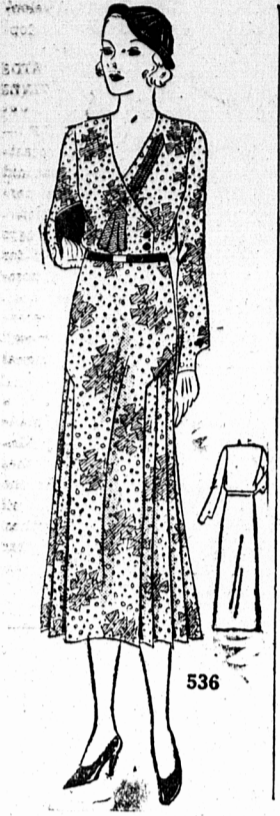


Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



A charming dress of sheer woolen, so trim and neat for early Fall wear. Later it will prove itself so comfortable 'neath the topcoat. Look at its clever diagonal lines, the new sleeve cut and the concentrated fulness of the skirt. It's charming of course in printed sheer woolen in brown tones with pastel-red buttons and scarf tie. Dark green woolen with beige is chic. In black woolen the scarf may be of the lingerie type in white pique. For more dressy wear, you may indulge in canton-faille crepe or crepe satin. Style No. 536 is designed for sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. Size 36 requires 4 1/4 yards 39-inch, with 1/4 yard 35-inch contrasting. Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred). Price of pattern 15 cents.

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Important Questions Decided in Youth Dorothy Dix Says Cause Much of Our Unhappiness

What a Wry Joke it is That When We Most Need the Wisdom of Graybeards, When We Are Choosing Our Profession and Our Life Mates, We Have Only the Worldly Wisdom of Babes in the Wood

It is one of life's little ironies that we have to make the decisions that determine our fate when we are still babes and before we have acquired either knowledge of the world or the wisdom of experience of have even found out what we are going to be ourselves. No wonder that we make so many mistakes and blunder into so many pitfalls. Think of a boy in his teens settling the question of his career! On his decision hangs his whole future. If he chooses the right occupation, the thing for which he has an aptitude, he will have a pleasant, interested, contented life and he will be prosperous and successful. He may even attain fame and wealth.

But if he chooses the wrong occupation and undertakes to do the thing that nature never intended him to do, then he will be bored and restless and dissatisfied. He will loathe his task and never learn to do it well and he will wind up as an embittered, poverty-stricken failure. Probably in the end he will give up his uncongenial job and become a hanger-on of his family or a tramp.

When a boy decides on his life work he needs to be a psychoanalyst and a psychologist and to have the tabulated wisdom and experience of a whole vocational guidance school to boot. And he has nothing. No help from without or within. He is utterly unacquainted with himself and incapable of estimating his own abilities in any direction. Occasionally a flare of genius lights the way he should go for a boy. He was born to be a doctor or a lawyer or an artist or a mechanic or a merchant, but most lads have no special talent that pulls them this way or that. And, anyway, they are too young and ignorant to analyze their reactions to certain stimuli and to understand the significance of their inclinations in some particular direction.

So they follow the line of least resistance and take the first jobs that present themselves or they fall in with their family's plans for them because they have no plans for themselves, and the poor little round pegs roll into the square holes where they will never fit, as if a malign fate had directed their course. John, who would have been worth his weight in gold as an automobile mechanic, becomes the poorest of bond salesmen. Tom, who is a bookworm and would have been a shining light in any learned profession, becomes a failure as a grocer. And James, who would have been a go-getter in business, makes the dullest of preachers.

Many an unsuccessful, disappointed, discouraged man knows that his failure is due simply and solely to his having got into the wrong occupation and that he would have been happy and successful if he had chosen manufacturing instead of the law or banking instead of plumbing. And he reflects cynically on how different his life would have been if he could have made his choice of a career when he was 30 instead of when he was 20.

Then there is marriage. Most people decide that important question while they are still young and callow and not only ignorant of the opposite sex but with no idea of what they are going to require in a wife or husband. To have even a fifty-fifty chance of making a marriage a success a man should be a connoisseur of women. He should be familiar with their arts and their wiles. He should be able to form a judgment of their mentality, of their temperaments and dispositions.

And, above all, he should be able to tell what qualities will appeal to him in the long pull of marriage. He should know if he wants a wife for a kitchen utensil or a parlor ornament; whether he will want a wife who is a show window for his prosperity or a kitchen range that will serve him good food; whether beauty will suffice or whether he will want a wife who will entertain and amuse him.

And a woman should be wise to men before she picks out her husband. She should be able to tell a freestone companion from a phillanderer; a go-getter from a parasite who will let her take in boarders to support him, a man who will take marriage in a serious way from one who will regard it as a mere episode. Furthermore, she should be able to tell what she will want in a husband, whether she will want a money-maker or a lovelace, a husband who will step out with her or one who will stay in with her, a man who will kill her hand or one who will work his fingers to the bone for her.

