

Woman's Realm :- Social and Personal :- Fashions :- Literature

FOR THE WOMAN READER

A STRIP OF BLUE
I do not own an inch of land,
But all I see is mine,—
The orchard and the mowing
fields,

work in the modern manner—a
lovely Seventeenth Century
English pulpit latch ranged alongside
a modern metal candlestick rising
slenderly from a wide, round base.

CORSETS COME BACK LIKE A BAD PENNY

Corsets have come back. A bad
penny always turns up, was the
feeling we had when we were notified
of their return. But we were
not so disappointed after all, for
though they sound terrible, they
really haven't such ugly bones and
they do not bring back the hour-
glass figure quite.

Another interesting sewing fea-
ture is the communal work. A bed-
spread of silky-fine neutral linen
has a central panel of squares em-
brodered with blue flowers and
twining leaves; each apparently
exactly similar square was the
work of a different child. The re-
sult is delightfully cool and ele-
gant.

A MATTRESS FOR BABY'S PLAY PEN

The baby's play pen, which one
sees in nearly every home nowa-
days is quite indispensable when
the mother has to do household
jobs as well as be nurse. There is
one handicap common to all play-
pens, however, and that is that the
child, being on the floor, catches
all the draughts. A mattress of a
few inches in thickness seems to be
the only way out of the difficulty,

To make a mattress at home is a
simple matter. Take a pair of
blankets and fold them to the size
of the play-pen—usually this
means folding them into four.
Measure the interior of the pen
and make a mackintosh cover in a
bag form so that the blankets may
be slipped inside. Then sew up the
mouth of the mackintosh bag.

QUEEN INTERESTED IN CHILDREN'S CRAFT WORK

Craft work done by children in
the London County Council schools
was recently taken, for the first
time, to Buckingham Palace, so
that the Queen might inspect it.

Soak the soil thoroughly before
setting away in a dark, cool place.
For tulips, narcissi, hyacinths and
crocuses the pots should be stored
from ten to twelve weeks, say, in
the basement where the temperature
may be kept down to about 45 de-
grees or lower after the cold weath-
er sets in.

CERTAIN HABITS ARE ESSENTIAL TO WELL-BEING

Many people refrain from going
to see their doctors because they
fear they may have to cut out
certain little pleasures that make
life worth living, apart from the
fact that something serious may be
found to be the matter.

Some may think their smoking
will be restricted, others that they
will be forbidden certain foods or
drinks, still others that they will
have to give up their sport.

Now Strong and Healthy thanks to EAGLE BRAND

"I CANNOT speak too highly
regarding Eagle Brand,"
says Mrs. R. Scott, 52 Willing-
don Apts., Regina, Sask. "I
have found it very beneficial as
a body builder for young child-
ren. I started my boy on Eagle
Brand when he was 6 weeks old.
He is now 2 1/2 years and the
picture of health and energy.
I owe everything to Eagle Brand
and can recommend it to any
mother who has a delicate baby."



Eagle Brand CONDENSED Milk
The Borden Co. Limited, 113
Truro, N.S.
Please send me new edition of
"Baby's Welfare."
Name
Address
Profession

EAST ROYALTY SCHOOL

- Report of East Royalty School:
Grade X—1 Esther Harper, 2
Mildred MacWilliams, 3 Florence
Morrisey.
Grade IX—1 Louise Andrew, 2
Vera Roper, 3 Malcolm Darrach.
Grade VIII—1 Lloyd Holmes, 2
Arthur Lamb, 3 Zita Cudmore.
Grade VII—1 Lita Morrisey, 2
Irene Smith, 3 Etha Jay.
Grade VI—1 Vera Smith, 2 Phebe
Gallant, 3 John Graite.
Grade V—1 Keith Clay, 2 Jessie
Wheatley, 3 Ursula Morrisey.
Grade IV—1 Florence Roper, 2
Ralph Robertson, 3 Ernie Moore.
Grade III—1 Mona Clay, 2 Doris
Clement, 3 Bernice Moore.
Grade II—1 James Gallant, 2
Irene Roper, 3 Ethel Roper.
Grade I Sr—1 Shirley Darrach, 2
Rita Walsh, 3 Elmer Roper.
Grade I Jr—1 Ada Robertson, 2
Paddy Walsh.
—M. Pearl Weeks and O. Isabel
Brown, Teachers.
(Patrick Please Copy)

