

# NEW GENERATION TO GENERATION

### Physicians Advise Their Daughters to rely upon Lydia E. Pinkham's Vegetable Compound to Keep Them in Health

**Physician's Advice Restores Mrs. Hall to Health**  
"I had very bad back and was bothered with my side and back. I took medicine for a while without getting any relief. I got pale, weak and nervous. My mother, who has used Pinkham's Vegetable Compound for a number of years with good results, advised me to take it. It did me worlds of good. I have gained twenty pounds and do not feel so well for a long time. You may use this letter as a testimonial to help others if you think it is worth it."  
—Mrs. MARY E. HALL, Lindsay, Ontario.

**A Sickly Child**  
"I would like to say a few words about Lydia E. Pinkham's Vegetable Compound. A year ago I thought it would be necessary for me to take my child out of school. She was very nervous, and when she came home from school she would drop into a chair and cry. 'Mamma, I don't believe I can go to school another day!' I

gave her Lydia E. Pinkham's Vegetable Compound and now she is a healthy, happy, hearty, strong girl and weighs 120 pounds. She has no difficulty in doing her 'gym' work, and she works at home every night and morning, too. I am a mother who can certainly praise your medicine, and if it will be of any benefit you may use this letter as a reference."  
—Mrs. GEORGE E. WHITAKER, 621 W. Madison Avenue, Mahoningtown, Pa.  
Every girl wants to be healthy and strong, and every mother wants her daughter to do well in school and to enjoy herself at all times.  
Lydia E. Pinkham's Vegetable Compound is a splendid medicine for young girls just entering womanhood. Mothers may depend upon it. Remember it is prepared from roots and herbs, contains nothing that can injure, and tends to tone up and strengthen the organs concerned, so that they will work in a healthy and normal manner.  
For nearly fifty years it has been used by women of all ages, and these women know its great value. Let it help your daughter and yourself.

## Eastern Guardian

\*MILK 7 c. Quart. Cream 30c quart. D. F. MacDonald, Souris.

\*MONAGUE HORSE RACES Wednesday August 22nd. If you wish any particular class write secretary T. G. Ives 2470-2210

\*MRS. NORMAN MACDONALD of Georgetown will be at Home on Tuesday, July 10th, from 3 to 6 p. m. 2456-7-8-11.

\*LOBSTER SEASON OVER—Most of the lobster factories on the North Shore took in their 'best' last week and closed down. The extension was not of much advantage.

\*METHODIST CIRCUIT.—The Rev. Robert M. Brodie will conduct divine worship on July 16th as follows:—Bridgetown 11 a. m.; Souris 7 p. m.

\*ON MOTOR TRIP.—Mr. McLeod, Miss Florence McLeod, and the younger members of the family motored to the island Wednesday from Boston on a visit to Mrs. McLeod's parents, Mr. and Mrs. Ronald A. McDonald, Hornamville. Mr. McLeod, himself is a native of Dundas where he will visit later.

Minard's Liniment for Distemper

PERSONALS  
\*Mrs. James N. McPhee, Big Pond has arrived home after spending the winter in Boston.

\*Mr. Charles McAnulty of Boston is on the island on a vacation visit to his old home with Mr. John D. McIsaac, Big Bush. His last visit was eight years ago.

\*Mr. and Mrs. Edward Bulpitt of Carleton, with their two children, motored to Summerside Sunday, where they visited their son George, who is in the employ of Messrs. R. T. Holman Ltd. They reported the roads in excellent condition.

Minard's Liniment for coughs & colds

### Many Entries Signed For Lake Yacht Race

CLEVELAND, July 9.—Along the Great Lakes on both the American and Canadian sides, yachtsmen and skippers of every type of raft are getting ready for the premier inland water event of the year—the Interlake regatta, to be staged at Put-In-Bay, Lake Erie, July 15-22, under the auspices of the Interlake Yachting association.  
Approximately 500 sail and power boats of every description will gather this year for the annual speed races and parade of lake craft, according to Lee B. Keller of Sandusky, secretary of the association.  
Three long distance power boats races to the bay from Cleveland and Detroit and Toledo mark the opening of the regatta. All classes of sail boats will compete in a series of three races during the week. Special sail boat races will be sailed to determine the Class R champion, which will compete in the Great Lakes Inter-Association at Toronto, in September, and the Star class champion of the western Lake Erie fleet.  
All skippers and their crews appear in full yachting uniform during the meeting.