But because boys and girls pick out their wives and husbands while they are still kiddies who believe in Santa Claus and that marriage works miracles, they choose something because it is pretty and glittering and has lots of fresh paint on it and is wrapped up in the pink chiffons of romance and trust to luck that it will turn out to be useful and that they will still like it when they get it home and won't get tired of it after they have played with it for a little while.

It is noticeable that those who marry late in life and who bring a mature judgment instead of the fancy of a child to the selection of their mates seldom figure in the divorce courts.

And it is because youngsters have to decide on a matrimonial policy before they have had time to learn how to handle the situation diplomatically that we have had so much discord and unhappiness in marriage. Years and experience teach us patience and forbearance and how to walk around a stone wall instead of battering ourselves to pieces against it.

There are few husbands and wives who, looking back over their married lives, do not sigh as they think of all the mistakes they made, of all the needless suffering they caused and endured and of how easily they could have got along with their Marys and Johns if only they had known as much about married life on their wedding day as they did on their silver anniversary.

What a wry joke it is that when we most need the wisdom of graybeards we have only the worldly wisdom of babes in the woods. DOROTHY DIX.

HARMONY

The harmonized costume has made its imprint on lingerie collections more visibly this season than ever before. Slips and panties took to this idea of "coupling" naturally, since they were acknowledged the two most popular items in the average woman's lingerie wardrobe. But the success of their union did not stop there and now for fall one finds gowns, panties, slips, and chemises all closely related. Whether or not garments are matched, one treatment identifies those of this season's origin. The fitted silhouette unquestionably reigns supreme in all, whether slip or gown, chemise or pantie. Tinted laces and embroidery furnish a variety of trims, the embroidery especially prominent this season. Separate lace belts on gowns and chemises are another interesting development and when employed for matched sets, the pantie in the group generally is seen with either a straight or a pointed fitted yoke of lace which will carry out the belted theme.

A Morning Smile

His Reverence—"Sure, Pat, and what afe ye wearin' yer coat buttoned up loike that on a warm day like this? Pat—Faith, yer reverence, to holde the shirt Oi haven't got on!"

Line And Color Show Change For Autumn

A silhouette of refined restraint that contrasts with daring and effective color combinations allied with an original sense in applying current style features is characteristic of some of the fall collection. There is an established penchant for brown in daytime and afternoon costumes, with a note of gray introduced in touches of green or red and red and green frocks are rendered a bit less gay through touches of brown, in sections of the sleeves, bits and neckline treatments. Other contrasts in evening dresses include combinations of fuchsia and navy, red and deep blue, and pinky rose with a wine brown.

Slender Silhouette

The silhouette is a slender one with evening dresses often showing an inset yoke treatment in the bodice; the yoke extending above and below the waistline. Fan shaped sections provide interest at the back of the gowns, the panels radiating toward the hemline. An interesting effect is gained in the afternoon dresses wherein pleats that are stitched and grow narrower as they approach the waistline, disappear at the bustline.

The draped neckline is apparent sometimes adopting a pointed and outstanding contour and this protruding line is also observed in the shallow collars of daytime dresses with the merest suggestion of this protruding line sponsored.

Some of the daytime dresses include this line with a little upstanding collar or an inner collar that terminate in little tab ends. Pleated edges are other features of neck lines white contrasting with the black.

Stuffed Egg Plant

(By Clare Harvey)

Cut egg plant in half, scrape out the middle and put into a sauce pan, and cover with water and boil until soft. Drain off the water when done and mix two table-spoons of breadcrumbs, one table-spoon of butter, three table-spoons of minced ham (cooked), one teaspoon pepper and salt to taste, and add one well beaten egg. Mix all together. Fill each half of the egg plant with this mixture and add a small lump of butter on top of each and bake in a baking dish for fifteen minutes.

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Paris Styles

By MARY KNIGHT

(United Press Staff Correspondent)

PARIS, September 15.—(U. P.)—Listen to this. A man went into a fashionable Riviera restaurant the other evening and this is what he said about what he saw: "I was surprised to see a woman wearing long gloves—they reached well above her elbows—and were of different colors. One glove was jade and the other was white. But a woman in our party did not share my surprise. She had just come from Paris and said she had seen the fashion started there."

We understand also, that Lady Louisa Mountbatten was one of the first English women to start wearing different colored gloves. She was seen wearing them only a few days ago by friends who have just flown into Paris from across the Channel.

