

DRINK A GLASS OF REAL HOT WATER BEFORE BREAKFAST.

Says we will both look and feel clean, sweet and fresh and avoid illness.

Sanitary science has of late made rapid strides with results that are of untold blessings to humanity.

Those of us who are accustomed to feel dull and heavy when we arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whos of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatic stiffness; others who have fallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

CLEAN UP

Sir, We have been asked by Mayor White to illuminate our homes during the visit of the Governor General. Don't you think we should show our appreciation of that visit by at least having a clean town to show him?

I was a visitor to the new Convalescent Home yesterday—a place the Duke will surely be taken to see and of which we have every right to be proud, and if one could land there from an aeroplane it would be all right, but to pass along the street leading there, covered on both sides with a mass of rotting leaves took a great deal of the pleasure of the visit; away to one to whom cleanliness is next to Godliness.

I am Sir, etc A CONSTANT READER November 23, 1918

BIRTHS

McLEOD—To Mr. and Mrs. Everett MacLeod, Park Corner a son (Harold Wilard).—L.

DIED

MACWILLIAMS—At Eldon, Sept. 17th, Jessie aged eighty-eight years; also Nov. 16th, Mary, in the ninety-second year of her age. They were lovely and pleasant in their lives and in their death they were not divided.

Ask for Minard's and take no other.

EAT ONE TABLET AND INDIGESTION WILL GO

Pape's Diapiesin instantly relieves a distressed, upset stomach

Lumps of undigested food causing pain when your stomach is acid, gassy, sour or you have flatulence, heartburn, here is instant relief—No waiting!



Just as soon as you eat a tablet of Pape's Diapiesin all that dyspepsia indigestion and stomach distress ends. These pleasant, harmless tablets of Pape's Diapiesin never fail to make sick, upset stomachs feel fine at once, and they cost very little at drug stores

A safe and sure medicine for a child troubled with worms is Mother Graves' Worm Exterminator.

AUCTION SALE

I am instructed by the Owners to sell by Public Auction on Wednesday the 27th instant at the hour of 11 a.m. at "Spring Park" (Residence of the late Mrs. R. F. DeBlouis) the residue of Household Furniture including Drawing Room Set, Mahogany Sideboards, Bedroom Furniture, Tables, Chairs, Carpets, and Crockery, Ware, etc.

R. BEARSTO, Auctioneer. 2584-11-21 m61

That Boy in Khaki

Maybe he needs a fountain pen or a safety razor—send him one for Xmas.

We have a fine assortment and will be glad to box up for mailing any of these.

G.H. Taylor

Jeweler and Engraver

Time Table For Strathgartney for November

From Bonshaw From Ch'Town Fri. Nov. 1 8 a. m. 6 p. m. Tues. Nov. 5 10.30 a. m. 6.30 p. m. Fri. Nov. 8 4 a. m. 2 p. m. Tues. Nov. 12 6.30 a. m. 4 p. m. Fri. Nov. 15 8 a. m. 6 p. m. Tues. Nov. 19 9.30 a. m. 6 p. m. Fri. 22 4 a. m. 2 p. m. Tues. 26 7 a. m. 4 p. m. Fri. 29 8 a. m. 6 p. m. Freight must be delivered one hour before sailing.

AUCTION

On Thursday, Nov. 28th inst. at 1.30 p. m. sharp.

I will offer for sale on my farm at Keppock, Lot 48 the following:

1 Clydesdale mare 3 1/2 years; 1 mare 10 years (Parkside) with foal to (British Soldier); 1 mare 6 years; 1 horse 8 years old; 1 horse 12 years; 1 foal (British Soldier); 1 Registered Shorthorn cow, 2 yearling shorthorn heifers; 1 shorthorn bull and 12 other cows, all young; 150 hens and 6 ducks; 75 tons hay; 800 stocks oats; 350 stocks wheat; 175 stocks barley. Some threshed grain; 1,000 bushels turnips; 150 bushels mangels; 2 double sleighs (suitable for cabmen) and several other articles.

