

# HOW TO GET RID OF RHEUMATISM

## "Fruit-a-tives" Point the Way to Quick Relief

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"I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting. When I had given up hope of ever being well again, a friend recommended 'Fruit-a-tives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine!"

W. M. LAMPSON.  
"Fruit-a-tives" are sold by all dealers at 50c. a box, 6 for \$2.50, trial size 25c.—or sent postpaid by Fruit-a-tives Limited, Ottawa.

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# The Western Guardian

—IT PAYS to buy in this province

—THE MORNING DAILY GUARDIAN can be obtained at Lafferty's Tonsorial Parlors, Summerside.

—GASTINE increases Gasoline power and decreases fuel consumption; positively non injurious, and eliminates formation of carbon—one gallon to a gallon—100 in box for \$1.00 (postage extra 6 cent.) R. T. Holman, Ltd., Summerside. 2846-3-4M2E11.

—ENGAGEMENT CANCELLED.—Owing to an unforeseen engagement Premier Arsenault is obliged to cancel his engagement in Summerside on Friday of this week. He expects to go up next week.

### IN MEMORIAM

MR. RICHARD WOOD.

Richard, only son of his widowed mother and the late William Wood, died of pneumonia February 27th. The departed friend was a man of quiet demeanor, upright in his dealings; faced death without a murmur perfectly resigned to the will of God. His sorrowing mother and seven sisters deeply mourn their loss. The funeral service, attended by a large concourse of people, was conducted by Pastor F. N. Atkinson, at the old home, Alexandra. Rev. Mr. Pierce, of Pownal read a most appropriate portion of scripture and offered a timely and uplifting prayer. Interment in the Alexandra Baptist Cemetery.

### Horse Races At Argyle Shore

The horse races at Argyle Shore on Saturday were well attended. A number of the horses entered were raced for the first time, and much interest was taken by "lovers of the turf." There two classes and resulted as follows:

2.30 CLASS.		
Hugh D. Inman	1	2
Happy Jim, McDougall	2	2
Elsie Crescens, Beaton	3	3
3.00 CLASS		
June Day, McPhail	1	1
Ethel B. Ferguson	2	2
Little Bob, McPhail	3	3

### STUFFED HADDOCK

Wash, dry and trim the fish. Mix one-half cupful of breadcrumbs, three tablespoonful of chopped parsley, one teaspoonful of powdered herbs, and one-half cupful of milk or water. Press this into the cavity made by cleaning fish. Sew the edges together to keep this stuffing in. Push the tail right through the eye socket. Rub the fish over with a little flour to dry the surface. Brush the fish all over with a beaten egg, and cover it with breadcrumbs, flattening these down gently. Lay three or four slices of bacon on a baking tin, put the fish on these, as they will prevent it sticking to the tin. Bake the fish in a moderately hot oven for twenty to thirty minutes, according to its thickness. Bake it frequently with melted drippings. Serve with any preferred sauce.

### LEMONS BRING OUT THE HIDDEN BEAUTY

Make this lotion for very little cost and just see for yourself.

An attractive skin wins admiration. In social life and in business the girl or woman whose face and hands show evidence of constant care enjoys a tremendous advantage over those who do not realize the value of a healthy skin and a spotless complexion.

At the cost of a small jar of ordinary cold cream one can prepare a full quartet pint of the most wonderful lemon skin softener and complexion beautifier, by squeezing the juice of two fresh lemons into a bottle containing three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in. Then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan, and is the ideal skin softener, smoothen and beautifier.

Just try it! Get three ounces of orchard white at any pharmacy and two lemons from the grocer and make up a quartet pint of sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It naturally should help to soften, freshen, bleach and bring out the roses and beauty of any skin.

A Pill for Brain Workers:—The man who works with his brains is more liable to derangement of the digestive system than the man who works with his hands, because the one calls upon his nervous energy while the other applies only his muscular strength. Brain fog begets irregularities of the stomach and liver and the best remedy that can be used is Parmelee's Vegetable Pills. They are specially compounded for such cases and all those who use them can certify to their superior power.

