

SEVERE ITCHING BURNING ECZEMA
Covered Chest and Throat.
Healed by Cuticura.

"Eczema broke out in a rash and covered my chest and throat. It was of a wet nature and the itching and burning were so severe that I scratched and caused eruptions. My clothing aggravated the breaking out on my chest, and the irritation prevented me from sleeping. The trouble lasted about three weeks."
"I tried several remedies without helping me. I began using Cuticura Soap and Ointment and after applying them once I felt greatly relieved, and in about two weeks I was completely healed." (Signed) Mrs. Harry McCormack, Newburgh, N. S., June 22, 1928.
Use Cuticura to heal skin troubles.
Keep the Ointment in and the Soap in the Cold Water. Scrub each Time. Cuticura Soap is sold in 25¢ boxes. Cuticura Ointment is sold in 25¢ tubes. Cuticura Shaving Stick, 25¢.

Milady Beautiful
By Lois Leeds



BEAUTY QUESTIONS ANSWERED
Whitening the Skin
Dear Miss Leeds—(1) What will make the skin of the body, face and neck white? Will oatmeal bags do so? (2) How can I get rid of goose pimples on legs and thighs? (3) Will milk bleach the skin?
EMELYN.

Answer—(1) The skin on the body is usually lighter in color than that on the face, neck and hands because the body is protected by clothing from the effects of sun and wind. You cannot bleach your skin to a shade lighter than its natural tint, but you can remove tan from it, thus restoring the original shade. The oatmeal bags have a tendency to soften and soothe the skin, but do not bleach it.

Buttermilk is a good milk bleach for face and neck. Mix it to a paste with cornmeal, oatmeal or barley flour and spread it on the skin after the latter has been thoroughly washed and dried. Leave the pack on for an hour. There are many bleaching preparations on the market, but let me warn you against using any about which extravagant claims are made. Avoid skin-peeling preparations because there is danger of poisoning from their use. (2) Scrub the goose pimples with a stiff bath brush and plenty of warm water and soap every night. Rinse well. Dry by rubbing hard with a Turkish towel. If the skin seems tender, rub a little hand lotion into it. (3) Sour milk is a mild bleach.

LOIS LEEDS.

Lines Under the Eyes

Dear Miss Leeds—I am a working girl 17 years old and I weigh 98 pounds. What causes heavy lines under my eyes? How can I have a nice skin?
GEORGINA.

Answer—I think your trouble is underweight, although you have not stated your height. If you are 5 feet 2 inches tall you should weigh about 114 pounds. You cannot have a good complexion so long as your body is undernourished. The lines under your eyes may be due to underweight or to eyestrain, lack of sufficient sleep or some internal disorder.
LOIS LEEDS.

How to Get Fat

Dear Miss Leeds—I am 21 years old, 5 feet 1 1/2 inches tall and weigh 102 pounds. How can I get fat?
IVY.

Answer—The average weight for your age and height is between 116 and 119 pounds. Persistent under-

Fletcher's CASTORIA
Whenever Baby is constipated, colicky, fretful—he needs this remedy. Know the genuine by Chas. H. Fletcher's signature.
CHILDREN CRY FOR IT

weight is sometimes due to diseased tonsils or adenoids or to bad teeth. Have a doctor examine you to see what is the underlying cause. If there is no diseased condition present I think you may build up your weight by eating more fattening foods. Have three square meals a day and drink a glassful of milk in the middle of the forenoon. In the afternoon and again just before you go to bed at night.

For breakfast you might have fruit, cereal with cream and sugar, poached eggs on toast, bread and butter and a cup of hot chocolate malted milk. For lunch you might have cheese sandwiches, cream of potato soup, a fruit salad, pudding and a glass of milk. For dinner your menu may include cream soup, a serving of meat, potato or rice, spinach, canned corn or peas, a vegetable gelatine salad, bread and butter, peach shortcake and a glass of milk. Ice cream is good for you also. Be sure to sleep at least eight hours a night. Exercise outdoors daily.
LOIS LEEDS.