Barbours ACORN BRAND PEPPER
For strength and purity!
Barbours SPICES

GARDENING
PLANTING BULBS FOR WINTER BLOOM

Now is the time for planting
bulbs for winter and spring bloom.
When winter arrives it will be too
late; the chance to have pots of
beautiful flowering bulbs during the
winter months and beds of brilliant
tulips, daffodils and other lovely
flowers in the spring will have been
lost.

Are You A Wallflower? Dorothy Dix Suggests New Fields For Dateless

Before You Decide That You Have no Attraction for Men, go Where You Are Not Known and Your Success May Surprise You — But, if You Are Still Dateless, Find Yourself a Congenial Occupation and Forget About Men



What is a poor girl to do who has no attraction for men? I get
hundreds and hundreds of letters from young women who write me that
they are pretty and intelligent, that they dress well and dance well, are
jolly and amiable, and, so far as they can see,
carry just as good a line of attractions as the
other girls of their sets. But the boys flock
around these other girls like bees around a
honeypot, while they have never a single date
with which to bless themselves with.

And these forlorn, neglected maidens ask
what they shall do to make themselves popular
with the boys. Alas, no one can unravel their
riddle for them, for no one has ever yet been
wise enough to discover what mystery lies at
the heart of a woman's appeal to a man, nor
has human ingenuity ever devised any synthetic feminine charm that will
work.

You cannot say to a girl: If you want to be admired by men, you
must be beautiful, or you must be a good sport, or you must be clinging
and helpless, or you must be vivacious and entertaining, or even that you
must suffer yourself to be kissed and petted. For she may be a head-
liner in any of these things and yet never have a beau. Or she may fail
to qualify in any of these attractions and yet be besieged by the sheiks.

Nor does it avail for a girl to study the technique of the popular girl
and attempt to adapt it to her own needs. The copycat always falls be-
tween the stools. The quiet, demure little girl, who tries to imitate some
gay and audacious girl, who does outrageous things and gets away with
it, only makes herself loud and vulgar. The plain, sensible girl who tries
to roll her eyes as some pretty little flapper does merely looks as ridiculous
as a dying calf. The big girl who tries to snuggle is no more alluring
than a lovesick elephant.

So it all comes back in the end to the stark fact that if nature didn't
endow a woman at birth with what Elinor Glyn calls "IT," she just hasn't
got it. That's all there is to it, and there is nothing she can do about it.
She may break her neck trying to please men and they won't even notice
that she is making an effort to flag them down. She may run her feet off
chasing men and they will always outstrip her. She may feed them and
entertain them, and they will eat her food and dance with some other
girl at her parties. She may make herself everything that men ought
to admire and they won't cast a second glance in her direction. She
may fit herself to make an ideal wife, but she will never get a chance to be
one.

Let no one undervalue the tragedy it is to a girl to lack attraction for
men. It is hard when you are young and filled with the joy of living to
be shut out from the pleasures of the other girls of your age because, for
some mysterious reason that you are powerless to help, you have no lure
for the masculine sex. It is bitter hard to sit at home of an evening be-
lieving your parents company, or go out on ghoulish twosomes with another
girl when the other girls have gone on gay parties with their steadies.

No man standing amidst the wreck of his hopes and ambitions ever
knows a moment of more acute humiliation than does the girl who is a
wallflower at a ball and who knows that every man who dances with her
has been coerced into doing it by his hostess and that he will drop her
the first moment that he can unload her on some other man who is trying
his best to dodge her. What, then, can the girl do whom boys never date
up of their own volition, whose partners have to be conscripted for her at
dances and who knows herself an undesired addition to any party she
wishes herself upon?

