YOU NEXT?

A factory worker was heard to remark, "We often have accidents, but I've escaped so far." He little thought he would be next. Yet he was! His injury was only a slight one and he neglected it. It began to fester. Then blood-poisoning set in and developed so quickly that he had to have his arm amputated.

How about you? *You* may be next! You can safeguard yourself against the result of accidents, as many other people have done, by keeping Zam-Buk always handy.

Miss S. A. Wernicke of Hilton, B.C., accidentally ran a needle so far into her finger that it pierced the bone. She writes: "My hand became so stiff and swollen that I could not use it. I naturally tried every remedy I knew of, but it only got worse. Blood-poisoning developed and extended right up my arm. The pain was intense, and I certainly thought I would lose my arm, which was in a terribly inflamed and swollen state, and literally covered with lumps. A friend advised me to use Zam-Buk, which I did, and it was not long before the pain grew less. With perseverance the inflammation was all drawn out, the swelling and lumps disappeared, and my arm was soon quite well again."

Zam-Buk is also best for eczema and all skin troubles, ulcers, running sores and piles. All stores, 50c.

Zam-Buk

The Latest in PHOTOGRAPHY AT COOK'S STUDIO
New Desbrisay Block
Corner Queen and Grafton Streets
Charlottetown, P. E. I.

Help the Soldiers By Helping The Salvation Army

---SPECIAL---

Brown Boots for Men

A new line made with soles or Neolin $6.50

BROWN CALFSKIN

A nice dark shade another special $7.75

Alley & Co.

PROFESSIONAL CARDS

DR. CLIFT
CHRONIC DISEASES
CURATIVE TREATMENT by the month in advance. Victoria Hotel, Charlottetown, P. E. I., Canada. HOURS, 12 to 3 daily. NOW.
2520-11-21M3mospd.

S. S. HESSIAN
Barrister, Solicitor, Notary Public, etc.
MONEY TO LOAN
Montague, P. E. I.

J. D. STEWART, K. C.
Barrister, Solicitor and Notary Public
Office Newson Block, Charlottetown
Branch office, Georgetown
Money to Loan on Real Estate

McLEAN & McKINNON
Barristers Attorneys-at-law
Office Royal Bank Building
Charlottetown, P. E. I.

WARBURTON & SHAW
Barristers, Attorneys, Notary Public, Etc., Solicitors for Canada Bank Association, Bank of Montreal, Canada, Permament Mortgage Corporation

THE EASTERN GUARDIAN

..*IT PAYS to buy in this Province

..*SITUATION SERIOUS.— The "flu" seems to have full sway in Eastern King's, in many homes the entire family is stricken, leaving no one to do nursing. Some very serious cases are reported, and many deaths have already taken place. It is a long time since anything so serious has appeared. Everyone hopes that the worst will soon be over and we may once more enjoy having churches, etc opened as usual.—T.

..*POLICE COURT NEWS.—There appeared before the Town Magistrate, of Montague, last week three offenders for fast and reckless driving, on Wednesday, Allan McDonald was fined $1.00 and costs. On Saturday two more cases came up, Ira McLaren Brudenell, and Earl Gordon, Montague, each fined two dollars and costs. The town policeman Mr. Hector McLean is determined to have law and order enforced to the letter. So boys go easy.—B.

..*DOUBLE BEREAVEMENT.— In one week, death twice entered the home Mrs. Martin Lannigan, Montague on Tuesday 2nd claiming her beloved young husband, and on Monday 6th her mother, Mrs. William Murphy. The late Mrs. Murphy was ill about one week with influenza, followed by pneumonia and her death was a very sad blow to her already heartbroken daughter, as well as to her husband and only son James. The deceased was of a kind, a lovable disposition and will long be remembered by her bright and cheery countenance as well as by her deeds of charity which were many and generous. The funeral was held on Tuesday the 7th and was largely attended. Interment was in the cemetery at Montague.—T

..*TWO CENTS PER WORD each insertion for advertising in this column. Cash must accompany order Minimum charge twenty-five cents.