**Chronic Constipation Relieved Without the Use of Laxatives**  
Nujol is a lubricant—not a medicine or laxative—so cannot gripe. When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication. Try it today.

**Nujol**  
A LUBRICANT—NOT A LAXATIVE

**It Is a Fact**  
That many persons continue to wear old lenses long after they should be changed and that many a person is right now suffering the penalty for neglected eye strain that a thorough examination of the eyes would reveal.  
Every investigation of this subject that has ever been made has indicated that a large percentage of those who would be wonderfully more comfortable and better off in every way if their ocular defects were corrected, do not even suspect that the lack of proper glasses is at the bottom of their trouble.  
Arrange for an appointment now.

**H. J. MABON**  
Optometrist and Prescription Druggist  
MONTAGUE P. E. I.  
Office Connected with Drug Store

# Deliciously Crisp—and Laxative!

The immediate Dominion-wide acceptance of Post's Bran Flakes with Other Parts of Wheat has been due entirely to the fact that it is a delicious, appetizing laxative bran food. It took four years to perfect it. Four years of experiment and the expenditure of a tremendous sum of money.

Bran was made and sold before—but such bran! Harsh, dry, unappetizing—no wonder people balked at it. Post's Bran Flakes happily combine laxative qualities with delicious flavor. Thin, crisp, toasted flakes—and as far as taste goes you'd never know the bran was there. But it is! It does its work. It keeps you fit. Promotes regular body habits. Keeps you clear of poisons. Keeps you healthy—up on your toes.

Eat Post's Bran Flakes regularly. Give it to the whole family. Insist on genuine Post's Bran Flakes at your grocer's. Serve with cream or milk—or fresh fruit. A generous package for 18c.—2 for 35c.

CANADIAN POSTUM CEREAL CO., LIMITED  
Head Office—Toronto; Factory—Windsor.

# POST'S BRAN FLAKES

## With Other Parts of Wheat

*Now you'll like Bran!*

MADE IN CANADA



**IVORY CHAIR FOR DEAN**  
LONDON, July 9.—An ivory chair dating the date A. D. 1514, and believed to have originally belonged to the Cardinal Archbishop of Vienna, has been presented to the Cathedral by Lady Batterssea. The chair, which is to be used as the Dean's chair, and is to stand in the north aisle beneath the Dean Gournburth Batterssea, who is much interested in the Cathedral, has

**JAMIESON'S MARINE PAINTS**  
are supplied for watercraft of all kinds from canoes to ocean liners and are put up under the classification of  
**HULL PAINTS—DECK PAINTS—COPPER PAINTS**  
(Anti-fouling for ship bottoms) and PREPARED MARINE PAINTS for general use.  
**THE ROGERS Hardware Co., Limited**  
Charlottetown, P. E. I.

What more desirable in a Memorial than a durable material in which the finest thought of the designer is wrought with a high quality of craftsmanship.  
Send a card today for designs and prices.  
**VERE BECK & SON**  
Montague, P. E. I.

**SILVER FOX REGISTRATION**  
Any Fox Rancher wanting his foxes inspected and registered must file all applications to the undersigned or forward direct to Accountant Canadian National Live Stock Records, Ottawa on or before August 1st.  
Registration forms supplied free on request.  
J. H. PRICHARD, Secretary  
**Canadian Silver Fox Breeders' Association**  
Summerside  
2417-7-41.

**E. R. BROW**  
146 Richmond Street  
Charlottetown  
Fire, Life, Accident, Sickness and Plate Glass Insurance at Lowest rate.  
Agent at Summerside, Lloyd Lewis,  
Good Strong Stock Companies.

### A Students "Rag"

LONDON, July 9.—Students "rag"—the cleverest and most joyful which Cambridge has had since Tutankhamen's—had since from an underground cave in the Market place—took place in the old university city during the recent race week.

In spite of the recent police prosecution, another perambulator race was run, with even worse results than the last.  
In this case, the unhappy infants were frequently pitched out of their go-carts and rolled in the dust; their faces were smacked in public; and when they cried, bottles of beer were brutally thrust between their lips.

The children did not take all this lying down. Frequently they assaulted their parents in turn, and in one instance, there was a stand-up fight between mother and son.  
This ended in the son throwing his mother ignominiously into his own perambulator and rushing off with her at top speed.