Before succumbing to the inevitable she might give herself one more
chance by making a change in her environment. Many a girl who is a
social failure at home is a success abroad. Many a girl whom the boys on
Main Street couldn't see, strange men behold with admiration, as is
witnessed by the number of girls who marry away from home. If, how-
ever, a girl finds that after threshing drearier water no fish rises to her
bait, then she saves herself mortification and wear and tear on her soul
and body is she accepts the situation, gives up the struggle to attract men
and fills her life with other interests.

And the world is full of such a number of things besides dates that
no girl nowadays need feel that life is cinders, ashes and dust if she isn't
popular with men. She can concentrate on her career. Any girl who
puts as much study and thought and effort and real heart interest into
trying to please her boss as she does into trying to vamp some little cake
eater will find herself climbing up the ladder of success at a rate that will
amaze her. She can give herself more pleasures and indulgences than
any steady is likely to be able to give her and she can have all the men
friends she wants, for there are no women that men like better than the
women who have ceased to pursue them.

Undoubtedly, the girl who yearns to be admired by men will find it
cold comfort to be told that charm is a gift of nature and not to be acquir-
ed by art or study, but it is the sad truth. When a woman finds herself
uninteresting to men the wisest thing she can do is to interest herself.
In something else. DOROTHY DIX.

HEAD COLDS
Melt in boiling water and inhale
vapors; also sniff up nose.
VICKS VAPORUB
OVER 17 MILLION JARS USED YEARLY

THE COOK'S CORNER
CANNED PUMPKIN
If you use canned pumpkin, cook
it over a low fire until perfectly dry.
Fresh pumpkin may be baked,
steamed or stewed until tender and
dry. Baking is perhaps the simplest
method because the pumpkin is
merely cut in halves, seeds removed
and baked, cut side down in a drip-
ping pan until tender. Then scrape
from shell and force through a ricer
or colander.

whisky is produced, expects to de-
rive the most benefit. The Distiller-
ies Company, Limited, which con-
trols the industry, will reopen 15
still this season. An American syn-
dicate has been negotiating for the
purchase of a Banffshire distillery,
which was 123,000 gallons of whisky
in bond.

To stew pumpkin, wash and cut
in narrow strips. Remove seeds and
pare off yellow shell. Cut in cubes
and put into a heavy aluminum or
iron kettle. Add just enough water
to prevent burning before pumpkin
begins to cook. Cover and cook over
a good fire until pumpkin is tender.
Then remove cover and cook slowly
until pumpkin is dry. It takes five
or six hours to stew a pumpkin.
When dry, force through a colander
or ricer.

Eczema Caused Baby To Be Very Restless. Cuticura Healed.
"MY baby had eczema very badly. It started on his face and went up
into his hair. It broke out in little water blisters that itched and caused
him to be very restless and cross. The trouble lasted six months.
I sent for a free sample of Cuticura Soap and Ointment and after
using them he got relief. I purchased more and in about two months
he was completely healed, after using one cake of Cuticura Soap and
one box of Cuticura Ointment." (Signed) Mrs. Minnie McManis, Box
188, Macoun, Sask.

EVERYDAY PUMPKIN PIE
One cup sifted pumpkin, 1/2 cup
light brown sugar, 1 tablespoon
flour, 1 tablespoon molasses, 1/2 tea-
spoon salt, 1/4 teaspoon ginger, 2

YARDLEY LAVENDER
The Lovable Fragrance of the Yardley
Lavender—Charming perfume at all times, it
is Fashion's choice for the daily round of little
social engagements and of sport and pastime,
when a heavy exotic perfume would be out
of place.
THE SOAP
Famous as the Luxury Soap of the World
—Lavishly perfumed, it is the finest
quality Toilet soap made.
YARDLEY—LONDON
TORONTO NEW YORK PARIS

teaspoon cinnamon, 1 egg, 2 cups
rich milk, plain pastry.
Mix and sift flour, spices and
salt and add to sugar. Mix and stir
into pumpkin. Add molasses and
egg slightly beaten with milk. Turn
into a deep pie dish lined with plain
pastry and bake one hour. The oven
should be hot, 425 degrees F., when
the pie is put in. At the end of ten
minutes reduce heat to 350 degrees
F. and bake fifty minutes longer.
This rule will fill an eight-inch pie
pan.