..*MR. SYDNEY NELSON.— One of the sad deaths at Montague, recently was that of Mr. Sidney Nelson on Saturday Jan. 10th and already published in this paper. The late Mr. Nelson was of fine physique, the picture of good health and happiness and apparently had many years of life before him. Influenza and pneumonia cut short this life so promising, as many times happens when we least expect it. As we look around at the result of the recent epidemic, we cannot but think how necessary it is for each and every one to live "as if each day were his last," so that when the call comes, whether at morn or night it may find us with our lamps trimmed and burning and that there be no reckoning when He comes.—T.

Minard's Liniment Cures Diphtheria

Minard's Liniment Cures Colds, Etc

Ouch! Pain! Rub Out Rheumatism

Stop suffering! Relief comes the moment you apply old "St. Jacobs Liniment"

Rheumatism is "pain only."

Not one case in fifty requires internal treatment. Stop drugging! Rub the misery right away! Apply soothing, penetrating "St. Jacobs Liniment" directly upon the "tender spot" and relief comes instantly. "St. Jacobs Liniment" conquers pain. It is harmless rheumatism liniment which never disappoints and can not burn the skin.

Limber up! Stop complaining! Get a small trial bottle of "St. Jacobs Liniment" at any drug store, and in just a moment you'll be free from rheumatic pain, soreness and stiffness. Don't suffer! Relief awaits you. "St. Jacobs Liniment" is just as good for sciatica, neuralgia, lumbago, backache, sprains and swellings.

Keep Your Health

TO-NIGHT TRY

Minard's Liniment

for that Cold and Tired, Feeling. Get Well, Keep Well

Kill Spanish Flu

by using the OLD RELIABLE

Minard's Liniment Co., Ltd., Yarmouth, N. S.

When Your Boy Comes Home There Should be a New Portrait to Record The Event

Bayer Photo Studio

127 Grafton St.

"Keep the Home Fires Burning"

--and have the home comfortable for "him" when he comes home

That means

TRAINOR'S

Warm Air Heating

See about it today

System

PHONE 393-J
80 GRAFTON ST.

EASTERN PERSONALS

..*Mr. Daniel McGregor, returned Saturday last from a business trip to Halifax.—T.

..*Dr. F. Grant's family, Montague who have been so ill with influenza are reported improving.—T.

..*Mr. Donald Campbell, Montague who has been ill for the last few months is not improving.—T.

..*Mrs. H. H. McLeod and son Miller of Montague have gone to New Castle, N. B., to spend the remainder of the winter.—T.

..*Mr. and Mrs. William McQuarrie Westville, N. S., have returned to their home after having visited the latter's home in Montague for a few days.—T.

..*Miss Hazel Campbell only daughter of Mr. and Mrs Allen Campbell, Montague, is seriously ill with pneumonia. It is sincerely hoped she will rally.—T.

..*Mr. Wm. Underhay, Fortune, attended the Poultry Show last week.—U.

..*Mr. C. B. Clay, Bridgetown, attended the poultry show last week.—U.

..*H. W. McKenzie, Bay Fortune, attended the poultry show in Charlottetown last week.—U.

..*Mr. Charles Keefe of Sailor's Hope was in Charlottetown last week on a business trip.—U.

..*Messrs Fred McKenzie and Arthur McKinnon, Fortune paid a flying visit to Rollo Bay last week.—U.

..*Mr. Harry Burke, Fortune Bridge has gone to Boston to accompany his mother home who has undergone an operation.—U.

..*The many friends of William McDonald, Fortune, will be pleased to see him home again after visiting friends and relatives in Boston and vicinity.—U.

Vinol will Stop a Cough and Break Up a Cold

A constitutional remedy that removes the cause by building up the system. These elements contained in Vinol—Beef and Cod Liver Peptones, Iron, Manganese and Glycerophosphates—soon create an energy that throws off the cold and prevents its reoccurrence. It has given ninety per cent satisfaction for sixteen years. **HERE IS PROOF:**

Dunn, N.C.
"I suffered with a chronic cold for four months, coughed day and night. Had to keep on working when I was not able to. I saw Vinol advertised and tried it, and I want to tell you it just cured that cold in a short time. It made me eat and sleep well, better everyway."—J. C. Bagley, Dunn, N.C.