### MILLIONS DIE

Every year from Consumption, millions could have been saved if only common sense prevention had been used in the first stage. If YOU ARE A Sufferer from Asthma, Bronchitis, Catarrh, Pleurisy, Weak Lungs, Cough and Colds—all Diseases leading up to Consumption—Tuberculosis, YOU ARE interested in Dr. Strandgard's T.B. Medicine. Write for Testimonials and Booklet. DR. STRANDGARD'S MEDICINE CO., 263-265 Yonge Street, Toronto.

—TWO CENTS PER WORD EACH insertion for advertising in this column. Cash must accompany order. Minimum charge twenty-five cents.

### SCHEME FOR PRISONERS OF WAR OTHER THAN OFFICERS INTERNEED ABROAD.

The British War Office has sanctioned an arrangement whereby one parcel which does not contain other than specified articles may be sent each three months by private individuals in Canada direct to prisoners of war other than officers interned abroad. The parcel must be packed and despatched through the post office by the relative or friend of the prisoner and must bear a coupon. The next of kin has first right to the coupon and can designate to whom it may be given if they do not wish to use it. Persons wishing to send parcels under this scheme should apply for the necessary coupons, if they have not already done so, as early as possible. Coupons for parcels intended for prisoners belonging to the Canadian Forces are supplied by the Prisoners of War Department, Canadian Red Cross Society, 14 Cockspar street, London, S. W. 1, and in the case of prisoners belonging to the Imperial Forces, Allied Forces or Civilian prisoners of war, by the Central Prisoners of War Committee, 4 Thurloe Place, London, S.W. 7. The list of goods which may be forwarded is as follows:—

- Pipe.
- Sponge.
- Pencils.
- Tooth Powder.
- Pomade.
- Cap badge and badges of rank.
- Shaving brush.
- Safety razor.
- Boottices (molhair).
- Candles (8 ounces).
- Medal ribbons.
- Brass Polish.
- Mittens (one pair a quarter).
- Muffler (one each year).
- Braces and belt (provided they are made of webbing and include no rubber or leather.)
- Housewife.
- Handkerchiefs (one a quarter).
- Combs.
- Hair brushes.
- Tooth brushes.
- Cloth brushes.
- Buttons.
- Pipe lights.
- Dubbin.
- Shaving soap (one stick a quarter).
- Health salts.
- Insecticide powder.
- Chess.
- Checkers.
- Dominoes.

Persons are warned that the parcels are subject to censorship, and the inclusion in the parcel of any article not mentioned in the above list may entail confiscation of the parcel. The maximum weight of the parcel is eleven pounds, and it is advised that they should not weight less than three pounds, so as to minimize the risk of loss in the post.

### THE EUCALYPTUS TREE.

Blue-Gums Absorb Excess Water and Prevent Mosquito Breeding.

"Before it was known that the malarial poison was introduced into the blood by mosquitoes it was a common practice to plant eucalyptus, or gum, trees in infected areas. Right up to the end of the 19th century the idea was commonly held that malaria was caused by the pestilential exhalations which arose from the marshy ground.

"As is well known the eucalyptus tree produces enormous quantities of available oil that has marked antiseptic properties. The disinfecting odors exhaled by the leaves were supposed to correct the harmful vapors of the marshes. This is not known to be a totally wrong impression, yet the fact remains that the planting of eucalyptus trees did result in freeing districts from the infection. Many cases might be mentioned, but one of the most striking is the instance of a district about twenty miles from Algiers. It was not possible for any one to reside in the locality without contracting malarial fever in an aggravated form. Thirteen thousand eucalyptus trees were planted over the area in one year. Within a year malarial fever was almost unknown in the district, the disease disappearing as soon as the trees were two or three yards in height.

