Woman's Realm / Social and Personal / Fashions / Literature

Elderly Women Need Jobs | **Dorothy Dix** | Then They Will Keep Out Of Trouble

Mothers' Duties to Their Children Are Completed When the Latter Get Into Their Own Homes, So They Should Seek Other Employment

The crying need of the day is jobs for middle-aged and elderly women. They would stop more fights, quench more tears, ease more heartburnings and do more to promote human happiness than any other thing in the world.

For the idle oldish woman is not only a problem, she is a pest. Having nothing else to do, she stirs up trouble wherever she goes. She wrecks more homes and causes more divorces than rivers of drink and platoons of platinum blondes. If she were malice itself she couldn't do any more harm, and the irony of the situation is that, on the contrary, she is nearly always a noble Christian character who intends nothing but good to her victims.

Her position is just one of the inevitable by-products of life. She married young and was caught up immediately in the rush and drive, turmoil and excitement, anxiety and work of making a home and rearing a family. There were twenty-five or thirty years of ceaseless struggle in helping her husband to get a start in business; in bearing children; in seeing that they were clothed and fed and educated in nursing them through colds, measles and the whooping cough; in getting them off to college; in giving the girls debut parties and launching them in society; in answering the almost ceaseless cry for "M-o-t-h-e-r!!"

During all those years the woman was happy and satisfied and busy. So busy that she did not have time even to think about anything much outside of her home. And in her way she was an autocrat, obeyed, deferred to, the mainspring of the home, the one about whom all the family life centered.

Then the children grew up and went about the business of life on their own account. They married and set up homes of their own. Maybe the husband died. Then, suddenly, the woman who has been busy for so many years finds herself with nothing to do. Her hands are empty. Her only occupation is killing time, and she doesn't know how to do it. She doesn't know how to play. She has no interest in life except in her children.

And, just because she is bored and doesn't know what to do with herself, she generally goes to live with her children, even when she is financially able to maintain her own home. Then comes in the inevitable mother-in-law trouble, for unless a woman is a self-abnegating angel she cannot live in another woman's house without trying to run it and meddling in all of its affairs.

Moreover, he feels that by virtue of being Mary's or John's mother, and because she is older and has had more experience, she has a right to advise them about every detail of their lives; is offended and hurt when they refuse to make pies the way she did and raise the children by her formula. The presence of Mother in her children's houses almost invariably means misery for all concerned.

That is why Mother needs a job. She needs to be separated from her children for her own good as well as theirs. She needs engrossing occupation that will fill in her time and keep her on the jump, so that she will have leisure to indulge in self-pity. She needs the bucking up she gets from feeling that she is some use and that she is able to hold her own in competition with others, instead of just being a has-been who has degenerated into being nobody but John's or Mabel's mother.

Most women at middle age and into their seventies are strong and vigorous in mind and body, and if they would only realize how much happier they and their children would be if they lived by themselves and found something to do, they would hustle out of the back seat of John's and Mary's automobile and start out on their own. For life doesn't end at fifty. It just gets into its stride, and for many women the best is yet to come if they will only go after it.

So I urge every middle-aged woman not to throw up her hands and quit, but to take up some new line of activity in which she can absorb herself and that will keep her on her tiptoes. Globe trot. Join clubs. Go in for philanthropies and reforms. Get a job. You have no idea how much better you and your children will love each other when you are not dependent on them and don't live in the same house.

DOROTHY DIX.

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THE COOK'S CORNER

PUFF PASTE.

One pound flour, 1 pound butter, 1 pint cold water, 2 tablespoons vinegar. Wash the butter in cold water to get the salt out, press it in a cloth. Work quarter of the butter with the flour, water and vinegar thoroughly. The rest of the butter must be as soft as the dough, and is now spread on top of the dough, which has been rolled out on a lightly floured board. Now fold the dough as an envelope (toward the middle from all four sides). Let the dough rest one-half hour in a cold place after having hammered it together with the rolling pin (not rolled). After the rest period roll out and fold again two or three times, then rest. Repeat this three or four times, letting the dough rest between the working, always in a cold place. Everything should be very cold (not freezing), and the dough will be best made in a cold room.