TERMS.—All sums over \$5.00 approved joint notes, due December 1st 1918.

W. OWEN.

2602-11-25m41.

AUCTION SALE

At 138 Queen Street, Friday Nov. 29th at 11 a. m. Confectioners and ice-cream parlor outfit consisting of one first class Lippincott soda water fountain, show cases, mirrors, oak and marble top tables, counters, candy and druggist jars, stove and pipe, water motor, quantity of brick, bakers table, marble slabs, brass candy rolls, rubber cream and metal toy moulds, and full set confectioners outfit. Also copper soda water cylinders, hallrack, parlor hangings, lamps and numerous other articles.

Remember the date, come and get bargains! 2628-1126m41.

Dressed Pork Wanted

We are now ready to buy dressed hogs at prevailing market prices. Must be fattened and cleanly dressed. Organs attached. Deliveries Monday and Thursdays. Weights 125 and up.

A. J. MacNEVIN, Bonshaw's General Store 2144-11-18-mwf 2 wks.

ynopsis of Canadian Northwest Land Regulations

THE sole head of a family or any male over eighteen years of age, may homestead a quarter section of available Dominion land in the Yukon, Saskatchewan or Alberta. Applicant must appear in person at the Dominion Lands Office or Sub-Agency for the District. Entry fee may be made at any Dominion Lands Office but not Sub-Agency on certain conditions. Duties—Six months residence upon a cultivation of the land in each of three years. Homesteader may live within nine miles of the homestead on a farm of at least 80 acres, on certain conditions. A habitable house is required except where residence is performed in the vicinity. In certain districts a homesteader in good standing may pre-empt a quarter-section along side his homestead. Price \$5.00 per acre. Duties—Six months residence in each of three years earning homestead patent; also 50 acres extra cultivation. Pre-emption patent may be obtained at once as homestead patent, on certain conditions. A settler who has exhausted his homestead right may take a purchased homestead in certain districts. Price \$2.00 per acre. Duties—Must reside six months in each of three years, cultivate 50 acres and erect a house, rough, scrubby or stony and, live stock may be substituted for cultivation under certain conditions. W. W. CORY Deputy Minister N.S.—Unauthorized Use Prohibited

NERVOUS PROSTRATION

May be Overcome by Lydia E. Pinkham's Vegetable Compound—This Letter Proves It.

West Philadelphia, Pa.—"During the thirty years I have been married, I have been in bad health and had several attacks of nervous prostration until it seemed as if the organs in my whole body were worn out. I was finally persuaded to try Lydia E. Pinkham's Vegetable Compound and it made a well woman of me. I can now do all my housework and advise all ailing women to try Lydia E. Pinkham's Vegetable Compound and I will guarantee they will derive great benefit from it."—Mrs. FRANK FITZGERALD, 25 N. 41st Street, West Philadelphia, Pa.

There are thousands of women everywhere in Mrs. Fitzgerald's condition, suffering from nervousness, backache, headaches, and other symptoms of a functional derangement. It was a grateful spirit for health restored which led her to write this letter so that other women may benefit from her experience and find health as she has done. For suggestions in regard to your condition write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of their 40 years experience is at your service.

MOTHER! DON'T TAKE CHANCES IF CHILD'S TONGUE IS COATED

If cross, feverish, sick, bilious, clean little liver and bowels

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish, stomach sour.

Look at the tongue, Mother! Coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment give a teaspoonful of "California Syrup of Figs," then don't worry because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given to any sickness.

Beware of counterfeit fig syrups Ask your druggist for a bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Look carefully and see that it is made by the "California Fig Syrup Company."

A charming young lady of Thurso Through the Want Ads got work a Nurs-o.

And her patients, the males, When oyer their ails, All want her "for better or wors-o".

Coal at Albany Station

Two cars to arrive December 1st direct from mines. Write, call or phone at once.

