

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

NEW HATS

Just arrived by Express, a large shipment of Ladies' Mohair Hats. Special at..... \$1.98

Also a new line of Ladies' Sport Hats in stitched Silks, Crepes and Tweeds. Special at..... \$3.98

We have also received a large assortment of Angora Tams in Whites and all Pastel shades at..... \$2.25

S. A. MacDONALD'S

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern By Anabelle Worthington



A brown and yellow-beige printed linen wraps its bodice in tuxedo coat styling.

The collar is plain brown linen. Its long moulded line makes it especially desirable for the larger woman.

It's an opportunity to have a smart linen frock for general wear whose cost will be very small. It will place you in the "know" of fashion.

Style No. 2560 comes in sizes 16, 18 years, 36, 38, 40, 42, 44 and 46 inches bust.

Pique, shantung, tub silk and silk or cotton shirting are attractive fabrics for its development.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department, The Summer Fashion Magazine is ready!

Form for ordering patterns with fields for Name, Street Address, City, State, and No. 2560.

Milady Beautiful By Lois Leeds



ROUND SHOULDERS AND FLAT CHEST

There are a great many slender girls and women with round shoulders and flat chests. This defect is often due to incorrect posture when sitting, standing or walking, which,

"Skinny! I Gained 11 Lbs. in 8 Weeks and Boy Friend"

"After trying several tonics tried Ironized Yeast. In 8 weeks gained 11 lbs., new complexion, round limbs, best of all a boy friend."—S. M. Salino.

Etiquette

By Roberta Lee

Q. If at an informal wedding, the bride wears an afternoon frock or traveling suit, should she carry a bouquet?

A. No but she may wear a corsage bouquet.

Q. At a dance, on which side of her partner does a woman walk, in a grand march?

A. On the right.

Q. At a dinner table, where should the floral decorations be placed?

A. In the center of the table.

A Morning Smile

SANDY'S DILEMMA

Representative Christopherson said at a dinner in Sioux Falls:

"America, compared with other countries, is an earthly paradise, and when I hear Communist growls, I can't help thinking of Sandy McPherson.

"Sandy, the stone mason, was drawing \$12 a day, but when his brother from the country asked him how he was situated he shook his head.

"But your job's a good one, ain't it?" said the brother.

"Sure is," said Sandy.

"How about the hours?"

"Short."

"And the work?"

"Pleasant."

"What's the trouble, then?"

"The wages—that's the trouble."

"But, holy smoke—"

"The wages, that the trouble," growled Sandy. "They're so darn high, I can't ever afford to take a day off."

to twenty circles with each arm. Then swing both arms together. After you have practiced with both arms separately and both arms together, try to take one arm to the left and one arm to the right, windmill fashion. Repeat ten to twenty times and reverse again using the same idea as in swinging Indian clubs in the reverse circle motion: One arm swings backward and the other arm swings forward. This is rather a complicated exercise to grasp at first, but it is a very beneficial one for the chest, back, shoulders, bust, throat and neck.

Exercise (3). Stand erect before an open window or out of doors. Inhale slowly, raising the arms above the head as you do so. Hold the breath for two to six counts, then exhale and bring your arms in a wide circle above your head and lower your arms as you exhale.

Exercise (4). Stand erect, arms at shoulder level. Swing the arms out together in front elbows straight, exhaling. Fling them back as far as they will go, inhaling as you do so. Bring them front again to the chest and repeat the movements ten to twenty times. This exercise is splendid for the chest, neck and bust. Throw your head well back as you describes a wide circle, bringing the arms as far backward as they will go bend the elbows and shoot the arms straight out in front again without pause.

Tomorrow—Beau's Questions Answered



Picture of Health Now

"In May and June I was badly rundown and had faint spells until it was a drag to do my work. In July and August I didn't seem to pick up so I decided to try Lydia E. Pinkham's Vegetable Compound because I saw it advertised. I took two bottles and now I feel fine, do all my work and milk two cows. If any woman writes, I will certainly answer her letter."—Mrs. George R. Gillespie, Punnichy, Saskatchewan.