APPLE AND CARROT SALAD

3 firm eating apples
3 medium sized carrots
1 teaspoon sugar
1-4 cup chopped nuts
1-2 teaspoon salt
Salad dressing.

Method: If the apples have a bright red skin and it is tender, it is not necessary to peel them. But scrape the carrots and grate them or put them through the fine blade of the food chopped. Chop the apples very fine, but I don't like to use the chopper for these as it crushes them too much.

Mix with sugar, salt and chopped nuts and add sufficient salad dressing to moisten. Chill thoroughly and serve in lettuce cups, dusted with paprika.

This recipe for salad dressing is a very nice one for salads of this kind. It is good on fruit salads too, for it is light and fluffy and not too rich.

FLUFFY SALAD DRESSING

2 eggs beaten
1-2 cup sugar
4 tablespoons vinegar
3 tablespoons water
1-2 teaspoon salt

Method: Measure the sugar very sparingly; there should be a scant 1-2 cup unless you like very sweet dressings. Add to the eggs and beat with a rotary egg beater until the mixture is light and fluffy. Add the vinegar and water and cook in a double boiler, stirring constantly, until the dressing is thick.

Remove and cool. When ready to serve, add either whipped or heavy sour cream to thin to the desired consistency. And, by the way, did you every try whipping sour cream? For things of this sort, it is every bit as nice and you're apt to have some on hand and not have to buy it specially.

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JANUARY SPECIAL SALE

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NEMO *Sensation*

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Even at its regular price, this clever semi-stepin girdle is a favorite! Like all SENSATIONS, it's soft, supple, and comes out of the suds better than ever. Made of NEMO'S run-proof supple-spun fabric that's as versatile as it is practical. Its double-knit back hugs you gently but firmly . . . giving you just the right control. Add this young figure-flatterer to your foundation wardrobe while this January Special price prevails! All sizes 24 to 32.

THERE'S A

NEMO JANUARY SPECIAL

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"ON THE ISLAND IT'S MOORE & McLEOD LTD FOR FASHION AUTHENTICITY"

A Morning Smile

It happened on St. Clair Avenue recently. The heavy sedan refused to go further than a few feet. A young sale man stopped to push, to be presently joined by another volunteer; then by others. More pushing —still no progress made.

Thinking something seriously wrong, the traveller suggested that a garage be called; and then casually asked if the brakes were on.

"Oh, dear, how stupid of me!" exclaimed the sweet young thing. The car sped away.

THE SCOUT CODE

Fred, aged nine, had just become a Boy Scout, and it was obvious that the taking of the oath had made a deep impression on him. After relating to his parents all he had been through, he added:

"And so there'll be no need to lock up the lemon cheese an' ginger biscuits now."

His father, seeing what an impression had been made, thought this a suitable moment to hint that now, being a Boy Scout and having the company of other boys, Fred would try to be a man and not keep wanting to trail after his mother everywhere she went.

The hint was countered with a surprised stare.

"Well," said Fred, "if I'm too old to go with mother —what about you?"

THIS MATTER-OF-FACT AGE

Mrs. Mawkins and Mrs. Hawkins were having their daily chat over the fence. Mrs. Hawkins inquired after her neighbor's married daughter.

"Oh, she's doing fine," said Mrs. Mawkins. "She's got the prettiest little flat, and lovely furniture, a nice little car, and she's never had so many frocks. The only thing is, she can't stand her husband. But there's always something."

The Housewife And Her Activities

DUTY

If thou hast yesterday thy duty done,
And thereby cleared firm footing for today,
Whatever clouds may dark tomorraw's sun,
Thou shalt not miss thy solitary way.—Gothe.

