

Woman's Realm Social and Personal Fashions Literature



French Uplift Braze
by Rose Marx

THE BRASSIERE WITH THE FAMOUS LACED BACK.

Your figure at its best—with that firm, young rounded contour that a French Uplift Braze always gives. The adjustable laced back and firm wide diaphragm band assure perfect figure control at all times.

THE FASHION SHOPPE
GREAT GEORGE STREET

Living & Leisure THE WOMAN'S REALM

Too soon, too soon comes death to show. We love more deeply than we know them. The rain that fell upon the height. Too gently to be called delight. Within the dark vale reappears. As a wild cascade of tears; And love in life should strive to see! Sometimes what love in death would be.

—Patmore.

NEAR EXTINCTION

The forget-me-not, foxglove, hare-bell, primrose, violet, wood anemone, cowslip, and bluebell are among the wild flowers threatened with extinction in the home counties of England.

When bits of cheese get hard and dry, grate them and save to use when making quick breads.

in correcting "MUDDY COMPLEXION"

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ANDREWS LIVER SALT SPARKLING LAXATIVE-ANTACID

—NEW EASY-TO-OPEN TIN—

WELCOME NEWS TO HOUSEWIVES

Globe

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Are now available in quantity at your local grocer.

Order GLOBE'S Beans today.

That Body of Yours

By James W. Barton M. D.

SAVING TEETH FOR OUR OLD AGE

The average child of today will need his teeth 17 years longer than the average child born at the beginning of this century—that is, less than 50 years ago. I am quoting from an article in the "Journal of the American Dental Association" by Dr. J. T. O'Rourke, Tufts Dental School, Boston.

Why?

The average span of life in 1900 was about 50 and now it is about 67. This increase in the proportion of old or older people in our population brings its problems. Not only do more persons survive to the period of the chronic diseases—rheumatism, arthritis, liver and kidney ailments—but also this survival to a more advanced age has increased the dental needs of the population. If, then, more of us reach middle age and beyond we will need our natural teeth longer than did our fathers and grandfathers. Thus, anything and everything we can do to save our own teeth—that is, save them at the expense of our general health—should be our aim.

As with all things that lengthen the life span, Dr. O'Rourke states that aging of the population demands that greater emphasis be placed on dental care of children. Also, it is not enough that individuals live longer, but that the very measures used to lengthen the life span brings the responsibility of making those extra years a joy, not a sorrow.

What can be done to preserve our natural teeth for the longer period of time now that we live so much longer?

As stated above, the prevention of decay and loss of teeth in childhood is the first thought in preserving teeth for our later years in life.

The first measure for prevention is preserving the "chewing" ability of the child and the kinds of food he chews. "This was not seen as important in the days when a child was considered properly fed when his hunger was satisfied."

Thus, more foods that require chewing is advised as chewing stimulates the structures surrounding the nerve roots so that they require more nourishment and carrying away of wastes. Further, this blood must be rich in the kinds of food that build teeth and gums—that is, milk and other dairy products and green vegetables.

man. "He's the one that kicked the sergeant-major."

EARLY ONIONS

If you've onions in the garden, try creaming a cluster of the young green onions making the sauce with bacon fat. It's a delicious flavor combination!

It's seems there's always something new under the sun, at least in the home-maker. Now it's a paste that comes in tube or can and quickly removes grease, stains and dirt without the use of water. This new hand cleaner is said to contain no grit, abrasives or harsh alkalis. It can be used on tender skins, and contains lanolin and vegetable oils for skin conditioning.

JUST TOO MUCH

A mill owner had strong objections to granting concessions to his work people.

One day one of the oldest hands approached him. "I want next Friday off, sir," he said.

"What for?"

"Well, you see, it's like this. It's my silver wedding and me and the missus is going to have a bit of a do."

"Oh, ay," said the employer. "And is this going to happen every twenty-five years?"

THREE LITTLE KITTENS



DESIGN NO. E-518

Simple stitches make colorful kitchen towels. These three little kittens are busy with their daily chores. Hot iron transfer pattern No. E-518 contains 9 motifs with complete instructions. Needlework Book 15 cents.

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"Young People Can't Compete With Me"

"Years of experience help me outsell younger clerks," this television star declared. "For ever since a friendly customer told me about Bile Beans—I no longer feel worn-out by the middle of the day, but keep selling right up to the closing bell."

Yes, many modern women have found that taking Bile Beans at bedtime helps you keep fit—by riding the system of toxic waste, stimulating the liver and generally toning you up. See for yourself what a difference Bile Beans can make in your "pep" the next day. Bile Beans are the largest-selling liver pills in Great Britain—your assurance of quality. Get BILE BEANS today.

BILE BEANS

DOROTHY DIX SAYS—

Respect

Quality Is More Essential To Marriage Than Love Is

When men and women are picking out their life mates, there is one quality that they seem to completely ignore, and that is RESPECT. A man will marry a girl because she has a pretty face or a good figure or cute ways, or because he likes to dance with her, without apparently giving a single thought as to whether she has any characteristics that command his respect.

