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THE CHARLOTTETOWN GUARDIAN

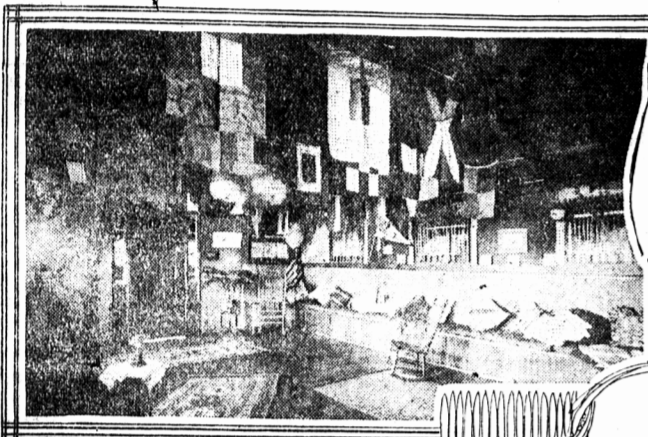
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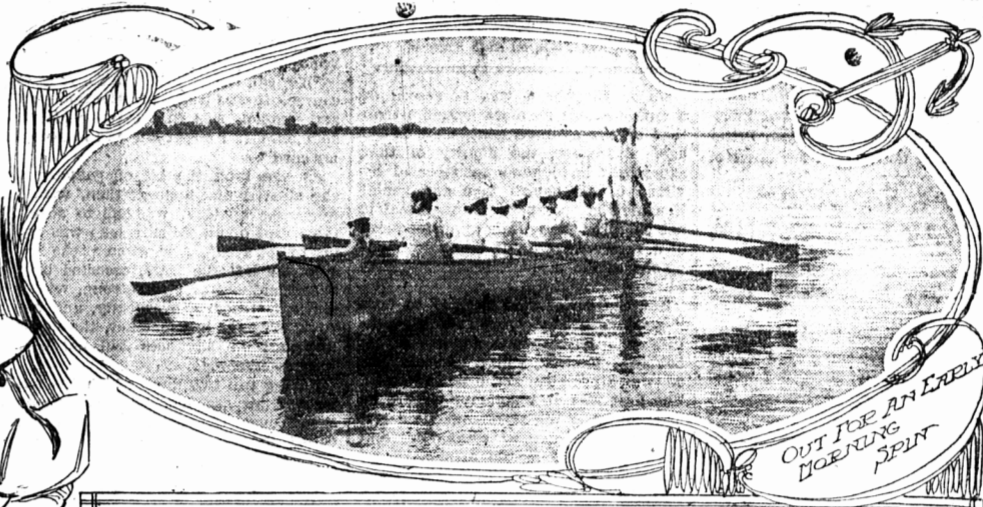
CHARLOTTETOWN, PRINCE EDWARD ISLAND, CANADA, SATURDAY, NOVEMBER 12, 1904