TODAY

Finish every day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; begin it well and serenely and with too high a spirit to be cumbered with your old nonsense. This day is all that is good and fair. It is too dear, with its hopes and invitations, to waste a moment on the yesterdays.—Emerson

DOING THINGS RIGHT

I hate to see a thing done by halves; if it be right, do it boldly; if it be wrong, leave it undone. —Gilpin.

DISAPPOINTMENT

Disappointment to a noble soul is what cold water is to burning metal; it strengthens, tempers, intensifies, but never destroys it. —Eliza Tabor.

BOILING OVER

Have you ever been boiling milk and turn round to find it rapidly rising to the top of the saucepan, and although you turn the gas down it still rises and flows over? The next time this happens, as you turn down the gas gently blow into the saucepan; the milk will recede and none will be wasted.

BUMPED YOURSELF

If you give yourself a bad knock and the veins around the place swell and look inflamed, soak a pad of cotton wool or a folded handkerchief in vinegar and hold it on the damaged spot.

Within ten minutes or a quarter of an hour the swelling and inflammation will be considerably relieved, and you will have saved yourself a nasty-looking bruise

SKINNED TOMATOES

To skin tomatoes without plunging them into boiling water, hold them on a fork over the flame of a gas stove or the red-hot burner of an electric stove.

This is quicker than the old method, and the tomatoes remain firm.

FASHION HINTS

Snow trousers are mannish, but jackets and accessories are feminine.

Little Scotch purses for little Scotch girls are new and different. The little girls don't necessarily have to be Scotch, but the purses are. They are small, made of pleated silk in many different plaids, and zip across the top.

In buying or knitting sweaters, watch the trimmings, for laces, sequins and bright flowers are new and smart.

Two shades of blue tweed and a fox tuxedo collar that is draped into folds at the shoulders combine in a new version of the three-piece suits.

Those giant plaids which take only three or so from neck to hem are offered for country or travel. They come in plain big block checks or herringbone weave checks offering at least three tones, making them blend in effectively with the fox or lynx collars.

LONG-LIVED LEMONS

To keep a lemon which has been cut, insert the uncut end in a little salt and water, changing the water every two or three days. The lemon will not then become dry, and will be free from mildew which usually forms.

HOUSEHOLD HINTS

If candles on dinner table drip (most of them are dripless now) try sprinkling salt round the wick and it'll cure this trouble.

If a patch of wallpaper has become grimed by smoke, rub it over with a piece of clean flannel dipped in oatmeal and it will come clean."

Did you know that half a cup of beer would remove grease spots from oak furniture. Warm beer, rub well over stains, then polish with soft cloth.

Line rugs with canvas. This prevents dust from working its way through to the floor below. When the rugs are beaten or vacuum-cleaned all the dirt comes out in one operation instead of giving you two jobs, one of beating rugs and the other of sweeping away the dirt on the floor beneath.

SPECIAL SEWING ROOM AIDS FOR HOUSEKEEPERS

The housewife who enjoys sewing will find a room specially planned for this purpose a great joy.

The room should be equipped with a sewing machine, ful length mirror, closets for storing materials and accessories, space for hanging unfinished gowns, ironing-board, large table for laying and cutting of patterns, and a comfortable work chair.

If there is a clothes-closet in the room it should be lined with cedar. Strips of aromatic cedar can be nailed to the wall of a closet but must be done very carefully if it is to be effective. Any reliable carpenter can do this type of work inexpensively. Wooden rollers that slide easily into shaped ratchets will take care of those special table cloths and other linens that should not be creased.

A great deal of care should be exercised when choosing lighting fixtures for a sewing room. Sight should be conserved even at the expense of ornamentation.

Today's Short Wave Radio Program

(All Time is Eastern Standard)

FRIDAY, JANUARY 28

PARIS

9:30 a.m.— Musical Comédy: "Moineau." TPA—2, 19.6 m., 15.24 meg.

TOKYO

4:45 p.m.—"Japan-made Optical Instruments." JZJ, 25.4 m., 11.80 meg.; JZI, 31.4 m., 9.53 meg.

BOSTON

6:00 p.m.—World News. WIXAL, 25.4 m., 11.79 meg.