A. I. K., P. E. L.—I am glad to help you with your beauty problem.

In order to overcome excessive oiliness of the hair one of the first things is to re-establish a normal condition of the scalp. Keep the system in a high state of nutrition, and especially in a perfect condition regarding elimination from the skin, bowels and kidneys. This will tend to reduce the toxic material in the system and improve the general condition of health. Warm cleansing baths should be taken at bedtime and a cold shower or tepid sponge bath in the morning followed by a brisk rub down with a coarse towel. Drink from six to 8 glasses of water between meals; have plenty of fresh air and sunlight in the sleeping and living rooms. The hair and scalp should be exposed to the air and sunlight for several minutes daily or as often as possible. Separate the strands so that the air and sun may penetrate to every portion of the scalp. This procedure, if persistently carried out will be beneficial to the scalp and hair. In addition, the hair should be shampooed at regular intervals with a pure soap liquid, followed by thorough rinsing in clear tepid water. It is frequently advisable to rinse the hair in cold water. This has a wonderful tonic effect on the scalp, as it brings a greater supply of blood to the scalp and reinforces the local nutrition of the hair follicle. The following lotion may be applied after the shampoo before the hair is quite dry and two or three times a week: 30 grains boric acid; 20 grains salicylic acid; 2 drams tincture of cantharides; 2 drams tincture of cinchona; 2 ounces Cologne water; 6 ounces bay rum. Shake well. Divide the hair into a number of small strands and apply the tonic with a clean piece of absorbent cotton. After you have applied the tonic evenly all over the scalp, massage the scalp thoroughly for several minutes. The tonic may be used after the shampoo and also two or three times a week for several weeks; thereafter, once a week until the hair and scalp resumes their normal health. (2) With dark brown hair, dark brown eyes and a fair skin you will find the following colors becoming for your type: Medium and dark blue, turquoise for evening, warm browns and tans, mustard, amber, canary yellow and ivory, dark reds, garnet, ruby and Burgundy; bronze green, reseda and bottle green are good; orchid, fuchsia, rust and dove gray; shell pink, black if relieved with cream or flesh.

M. H. C., P. E. L.—The ideal weight for your age and height is between 113 and 118 pounds. You are a few pounds underweight. Try to gain as near your ideal weight as possible. I shall be pleased to mail you my leaflet on how to gain if you will write me again. Enclose a self-addressed, stamped envelope and repeat your request. (2) Bathe your face at bedtime in warm boric acid solution for several minutes. To make the lotion, dissolve one heaping teaspoonful of boric acid in one pint of boiling water and allow it to cool. Gently press out the blackheads and apply a little boric acid salve and leave on overnight. The salve and powder is obtainable at any drug store. (3) You do not need rouge.
LOIS LEEDS.

Dorothy Dix Letter Box

Can a Husband Be Cured of Grouching?—Dorothy Dix Warns Against Eloping With a Ne'er-Do-Well. Sage Advice to the Lonely Wife of a Preacher

Dear Miss Dix—Is there such a thing as a wife being too good to her husband? I think I have the most wonderful husband in the world and I love him better every day, but what queers me is that he takes spells of grouching, when he never has anything to say and hardly answers me when I talk to him and acts like a spoiled child. I never go any place unless on a business errand and when he gets these spells life isn't worth living to me. I am most sure it isn't some one else, but he just acts like he is tired of living or something.
WORRIED TWENTY-TWO.

Answer:

Sulks are a combination of selfishness, childishness, temper and nerves, and they are virtually incurable. They are what one of my colored friends calls "the chronics."

Generally they are the result of something unpleasant having happened to a man during the day. The stock market may have gone down. He may have eaten something indigestible for lunch. Some rough foot may have trod on the toes of his vanity. Some business deal may have turned out badly. The boss may have bawled him out for a mistake he made. Or he may be just tired and peevish and worn out.

Any one of a dozen things may have upset him, but he didn't dare vent his speech on the public. He had to bottle up his wrath until he got home and he could take it all out on his wife.

And she, poor soul, who has been breaking her neck to please him, sets before him a dinner of his favorite dishes that she has been hours in preparing and for which she expected the glad hand, and he gobbles it up without a word of appreciation and when she tries to talk to him he grunts by way of answer and sinks fathoms deeper in gloom. And she weeps!

There are lots of other wives like you, poor little Twenty-two, who have husbands who have periodic fits of sulks and, like you, they feel that it is terribly unjust because they haven't done anything to provoke them and so they wall and beat on their breast and cry their pretty eyes out.

