all with whom they come in contact.

They ignore the fact that every mother who has a son in the service, every wife who has a husband on the front line, is suffering just as they are, and as much as they are, and is living in just as much suspense as they are, and could go to pieces just as easily as they have, only one is meeting the situation with courage and the other with cowardice.

So I certainly advise you to leave your mother-in-law to her orgy of grief and go where you will not have to listen to her lamentations. Your salvation will be living in a more cheerful atmosphere. Associate with people who are keeping their chins up and carrying on. And keep busy. Work so hard that you will not have time to think of your anxieties and you will be so tired at night that you will go to sleep, instead of lying awake worrying over conditions that you cannot change.

DEAR MISS DIX—My mother is a widow who does not live with us because my husband refuses to have her. She is hurt and bitter over this, and she is financially dependent on us as long as she lives. She has, she has, but she tells everyone that we don't want her and that she is forced to work for a living. Whenever she comes to spend the day with us, she has something new to complain about, which only makes my husband more determined that she shall not live with us.

She is a woman under fifty and in fine health. My husband firmly believes that we are helping Mother more by forcing her to make her own life for herself and not depend on us than we would be if we took her in to live with us. This I feel sure would break up our home. Do you think he is right, or do you think I am falling my mother in not simply demanding that she make a home for herself? A WORRIED DAUGHTER.

### MIDDLE-AGE WIDOW SHOULD HAVE OWN HOME

ANSWER—I think that your husband is doing a wise thing, and that in the end your mother will be far happier if she makes a new life for herself and has something interesting to do that brings in money than she would be if she just settled down on you to support her.

I can see no justification whatever for an able-bodied, middle-aged woman becoming a parasite on her children and expecting them to work and take care of her, when she is able to do for herself. A woman who has had her own home in which she has been busy, can be content to sit with folded hands in another woman's house. She is bored and restless, and she has no interests of her own, they have to supply them by meddling in their children's affairs.

If you take this complaining mother of yours into your house against your husband's wishes, it will certainly mean the breaking up of your marriage. Your first duty is to your husband. We have the authority of Holy Writ for that.

In reality, your mother has no just reason to inflict herself upon you as she is financially independent, and if she gives as her reason for coming to live with you that she wants to be near you, she can go to any other place for her to live that is close enough for her to see you every day.

DEAR MISS DIX—I am 22 years old and in the navy. Am married and have a son three months old. I have met girls who have fallen very much in love but if I get a divorce I am afraid I will lose my boy. What would you advise me to do?

ANSWER—Stick to your wife and boy at least for the duration. Between them and their talent for loving, you will probably have found half a dozen other girls that you thought you preferred to your wife. Inasmuch as you can't swap wives every time you see a girl you had better stay married to your boy's mother and make your little son a permanent home.

is exchanged for other merchandise. Even a purple tie with yellow spots has no ready cash value after the 12 day period has elapsed, but it can be exchanged for something of little less blinding in the way of ties or something else the recipient wanted, but did not get. It must be remembered that exchanges or refunds are dependent upon the good-will and policy of the store.

Q.—I am a milk dealer and have not been able to get the proper forms from my bank for the new two cent subsidy.  
A.—Milk subsidy forms have now been printed and are at present being distributed to the banks. If you will be patient for a few days longer, your bank will be able to supply you with the necessary application.

LAKE CLOTHES MUST BE DONE CAREFULLY  
Lace dinner clothes come clean in a jiffy in a bath in which enough mild soap is used to make two-inch standing suds, and sufficient water to cover the cloth. When the suds has been squeezed through thoroughly, rinse in clear lukewarm water, and squeeze dry.  
Chain stitchers are useful for drying large lace clothes, or they may be hung on two parallel lines. When almost dry, place over a towel and press with warm iron on the wrong side to raise the design.

**GOILDS.** LONDON.—(CP)—One hundred and fifty thousand special trains have been needed to move troops and their equipment in Britain since the war started.



9 out of 10 Screen Stars use Lux Toilet Soap

### A HINT TO TRAVELLERS

Perhaps Islanders, travelling by train, may not again grumble about conditions if they read the following:  
It is 3 45 a. m. on a troop train. Men wrapped in blankets, are breathing heavily.  
Two in every lower berth, one in every upper.  
This is no ordinary trip, it may be their last till the end of the war. Tomorrow they will be on the high seas.  
One is wide awake, listening staring into the darkness.  
It is the Kid in upper 4.  
Tonight he knows he is leaving behind a lot of little things, and big ones.  
The taste of hamburgers and pop. The feel of driving a roadster over the six-lane highway.  
A dog named Shucks or Spot or Barnacle Bill.  
The pretty girl who writes so often that she is going, but she never writes him any more.  
The grey-haired man so proud and Awkward at the Station. The Mother who knit the socks he'll wear soon.  
Tonight he thinks them over. There is a lump in his throat, and maybe a tear fills his eyes. It does not matter. Kid nobody will see—it's too dark.