"What is the connection between the eucalyptus and the disappearance of the malarial trouble? This has been only very recently explained. There is probably no tree having a greater avidity for water than the eucalyptus. Experiments with seedlings grown in water have shown that a baby blue-gum will take up the liquid at an extremely rapid rate. As the blue-gums grow at a marvelous rate (often as much as 10 or 12 feet is added to their height in a single season), the consumption of moisture from the soil goes on at a rapidly increasing rate. Now, it is well known that the malarial poison is introduced into the blood of man through the agency of a certain variety of mosquito (Anopheles), and the dwelling place of these insects, when in the larval stage, is to be found in pools of water. With the planting of the eucalyptus trees the pools disappear and the marshy land becomes comparatively dry. Thus the breeding places of the mosquitoes are destroyed and the insects are no longer able to carry on their pariticious activities."—S. Leonard Bastin in St. Nicholas.

### WHAT HE WENT FOR.

A clergyman who had failed to gain the confidence and esteem of his flock was giving his farewell sermon. He started: "My dear friends,—It is clear God does not love you for I have not buried any of you. It is equally clear you do not love one another, for I have not married any of you. It is painfully clear you do not love me, for you have not paid me my last quarter's salary. I shall, however, be independent of you in future, as I go to take the position of chaplain at a convict prison." He then calmly gave out his text: "I'll go to prepare a place for you."

### SIR CECIL SPRING-RICE.

The laborer's task is o'er,  
His mission done;  
The loved ones left behind—the  
friends he won  
Grieve at his loss and mourn;  
Mourn for a husband true, and father kind.  
Doing his duty, rarely do we find  
A man with simple faith, and heart of gold.  
Gentle yet strong, decisive, firm and bold.  
In many countries, many parts he played.  
His judgment sure, his courage undimmed,  
So quiet, unobtrusive, yet with all—  
A man that one could trust. At  
country's call  
Was always ready, always just, upright.  
Doing his best with all his strength and might,  
No task too hard for him in truth we can  
Honor his memory—he has lived a man.

JAMES A. ALLAN.

Ottawa, Feb. 14, 1918.

### OPERATOR FOOLED ENEMY

Wireless Drama of the Sea Told by Englishman.

A dramatic incident of the sea, in which a young wireless operator fooled the enemy, was related in the Admiralty Prize Court, when the Crown was asked to condemn the S. S. Edna on the ground of unneutral service and the enemy ownership.

The Attorney-General Sir F. E. Smith described the kaleidoscopic history of a ship which flew two flags. The plucky operator was "one of the Englishmen" who had since received a commission in the R. N. A. S.

Frederick Jebson, a German, said Sir Frederick, was a prominent man in San Francisco shipping circles. He chartered the vessel, and was believed to have perished afterwards in a German submarine. The ship was built at Bergen in 1903, and in those days sailed the seas as the Jason, a German ship for the Mexican business. He had been in the German navy and was in the naval reserve.

Jebson purchased the ship, the ownership of which was vested in the Lloyd Mexicaine Societe Anonyme, in which he held the bulk of the shares. Finally he managed to get back to Germany disguised as a Scandinavian seaman.

The Edna took on board wireless and sun-sight apparatus, and tried to communicate to the German cruiser Leipzig the sailing of British ships—an attempt which was frustrated by the resourcefulness, ingenuity, and courage of Smith.

In an Affidavit read by the Attorney-General, Guy Duncan Smith, the wireless operator, said that he was on the boat when war broke out. He awoke one night at midnight, and heard the steamer Aztec announce that war had been declared between Russia and Germany.

At this time the ship had "Hamburg" painted on the stern. After the announcement that war had broken out, "Hamburg" was removed from the vessel and "La Paz" was painted in, which the Mexican flag was run up.

Before leaving San Francisco, he had heard that the coal taken on board was intended for the Leipzig. Information was sent to the British Consul, and the authorities at San Francisco demanded that the coal should not be delivered to the cruiser.

A German wireless operator was taken on board, and Smith was told that if he refused to do his duty the German would take his place. The German operator, however, did not understand the Marconi system, and Smith shortened the length of the sound waves, and though he appeared to be sending out calls for the Leipzig, no ship could pick up the message.