Lagrange, N.C.
"For years I suffered with a chronic cough, so I could not sleep nights and continued to lose flesh. My druggist asked me to try Vinol. It cured my cough, I can sleep nights and have gained twelve pounds. Vinol is the best tonic and tissue builder I have ever taken."—W. D. Ren, Lagrange, N.C.

For all run-down, nervous, anaemic conditions, weak women, overworked men, feeble old people and delicate children, there is no remedy like Vinol.

Vinol Creates Strength

Vinol is sold in Montague by H. J. Mabon and at the best drug store in every town and city in the country.

Soldiers Home — THE SALVATION ARMY — Coming Campaign

"First to Serve— Last to Appeal"

The Record of
The Salvation Army
In Peace and War

Fifty-three years ago a man so loved the world and his fellow-man that he consecrated his life to the relief of distress and the service of the Master.

The world scoffed at his Salvation Army toiling to raise outcasts from the gutter, but General Booth lived to see scorn turn to reverence, and when he died, kings sent their representatives to his funeral.

His greatest memorial is the Salvation Army laboring in 63 countries, speaking 40 languages, serving behind the trenches since the twelfth day of the war, with Huts, Hostels, Rest Rooms, in addition to the work among soldiers' families here at home.

And now comes the crisis. With the homecoming of 300,000 soldiers, and all the many problems that involves, the additional strain on the Salvation Army will be enormous. But the Salvation Army faces the mighty task ahead, confident that the necessary funds will be forthcoming.

The work the Salvation Army will be called upon to do is a vital factor in Reconstruction. Notwithstanding all the work the Government has undertaken, including the granting of pensions, there is still need for the organized effort and the uplifting influence of the Salvation Army, and, with confidence, business men's committees ask your earnest support of the

Salvation Army Million Dollar Fund
January 19th to 25th

Human Evidences of the Work

Here a returning soldier sees his baby for the first time. In the Salvation Army Maternity Home the mother received the best of care and medical attention. The Salvation Army Lassies found her struggling along without help. Two lives in all probability saved.

Picture a discharged soldier, out of a job. He is unable to provide maternity attendance for his wife. Imagine his relief when he finds the door of the Salvation Army Maternity Home is open to her.

Multiply these cases by hundreds and thousands and you will not be wide of the mark. Then consider the case of other mothers—

Who would deny the right of even the "love child" to enter the world surrounded by the loving care of the Salvation Army workers, nurses and doctors in the Maternity Home?

Among the Soldiers' Families

A soldier at the front received a letter from the Salvation Army to say that his wife was getting along nicely after a severe illness in which she had been found alone in the house. The letter did not tell how the Salvation Army Lassies turned to, scrubbed floors, set the house in order, and nursed the woman back to health.

The wife of another soldier was utterly unable to keep her home together and look after the six children. The Salvation Army workers found her, too proud to ask for help, but not too proud to accept guidance and assistance with the children when lovingly offered.

Many soldiers will find it hard to settle into civilian life. Distress among soldiers' families is inevitable, but while the home can be kept intact there is a solid foundation for the Salvation Army to build upon. The soldier will be helped to find a job. The children will be clothed so that they can go to school. Food will be forthcoming. And there will be that Cleanliness which is next to Godliness, the spirit which actuates the work.

The Salvation Army is one of the organizations whose objectives extend beyond material comfort. Everything it does is ultimately directed to the extension of the Kingdom of Christ.

It approaches very practical problems in a very practical way, and achieves RESULTS. If you approve of its aims—spiritual as well as material—you will gladly give your help to raise the fund, without which much suffering must remain unrelieved—suffering among those particularly who offered their lives a living sacrifice to our comfort and protection.

"Give and it shall be given unto you—good measure"

5 THE SALVATION ARMY MILLION DOLLAR FUND COMMITTEE