### THE COOK'S CORNER

APPEARANCE CAKE WITH BAKED FROSTING  
One and one half cups sifted cake flour, 1-2 cup sugar, 1-2 cup corn syrup, 1 teaspoon soda, 1 teaspoon ground cloves, 1-2 teaspoon salt, 1-2 cup lard, 1 egg 1 cup applesauce (unsweetened) 1 cup raisins (or if not available 1-2 cup candied cherries or omit fruit entirely) 1-2 cup chopped nuts if available and desired. Sift together all the dry ingredients, and blend about 1-2 cup of the mixture with the lard and corn syrup until very light and soft. Mix about 2 tablespoons of the dry mixture with the fruit and nuts if used. Blend the eggs with the lard mixture until smooth. Add the rest of the dry ingredients with about 3-4 cup applesauce. Stir smooth. Add the remaining applesauce and stir smoothly again. Stir in raisins or other fruit and nuts if used. Bake in 8 or 9-inch square pan at 350 degrees Fahrenheit for 50 minutes and treat with  
BAKED FROSTING. One egg white, 1-2 cup brown sugar, 1-4 cup chopped nuts. Beat the egg white until nearly stiff and add the brown sugar gradually, beating in each addition. Spread on top of the cake before baking and sprinkle with nuts. Bake at 275 degrees Fahrenheit until cake is done. Good on other spice cakes too.

THOUSAND ISLAND DRESSING  
1-2 cup salad dressing or mayonnaise and treat with  
2 tablespoons chili sauce  
Measure salad dressing or mayonnaise from jar into a small bowl. Measure the chili sauce and add to the mayonnaise or salad dressing. Mix well.

ORWELL COVE SCHOOL  
The following is the Honor Roll of Orwell Cove School for November and December:  
Grade X, Jr.—1, Annie Jenkins; 2, Alberta Nicholson; 3, Mary Rooney; Grade X, Jr.—1, Beverley MacLeod; 2, Wilbert Rooney.  
Grade IX—1, Laurina Rooney; 2, Beatrice MacKenna; 3, Mary Rooney.  
Grade VI—1, Clifford MacLeod; 2, Marie Rooney and Pauline Grant; 3, Malcolm MacLeod.  
Grade V—1, Patrick McKenna; 2, Michael McKenna.  
Grade III—1, Kenneth MacLeod; 2, Annie Grant and Joseph Rooney.  
Grade II—1, Eileen Rooney.  
Grade I—1, Charlie Grant; 2, Mildred MacLeod; 3, Georgina McKenna.  
Ella M. Taylor—Teacher.

STILL PLENTY PEOPLE  
Free China—the part not occupied by the Japanese—has a population of approximately 225,000,000.

NEW ZEALAND'S POP.  
Ninety-four percent of the New Zealand population is of British origin; four per cent are native Maoris.

TO relieve distress of MONTHLY Female Weakness AND HELP BUILD UP RED BLOOD!  
Lydia E. Pinkham's Vegetable Compound TABLETS (with added iron) have helped thousands to relieve periodic pain with weak, nervous, blue feelings—due to functional, monthly disturbances. They also help build up red blood and are a fine tonic for the stomach. Pinkham's Tablets are made especially for women. Well worth trying!

## LOVE?

Girls who want to win Romance—and hold it—cherish the charm of smooth, exquisite skin.

IT TAKES SOFT ADORABLE SKIN TO PUT ANY GIRL ACROSS

## YOU BET!

They use Lux Toilet Soap, Whipped Cream Lather removes dust, dirt, stale cosmetics thoroughly.

## BEAUTY CARE?

Every day a beauty facial with careful Whipped Cream Lather.

## HOLLYWOOD!

Screen stars trust million-dollar cosmetics to this protecting care. YOU try it!

## Mother, Mix Your Own Cough Syrup. It's Fine

Gives Quick Relief. Saves Money. Easily Mixed.  
This well-known medicine, mixed in your own kitchen, costs very little, but it gives delightful, swift-acting relief from coughs due to colds. It takes but a moment to prepare—it's so easy any one can do it. And it saves real money.  
Make a syrup by stirring 2 cups of granulated sugar and one cup of water that buttons on in a jiffy, but one that looks right when it's on. Here is a princess with slumping lines; easy to make, easy to launder, easy on the figure. You feel repaid for making it.  
Style No. 2031 is designed for sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 30 requires 4 1/2 yards 35-inch fabric with 2 yards braid.  
Send 20 cents for pattern. Write your name, address and style number. Be sure to state size you wish. Style No. 2031

## Needlecraft For The Home

OLMAN CUT PRINCESS LINES  
In a Figure-Flattering House Dress  
For quick-tempo living and the early breakfast, you want a frock that buttons on in a jiffy, but one that looks right when it's on. Here is a princess with slumping lines; easy to make, easy to launder, easy on the figure. You feel repaid for making it.  
Style No. 2031 is designed for sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 30 requires 4 1/2 yards 35-inch fabric with 2 yards braid.  
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## SMITH BROS. COUGH DROPS

BLACK OR MENTHOL

## 2031