Several well-known historical characters graced the occasion.  
Cleopatra, for instance, pulled her baby—presumably the unhappy Caesarion—through the streets in a small truck weighing two or three hundredweight. When the Queen of Egypt grew tired as well as she might her son put her into the truck and pulled it himself.

He was a remarkably well-developed infant, with huge and hairy legs and a large bottle, labelled "Cow's juice" by his side. He took refreshment from a stick of pink rock until someone offered him a cigarette, when he forgot his name.  
Then there was Henry VIII., accompanied by Anne Boleyn. Henry was regally attired in an old blue tennis blazer, silk stockings borrowed from big sister, a sword, and a faded table-cover draped gracefully over his shoulder. He looked every inch a king.

There were four classes of entrants, and it was surprising to learn that Henry VIII., had entered himself in the "henpecked" class.  
Solomon was there with some, at least, of his wives. He was certainly not arrayed like the lilies of the field. He wore a white towel as a turban, and two trouser-clips as earrings. The majesty of his huge black beard was somewhat marred by the clay pipe which he kept perpetually between his lips.

The Anti-marriage League was represented by a forbidding looking female labelled in large letters "Castle Adamant."

All eventualities had been provided for. Behind the procession in a two-seater car, came two Red Cross orderlies. They carried a large sized carpenter's saw, ready for amputations a stethoscope and stimulants in the form of a bottle of stout, which, forgetting the possible patients they emptied as they won along.

Before the race, there was a sort of grand parade of competitors from the "Castle" inn to the Senate House. A gentleman in a handsome white sweater, but with out any trousers, marshalled this entertainment. He had constructed a megaphone out of an enamelled hot-water-ug, the bottom of which had been removed, and his orders could be heard by everyone.

It must be confessed that the race was a confused affair. So large a crowd had gathered that the four classes—ancients, moderns, twins, and hen-pecked husbands—got jammed into inextricable confusion.  
The climax was reached when someone, sitting behind a seller of air balloons, cut the string and sent the whole lot sailing into the air.

A solemn prize-giving concluded the festivities. First prize was awarded for no reason in particular to King Solomon and Cleopatra, and they were duly handed an enormous wooden crate, which proved to contain the hefty infant already described.  
Speeches were called for from the victors. Solomon's a stirring oration in Arabic, was received in a moving silence. Cleopatra's was brief and to the point. Being translated, it was: "Good health, gentlemen!"

As so often happens, it was the baby who spoiled the effect. Undeterred by the solemnity of the occasion, he revealed the naked truth.  
"We took a short cut through the market place," he shouted, and amid the groans and hisses of his competitors he was dragged from the rostrum.

A rose was presented to "Mlle. Longlegs," who wore a bandeau round her hair, and was understood to be a tennis champion.

### ANONYMOUS GIFT

LONDON, July 9.—There was recently delivered at St. James's Place a stout envelope addressed in the following curious way: "In rather sprawling block letters:—'From Sety, The St. James's Place, Hospital Fund.'" When the packet was opened it was found to contain a valuable flexible diamond and platinum bracelet and a half-sheet of paper with the inscription, again written in block letters, "To be sold for hospital funds." The letter was not registered, and there was not the slightest clue to the identity of the sender. The bracelet which has fifteen fine stones, realized £55 when sold by auction, and this sum was added to King Edward's Hospital Fund.

### EVERY WOMAN

for sanitary reasons should possess a  
**MARVEL Whirling Spray DOUCHE**  
Recommended by physicians. Changes instantly and thoroughly.  
Be sure to obtain the genuine Marvel from your Druggist. Price \$4.00 each.  
Refuse inferior imitations. Send 5c stamp for illustrated booklet.  
**THE MARVEL CO.**  
489 St. Paul Street West, Montreal

# BIRD'S PAROID



For the Man Who Pays the Bill

**THERE'S** one real showdown in roofing, and that is—cost-per-year-of-service.

You don't have to buy roofing on gamble or guess. There are many examples of Paroid Roofing in this neighborhood that have stood the test of weather for more than 20 years without a single repair. What Paroid has done for others, it will do for you.

Measured by the yardstick of Years-of-Service, the true test, Paroid is the *cheapest* roofing you can buy.

We know whereof we speak. Take the guess out of buying roofing. Come in and get the proof.

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