Eat regular meals~ see how good it feels!

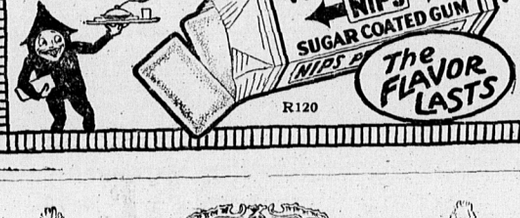
Many of us eat too much. Don't nibble between meals and spoil your *real* appetite. Don't humor that false hunger you *think* you feel!

Take a bite of WRIGLEY'S—let its friendly, satisfying flavor allay the false craving, settle your stomach and get you *ready* for a *good* meal.

And AFTER EVERY MEAL let it pleasantly aid digestion and CLEANSE THE TEETH!

WRIGLEY'S

"after every meal"



MacLean & MacDonald
180 KENT STREET

The Penalty of Leadership

In 1914 Theodore F. MacManus wrote a Masterpiece, "THE PENALTY OF LEADERSHIP."

We quote some significant extracts from it.

"In every field of human endeavor, he that is first must perpetually live in the white light of publicity."

In art, in literature, in music, in industry, the reward and the punishment are always the same."

"THE LEADER IS ASSAILED BECAUSE HE IS A LEADER, AND THE EFFORT TO EQUAL HIM IS MERELY PROOF OF THAT LEADERSHIP."

"IF THE LEADER TRULY LEADS HE REMAINS THE LEADER."

"That which is good or great makes itself known, no matter how loud the clamor of denial."

WE ARE LEADERS IN OUR PROFESSION

SALE OF LADIES'

Fashionable Buckskin Oxfords

GOOD FALL SHADES

$4.75 A Pair

Broken lines, all sizes in the lot, but not in each style. These are high class shoes, worth up to $8.50 a pair.

See them in our window this week.

ALLEY & Co LIMITED

FASHIONABLE FOOTWEAR

Dictionary Coupon

Date .....

Please find enclosed the sum of $..... being my New or Renewal Subscription to The Charlottetown Guardian and New University Dictionary.

NAME .....

ADDRESS .....

Include 15c extra for postage beyond 20 miles or 6c within 20 miles.

Central Guardian

SHOP from Holman's Catalog.

DICTIONARIES—For the School children. See ad.

CHURCH SERVICES.—Several notices of church services were received last week too late for insertion Saturday morning.

AT HARRINGTON—Rev. Robert Johnson, Moderator of the Maritime Synod, preached to a large congregation at Harrington yesterday afternoon.

ZION CHURCH.—Mr. Allen of Princeton University preached very acceptably in Zion Church yesterday morning to a large congregation. In the evening the service was conducted by Rev. Robert Johnson, Moderator of the Maritime Synod.

FUNERAL NOTICE.—The funeral of Rose Devereaux took place from the residence of Hugh Cummisky yesterday afternoon at 2.30 and was largely attended. The pall bearers were: John Kelly, Patrick Sherry, Michael McDonald, Patrick Curley, Peter Heron, Patrick Duffy. There was a short at the house by Rev. Allan J. McDonald and also at the church.

SUDDENLY BEREAVED—Deepest sympathy will go out to Capt John T. McLaine of the S. S. Harland whose beloved wife, Isabella Lawson, died very suddenly early Sunday morning of heart failure. The funeral takes place from her home 227 Grafton Street on Tuesday afternoon to the People's Cemetery.

AT THE VICTORIA HOTEL.—Yesterday, in the absence of the orchestra, who have left for St. John, Albert Blanchard, Pianist and Harry Porter Violinist provided the musical program. Fred Duffy sang two solos which were warmly received. The concert was broadcast with Mr. Keith Rogers in command. A phone message from Souris during the concert reported perfect transmission.

PERSONALS

Miss Katherine MacLean arrived Saturday night from Boston on a visit to relatives in Clyde River.

Mr. and Mrs. James McLean and two children, Water Street left Saturday morning on a visit to friends in Boston and New York.

Miss Norah Mahar of the Guardian staff left Saturday afternoon on the Western train to spend a week's holidays visiting her aunt Mrs. J. Gallant, Pinsville.