J. F. LORD North Tryon 2516-11-20-wfr1231.

FARM PROPERTIES FOR SALE

The undersigned offers for sale two farms situate at Hartsville Lot 30, comprising 50 and 88 acres, adjoining, within four miles of Hunter River and North Wiltshire Stations with good buildings in both properties. Farms well watered, fenced mostly with wire and cedar posts and having abundance of hard and soft wood thereon. May be sold separately or together to suit purchasers. Apply to

DONALD McKAY, Hartsville, P. O. 2599-1-25M2 wkspd.

Wanted Fat Hogs

We are prepared to buy any quantity of fat hogs on hoof commencing Sept. 16th be sure you get our prices before killing on farm.

J. M. ROOP & CO. Plant on Kensington Road Phone 553

KILLED IN ACTION

Another gallant Summerside boy laid down his life for freedom and liberty. The shocking message was received by Mr. and Mrs. Ray McLeod, Summerside on Thursday Nov. 21st, stating that their youngest son, Emmet Bernard McLeod, was killed in action on Nov. 6th. The death of Pte. McLeod's sister Miss Maude which occurred three months before her brother's death in action makes a double bereavement in this home.

The news caused a terrible shock in the home. After the news of victory was made known the terrible message was not expected and his parents were looking forward to his home coming. Pte. McLeod was twenty-three years of age at the time of his heroic death. This hero was a painter by trade and was one of Summerside's valued citizens and a large number of friends mourn his early death. He left home early in March, was transferred to France in the 85th Highlanders has been in the firing line seven weeks. His broken-hearted parents, one brother Fred, who was wounded in September but now is convalescing in the 1st Canadian Hospital, Cambridge, England and another brother Daniel and Mrs. J. Doucette, Lillian and Margaret of Summerside and left to cherish the memory of one who has fought and died for the cause of humanity. May he rest in peace.

VERY HIGH PRAISE FOR BURNABY OFFICER

KILLED JULY 5th, 1917

Lieut-Colonel Agar Adamson writes of the death of Lieut. McLean, son of Mrs. (Rev.) McLeod, formerly of Valleyfield, P. E. I., now of Burnaby, B. C., who was killed July 5th, 1917.

The brilliant career of the late Lieut. Donald MacLean, of Burnaby, B. C., at the front has been borne out by a letter which his mother has just received from Lieut. Col. Agar Adamson. It was after the severe fighting on July 2 that young MacLean was promoted to commissioned rank. His charmingly unselfish character, his devotion to duty, his realization of the difficulties men in the ranks have to undergo and the sacrifice most of them are making, all tended towards procuring one of the most efficient officers in the British army," says Col. Adamson in his letter.

"On July 4," he continues, "he found himself in command of his platoon in the most advanced outpost in Avion, which had been recently captured from the Germans and where the fighting consisted of pushing forward foot by foot and endeavoring to hold the ground gained. The enemy were very close, and their tactics and objects were the same as ours. He was actually in advance of the line, held by his platoon, accompanied only by his personal orderly, where he was joined by Capt. Percival Molson, his company commander, his orderly, and it was during a discussion as to the situation that a German trench mortar, fired at close range, landed in the group and instantly killed four of the very best that this regiment has ever produced. Their bodies were carried back by volunteers five miles to the rear to our regimental cemetery, where, two days afterwards they were laid in their last resting place. The funeral was attended by ten of their brother officers and ninety other ranks who were not on duty in the line, as well as representatives from all divisional staffs and eight brigades who had asked permission to be represented. Our pipe band, of which Donald always was so fond, played a lament over the graves. The regiment has erected four crosses, the actual location of which can, at any time, be found by applying to the adjutant or officer commanding the graves commission.

"The gallantry displayed in a raid some months before the actual attack and capture of Vimy Ridge, in which he and three other men destroyed a German post and killed six occupants and in which he was badly wounded

Kept Awake at Night Itching So Intense Healed by Cuticura

"A nasty patch appeared on the right side of my face, caused by shaving with a dull razor. I drew blood with my fingers, the itching was so intense. The patch was red and irritated causing me to keep awake at night."