Women are even less choosy matrimonial shoppers, for they marry philanderers and drunkards and ne'er-do-wells and weaklings just because they pity them, although they know that they will be broken reeds that they can never lean on, or look to for support.

Perhaps this total ignoring of the most essential factor in marriage is the explanation of why there are so many disgruntled husbands and wives, and why so many marriages are failures. For beauty fades and youth passes and playful kittens turn into old cats with claws, and if a girl has nothing but a few surface charms her husband is bound to feel, when these are gone, that he has made a poor matrimonial bargain.

Nor does the girl who marries a man because she is sorry for him, or because she thinks she has a mission to reform him, fare any better. Pity is too close to contempt to be a satisfying emotion. The most compassionate of women gets tired of weeping over a derelict. She wants a husband she can look up to, not down upon. When a wife realizes that her husband cannot hold his own among other men, she has drunk her cup of bitter tea to its dregs.

MORE VITAL THAN LOVE

We make love the most important thing in marriage, but a more vital factor is respect, for even love itself cannot endure unless it is founded on respect. No man can spend a lifetime gazing enraptured on a living picture. In fact, he can get mighty tired of looking at it if it is nothing but a pretty parlor ornament and there is nothing behind it of strength or intelligence or worth, no quality that stands up under the wear of time and holds his admiration.

There are no more heart-breaking tragedies than those endured by husbands and wives who have, as the phrase goes, just lost their taste for each other. They have done each other no wrong, but they have just gotten on each other's nerves so that their marriage has become a martyrdom. The pretty little dull wife is still a brainless doll, only she isn't a fascinating toy any more. She is a millstone around the neck of the man who married her without stopping to find out if she had anything but a picture of a paragon.

The husband who was so picturesque and romantic and quoted poetry so beautifully no longer thrills the wife who has to support him, and who wishes to Heaven she had married a businessman instead of a great lover.

So when youths and maidens go a-courting, they should steel themselves against the appeal of glamour girls and boys and scrap their romantic fancies, and when they begin to get that-away about Sally or Jim, say to themselves: "Has this gal, or this lad, got the qualities that I respect? Could I depend upon Sally standing by me in time of trouble and fighting it out with me, shoulder to shoulder? Could I trust her as I trust God? Has Jim got the integrity that I respect, and the loyalty that will make him faithful to me to the end?" And if the answer is YES, send out the wedding cards.

Modern Etiquette

By Roberta Lee

Household Scrapbook

By Roberta Lee

A Decoration

To make a birthday centerpiece for the table, melt paraffin and pour into a shallow glass dish as a receptacle for the paraffin candles. When the paraffin has cooled, water can be poured into the dish and then filled with fresh flowers and greens.

Keeping Poultry

Keep poultry cool. It's a highly perishable food. When you get a chicken or turkey from the market, wash it thoroughly inside and out, dry well, and store in the refrigerator until time to cook.

Stick Windows

If your windows do not run up easily, rub some paraffin on the window cords, or on the runways, and you will notice an improvement.

Cook's Corner

APPLE JELLY

1 cup sugar
1/2 cup hot water
1 1/2 tablespoons granulated gelatin
1/2 cup cold water
1 1/2 tablespoons lemon juice
Grated rind 1 lemon.

METHOD: Combine the sugar and hot water for a few minutes. Add the sliced apples and cook slowly until they are clear and tender. Soak the gelatin in the 1/2 cup cold water for 5 minutes. Remove the apple mixture from the heat and stir in the softened gelatin mixture, stirring until this is dissolved. Then add the lemon juice and the grated lemon rind. Mix well and then turn the mixture into a bowl that has been rinsed in cold water. Chill until firm, and until ready to serve. Serve in sherbet glasses or on a dessert plate with custard sauce.

Better English

D. C. Williams

1. What is wrong with this sentence? "I wish to advise you that you have received your order."
2. What is the correct pronunciation of "roule" (French)?
3. Which one of these words is misspelled? Quadraped, quagmire, quadrille?
4. What does the word "invulnerable" mean?
5. What is a word beginning with tr that means "wearisome"?

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Ellen's Diary

By an Island Farmer's Wife

At Alderlea, we hailed this morning's rain with delight. "Just what is needed," I said, tipping his forehead; "pail so that the new calf could drain his drink to the last drop, and the first gentle shower was commencing to dampen our shoulders." "Yes," James nodded, then regarded me and sky rather doubtfully. "We could do with a day of two or three, the clouds are only light." It was a surprise to him then, when towards mid-day patches of blue sky appeared amid the grey, though the dampness continued.

So there could be no hauling of bedding-straw to Rob's today as had been planned, for in the afternoon, they went to the city. Indeed, in the very minute, when dusk is past and the darkness of night prevails, I can hear James at the phone trying to get news of their return. Neither could there be any thought of spraying the garden, such as, I am led to believe, it is needed, but interests turned instead to the harvesting to come. Jock came in through the morning to say to his father: "I reckon this is a good chance to fix up that binderpole" then went on to explain the whereabouts of a suitable stick for the purpose, the like of which they have really little trouble in obtaining, with an abundance about and the mill close by.