However, all your lamentations are of no avail, and if you are wise you will just laugh it off and take it as one of the phases of the wife job. Don't let it worry you, for it doesn't mean a thing in the world, except that even a big, strong man enjoys acting like a spoiled baby now and then, and when it is over he emerges from his state of gloom in high spirits and filled with good nature.

The best way to deal with it is just not to notice it, for there is really no point in a man's assuming the role of martyr if there is no one around to observe his sufferings. He might as well cheer up and be himself again. You have observed that if you exert yourself to try to comfort a baby and divert its attention it will howl its head off, but if you put it in a room and shut the door and leave it alone it will give a cry or two and then shut up.

So the next time your husband has a cry-baby spell try this remedy on him. Don't comment on his mood, nor try to win him out of it. Just put on your hat and go off with neighbor to the movies and see if by the next morning he isn't taking a brighter view of life.

You say you never leave home except to go on business. Believe me, my child, you are making a terrible mistake. If you stick within your own four walls all the time, you will get narrow and dull and bore your husband so that he will either leave you for livelier company or else sit up in a perpetual state of silence because you have nothing to talk about.

With all the modern labor-saving household devices that every woman now has, there is no excuse for her spending all of her day on her housework and she must indeed be a poor manager if she cannot find time to read and belong to a club or two and go out where she will see and hear something new and fresh.

I don't think a woman can be too good to her husband if by being good you mean loving him and making him a comfortable home and being thrifty and helpful and amiable and pleasant and easy to get along with.

But a woman can spoil her husband just as you can spoil a child or a pet. I think a wife can be too unselfish, too humble and meek, too self-sacrificing.

The best husbands are those whose wives force them to respect them and give them a square deal.
DOROTHY DIX.

Dear Miss Dix—I am a girl of 16, very much in love with a man of 19. He wants me to elope with him, but I am afraid that my parents would not allow us to live with them if we do. My parents do not want me to marry him because he smokes, drinks and gambles and has no way to support me, but I would not care about him doing these things as long as he was good to me. I have tried to get him to give up drinking and gambling and go to work. He won't do it, but says he will after we are married. I will not elope with him if you do not think it is right.
PUZZLED GIRL.

Answer:

My dear child, I entreat you not to wreck your life at its very beginning by eloping with this boy. Sit down and consider the matter calmly and dispassionately, for an elopement is not a romantic adventure, as you seem to think it is. It is taking a step that you can never retrace—a long, long step that will not take you from childhood to womanhood and that will lay on your little girlish shoulders burdens that they are too weak to bear.

In the first place, you are too young to get married. So is the boy. Your age would be a fatal objection even if he were a proper person for you to marry. Neither one of you has had any experience of life, and you do not know enough to analyze your own emotion and tell whether what you feel for each other is just a passing fancy or real love.

You haven't seen enough of other people to know whether you really prefer each other to someone else. You are like a child in a candy store that spends all of its money on the first thing it sees. Have sense enough to wait and look them over before you make your final choice.

Then you haven't had your playtime. Neither has he. If you elope now, by the time you are 20 you will be a dragged out, tired woman, with your beauty prematurely gone and with a baby or two hanging on your skirts, and both you and your husband will be tired of each other and wondering what made you such fools as to marry so young. Most of the divorces are the result of too-early marriages.

And what makes you think that a boy who is a drunkard and a gambler and too lazy and trifling to work will make a good husband? He don't. He will beat you and starve you like as not, and you will certainly have to go to work to support him. And don't think you can reform him. You can't.

Finally, don't you think you are giving your family a pretty rotten deal when you elope with a boy and bring him home to them to support?
DOROTHY DIX.

Dear Miss Dix—My husband is studying for the ministry in a college twenty miles from our home and I am working to support him and myself and

A Fashion Hint



530



SMART AND FEMININITY

A Paris model that is yours just for the making and a few yards of material. It's a dainty model that carries a smart sportive air, interpreted in sailor blue crepe de chine printed in novel rings in white. The jabot frill caught at left shoulder and hip bow are of white crepe. The back of Style No. 530 is slim and slender. Pin tucks across front of skirt provide fluttering fullness to hem, are decorative and tend to keep its line slender. Pattern is obtainable in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. It is equally smart made of printed damask in same coloring, yellow washable silk crepe, handkerchief linen in violet shade, chartreuse green georgette crepe, flowered chiffon, and navy blue silk crepe with wide red jabot frill and bow. Pattern price 15 cents in stamps or coin (coin is preferred). Wrap copy carefully.