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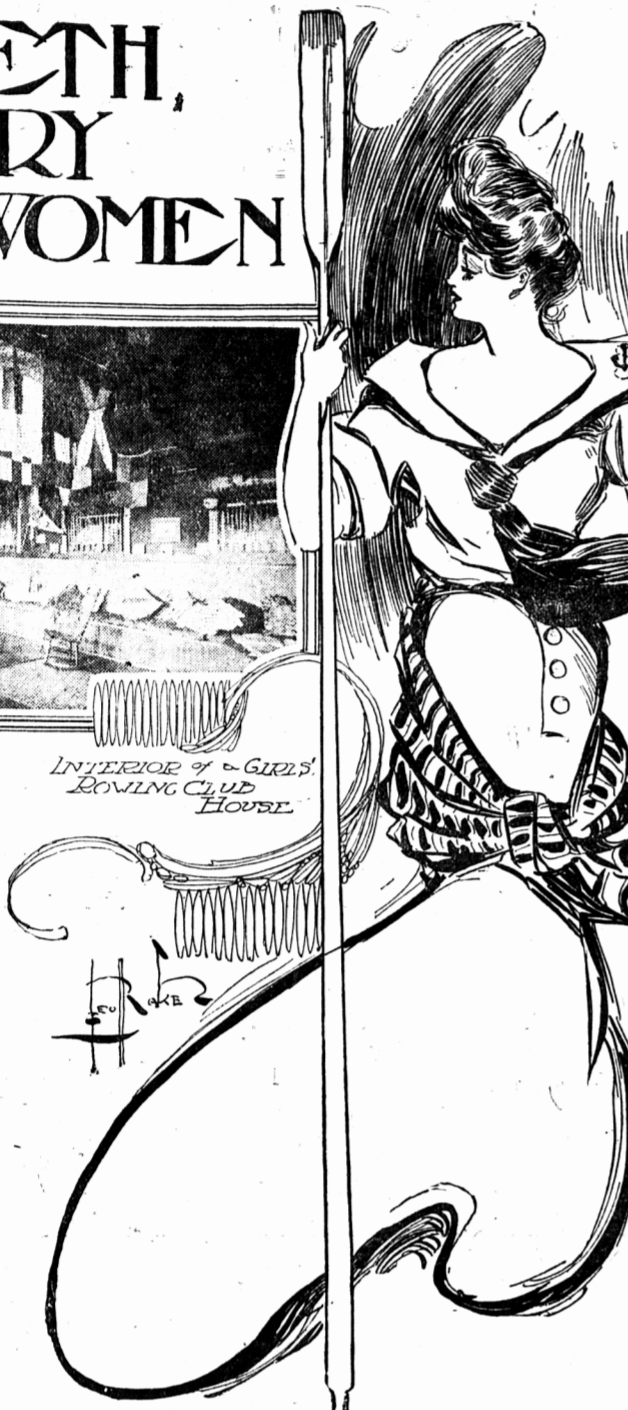
TWENTIETH CENTURY OARSWOMEN



INTERIOR OF GIRLS' ROWING CLUB HOUSE



THE PICKED CREW PREPARING FOR THE REGATTA



The energetic American girl looking about for new worlds to conquer is just now going in for rowing with all the enthusiasm which she knows so well how to manifest for a new athletic diversion. Not the old-fashioned plan of rowing, mind you, wherein oarswomen singly or in pairs religiously spent so many hours a day at the oars of an ordinary rowboat, but the thoroughly up-to-date form of the sport in which the fair rowers form themselves into crews of regulation size and with graceful, rhythmic strokes send through the waters frail barges or shells which are in most respects the counterparts of the shells used by their brothers in college racing events.

The Yankee maiden declares this new form of boating infinitely superior to the old "slow coach" plodding in a mere or less cumbersome shell. Indeed, many a woman who went in for rowing as conditions have been in years gone by—and this refers strictly to rowing, not to canoeing—was induced to take up the exercise not so much because of any actual enjoyment derived as by reason of the muscle-building induced. The new plan of rowing is, however, quite as beneficial to health and it is by no means fun, aside from the possibilities for excitement opened up by the opportunities for races.

The college girl is unquestionably largely responsible for the entry of Miss Columbia's daughters into the field of rowing in regular crews. The college girls set out a few years ago to do practically everything the masculine students did in th

way of athletics, and naturally it wasn't long until they invaded the most fascinating section of the field of aquatic sports. The activities of the feminine rowers, alike to the work of the masculine devotees of the sport, has for the most part taken the form of rowing by eight-oared crews, although crews of four have been formed in many parts of the country and some young women have even gone in for

single sculls and pairs. One of the most striking exemplifications of the possibilities of this era of feminine rowing is found at the interesting port of San Diego in Southern California. It is generally admitted by persons who have travelled extensively that no bay in the world is so admirably fitted for aquatic sports all the year round as is the beautiful land-locked harbor of

San Diego, and thus it might appear perfectly natural that the members of the fair sex fortunate enough to reside on the shores of this sheet of water should take instinctive interest in rowing. Strangely enough, however, the women of this climate's paradise turned their attention to golf and tennis ere they did to boating in any considerable degree and, indeed, San Diego became known as a golf and tennis center with few rivals throughout the length of the Pacific Slope. However, the people of San Diego after years spent in regarding the beautiful sheet of water at their doors merely as a source of wealth, suddenly awakened to the fact that it held magnificent possibilities as a source of health.