Minard's Liniment for Sore Feet.

ONLY WOMAN DELEGATE TO PRESS CONFERENCE

LONDON Sept. 5—Miss Mary Frances Billington, newspaper special correspondent who was connected with the Daily Graphic for some years but since 1897 has been attached to the permanent staff of the Daily Telegraph, died today.

Miss Billington was president of the Society of Women Journalists from 1913 to 1919. She represented this society as the only overseas woman delegate invited to the Imperial Press Conference in Ottawa in 1920. She was of a remarkably forceful personality and was especially clever with her pen. Her descriptions in connection with the tour of the Imperial Press Conference delegates in Canada in 1920 were regarded as among the most interesting of the newspaper stories emanating from the press tourists.

Miss Billings was the author of a number of books.

Quick Safe Relief

CORNS

In one minute—just that quick—the pain is gone. No treatment so safe, sure, healing, thoroughly antiseptic and scientific in every way as Dr. Scholl's Zino-pads. The results are a revelation. At your druggist's or shoe dealer's. Cost but a trifle.

Three Sizes—for corns, callouses, bunions

Dr Scholl's Zino-pads

"Put one on—the pain is gone"

B. B. B.

The Great Blood Purifier

This is the day of prevention, and by keeping the blood pure you resist infection and disease.

This old and well-known blood builder has stood the test of time, and costs so little.

Try one bottle and note the wonderful effects.

H. L. WORTHY

DRUGGIST

Ch'town Cadets Heads List For The Maritimes

HALIFAX, Sept. 4.—At the annual inspection of High School cadets in the Maritime Provinces, Charlottetown came first with 92 points, and Halifax second with 91 points, according to announcement made today.

THE MARKETS

(Canadian Press)

MONTREAL, Sept. 6.—The feature of the export trade in Canadian grain on the Montreal market Saturday was the demand from New York exporting houses for Manitoba sping wheat in nearby positions and a bid of 35 cents per bushel over the Winnipeg-October option was received for 400,000 bushels for No. 1 Northern C. I. F. for loading here between September 10 and 15, and 18 cents per bushel over was bid for No. 2 Northern for shipment by September 18, but owing to the very limited supplies available no sales were reported. The foreign demand for grain and quite on account of the approaching holiday and the volume of business was small, there being only odd sales of oats reported. The trade in spot supplies of coarse grains was slow, but prices were steady. The foreign enquirm for new crop spring wheat flour on Saturday was again of a limited character, which according to cable advices received was due to the fact that Russian and other European millers were becoming a factor in competition with Canadian millers both in the United Kingdom and on the continent as they were in a position to secure supplies of wheat at prices under Canadian grades. There were no new developments in the market for winter wheat flour, but indications point to a readjustment of prices in the near future. Prices for all grades of millfeed were well maintained under a steady demand, the market for rolled oats was steady. A firmer feeling prevailed in the egg market and prices were advanced one cent per dozen. The butter market was steady under a quiet enquiry. Prices for all grades of cheese suffered a fractional decline. Beans were steady at $2.50 per bushel.

EGGS.

OTTAWA, Sept. 6.—The egg market shows no change. While last year dealers were started on their stocks by this time, there has been very little storage movement in Canada yet this year. Calvary has been using storage stocks for about two weeks. There has been some movement in Saskatchewan while slight removals have been reported from Montreal. Toronto is expected to start shortly. Toronto-firmer. Specials 43, extras 41, firsts 38, seconds 34. Receipts of poultry are heavier and the market easier. Montreal—The local market for eggs continues firm with jobbing extras 41, firsts 38, seconds 34. Winnipeg—unchanged. Dealers paying country points extras 32, firsts 28, seconds 24. Edmonton—The egg market is easier with jobbing extras 40, firsts 35, seconds 30. Poultry unchanged. Vancouver—firm and unchanged. Jobbing extras gren firsts 41, seconds and pullets 36. Live poultry steady and unchanged.

David Copperfield

COLOR CUT-OUTS

THE JOURNEY HOME

This is the beginning of the third week of the story of "David Copperfield." Have you been saving these paper dolls? If you cut them out and save them every day you will soon have a whole set of David Copperfield dolls.