How it all started was when glove manufacturers—and private couturiers too—started contrasting the stitching in gloves. They got some very pretty effects and then casually, like all important things have a way of happening, someone said, "Let's try this!" And now we are going to wear different colored gloves if we are going to prove that we know what is smart. And what a nice way it is to create a color scheme or to carry one out that we've started in the dress.

FRIED EGG PLANT

Cut the egg plant in slices and let stand for an hour. Drain off the water and wipe dry, then roll the slices in egg and cracker or any other crumbs. Fry in butter and serve very hot. Sprinkle with pap

For The Cook

FRENCH TOAST

Whilst it is usually of plain white bread that we think when we plan to make French toast, it is quite too bad to limit the dish so, for a raisin or currant loaf makes a different but most delicious version of it! And whole wheat makes a third and particularly when maple syrup is to be the accompaniment.

6 slices bread. 1 egg. 1/2 teaspoon salt. 2 teaspoons sugar. 1/2 cup milk. Butter. Cut the bread in thick slices. Beat the egg slightly, just enough to mix yolk and white; combine with the salt, sugar and milk. Dip the bread slices in this raw custard mixture long enough to thoroughly moisten but not soften them; saute in hot frying pan, by melted butter. When one side is cooked to a rich brown, turn with your bread spatula and brown the other side. Serve piping hot, with butter, syrup, honey, sugar and cinnamon, brown or grated maple sugar.

Lamb Baked With Rice

Have about a pound and a half of lean lamb shoulder cut in a dozen pieces and braise the meat in hot butter. Add one large onion chopped fine and cook for several minutes until the onion is partly softened. To this add a small amount of tomatoes or a pound of fresh tomatoes and cook for fifteen minutes. Season with salt, and pepper and a speck of sugar. Pour all into a large baking pan and add one quart of boiling water. Add also two cups of rice which has been washed and drained. Bake in a hot oven for forty five minutes.

If a cold threatens, pay strict attention to your diet for two or three days, and eat plenty of fruit and green vegetables and drink as much milk or buttermilk as possible. Eschew meats and starches during this period. Take lemonade with a pinch of soda added on rising in the morning and before retiring, and the cold will soon disappear.

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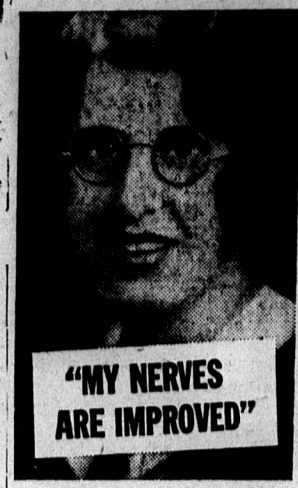
Style Chats

WITH ALMA ARCHER

Sometimes I feel pretty gloomy and sad about the low state of salad dressings these days. It seems as though everyone's been sort of stampeded into chain stores and no one gives much of a thought to the fine art of groceries.

A tomato used to be blamed lucky to get a dash of oil and vinegar with a wee bit of salt and pepper swished on to its rich, red self, right at the table. Then we were all told that the vinegar and oil cruet were nothing to monkey with at the table, and most homes abandoned them.

However, in the smartest places now, there are to be found suave, clever people who insist upon mixing salad dressings at the table. The whole process is one of finesse, never once interrupting the conversation, yet one instinctively knows that the salad will be an event. For this revived Continental custom, pewter cruet are most fascinating, and modern looking, although copied from old pieces. The stoppers are of cork with pewter tops.



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Lydia E. Pinkham's VEGETABLE COMPOUND

GROWING OLD GRACEFULLY

ELEGANCE AND DIGNITY ARE HERITAGE OF THE MATRON

Growing old gradually means more today to the average woman than in any other period in history. The careless woman plays a losing game in life's battle whether in the social field or the strenuous struggle in the business world, where she has to compete with her younger sister. In the latter case she cannot allow herself to look frowsy, worn and a "has been". She must show that with her years she has acquired knowledge, poise, understanding and dignity which is, of course, entirely lacking in her younger confrere.

Regular attendance at the beauty parlor is one of the unwritten laws of the older woman now, and systematic exercise is the order of the day, according to the requirements of her figure. Hair must be becomingly and neatly dressed, her hands and finger nails must also be above criticism and her frocks shoes and hats comply with the mode, but bearing withal that something which spells chic in a dignified way.

Preserving Beauty Although the halfway milestone has been reached along life's pathway, woman's face is still her fortune and lucky it is for her that she can do her part in preserving that schoolgirl complexion. Sometimes the question arises, does the massage stretch the skin, does it really help to any great extent? The answer to all this is simple. Massage that only effects the surface does pull the skin about and stretch it. On the other hand proper manipulation, getting down to the bone structure, is one of the greatest mediums in preserving a youthful contour to the face.

There is something behind the above statement, and it is more than a superficial fact. Oil cells in our bones and muscles are there



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