The credit for the discovery belonged to the women, who, having worn the charm of novelty from golf and tennis, turned to investigate the possibilities of rowing. The fad for rowing by crews spread rapidly, until now there is scarcely a young woman in the community who is not a member of some one of the boat clubs. The girls' rowing clubs of San Diego, although far from ancient institutions, have become known in all parts of the country, and small wonder, for probably nowhere else in the world is it possible to find upward of a score of well-regulated, well-disciplined ladies' crews rowing twice or thrice each week the year round and maintaining a stroke that would be the envy of many masculine rowers in collegiate organizations. Considerably more than 200 women are now full-fledged members of rowing crews in the Southern California city, and all are able to do their share in contests in which are used barges 40 feet in length and with sliding seats.

It may be of interest to note that the present enthusiasm for rowing in crews had its inception at San Diego only about eight or nine years ago, when four girls formed the pioneer crew and gave the organization the name "Zeta," formed from the first letters of their given names. This pioneer club has since been enlarged by the addition of many members. As in most boat clubs, the membership of the women's organizations in Southern California far exceeds in almost every case the accommodations afforded by the barges or boats owned by the club, and thus members are obliged to "take turns" in rowing, but each organization has a sufficient number of barges in proportion to its membership to enable all members to go out for at least two or three intervals of practice each week, thus affording all

the oarswomen about the same opportunities for proficiency—a very important consideration when it comes to selecting the picked crews which are to represent clubs in contests against other picked crews.

The plan of having several crews use one boat is followed to perfection at the Normal School at San Diego, where there are half a dozen different crews. Women's rowing crews at San Diego and elsewhere do not, as a rule, adopt the plan of many masculine crews in engaging the services of a professional or semi-professional coach, but instead the work of training the fair contestants in any race between oarswomen is entrusted to the oldest and most experienced members of the club or to those who have shown special proficiency in the sport.

It is safe to say that no diversion in which American women have engaged—not even the increasingly popular archery—affords more picturesque possibilities from the standpoint of the onlooker than does rowing by crews. This is probably due not so much to the rapid glide of the graceful craft, with its slender oars moving in perfect unison, as to the attractive costumes of the oarswomen. Indeed, rowing by crews rivals yachting

In the opportunities which it opens to the fair sex for effective costuming. The average feminine crew has some regular uniform which in its general character is strongly suggestive of the ever-popular yachting suit. Blue and white are probably the most popular colors, and there is a prevailing fad for the use of small anchors or oars in the ornamentation of the blouses. Soft white felt hats or yachting caps complete the costume.

An incentive to the organization of girls' rowing clubs is found in the opportunities opened for the furnishing of clubhouses in a manner dear to the feminine heart. One of the girls' clubs at San Diego—the Olympia by name—has constructed and furnished a cozy nook that might profitably be taken as a model by any other similar organization in the country. The clubhouse itself is an unpretentious, one-story frame structure, which is, of course, set upon piles at the water's edge and which was erected at a very modest cost. Surrounding the building is a broad veranda which overlooks the bay and being liberally provided with comfortable pieces of porch furniture, constitutes an admirable lounging place, either on a warm afternoon or when illuminated by Japanese lanterns at night.

The interior of the boathouse, aside from the storage-room for the barges, dressing rooms, etc., is given over to one large reception-room which is admirably adapted for a social gathering of any kind. From the beamed ceilings are suspended fish nets, perennials, flags of all nations, Japanese lanterns and other decorative adjuncts, while marine studies have places on the walls. Well nigh surrounding the apartment is a wall seat which is piled high with sovereign pillows contributed by the members of the club and their friends. As may readily be imagined the cost of such a boat house is not excessive, and, indeed, rowing in crews is a diversion quite within the reach of women of very modest means, for the costumes required are of the simplest character, and after the first cost of procuring a barge there is very little expense for maintenance or other items.

Boat racing is a form of competitive contest adapted to indulgence by women in a greater degree than might be supposed. This is due to the fact that it is wholly wrong to suppose that mere strength of muscle is the most important factor in a boat race. Skill and co-ordinatedness play even more important parts than mere force, and these are, of course, qualities which not only may be cultivated by women, but that it is highly desirable should be developed by every member of the fair sex who intends to go in for strenuous athletics.