Soon David's sadness at parting with little Em'ly gave way to excitement and joy at once more seeing his beloved mother. As they drew near home he became more and more excited and impatient. Peggotty, however, did not seem to share this impatience. Indeed, she appeared to hang back with a dread at arriving home.

But in spite of Peggotty, Blunderstone Rookery — as David's home was called—finally came in sight. As they drove up, the door opened and David leaned far out to wave to his mother. But when he looked it was not she. A strange servant stood in the door.

(Here is David's attractive mother. Make her hair a golden brown and her slip the very faintest pink. Tomorrow there will be a pretty dress for her.)

Easy to make good bread with

ROYAL YEAST CAKES

FULL DIRECTIONS ON EVERY PACKAGE

E.W.GILLETT CO.LTD.
TORONTO, CAN.

WOMAN, 58 YEARS OF AGE, WORKS ALL DAY AS CARPENTER

HILLSIDE, N. J., Sept. 5— The gentleman who went on record to the effect that woman is the weaker vessel can now sit down. It isn't so.

If you think it is, just consider the case of Mrs Ollie MacIntoch housewife, church worker and the best amateur carpenter in all New Jersey.

Mrs MacIntosh has just celebrated her 58th birthday. She spent a good share of the anniversary in looking over plans for the new bungalow which she, by her own unaided efforts, is about to build for herself and her husband.

Building this bungalow won't be anything new for her either. Several years ago, when she and her husband were living in Cincinnati, she built their house there. Then when it was finished, she got out a spade and graded the front lawn.

Bird Houses

Of recent months she has been making bird houses, rustic furniture and the like for the porch and lawn of her home here. She drives daly to Newark in her auto to get lumber, crarries it home, works all day with the saw and hammer and then drives down to Newark agian in the evening to meet her husband, who is superintendent of buildings in an office building there.

In between times she manages to keep house, make most of her own clothes and take an active part in church affairs.

She ordinarily rises at dawn, and seldom gets to bed before midnight. And she likes it.

"Plenty of work is the thing," she says.

"But how do you stand it?" she was askde.

"It's a gift," she replied.

It must be.

Dr. MacLellan Kindly Remembered

The best of friends must part—This was clearly exemplified last Thursday night at a farewell banquet and a general jolly good time given Dr. W. L. MacLellan, D. M. D., who leaves this morning for Boston, Mass., where he has decided to practice in future. Not only will the Doctor's hosts of friends in this city regret his departure but it is indeed a great loss when men of this type leave for newer environments. There is no doubt that the doctor will visit us frequently, as one cannot stay away from P. E. Island indefinitely. He leaves with the best wishes of the Prince Edaward Island people collectively for a long and successful career neath the starry banner of "Uncle Sam."

The banquet was held at the Florida Hotel, Pownal during which Dr. MacLellan was presented with a beautiful diamond stick pin and silver tea service, with the following address, which was read by Mr. Frank McPhee, barrister of the firm of MacDonald and McPhee, this city.

William L. MacLellan, D. D. S.

Dear Bill:—

Your friends and associates here tonight have learned with sorrow and regret of your intention to depart from their midst. Your going will be a distinct loss to the honorable profession which you adorn, and to the community as a whole. It will be a distinct less also to the social life of the community and this loss will be felt most keenly by those of us who are honored by your close friendship. As we grow older we make friendships which have endured the buffetings of time. We are loath, therefore, to consider your departure a complete and permanent separation but prefer to regard it as a temporary and partial one, for we know that your heart,—if any of it is now in your own custody,—will always remain on the Island.

The happy circumstances attendant on your departure help greatly to dissipate the gloom of separation. You are setting out to conquer new worlds but not unaided and alone.

We are happy to know that you will have a comrade to share with you the joy and success which we are confident the future holds in store for you, and that the same comrade will be at your side, to lighten by loving sympathy the sorrows and disappointments which beset the path of even the most fortunate.

This little gift we ask you to take with you as a memento of the happy past and in earnest of the shining future.

Collectively and individually we extend to you and to the fair and gracious lady who is to share your lot our sincerest wishes for your happiness and success.