"Then," he said, turning round
and strolling away, "for what you'd
be wanting a porter?"
More Practical
"That was an excellent paper
your daughter read last night on
the Influence of Science as Applied
to Practical Government."
"Was it? Well, I wish she'd find
out something about the Influence
of the Vacuum Cleaner as Applied
to the Dining-room Carpet."
Mr. Yearwood — Some rather jolly
girls have opened a mending shop

near my office. I think I'll turn all
my socks over to them.
His Wife — Poor boy, I have
neglected your socks. But leave
them with me. I like darnin', I
really do.
Stewart (on board ship): Madam,
I've attended to you as best I can
and I've supplied every want, but
you still seem unsatisfied. What
do you want now?
Lady (sea-sick): I want the
earth!

SPECIAL PUMPKIN PIE
Three-fourths cup sifted pump-
kin, 1/2 cup light brown sugar, 2
eggs, 1 1/2 cups rich milk, 1/2 cup
cream, 1/4 teaspoon salt, 1/2 tea-
spoon ginger, 1/2 teaspoon cinnamon,
plain pastry.
Beat yolks of eggs with sugar, salt
and spices. Add pumpkin and milk
and cream and mix thoroughly.
Beat whites of eggs until stiff and
fold into first mixture. Turn into a
pie dish lined with pastry and bake
as in preceding recipe.
If a highly spiced pie is liked,
more spices may be added to either
rule.

Daintiness With Chic Styles
ILLUSTRATED DRESSMAKING LESSON FURNISHED
WITH EVERY PATTERN
BY ANNABELLE WORTHINGTON

On this charming dress which was
in the much favoured eel-gray faille
crepe silk, the collar was of white
faille crepe.
Note its smart simplicity and at-
tractive shoulder height.
Such a model is very dignified in
one color woolen—for instance in
bright rust, plum, tobacco brown or
black with striking white bengaline
or satin crepe collar.

In some novelty silks as necktie
silk or silk that looks like wool in
lovely rich wine colouring, this
model would be pleasing.

And it's so easily made—and at a
small cost.

The "Baby's Own" Beauty Bath
Before "stepping out" of an evening,
a warm bath with the luxu-
riously fragrant Baby's Own Soap
followed by a cold shower, leaves
you rested, refreshed, lovelier.
The lavish silken lather, rich in
nourishing oils, penetrates the pores,
leaves them cleansed and toned—
removes all trace of perspiration
softens and smooths the skin. The
delicate, distinctive flower fragrance
clings daintily for hours. Canada's
choice of a toilet and nursery soap
for over five generations." On sale
everywhere.
"Best for you and Baby too"

Style No. 626 is designed for sizes
14, 16, 18, 20 years, 36 and 38 inches
bust.

Price of PATTERN 15 cents in
stamps or coin (coin is preferred.)
Wrap coin carefully.

A Morning Smile

Why, indeed?
"Portaw, portaw, come heah at
once," cried an Englishwoman from
a carriage window to a Scots porter,
in that aggravated accent that
somehow always seems to put a
Scotsman's back up.
"What d'ye want?" asked the por-
ter.
"Portaw, I've lost my baggage."

No. 626. Size .....
Name .....
Street Address .....
City ..... State .....



PENMANS
Children's STOCKINGS AND SWEATERS
It takes many a "tackle" to break
through Penmans. Knitted for boys
who have an utter disregard for
the treatment clothes should get.