We suggest that when you send for this pattern, you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles and cute designs for the kiddies.

A Morning Smile

HARD TO FOLLOW

At a small country church a newly married couple were receiving cross advice.

"You must never both get cross at once. It is the husband's duty to protect his wife whenever an occasion arises; and a wife must love and honor and obey her husband, and follow him wherever he goes."
"But—" pleaded the young bride.
"I haven't finished yet," remarked the clergyman. "She must—"
"But, please"—in desperation—"can't you alter that last part? My husband is a postman."

More than 5,000 autos and trucks were imported into Chile last year, compared with 1,508 in 1927.

CROUP
Spasmodic Croup is frequently relieved by one application of **VICKS VAPOR**
Over 21 Million Sold World-Wide

our child. He has all the pleasures connected with university amusement. My mother thinks that I am jeopardizing my reputation and that of my husband by doing this. What do you think?
A.

Answer:
I agree with your mother that it is most unwise for you to do so under the circumstances. A preacher's wife is always a target for criticism and she must be discreet, even above other women. It isn't enough for her to be good, she must act good.
DOROTHY DIX.

Royalties Rear Children Simply

LONDON, May 6.—Royalty's rules of rearing children, as revealed here in the household of Princess Mary, centre about the principles of good sportsmanship and simplicity.

George and Gerald Lascelles, 7 and 4 years respectively are adored throughout the kingdom and know nothing of their popularity. They do not even know that they are referred to as "perfect little English gentlemen to the core."

It is related that when their first child was born and the little white bundle was placed in her arms, Princess Mary turned to her husband and said:

"Oh, I do want him to be a good sport."
And that wish of Princess Mary has been kept foremost in the Lascelles nursery. The eyes of George and Gerald are seldom dimmed by tears. Crying is discouraged by their mother.

To George and Gerald the King of England is just "Grandpa"; the Prince of Wales is simply "Uncle David"; the Princess Mary, daughter of the King and adored by the Empire is merely "Mummy"—British for mother—and their pal.

Princess Mary cannot be truthfully called an old-fashioned mother, neither is she an ultra-modern one. She seems to have struck a happy medium in the combining of the best principles of many systems of motherhood and through intimate association with her children has instilled in them the qualities she wished.

No Baby Talk

There is no "baby talk" in the Lascelles household. The parents speak correctly and the sons follow suit.

"I think that a child can appreciate beautiful words," Princess Mary once told a friend, "and I don't want my children to have to unlearn hundreds of silly words later."

Princess Mary and her husband never talk "down" to their sons and as a result both boys have perfect diction and an excellent vocabulary. Good reading has also contributed to this. Often Princess Mary goes into the nursery and, with Gerald in her lap and George on a cushion at her feet, reads to them Anderson's Fairy Tales.

The boys have their breakfast in the nursery and, when "Uncle David" (the Prince of Wales) is present, they insist that he breakfast with them. After eating they join their father and mother before going to their lessons. Sometimes George rides with his father before starting his studies. Both boys like to ride but Gerald is still too young.

After luncheon the lads go with their mother in the pony carriage over the estate to visit the tenants. Their pony is named "Whiskers" and is adored by both boys. After tea they are turned loose with their toys, and so well trained are they that, at the end of their playing, they pick up and return each toy to its place.

Prince Plays Soldiers

The Prince of Wales never fails to play soldiers with them when he visits the Lascelles home.

The sons of Princess Mary differ somewhat in temperament, George the elder, is the quieter and is more studious than his younger brother, whose eyes continually flash with mischief. Young George is the favorite of his Royal Grandfather, largely, it is suspected, because of his

our child. He has all the pleasures connected with university amusement. My mother thinks that I am jeopardizing my reputation and that of my husband by doing this. What do you think?
A.