"Seeing Cuticura Soap and Ointment advertised I sent for a free sample. After using I noticed quite a change so I bought a box of Cuticura Ointment and two cakes of Cuticura Soap, and I did not finish the whole box of Cuticura Ointment when I was healed permanently." (Signed) Ewen MacDonald, Marion Bridge, N. S., September 30, 1917.

Cuticura Soap and Ointment are not only most valuable for the treatment of pimples, dandruff and irritated scalps, but their great mission is to prevent such conditions. Cuticura Soap used exclusively for the toilet, and Cuticura Ointment as needed, keep the skin and scalp clean, clear and healthy. For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

FARM FOR SALE

50 acres of land, 45 under cultivation and well watered, situated on South Melville Road, Lot 29, with dwelling house and out-buildings on premises. Convenient to shipping, churches, school and grist and saw mills. Apply to Jas. Gorman, South Melville. 2418-11-14 m2wks

Garage

Automobiles, Marine and Stationary Engines repaired Ford repairs and Specialty Gasoline and Cylinder Oil kept in stock. 15 years experience

Leslie Campbell Cape Traverse. 2635-11-27M Wed 52 wks pd

Do You Know-

That we operate the only Lens Grinding Plant on P. E. Island?

That we employ a skilled Surface Grinder, and are daily grinding from the rough glass—the most complicated kinds of lenses?

These are facts, which mean a good deal to the Glass wearing public, doing away with the annoying delays caused by sending away for special lenses.

Send your glasses in by mail, you'll get them back promptly and in perfect condition.

Call in and look over our plant.

G. F. Hutcheson Optometrist and Optician 2651-11-27 M till Dec. 11

THE DAWN OF A NEW ERA

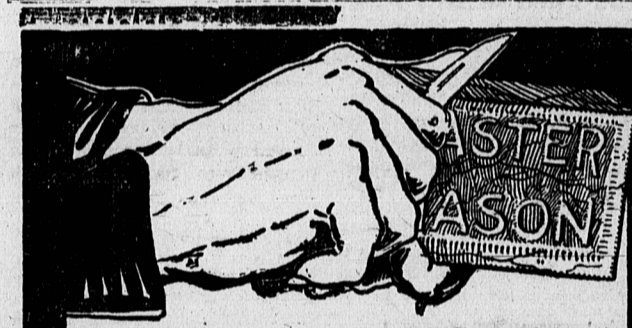


MAGIC BAKING POWDER CONTAINS NO ALUM

The fact that baking powder is now so universally used, and has been found superior in every way, recommends itself to the attention of all housewives, and particularly in view of the saving effected on account of the large increase in the cost of cream of tartar.

E.W. GILLETT COMPANY LIMITED WINNIPEG TORONTO, CANADA MONTREAL

In the arm in bringing back a wounded comrade on his shoulders, was highly commended by the army commander; and he would have received a Military Cross had it not been for certain regulations which prohibit an officer unnecessarily exposing himself. No finer fellow or more gallant soldier ever gave his life for his country than your son, and may I again, with deepest sympathy assure you that his loss is one that is felt personally by all ranks who have ever served under him or with him, and that I feel I have lost one of my very best friends."



Perfect for the Pipe

delicious, handy, economical, keeping its rich moisture and fragrance unimpaired for any length of time, and burning slowly but freely—these are the qualities which you will find in

Master Mason 20 cents The Perfect Plug Smoking Tobacco Slice a pipeful, fresh from the plug, just when you want it, fill your pipe not too tight, light up and you will enjoy a smoke of real satisfaction. Try it. The Rock City Tobacco Co., Limited, Quebec, Que.

Canadian Government Railway PRINCE EDWARD ISLAND

Time Table In Effect Sept. 21st, 1918

Table with columns: READ DOWN, Atlantic Standard Time, READ UP. Rows include train numbers, destinations (Charlottetown, Borden, Summerside, etc.), and times.

Except as noted, as the Above Trains Run Daily Sunday Excepted. H. H. MELANSON, Passenger Traffic Manager. W. T. HUGGAN, District Passenger Agent.