Coughs, colds, hoarseness, and other throat ailments are quickly relieved by Vapo-Cressogene tablets, ten cents per box. All druggists.

HE OWES A DUTY TO THE PUBLIC

Tells of Benefit Derived from Dodd's Kidney Pills.

Cures of Rheumatism and Dropsy by Canada's Great Kidney Remedy.

YELLOW GRASS, Assn., N. W. T., Nov 11—(Special).—"I think I should let the public know the benefit I derived from Dodd's Kidney Pills." The speaker was Mr. John White, well known here, and voices the sentiments of many a man on those western prairies who has been relieved of his pains and misery by the Canadian Kidney Remedy. "I have been afflicted with Rheumatism for years," Mr. White continued. "I tried doctors and medicines but never got anything to do me much good till I tried Dodd's Kidney Pills. What they did for me was wonderful." "I also know the Harris family and I saw their little girl, Edith, who was cured of Dropsy by Dodd's Kidney Pills. I know that to be true. I tell you I feel like recommending Dodd's Kidney Pills even stronger than I talk."

There is no Kidney Disease that Dodd's Kidney Pills cannot cure.

King Edward VII Choses! Tress & Co's Hats. Above All Others, Tress & Co., Make Our \$2.00, 2.50, 3.00 Hats, Weeks & Co., Sole Agents.



Mrs. Mulligan—Put up yer kite now, Johnny, an' come home an' take care of the baby.

A MOTHER'S PRECAUTION.

There is no telling when a medicine may be needed in homes where there are young children, and the failure to have a reliable medicine at hand may mean much suffering and, perhaps, the loss of a priceless life. Every mother should always keep a box of Baby's Own Tablets in the house. This medicine acts promptly and speedily, cures such ills as stomach and bowel troubles, simple fevers, colds, worms and other little ills. And the mother has a guarantee that the Tablets contain no opiate or harmful drug. One wise mother, Mrs. Geo. Hardy, Fourchu, N. S., says: "I have used Baby's Own Tablets and find them a blessing to children. I am not satisfied without a box in the house at all times." If your dealer does not keep these Tablets in stock send 25 cents to The Dr. Williams' Medicine Co., Brockville, Ont., and you will get a box by mail post paid.

FACIAL PARALYSIS

Mr. W. J. BRENNAN, Western Hill, St. Catharines, Ont., writes:—"My face was all twisted out of shape with facial paralysis, and five doctors failed to cure or even relieve. By the persistent use of Dr. Chase's Nerve Food I have been entirely cured, and have returned to work strong and well. I have gained in weight and feel that I have a new lease of life."

TROUBLE IN QUEBEC.

QUEBEC, Nov. 9.—Trouble has again broken out among the labor classes connected with the boot and shoe trade in this city. The cause springs from the existence of a newly formed labor organization called the National Labor Union, which is a distinct body without any affiliation with other labor bodies.



WINTER STREET CLEANING



Dr. Woodberry Mann—I claim that the vermiform appendix is worthless. Dr. Charneg High—Oh! I don't know. The appendix of old Koyn, the millionaire, was worth four hundred dollars or more!

HELPLESS WITH SALT RHEUM

"For many months my wife was unable to serve herself with her hands because of salt rheum. Dr. Chase's Ointment has entirely cured her and we strongly recommend it to any who suffer from similar ailments, believing that it has no equal."—MR. LUDGER DUGUAY, Pigeon Hill, Missisquoi Co., Que.

JAPS SILENCE FORTS.

Tokio, Nov. 9.—It is reported that the Japanese have completely silenced the forts on Rihlung and Smung mountains and that their main strength is now attacking Etse mountain.

CURED KIDNEY DISEASE

Mrs. FRED. HILLS, Walton St., Port Hope, Ont., states:—"I was troubled for some time with kidney disease, and though I tried a great many different medicines never succeeded in obtaining relief until I began the use of Dr. Chase's Kidney-Liver Pills. By the regular use of this preparation for a time I was completely cured of kidney disease."

WE STAKE our REPUTATION as TEA PEOPLE on the QUALITY of LIBERTY bulk TEA. Baird & Peters, St. John, N. B.