

Woman's Realm / Social and Personal / Fashions / Literature



"That does it! I'm going home and pitch into some nut-sweet, delicious Grape-Nuts Flakes!"

"Since they put up that sign about scrumptious, malty-rich Post's Grape-Nuts Flakes I can't keep the ball in the park!"

"And the way these boys race around the bases, they've sure been getting those Post's Grape-Nuts Flakes carbohydrates for energy; proteins for muscle; phosphorus for teeth and bones; iron for the blood; and other food essentials."

"Two grain—wheat and malted barley—make a big difference, all right! So does that special secret Post's Grape-Nuts Flakes process of blending, baking and toasting."

"Tongue-tickling flavor—curly, honey-golden crispness—home-run nourishment—that's Post's Grape-Nuts Flakes. And recipes for delicious cooked dishes on every package. Gimme, gimme Post's Grape-Nuts Flakes!"

How Can I!!

By Anne Ashley

Q. How can I clean soiled yarn?
A. Soiled yarn can be washed and used again if wound into a ball, then tied in several places so that it is held loosely. After washing, hang in the sun until dry and it will look like new yarn.

Q. How can I remove the rust from a knife blade?
A. Stick the blade into an onion and let it remain for several hours; then polish it.

Q. How can I prevent mold on jelly?
A. By placing a few cloves on top of it. Also keep a bowl of lime in the jelly closet.

Morning Smile

The farmer's wife had a very sharp tongue, but one day he got a rest from her nagging. A farm horse kicked her so badly that she had to go to hospital for treatment.

During her absence there was an unusual run of callers at the farm. "It's very nice of the neighbors, especially the men, to call and ask after the missus," the farmer remarked to the servant girl.

"Ay, sir," replied the girl; "but most of them want to know if you'd sell the horse."

DOROTHY DIX SAYS—

Intellectual Affairs

Too Many Couples Very Happy But Lack One Certain Something

DEAR MISS DIX: I am one of the married women with a fine husband and children she loves, with a good home that she has no intention of breaking up, but who cannot get another man out of her mind. And there are so many of us. We have all the bread we can eat, but we want white hyacinths as well. We are starving for romance. We are aching with the headlong need of a woman for a man who can make her forget that anyone else is near, who can give her a little thrill just to be with him.

We try very hard not to let our husbands and children know that we are not perfectly satisfied, and we do our duty and make good homes for them. But when we think of romance it is the Other Man. Now if a woman can keep her head and be friends with a man like that, is it wrong to do so? Or should a person like that be entirely put out of one's life just because one is married? I am not speaking of mere physical attraction, but the attraction of mental qualities, the finer things of life among people whose morals are high and who would never stoop to unfaithfulness.



A GOOD WIFE

ANSWER: There are few tragedies in life greater than that of the men and women whose mates give them their all, but whose all is not enough, and who go through life starving for the things of the spirit when their wives and husbands can only provide them with the things of the flesh.

RELIABLE

Yet they are so good, these dull, commonplace Johns and Marias! John is so faithful, tender and kind. He works so hard and feels that he makes her so happy when he gives her luxuries. Maria is such a good wife, such a marvelous housekeeper, such a devoted wife and mother, so cheerful and uncomplaining, so anxious to please John in every way. And neither one would do anything to make the other unhappy.

But always there is the aching desire for companionship, the loneliness of those who must walk apart with no hand to clasp their own. Always there is this longing for the romance that can never have, the thrill that they can never feel. Surely not the least among the martyrs are those men and women who endure these loveless marriages without even a glance towards the greener fields, and who pretend a happiness they never feel.

Whether this woman who has this longing for romance should keep it walled in a secret garden in her heart, or whether she should cast the thoughts out of her mind and throw ashes upon them, depends upon her temperament. Personally, I think she is safest and happiest if she accepts her husband "as is" and enjoys the fillet mignon he provides for her, instead of yearning after caviar.

DEAR MISS DIX: I have been going with a man for six years, but no date has been set for the wedding. He is selfish, self-centered and tied tightly to his mother's apron strings. He does not like to spend money on me and wants me to work after I am married. Do you advise me to give him up, or marry him?

SUSIE

ANSWER: Give him up so quickly it will make his head swim. If you marry that kind of a man, you will be nothing but a hard-driven slave as long as you live, and you will not even get a kind word from him. The man is showing you exactly what sort of a husband he will be.

(Continued On Page 12)

Ellen's Diary

"It will come in real handy" James said of the new wheelbarrow after a critical inspection, which because of their return in the dusk, last evening had been put off until this morning. I may say that this machine is a prized one among my only modest store of possessions, as I see fit. "It will be great," James continued, turning to Jock "for fetching a few manures from the field—or turnips, for the pigs." And Jock reckoned "it's strong enough to carry a couple of sacks of feed, between buildings—or to take the cream can down to the road of a morning." But it was Jamie who was delighted with it, as Jamie and I had expected. And the first load it carried—a buoyant happy load, which along a route of travel indicated by Jamie, each of the oldsters in turn must wheel. Then before Jamie went with the hay making, out of the wood-boxes were filled to overflowing, by way of it, and we were advised from the hay wagon at parting not to leave her out in the sun, to dull the new paint on her.

This was the last of our recent quiet days at Alderlea, which is just as well considering the health of its women. Today in this house.