Lydia E. Pinkham's Vegetable Compound

Dorothy Dix Letter Box

Why Success in Marriage Depends as Much on the State of Our Pocketbooks as on the State of Our Affections—Untold Misery That Lies in Marriage With a Jealous Husband—Time to Count the Cost

Dear Miss Dix—How practical this age is becoming! I used to shudder when I read of the matter-of-fact customs of the Spartans, but I doubt if they were any more hard-boiled than the present generation. Even love, like everything else, is governed by material considerations. I am a young man of 22, but I cannot think of love or marriage because I could not support a wife in that degree of comfort and security which my pride demands. As a matter of fact, I am not in love, but I should like to know at what age a girl should marry and how old a girl a man of 30 should marry? Or has age nothing to do with it? And is the marriage market governed by the law of supply and demand and the time to get the best bargain when the market is most favorable. DON.

Answer: One of the reasons why so many marriages are failures, Don, is because novelists and poets have taught us to look at it only from a romantic and sentimental standpoint, whereas in reality it is the most practical thing in the world.

"All for love and the world well lost" is a beautiful and inspiring slogan that has led innumerable men and women into committing fatal follies that wrecked their lives, for after all as long as we are in the world we can't lose it. We are a part of it and bound by its rules and conventions and its point of view and no affection can defy these and survive.

Very often we see a man elope with another man's wife or a woman goes off with another woman's husband. They leave behind their family, friends and position and think they will be happy having only each other, but in a little while the love that was to suffice begins to die out, their nerves grow raw at being looked at askance and they commence to quarrel and fight and blame each other for their plight and almost always they end by parting. In novels the illicit love is the one that is strong and beautiful and tender, but in real life love seems to need a background of respectability to make it thrive.

The theory that love is enough to marry on and that those who have been accustomed to caviar and filet mignon will ask nothing but bread and cheese and kisses has led innumerable lovesick lads and lassies to rush into the holy bonds of matrimony before they had the price of the bracelet. To their surprise they have found out that very soon they got fed up on a meager diet and craved the good food they were used to and that after marriage they took just the same interest in clothes and amusements as they did before. Also, they discovered that shabbiness and sordid surroundings are not conducive to romance and that when one is sick with worry over where the money is to come from to pay the rent and buy the dinner, sentiment seems the least important thing in the world.

The truth of the matter is that love has to be financed, like everything else. For it is only in our hours of ease, when we are comfortable and well fed and carefree, that we think about the state of our hearts. And whether a marriage is a success or not depends just as much upon the state of one's pocketbook as it does upon the state of one's affections. If good clothes grew on our backs as feathers do on birds; if we could build our nests in any convenient tree and subsist on a few early worms, we might mate on the love impulse with no thought of any sordid consideration intruding to spoil our romance.

But as long as millinery and imported frocks are what they are and we have to have homes with the latest things in plumbing and cover charges remain sky high and there are cars and radios and things necessary to our happiness and our errand hearts are only held by ladies and gentlemen who frequent the beauty shops and good tailors, why, then, love has to be backed up by money and Cupid has to tip his arrows with silver if they make a lasting union.

As to what age a girl should marry, I should say any time after she is 21 or 22. Women develop quicker than men and a girl of 22 is as worldly wise as a man of 30.

Of course, it is wise to marry on a bull market, but the love market is like the stock market, you never know when it has reached its peak and when it is best to go in and make a killing or wisest to stay out and avoid a total loss. And sometimes when you see your chance you haven't the ability to play it.

Dear Miss Dix—I am engaged to a man whom I love very deeply. We are well suited as to age, tastes and habits and are congenial in every way. I would be happy if it were not for my fiancé's unreasonable jealousy. He does not trust me out of his sight, suspects every man who approaches me of the most evil intentions, a compliment or the most innocent attention from a mutual man friend brings forth a torrent of accusations. On the days we do not see each other he phones me every few hours so that he may know exactly where and with whom I am and wherever possible he checks up on me. In fact, he will not take my word about where I have been until my assertions have been corroborated.

I have given up most of my friends and limited my social activities, but to no avail. He claims he will be different when we are married and living under the same roof, but will he? Can I hope to overcome this feeling? What shall I do? C. C.

Answer: If you are a meek and humble woman with no pride or self-respect, you may possibly endure a marriage with this man, but you will have to put up with daily insults and abuse that would make even a worm of the dust turn. If you are an independent woman, conscious of your own dignity and honorable conduct and accustomed to the respect and admiration of all you know, you will write for a few years under the accusations this man will bring against you and at last you will rebel at his tyranny and get a divorce.

In either event you will go through untold misery, and my earnest advice to you is to be forewarned and refuse to marry him. There is no possible ray of happiness for you as the wife of such an inordinately jealous husband and there is no cure for the situation because it is one that is brought about by an abnormal condition in the man. He is not really responsible because he is insane. He cannot see things straight. Everything takes on the dark and sinister character of his imaginings.