J. A. McDonald, Arthur McInnis, H. F. MacPhee, L. Smith, M. D., Jas. E. Blanchard, D. M. D., Louis Leonard, F. J. Casey, Geo. McLellan, I. E. Earle Robbins, D. M. D., Philip Noonan, J. D. MacGuigan, M. D., E. A. Boyyer, Edgar Hickey, M. Campbell, J. A. Allen, William Schofield, W. Prunty J. A. Keoughan, W. M. Taylor Peter Hickey, E. Stevenson, W. Hickey.

Dr. MacLellan in replying spoke long and eloquently thanking his friends for their kindness and good wishes and concluded by assuring them that all his vacations would be spent in the "Garden of the Gulf."

EDUCATION THROUGH PARTIES.

The averageman's initals are familiar to the people of this community. But nobody ever knows his full name until his wife gives a party.—Topeks Capitol.

ONE OF THE FIRST RULES.

"Boxing," says the Chicago News, "is a healthful exercise." So it is—only due hygienic care should be exercised in selecting your opponent.

You have been intending to try "Red Rose." Why not now before you forget.

RED ROSE TEA "is good tea"

The ORANGE PEKOE is extra good. *Try it!*

NOT IN STOCK

"I'm looking for my ideal dog," said the lady in the canine fancier's shop. "I'd like one with a head rather like a collie and a body after the style of an Irish terrier, only with longer, haid, and nice, distinct markings. Do you keep dogs like that?"

The dog fancier shook his head sadly. "No Ma'am," he said. "I drowns 'em."

FULL OF ACHES AND PAINS

Toronto Mother Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Toronto, Ontario.—"I have found Lydia E. Pinkham's Vegetable Compound a splendid medicine to take before and after confinement. A small book was put in my door one day advertising Lydia E. Pinkham's medicines, and as I did not feel at all well at the time I went and got a bottle of Vegetable Compound right away. I soon began to notice a difference in my general health. I was full of aches and pains at the time and thought I had every complaint going, but I can truthfully say your medicine certainly did me good. I can and will speak highly of it, and I know it will do other women good who are sick and ailing if they will only give it a fair trial. Lydia E. Pinkham's Liver Pills are splendid for constipation. You are welcome to use my letter if you think it will help any one."—Mrs. HARRY WESTWOOD, 543 Quebec Street, Toronto, Ontario.

The expectant mother is wise if she considers carefully this statement of Mrs. Westwood. It is but one of a great many, all telling the same story—beneficial results.

Lydia E. Pinkham's Vegetable Compound is especially adapted for use during this period. The experience of other women who have found this medicine a blessing is proof of its great merit. Why not try it now yourself? G

J. K. ROSS GEO. MILLER

ROSS-MILLER BISCUIT CO.

—MANUFACTURERS—

FOX AND DOG BISCUITS, STOCK FOODS

Nutritional Biscuits For Children

Napanee, Ont.
CANADA

$20.00 Prizes in Gold

Open to P. E. Islanders Only

To the person who suggests the most appropriate design for the Ross-Miller Biscuit Co., Ltd., accompanied by a sketch including a picture of the Biscuit bearing a name or brand which will be patented as a trade mark of the Co.

--Conditions--

(1) Only one name or design to be submitted by each person.

(2) Letters to be addressed to J. K. Ross, New Bank of Nova Scotia Building, Charlottetown, before the 20th of September.

(3) Prize may be divided and given to two persons if two of equal merit are received.

(4) The facts upon which the design and name submitted will be found in the Charlottetown and Summerside papers next week, and also in the Company's first sales letter, a copy of which will be sent you upon request, also a sample Biscuit.

Note:—No pictures of animals, fox, dogs, etc., will be accepted. A design in colours of the monogram type is preferred. Credit will be given for national sentiment expressed either by words or symbols.

Watch Your Favorite Newspaper for Advertising

The design and brand to be suitable to be used upon the Company's packages, cartons, letterheads, etc.

It is not necessary to be an artist to win this prize as the greatest credit will be given for SUGGESTIONS rather than elaborate drawings.

Two Charlottetown gentlemen of artistic talent have consented to act as judges in the contest.