The German operator spent three nights and three days trying to call and then occasionally called up the German cruiser, putting the wireless German operator, Smith, returned later been put in order and will be perfectly heated for the Jolly Mi-strels in the pro-Cathedral tonight. M.H. right in order to delay suspicions, but the wireless was always out of gear when the German operator tried to use it. At La Paz Smith forwarded a message to the admiral on the U. S. A. cruiser California.

Some of the officers threatened to shoot Smith, and throw him overboard if he did not send a code message to the German cruiser, and he then pretended to send it.

The only thing that Smith sent to the Leipzig was an enquiry as to where she was, which brought forth a reply that she was hanging around waiting for the Edna. Finally the latter was commanded by the Mexican Government, who put an officer on board, and Smith said that "after that things were more comfortable."—London Chronicle.

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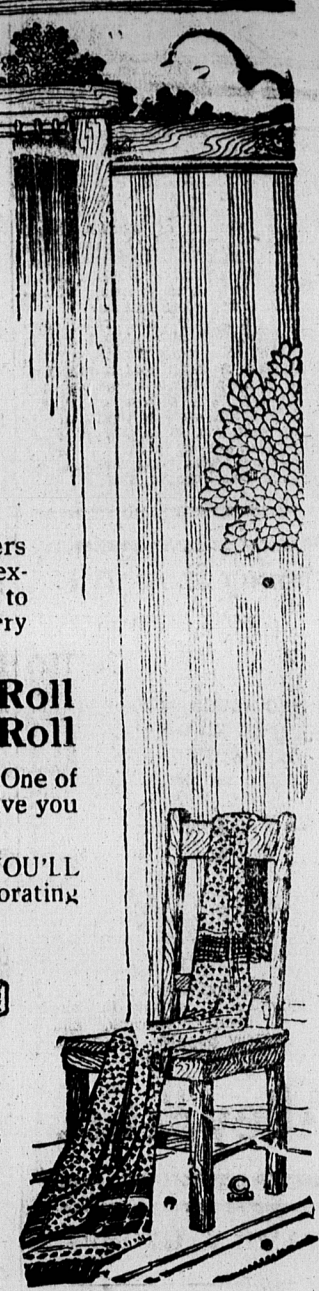
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**75c**  
This is a good D & A Corset, medium high bust, long skirt, 4 hose supporters, made of a fairly good white coutil. Shown in all sizes from 19 to 30. This is a good purchase for any one who wants an "all round" service corset of light weight.  
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**\$1.00**  
This is a mighty good corset for a dollar. It's medium high, made of a better grade white coutil than the 75c line—has 4 hose supporters. Made in a long skirt design. All new cut—late model garments, here in all sizes from 19 to 30. Mailed postpaid \$1.00

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Enclosed herewith find money order..... for which please send me ..... pair corset size ..... It is understood that if not satisfied my money will be returned.  
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**WAR MARRIAGES.**  
200,000 Wedded in England During the War.  
In his address at the Royal Statistical Society, recently, Sir Bernard Mallet, registrar of births, deaths and marriages in London, referred to the effect of war upon marriages. He said during the second, third and fourth quarters of 1915 and the first quarter of 1916 a sudden and phenomenal rise occurred when war marriages swelled the totals until they reached record heights. Thereafter the boom in marriages continued, but with diminished force, and by the third quarter of 1916 the numbers had fallen below the average German population, the total number of marriages in 1913 was 434,104, and in 1914, 392,053, a decrease of 41 per cent. being married between August, 050, or nearly 10 per cent. in spite of 1914, and June, 1917, who, in the ordinary course, would not have married." The marriage rate for 1915 was the highest recorded, 19.4, the previous maximum being in 1853, which was 17.9.  
As regarded belligerent countries, Hungary the effect of the war had been that over 600,000 people, who in the ordinary course would have married, had not done so. In Prussia, effect upon the figures of illegitimate births.—London Telegraph.