Answer:
I agree with your mother that it is most unwise for you to do so under the circumstances. A preacher's wife is always a target for criticism and she must be discreet, even above other women. It isn't enough for her to be good, she must act good.
DOROTHY DIX.



For Paris Colors in Spring finery—use TINTEX

... now is the time when the shops are filled with Spring finery in the new Paris shades that all smartly dressed women will wear.

... and how nice to know that your last year's Spring apparel or your present finery can be tinted or dyed these very same shades with Tintex. For Tintex in the Gray Box offers you the newest colors in vogue—from the gayest pastel shades to the more subdued colors. And Tintex is used so simply, so perfectly—with such a saving in the cost of your Spring wardrobe.

... for the lace-trimmed silks in your wardrobe use Tintex in the Blue Box. It tints the silk the latest pastel shades and leaves the lace untouched. No wonder women of fashion use Tintex. It satisfies every home-tinting and dyeing need—and it makes it so easy for them to keep in fashion. Ask your dealer to show you the Tintex Color Card.

THE TINTEX GROUP—Products for every Home-tinting and Dyeing Need

Tintex Gray Box—Tints and dyes all materials. Tintex Blue Box—For lace-trimmed silks—tints the silk, lace remains white. Tintex Color Remover—Removes old color from any material so it can be dyed a new color. Tintex Whites—A special bluing for restoring whiteness to yellowed silks and woolsens.

at all drug, dept. stores 15¢ and notion counters... 15¢

Tintex TINTS AND DYES ANYTHING IN COLOR

Distributors, Lyman's Ltd., Montreal

great interest in ships and men of the sea.

King George often takes his grandsons to the zoo in London for the children have shown intense interest in the strange animals. The King has great respect for the artistic inclinations of George and when his grandsons visit him at Buckingham Palace the King takes delight in showing George his extensive stamp collection. This honor is denied Gerald, whose mischievous fingers once tore several valuable stamps.

On the seashore and in the country the sons of Princess Mary do overalls on a romp and play like other children. They wear knitted jerseys made for them by an age blind woman on the estate at Goldborough.

Etiquette
By Roberta Lee

Q. Is the black-edged mourning stationery still used?
A. Yes, though it is not so popular as formerly.

Q. Is the fruit centerpiece for the table, that is not often seen, proper?
A. Yes; the silver plate heaped with grapes, apples or oranges is very effective.

Q. At a social function should person who talks well ever wholly monopolize conversation?
A. No; even if everyone enjoys it no single person should do all the entertaining.

American automobiles, tires and lubricating oils now predominate in Greece.

Ceylon's 1928 exports of rubber exceeded those of 1927 by 3,000,000 pounds.

Rio de Janeiro, Brazil, is to have a new normal school building costing \$1,000,000.

Daily Arguments

AUNT HET
BY ROBERT QUILLEN



"I know it sounds common, but ever time I'm peelin' potatoes in my lap I get a hankerlin' to put my feet on the table."

POOR PA
BY CLAUDE CALLAN



"Ma wanted the Thompsons to think we kept a cook all the time, but Junior give it away that we got that woman just to help fix dinner."

More Comfortable than any sanitary napkin ever made



The NEW and IMPROVED KOTEX

Marks the greatest step in intimate feminine hygiene

Deodorizes*... and 4 other important features

- 1—Softer gauze ends chafing; pliable filler absorbs amazingly;
- 2—Corners are rounded and tapered; no evidence of sanitary protection;
- 3—Deodorizes*—safely, thoroughly, by a new and patented process;
- 4—Adjust it to your needs; thinner, narrower, as required; and
- 5—It is easily disposed of; no unpleasant laundry.

SUPER-SIZE KOTEX

Some women find Super-size Kotex a special comfort. Exactly the same as the Regular size Kotex, but with added layers of Callicotton absorbent wadding.

*Kotex is the only sanitary pad that deodorizes by patented process.

Regular 60c **KOTEX** Super 75c
Sanitary Napkins

On sale at all drug, dry goods and departmental stores.



GOOD—I'll say so!

Christie's FIG BARS

Filled with jam of genuine Smyrna figs, these golden brown, crisp biscuits taste simply delicious. Wholesome, too, and always fresh and pure.

Christie's Biscuits
The Standard of Quality Since 1853

In the store or on the 'phone, always ask for