The pole had been broken, last year, Jeanie and I recalled, at the next to the last piece, and in the insistence of the season, a binder had been borrowed in order to complete the cutting in good time. Today, then a brand new pole was fashioned with care, and painted. In connection with the work which progressed smoothly towards its completion there were no demands made upon the weaker of us for assistance, other than to inquire casually: "You didn't happen to see a small sharp chisel anywhere about?" or "I can't for the life of me see where all the hammers have disappeared to." And once James came indoors in haste to lift a cooking pot, that was bubbling merrily above a bed of coals, to insert an iron there to be heated. Then there was taken out to our aviary-of-sorts to be beaten into shape in the interests of ironing the pole. It, of course, took a number of excursions indoors before it was all done satisfactorily and confined securely in pen.

A second piece of carpentry was attended to in the pigsty, when I suspect one that had given James or Jock an inkling of a worrisome future event, was taken from pasture in the paddock and confined securely in pen. There was a great noise of sawing and hammering, before all was quiet again. Our old friend Link must have been psychic about the present state of affairs at Alderlea for the men had scarcely commenced this project when he and "the missis" arrived. In one way the trip here was only incidental to another, for he was on the way to buy his hardware at one of the many general stores which lie within a radius of a few miles about us. He could have bought it near home. But as he said, mentioning the name of the store-keeper in his neighborhood: "He's got to have the last cent on whatever he sells now—no matter how much you buy from him."

How Can I! The Stars Say

By Anne Ashley

Q. How can I make a recipe and household hint file more practical than the ordinary scrapbook?
A. Buy a quantity of small 3 x 5 cards at any stationery store. Each recipe or household suggestion can be pasted on a card and then filed alphabetically. Many readers of this column are preserving these suggestions in this manner.

Q. How can I keep metals bright after polishing?
A. Moisten a piece of flannel with paraffin oil and rub the surface of the metal thoroughly. This will keep the metal bright for a longer time.

Q. How can I get more cream from milk?
A. Heat the milk until lukewarm and then chill it. This brings more cream to the surface.

times if it is wiser to wear out a car and burn gas driving a distance to buy some article at a lessened price than to give the few cents more at a neighboring store. Straightly too, there are usually other considerations that enter into either. On this occasion, "Lucky!" James said, "I'll weigh in favor of today's trip, there was the pair of piglets I want another pair of them" he said to our men when he had scarcely left the car "if you have any luck." "Lucky!" James said, "I'll likely have lots of luck—since the price won't be too high, I reckon, this fall.

(Continued on Page 12)

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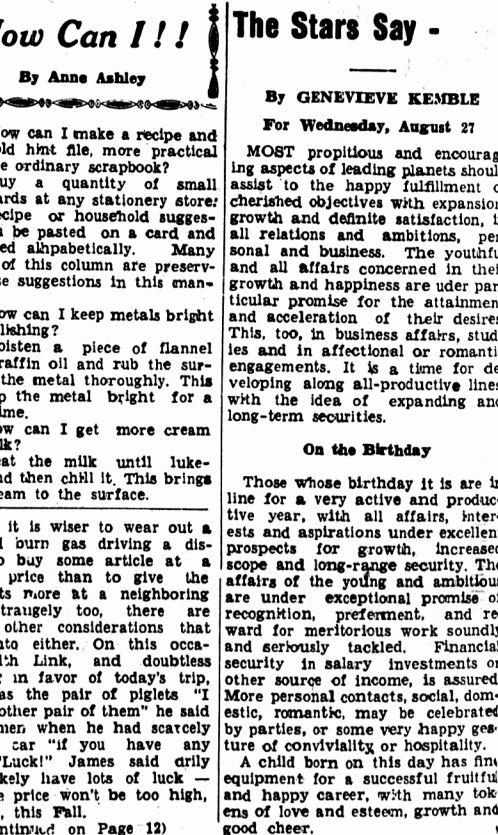
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SIZES 2 - 8



Heinz vinegar—best bet for relishes for winter

CELERY RELISH

Chop 4 green peppers, 4 sweet red peppers and 2 lbs. (12 medium) onions. Combine 1/2 cup salt, 2 1/2 cups sugar, 1/2 cup mustard seed and 1 teaspoon turmeric. Blend in 1 1/4 cups light corn syrup, 3/4 cups Heinz Distilled White Vinegar and 1 1/2 cups water. Heat to boiling covered. Add chopped peppers and onions, and 4 quarts (8 medium stalks) sliced celery. Simmer, covered for 3 minutes. Quickly pack one hot, sterilized jar at a time. Fill to 1/4" from top. Be sure Vinegar solution covers the vegetables. Seal each jar at once. Yield: 10 pints.

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