Any man who accuses you of the things this man does, who thinks that you cannot have an innocent conversation with another man and that you pass every hour you are away from him in some degrading orgy has a perverted mind. His thoughts ran on degraded happenings and he believes you capable of being as low as his basest thought. Certainly he can offer you no greater insult.

Don't believe for an instant that after you marry him his point of view will change. It will be intensified, if anything, because then he will feel that you are his property and that he has a right to supervise you every act and word and thought.

I get many letters from women who have married men such as your fiancé and they tell of leading lives that are worse than that of any woman shut up in a harem.



Is your Baby Thriving? Most babies show normal progress. That is quite natural. If your baby is not steadily gaining consult your doctor. If it is a food problem, we suggest that you and your doctor consider Eagle Brand. For bottle-fed babies, Eagle Brand has been the standby of mothers for three generations. It is especially valuable in difficult feeding cases, being such a safe food—pure, uniform, easily digested. You will be pleased to see your baby begin to thrive immediately when placed on a carefully prepared Eagle Brand diet. It is highly endorsed by doctors and nurses.

Eagle Brand Milk advertisement including a can image and coupon for free baby books.

For The Cook MAKING SANDWICHES Dainty sandwiches are always popular for afternoon tea, bridge parties, and informal evening functions, and it is a pleasure to a hostess to be able to introduce novel and attractive sandwiches to her guests. For children's lunches at school, for the mid-day meal of hungry workers, for motorists and picnic parties, more substantial sandwiches are required. There are a great many fillings, both sweet and savoury, to try, and the woman who likes experimenting will be able to achieve some original mixtures. For afternoon tea and similar occasions, the bread and butter must be cut very thin. Use brown bread as well as white, and have bridge rolls, split, buttered and filled with various mixtures for a change. Tiny sponge fingers or rounds are delicious filled with Devonshire cream. Grated chocolates mixed with whipped cream makes a very nice sweet filling, so does honey and ground almonds. Quite a novel sandwich is made by spreading thin slices of brown bread and butter with the following mixture: Mince equal quantities of seedless raisins and good plump currants—do not omit the currants, for they are rich in mineral salts—add to them the juice and grated rind of an orange. For savoury sandwiches a new idea is thin slices of white bread spread with butter that has been mixed with horseradish. On this is spread a layer of cream cheese. Olives and cream cheese, and chutney and cream cheese are other popular fillings for savoury sandwiches.

Albany and Vicinity Mrs. Daniel MacPhee, Springton, is spending a few days in Albany, he guest of Mr. and Mrs. Ewen Cameron. Misses Jean and Margaret Atleek, motored to Bedouque last week. Mr. and Mrs. Adrean Murray, recently motored to Summerside. Miss Ruby Burns and Mr. Waldron Cameron motored to Stanchel on Wednesday, the guests of Mr. and Mrs. Neil Cameron and family.

allowed to have any woman friends or to belong to a club or to go to any place of amusement when their jailers are along. They cannot even go to the corner grocery without husband holding a stopwatch on them, and, worse than that, their husbands accuse them even before their children of degrading crimes that they have never thought of committing.

The very worst fault a husband can possibly have is jealousy. Whoever else you marry, don't marry a green-eyed man. DOROTHY DIX.

Dear Miss Dix—I am a trained nurse, 23 years old, madly in love with a man, 33, who has a wife and little daughter. Our affair has been going on for three years and he has been taking me out to places of amusement almost every evening. Now some busybody has found out about it and told his family and he is afraid to take me out any more. What shall I do? TROUBLED NURSE.

Answer: Give him up. You know you are doing a wrong and foolish thing in encouraging the attentions of a married man and taking him away from his wife. Now you have a chance to count the cost. You can see that he is only playing around with you, amusing himself with an adventure, and that he is ready to drop you at the first intimation that it will injure him with his business or his family. DOROTHY DIX.

MONARCH BAKING POWDER AND WHITE STAR YEAST advertisement.

Sweetheart! The sweet allure of youthful beauty! The magic of a perfect skin! Love and Beauty! Why will any woman look less than her best, when a perfect skin may be acquired so easily... so inexpensively? Let us tell you about Pompeian's new method. SAVE AT POMPEIAN! LOW PRICES. FREE—Pompeian 1930 Art Panel. Write today. Enclose 10 cents for generous trial size of Pompeian Beauty Aids and booklet, "Your Type of Beauty." Address: Pompeian Company, Limited, Toronto, Canada.