LONDON

6:35 p.m.—The BBC Empire Orchestra. GSC, 31.3 m., 9.58 meg.; GSB, 31.5 m., 9.51 meg.; GSL, 49.1 m., 6.11 meg.

MOSCOW

7:00 p.m.—News and Program for English Listeners. RAN, 31 m., 9.6 meg.

BERLIN

7:30 p.m.—Concert by the Berlin Conservatory of Music. DJD, 25.4 m., 11.77 meg.

ROME

7:35 p.m.—Guest Night; Amy Bernardy: "Rome's Midnight Voice." 2RO, 31.1 m., 9.63 meg.

BOSTON

7:45 p.m.—Pathways to Peace. WIXAL, 49.6 m., 6.04 meg.

CARACAS

9:15 p.m.—Popular Music. YV-5RC, 51.7 m., 5.8 meg.

LONDON

10:45 p.m.—Snooker; Joe Davis v. Horace Lindrum, GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.; GS, 31.5 m., 9.51 meg.; GSL, 49.1 m., 6.11 meg.

PITTSBURGH

11:30 p.m.—DX Club. W8XK, 48.8 m., 6.14 meg.

PARIS

11:45 p.m.—Musical Recordings. TPA—4, 25.6 m., 11.72 meg.

SYDNEY, AUSTRALIA

1:15 a.m.—Talk on Australia. VK2ME, 31.28 m., 9.59 meg.

COULDN'T EAT COULDN'T SLEEP

Now Free of Bad Liver and Kidney Trouble and Feeling Fine

Here's another woman who felt terrible until she found how to get back appetite, sleep soundly, and secure new health. Mrs. A. H., Montreal, writes, "I had years of liver complaint and dizzy headaches — bowels irregular, crippled with kidney trouble too —no appetite—no sleep. Many laxatives gave me cramps. I tried Fruit-a-tives and my health greatly improved." These fam ous fruit juice, herb, and tonic tablets clean se and strengthen the liver, help stomach, k dneys, intestines. Troubles go. Health m st improve. 25c. and 50c. All druggists.

Home Service

It's Smart to Ski—And So Much Fun!

Come out and ski! Conquer the snowy hillsides with jolly new pals. Join the merry crowd afterwards for eats and lazy chatter.

Time to put on the brakes as you whiz downhill? Try the single stem —with right ski: Put weight on left ski. Swing right heel and right ski outward so that it glides at an oblique angle to left ski. Right knee is slightly bent and slightly advanced; left knee is bent more.

Practise the single stem with left ski, too.

Ski poles help you keep your balance, push yourself along on level stretches. Our sketch shows correct way to grasp ski pole. Insert hand up through handstrap, close fingers and thumb around pole and strap.

Have good times on skis from the start. Our 32-page booklet tells you all you need to know. Diagrams. Running, jumping, climbing. Stems and turns. Pointers on ice skating, hockey, winter carnivals.

Send 20c in coins for your copy of Self-Instruction In Skiing And Other Winter Sports to The Guardian Home Service. Address. Be sure to write plainly your Name Address, and the Name of booklet.

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Who Wants a Lawyer?

There may be a rush of litigation in Massachusetts now that Kathleen A. M. Fairchild has taken the oath in supreme court at Boston to become a full-fledged attorney. Judge Henry T. Lummus presided at the ceremony. Miss Fairchild studied law with money earned as a secretary. She is a native of Prince Edward Island, and her call to the bar was delayed until she became a United States citizen.

FASHION GUIDES FOR THE HOME DRESSMAKER

You'll want to sew half dozen of these smart blouses.....in bright crepe silk, soft lustrous satins, novelty woolens, linen, novelty cottons, etc....they are the season's most popular and easy to make models.....wearable now as well as later with your spring suit.....and so essentially youthful for teeners or for mother. They know no rival for resort and southern wear in linen or novelty striped or figured cottons. See diagrammed chart... sew them both as quick as a flash.

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