(Continued on Page 3)

Modern Etiquette

By Roberta Lee

Q. Is it all right to fondle or feed animals while at the table?
A. No; some people object to the presence of animals in the dining room and this should be kept in mind when guests are present.

Q. Is it proper for a girl to thank a man for a dance?
A. No; it is the man who has received the favor and therefore he who must do the thanking.

Q. Is it permissible to rest one's feet on the cushion of the seat in front, when traveling on a train?
A. No sooner or later someone will be sitting on that seat.

Household Scrapbook

By Roberta Lee

Color Testing
To test material for color fastness, fasten a scrap of the test fabric along with the colored trimming to be used, such as rick-rack or tape, to a piece of white cloth. Then carefully wash and iron the material. If the white cloth has picked up any color from the fabric or trimming, the fading will be the same when the garment is made.

Glass Vases
Stained glass vases can be cleaned by filling them with tea leaves and warm water. Let stand for several hours, and then wash out in hot soapsuds.

Peas
Green peas will retain their own perfect color when done if a little bit of soda is added to the water in which they are cooked.

The Stars Say -

By GENEVIEVE KEMBLE For Thursday, August 14

A DEFINITE turn of events, currently of critical or chaotic nature, by the intervention of a person or institution of high standing and prestige is forecast. Such may be impressed by logic, sound position or worldly ambitions, based on correct principles and constructive ideas. It would be well to be prepared with workable estimates, sane plans for future increase and expansion along progressive and highly productive economic lines, with small expenditures at the outset.

Birthday Forecast

Those whose birthday it is may have a year of sound and far-reaching success and prosperity by uniting themselves with others or influence and financial standing, who may be exacting in their demands to "be shown" before embarking on any sort of expansive or ambitious project. They may make demand for carefully worked-out plans, with estimates, inventories, and other tangible indications of progress through joint issues or reasonable cooperation. Economy and detailed plans may appeal to indifferent ears. Make a cheerful approach to such.

A child born on this day may have sound ambitions and ideas of expansion and progress, winning support and approval from high places by his sound logic, economical plans and programs.

Cook's Corner

Calves' Kidneys

3 veal kidneys
1/2 teaspoon salt
Flour
2 tablespoons pork fat
1 cup canned tomatoes
Cut kidneys in half lengthwise. Remove white membrane. Soak in cold water 15 minutes. Cut into 1 inch pieces. Combine salt and flour and dredge meat. Brown onions in fat, add kidneys and cook with onions for about 5 minutes or until well browned. Add tomatoes, cover and simmer 10 minutes or until kidneys are tender and sauce is thickened.

Better English

D. C. Williams

1. What is wrong with this sentence? "John was given a raise in salary."
2. What is the correct pronunciation of "zoological"?
3. Which one of these words is misspelled? Facetious, miscellaneous, precocious.
4. What does the word "solemnity" mean?
5. What is a word beginning with spe that means "to meditate"?

ANSWERS
1. Say, "John was given an increase in salary." 2. Pronounce zo-o-lj-l-kal, first and second o's as in no, not zoo-lj-l-kal. 3. Facetious. 4. Seriousness; dignity; gravity. 5. She was impressed by the solemnity of the occasion." & Speculate.

"Be Lovelier Tonight!"

LUX TOILET SOAP

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For the real ENJOYMENT of all the family

BUY BUTTER-NUT BREAD Eastern Bakeries

Living & Leisure THE WOMAN'S REALM

They who truth and wisdom lead Can gather honey from a weed. —Cowper.

The annoying summer pest, the ant, may be discouraged by keeping shelves, tables and floors free of crumbs, by storing food in ant-proof containers and by plugging holes in floors and walls through which they may enter.

SILHOUETTE CHANGE CALLED "TRIANGLE"

NEW YORK—The change in the silhouette is described by a leading trade publication of the fashion industry as "a triangle, the one with the point toward the bottom and the broadest line at the top representing last year's silhouette takes the form of the inverted triangle—the point at the top and the broad base at the bottom."

This is disturbing news to those women who have embraced the broad-shouldered silhouette as a welcome balance to the broad hip-line of the average figure. Buyers are not so sure Mrs. Public is going to receive the new styles. Designers also are a little dubious and, because of this, in many instances have modified the changes. Prices are higher, not lower.

"PALM BEACH" SUIT SOLVES PROBLEMS

NEW YORK — If your summer is full of problems such as travel, commuting or uncertain weather, you can solve many of them by buying a "Palm Beach" suit or a linen or kindred fabric. They are practical, good looking, easy to keep and as any other simple suit, can be dressed up or down to suit your needs or your whim.

The fabric for this type in women's suits is slightly different. It may be part wool and part rayon with the good qualities of both. It's cool and non-irritating, even on the most humid days, it won't stretch or sag and is averse to wrinkling. Hanz it up between wearings, and the wrinkles fall out, as they do from a good wool fabric.

The care of this type suit is easy, as it cleans without losing its crispness.

DON'T STICK YOUR NECK OUT

With the Summer season in full swing, a Hollywood beauty adviser finds it timely to suggest that you shouldn't stick out your neck too much! That is, don't stick it out for too much exposure to the sun. The film capital's authority goes on to warn that while most of the

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